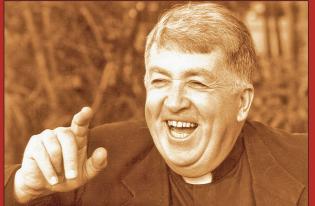


THE SOUTH WEST REMEMBERS 100 Years Page 5 - 8







New CSW Next Month -Page 3

Penzance Celebrates 175 Years -Page 4 In the Steps of St Paul -Fr Jack Soulsby -*Page 9* 'Catholic South West' is the monthly newspaper which serves the communications needs of the clergy, organisations and people of the South West EDITORIAL

Nick Layton

Your articles are most welcome. Please send by email to csw@cathcom.org or post to CathCom Ltd, N2 Blois Meadow Business Centre, Steeple Bumpstead, Haverhill, CB9 7BN

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Panel Members: Rev Tony Irwin, Susanne Kowal, Sue Walsh and Adrian Wardle Chairman to be appointed.

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Please note that opinions expressed by

10 Years of Service -Weymouth



This month, at the 8 O'clock Sunday Mass at the Catholic Parish of Our Lady Star of the Sea, Weymouth, Fr Stephen Geddes presented Mr Roger Walton with the Guild of St Stephen's Silver Medal. The medal is given for 10 years of service as an altar server. This was present to Roger in thanks for over 10 years serving at the Altar of God here in Weymouth.

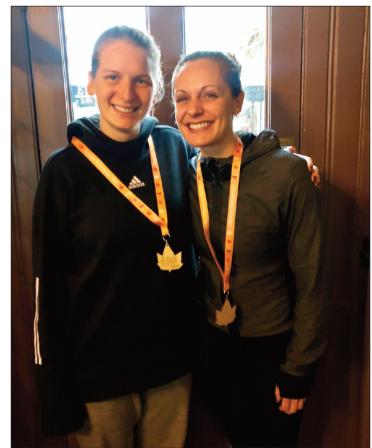
CHARITY AT CHRISTMAS AND IN THE EVERY DAY

An update from Bovey Tracey and Chudleigh's Foodbank

by Veronica Sharam

Since our article in the July edition of Catholic South West from Bovey Tracey and Chudleigh's Foodbank Initiave featured. Our specific monthly requests have met with an increasingly generous response so that donations now value at £100 plus many other food

Raising Money for CCS Plymouth



Congratulations to Christina, Kate, Charlotte and Katy who completed the Royal Parks Half Marathon to raise money for the Catholic Children's Society (Plymouth). They ran the half marathon despite dreadful conditions!

Christina and Kate (pictured here with their medals) said, "The weather was a little soggy but we had a great time!"

They all showed amazing commitment and enthusiasm to the cause of the Catholic Children's Society. Well Done!

St Boniface Awards



contributors are not necessarily those of the Publishers, Editor, any Diocese or the wide Roman Catholic Church.



donations.

In addition to supporting the local food bank, clothing and spectacles are collected for the Christian Response, a charity in Eastern Europe. Their focus is on Moldova and assisting the provision of 4,000 filled shoeboxes for Christmas. They also provide larger toys for a nearby orphanage.

Our Foodbank has told me that many children they work with would be unlikely to receive any presents at Christmas. So we have begun collecting to try and give each child a teddy bear – this request has met with a generous response, so maybe our initiatives are ones which other parishes may like to copy.

There are many foodbanks and charities in the South West. Many of them are looking for support, help and all kinds of donations this Christmas and throughout the year. Why not find out how you and your parish can support some of the amazing causes? We are really proud to note that in early November four ladies from the Parish of the Holy Family in Exmouth were among those who received the St Boniface Award in recognition of their ministries in the parish.

The ladies; Mary Thomas and Bernadette Hughes from St Peter, Prince of Apostles in Budleigh Salterton and Wendy Davis and Mary Jago from the Holy Ghost church in Exmouth were accompanied by Parish Priest Father Philip Austen. The awards were presented to them during mass at Plymouth Cathedral by Bishop Mark. Bishop Mark invited the recipients forward and handed them their awards and certificates, congratulating them warmly, shaking their hands and thanking them for their service.

After the mass the ladies joined in with others for tea or coffee and cakes before returning home.

Liz Johnson



MOVING FORWARD

Advenire in Latin means 'to approach'. The whole action of 'approaching' carries reference to where you are starting from, where you are aiming to be and how you are meeting the challenges of getting there. It is from the word advenire that we get the word ADVENT. So, it seems only fitting to reflect on what a rough, uncomfortable and uncompromisingly cold time those three monarchs must have had some two thousand years past.

Modern-day Advent, you could justifiably argue, offers its own challenges reminiscent of but not necessarily identical to those of days of yore. We are besieged with reports of natural disasters, unavoidable catastrophes, financial crises, political wranglings not to mention man's disregard for man. But we have been set a clear example to follow.

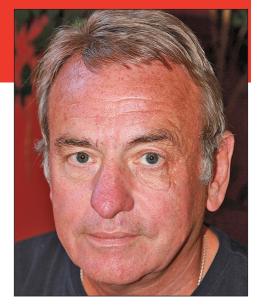
As we now move towards Christmas, and what that implies for the Christian world, we approach the discovery, the start and the new unblemished beginning. And so it is that, with this issue of Catholic South West, all those working on, associated with and responsible for the publication wish you a Holy Christmas and a Joyful New Year.

It's with the advent of the New Year that we prepare to ring out the 'olde' and ring in the new as we move, with our next issue (January 2019), to a new-look CSW serving the Catholic community of SW England. With 'new' comes change. So it is that CSW will be increasing both its breadth and depth with the introduction of new features of interest not only to the Catholic community at large but also to the local Catholic community in particular, so offering both a macro and micro vision.

Your contributions addressing these tenets will be welcome. Moreover, they will be necessary to help promote and sustain what we hope will remain our community's flagship publication.

As the incoming editor, I very much look forward to working with you.

Jay Kettle-Williams



Catholic South West (tabloid newspaper in full colour) invites contributions relevant and of interest to its readership

Catholic South West welcomes submissions

Photographic Pointers:

* Photographs from mobile phones are not usually of sufficiently high quality



Feature articles should not be in excess of five hundred words. All copy should be submitted as attachments in regular Word format (e.g. Verdana 10pt), single-line spacing, standard line length (70 strikes per line), in b&w and with as few effects as possible. Titles and main straps should be in bold title casing 20pt and 14pt respectively with conjunctions, prepositions, definite and indefinite articles in lower case. Quotations to appear in single marks.

Submissions of any type - e.g. anecdotes,

comments, reviews, features, observations,

reports, etc. whether addressing regular slots or

not - are invited in electronic format.

Contributors are invited to submit head/head & shoulders photographs and a biographical note not exceeding 25 words.

Photographs (ideally jpeg) of sufficiently high quality (300 dpi or higher, not embedded) complementing any copy or relevant theme copy are similarly welcome.

a minimum of 3m pixels/300 dpi or higher generally ensures quality

- Landscape shots (i.e. rectangle resting on long side) are best for groups
- Portrait shots (i.e. rectangle standing on short side) are best for individuals
- * Shortfall in sharpness of focus is accentuated in print
- * The subject of the picture should occupy at least 60% of the frame

* Pictures ideally tell a story

Editor: Dr Jeremy L Kettle-Williams

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Penzance Parish celebrates 175 years

Father Philip Dyson, (pictured third from the left) was appointed an Honorary Canon, at a service celebrating 175 years of Penzance parish's inauguration. The honour was announced at a special celebratory Mass led by Archbishop of Southwark, Peter Smith, and attended by clergy from across the Diocese of Plymouth.

Father Peter Morgan, of St Austell, (centre Row two) was also named Canon at the service attended by around 200 Penzance parishioners and invited dignitaries.

Father Philip said: "It was a complete surprise to be distinguished in this way and is a great honour and wonderful endorsement for the parish as a whole and all our work.

The celebratory Mass also marked the completion









of the first phase of a major redevelopment of the historic church, an early example of English Gothic Revival, in the style of Augustus Welby Pugin. The improvements included two stunning new

stained-glass, commemorative windows, to mark the anniversary, depicting the Luminous Mysteries of the Rosary, as promulgated by Pope St John Paul 11 and the Immaculate Conception of Our Lady. They were designed and made by Birmingham craftsmen Neil Philips and Jamal Rafray, experts in the Pugin school.

Major works were also undertaken in the crypt, to provide facilities, meeting rooms, and a historical archive room, at an overall cost of £250,000 raised from benefactors, parishioners and generous donations. The improvements were carried out by Chris Hunter of Scott & Co, in Truro and RHR Restoration of Penzance.

The second reading at the anniversary service was from 1 Corinthians 1: 3:9, in which St Paul says to his followers "You are God's building"

But, while congratulating the parish on its achievement, Archbishop Peter emphasised that people not bricks and mortar, were of most significance. He said: "Of greater importance than simply the building is the community which it has welcomed over the years.'

Work began in the 1840's, when Penzance was fiercely non-conformist and there were only 12

Our Lady of Fidelity



Masses in the Extraordinary Form in **Plymouth Diocese :**

St Edward the Confessor, Home Park Ave, Peverell, PLYMOUTH PL3 4PG Sundays 11.30am Sung Mass

Catholic families in the town. It was formally opened on October 26th 1843, and a school established in the crypt soon after where Victorian children studied their three Rs. Within a couple of decades the congregation had swelled to hundreds. A "new" school was built in 1892, but the crypt continued to be used by the school until 1979.

Anne Shipman, (nee Wood) a former pupil, who has written a history of the parish, said: "Our church is peopled by a cast of colourful characters, including saints, sinners and ship-wrecked sailors. The church opened on 26 October 1843 with a high mass attended predominantly by protestants. Conversions soon followed, and Penzance grew rapidly with the coming of the railways, bring in more Catholics.

Reinforcing links with the past, the scripture reading were read by former pupils of the parish primary school, Margaret Woolcock (nee Hanlon), of Connor Downs, who started in 1947, and Honora Jaggard (nee Prowse), of Hayle who joined in 1951.

To echo its history down the decades, the choir

and congregation sang the Te Deum, to honour the first communities, which also sang the Te Deum when the church was first opened.

Clergy who travelled to Penzance for the celebration included Father Philip Austen, Exmouth: Father Gilmour McDermott. Liskeard: Monsignor Adrian Toffolo, Kingsbridge Devon; Father Brian Kenwrick, Falmouth, and Father Cadoc Leighton, Camborne.

Anglican guests included Canon of Truro Cathedral, Jane Vaughan-Wilson, the Dean of Truro, Roger Bush, and Rev Keith Owen, of St Peter's. Newlyn.





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CHRISTMAS DAY 8.30 am - Mass Our Lady Star of the Sea St. Agnes 10.30 am - Mass -Most Holy Trinity, Newquay

f the Sea, St. Agnes **TUESDAY** 1st January NEW YEARS DAY 11.00 am - Mass -Most Holy Trinity, Newquay

The Parish of St Cuthbert Mayne Monday 24th December, Christmas Eve Vioil Mass of Christmas at 5pm at St Peter's, Bude Night Mass of Christmas at 9pm at St Cuthbert Mayne, Launceston

Tuesday 25th December, Christmas Day Mass of the Dawn at 8.30am at Our Lady of Victories, Callington Mass of the Day at 10am, St Cuthbert Mayne, Launceston

Fore Street, Heavitree, EXETER EX1 2QJ 2nd Sunday (1) 3.00pm Sung Mass

St Cyprian's Chapel, Ugbrooke House CHUDLEIGH, Devon TQ13 0AD 4th Sundays 3.00pm Sung Mass

Lanherne Convent, St Mawgan NEWQUAY, Cornwall TR8 4ER Sundays & Days of Obligation (2) 8.00am Sung Mass Mondays to Saturdays inclusive 7.30am Low Mass

Our Lady's, Old Mill Lane, MARNHULL, Dorset DT10 1.IX Thu. 13th Dec (St. Lucy) 12 noon Low Mas

Buckfast Abbey, (Blessed Sacrament Chapel) BUCKFASTLEIGH TQ11 0EE Sat. 8th Dec (Immaculate Conception of BVM) 10.00am*

> (1) Except in December when on 2nd Sunday (2) Preceded by Rosary and sermon * denotes change from usual time

Any questions contact Maurice Quinn (LMS Rep, Devon and Dorset) on either : Email : mauricequinn375@gmail.com Mob. 07555536579

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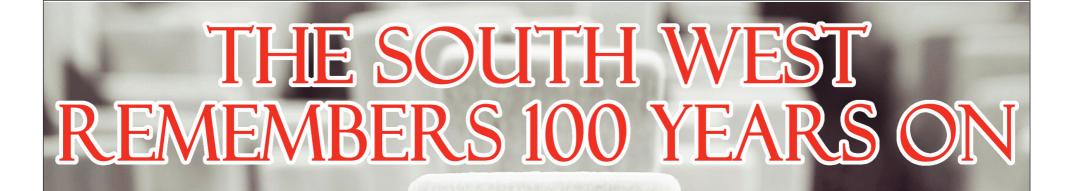


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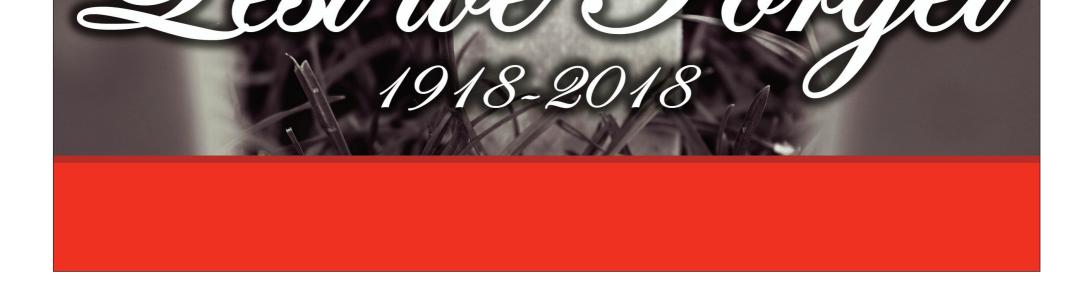
Unusual

Gifts!









Commemoration of Remembrance Day at the Catholic church of Our Lady & St Neot, Liskeard

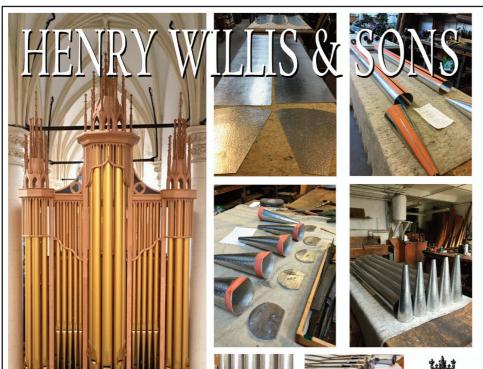
To mark the 100th anniversary of the Armistice ending the 1st World War, parishioners of the Catholic church remembered the names of family members and friends who had served in military conflicts. Each of these names was written on a poppy. At the 1100 Mass on Remembrance Day, over 120 named poppies cascaded from the Altar in a very moving tribute. Flags were laid over the balcony of the choir loft and a Cornet sounded the Last Post at the end of Mass.

Prior to the service, members of the congregation joined a solemn procession through the town of Liskeard, led by military personnel, local organisations and the Mayor. At the War Memorial, a wreath was laid on behalf of the parish for those members of the church who had lost their lives in the conflict.

The chapel at Sclerder Abbey, near Looe was also decorated to commemorate this unique occasion.















Around the South West, 8 beaches were used as a tribute to remember soldiers who gave their lives in World War I. It was the idea of Danny Boyle to draw portaits of war casualties in the sand on 32 beaches around the UK. Esmee Nicholas was at Weymouth Beach where many people gathered, to see the portrait of Sgt Stanley Robert McDougall througout the day. The atmosphere was very moving especially as the tide came it and slowly washed the portait away. A reminder that so many of the soldiers' lives was washed away by the conflict. This feeling was reflected at all the beaches around the country.

Remembrance Service in Weymouth

Ex-naval Chaplain, Fr Stephen Geddes, blesses the war memorial plaque on the outside of the Church of St Joseph's in the parish of Our Lady Star of the Sea, Weymouth. He was joined by three members of the Catholic Women's League, Janet Newington, Esmee Nicholls and Margaret Cobbold - all of whom are former members of the military. Fr Geddes placed a cross of poppies on the wall to honour all those who had died. A wreath was placed at the foot of the war memorial by the members of the CWL to commemorate the work done by women during the 2 World Wars.



1) Weymouth, Dorset: Sgt Stanley Robert Mc-Dougall was an Australian soldier who won the Victoria Cross for repelling a German attack on the Somme at Dernancourt om 1918. He survived the war and died in 1968

2) Lyme Regis, Dorset: Rifleman Kulbir Thapa was the first Nepalese Gurka to win a Victoria Cross for gallantry in the face of the enemy. He also survived the war and died in 1956

3) East Looe, Cornwall: Capt Kenneth Walton Grigson was expected to become a priest but he was killed months before the Armistace on 20th July 1918.

4) Porthcurno, Cornwall: Lt Richard Charles Graves-Swales was born in Kensington but brought up in Cornwall. He went to war six days after getting married and was shot and died in 1914 in Ypres.

5) Portmeor, Cornwall: Captain Edward "Teddy" Hain was born in St Ives and died after being hit by a shell in Gallipoli on 11th November 1915.

6) Perranporth, Cornwall: Archie Jewell survived the sinking of the Titanic 1912 where he worked as a look out and was in his berth when the ship hit the iceberg. He died when a hospital ship was hit by a German submarine in 1917.

7) Saunton Sands, Devon: Captain Ralph George Griffiths Cumine-Robson was born in India and died on 23rd December 1914 in France.

8) Weston-super-Mare, Somerset: Lt Col John Hay Maitland Hardyman was the youngest Lieutenant Colonel in the army at the age of 23 in 1918. He died in action a few months later on 24th August 1918.



Weymouth Beach

8 - Catholic South West December 2018

100 years of Remembrance

On the 11th hour of the 11th day of the 11th month in 1918, after more than four years of conflict, the guns on the Western Front fell silent. 100 years later, on November 11th 2018 the end of the war was marked in the UK and Overseas by a day of Commemorative events to pay tribute to millions killed or wounded in battle.

On the evening of Armistice Day parishioners of Holy Family Parish gathered in Holy Ghost Church Exmouth for a service to commemorate the Centenary of the end of the First World War.



Outside the Church, a large cross of poppies lay on the ground surrounded by four red votive candles. The church itself was in halfdarkness except for some tall white candles lighting up the ambo and six red votive candles high above the tabernacle. Five red votive candles also illuminated the First World War stained glass window on the right hand side of the church.

At 7pm the congregation stood as three young altar servers dressed in their Air Training Corps and Sea Cadet uniforms slow-marched down the aisle along with Major John Dawson who was wearing military medals. These were followed by Father Philip who wore a purple cope as this was a service to remember the war dead.

The service started with a reading from the Book of Sirach. This poem is a prelude to the hymn 'The Praise of the Ancestors' which commends different kinds of heroes. In the poem Sirach pays tribute to men both for their abilities and their goodness and he emphasises the necessity of piety and righteousness in order to gain eternal glory.

During the four years of war the ringing of church bells was restricted. After the Armistice was declared bells were rung freely again both to announce and celebrate the news that the war was over and also to call people to church to give thanks. At 7.05pm on November 11th 2018 thousands of churches and cathedrals across the country including Holy Ghost Church rang their bells in celebration of peace and also to echo the outpouring of relief and joy that had taken place 100 years earlier. During the ringing of the bell a poem by Alfred, Lord Tennyson entitled 'In Memoriam Ring out, wild bells' was read. The main theme of this poem is renewal and in it Tennyson ponders on how individuals and mankind as a whole can make a fresh start and the different ways the world can change for the better.

When the bell was silenced the congregation then listened to a hymn written and recorded by Mike Stanley entitled 'We will Remember (Armistice)'. Sitting in the quiet of the darkened church the song which begins with the haunting words seemed especially poignant.

Those who have fallen from our sight Who rest in the heart of God Lest we forget the price you paid We will remember you.

Father Philip then read a prayer for peace asking that we might 'put our trust in the power of good to overcome evil and the power of love to overcome hatred'. After this prayer the congregation sang the hymn "Dear Lord and Father of Mankind". The service then continued with Compline (Night Prayer) and ended with the beautiful medieval hymn "Salve Regina" an anthem to Our Lady imploring her for help and prayers on our behalf.

The service was well attended by both older parishioners and family groups with young children and was a very moving tribute to the millions killed or injured in the war. The quietness and darkness was conducive to reflection and gave the congregation an opportunity to remember those involved in the conflict and also to thank them for the immense sacrifice that they made.

Gloria Atkinson



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Father Jack Soulsby is a Marist priest from Saltash in Cornwall who has had an amazing life and ministry as a truly charismatic evangelist of international distinction. From his Marist community in Brisbane, Australia, he has taken his Crusade of the Holy Spirit to Christian communities around the world. Catholic South West's founding editor, Adrian Wardle, caught up with Father Jack while in Australia a few weeks ago ...

IN THE STEPS OF SAINT PAUL

The life and adventures of a modern evangelist... FATHER JACK SOULSBY celebrated his 87th birthday in a nursing home in Brisbane recently. He was born in Saltash in Cornwall on 13th October 1931 and his father was a Coldstream Guard, often on duty outside Buckingham Palace & Windsor Castle. He met Jack's mum one day in Hyde Park when off duty. She was from Ireland. They moved to the South-West and were married in the local Catholic church of Our Lady of the Angels.

When Jack was sixteen, the family emigrated to Australia where, for fifteen years, Jack worked as a civil engineer. "It was when I was 27," he told us, "that I had a very vivid experience of a call to serve the Lord, much like that of Saint Paul on the road to Damascus. I felt that my faith was about to carry me forward to sit me on the lap of the Father.

"It was soon after, while in Sydney, that I spotted an advert in a Catholic newspaper: 'Aquinas Academy: School of Philosophy and Theology. Open to adults who are dissatisfied with a childhood appreciation of their faith...' "That was ME!", so I enrolled and spent the next five years in adult formation studying the philosophy of St Thomas Aquinas and discovering how our faith can grow and prosper when we build it on a rational, well-reasoned foundation.

Father Jack then entered the Marist Fathers Seminary and was ordained to the priesthood in April 1969. Like many new priests, he found himself engaged in parish and college work: "But my heart wasn't in it," he said. Luckily, his Provincial spotted that Jack was giving retreats at weekends of his own accord and so assigned him to full-time charismatic renewal and retreat work. This took Father Jack all over Australia and he was invited to bring his unique, lively and energetic ministry to countless parishes and groups.

INTERNATIONAL MINISTRY

"When they invited me, I had to tell them that I was a 'full-blown' charismatic and if that was OK with them, off I went." His retreats and talks were so popular that his ministry eventually escaped from Australia and exploded into the world.

His first invitation was to give a charismatic retreat to priests and religious in Papua New Guinea. How it came about was odd: "I had been speaking to a group in Southport on Queensland's Gold Coast," he explained, "but then had to go to the toilet." There he was approached by a man called Louis Chegg who had been inspired by Fr Jack's talk: "We need you in Papua New Guinea," said Louis. "How soon can you come?" Father Jack explained that first he had to be invited by the local Bishop and then get permission from his own Superior. Soon that was arranged and he was off on his first overseas trip.

On that day, the Holy Spirit moved in a toilet,"

and killing of Christian missionaries: both men and women. Yet he would return again and again if asked.

When asked "Why?" he modestly replied: "Evangelists have to focus on where the need is." And so his unique one-man crusade took him also to India, South-East Asia, USA and Canada. But he was not always alone in his travels. He was supported, helped and sometimes accompanied by Jan Heath. Jan is an active Catholic laywoman who lives in the country outside Brisbane. Father Jack paid her a fine tribute: "Jan Heath," he said, "has the gift of evangelisation. It's in her very heart and the people love her." In some places Jan would go off either on her own or with a team to remote communities and take them the message and gifts of the Holy Spirit.

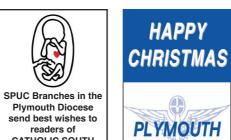
A highlight of Fr Jack's ministry was to minister in Cork, (where his mother was born), Middlesborough (where his father was born), in Westminster and Cockfosters, and, of course, in the diocese of his own birth, Plymouth. He revels in happy memories of ministering in Lyme Regis, Exeter, Plymouth, Braunton, Tintagel, St Austell and in his home town of Saltash: (a GREAT joy!).

SIX THOUSAND PRIESTS

There are those who will remember Father Jack's brief address to an audience of 6,000 priests in Rome. It was the first ever worldwide retreat for priests in the Holy City and they came from all over the world: "But I only had a five-minute spot, which can be harder than half an hour! I prayed hard seeking guidance and then challenged all present: 'The world has yet to see what God can do with ONE PRIEST totally filled with the Holy Spirit! WHO is that priest going to be?' The answer came with a thunderous ME! I repeated the challenge three times and each time the response was more powerful. Finally, satisfied, I sat down."

Six years later, when in Canada, Father Jack was approached by a priest who said that he still remembered Jack's talk in Rome!

Once, Father Soulsby and Mrs Jan Heath were ministering to a crowd of 5,000. It was at Jos in Nigeria and the local Archbishop was there. When it was over, Jack saw that there was one group who wouldn't leave. They called him and Jan over. They had surrounded a man and urged him to





repeat his story for Jan and Fr Jack. The man said: "I am an armed robber. I came here today to rob

someone. I have heard the preaching, repented, given my life to Jesus and am now filled with the Holy Spirit. Fr Jack ... Here is my gun! Take it!"

It was in 1975 that the Holy Father, Pope Paul VI, spoke to a crowd of 10,000 in St Peter's on Holy Spirit Renewal explaining that it is truly a chance a real opportunity - for the Church.

"I came away from Rome on that day," said Father Jack, "determined to be 'a CHANCE' for the world. A chance to find out who I am in God's eyes. A chance to find out what I have. A chance to discover what I am capable of. A chance to spread love. A chance to be marked by perpetual joy. A chance to build a new Christian civilisation and finally, a chance to play my part in building the Kingdom of God which lasts forever!

"And so, dear reader, if you truly love the Lord and if you honestly want a more Christian and more evangelistic country ... BE A CHANCE ...!"

I ORATE PRO MORTE: This Christmas pray for those who, like Father Jack Soulsby, are bravely facing a terminal illness and certain death. We thank him for giving us this, his last message and thank God for his amazing ministry.

"This Holy Spirit renewal is a chance for the Church. If that be so, how can we do anything else except see that it remains a chance ... ' (Pope Paul VI, 1975: Address to 10,000 leaders of Catholic Charismatic Renewal)





Overall purpose: Management and development of Heritage Centre

The Little Company of Mary (LCM) is an International Congregation of Religious women, founded by the Venerable Mary Potter in Nottingham, England in 1877. We invite applications for a Director for the Heritage Centre in Nottingham. The role is required to ensure the provision of a unique, innovative and interactive service that honours the legacy of Mary Potter and the Sisters of the Little Company of Mary. The centre opened in 2010, is home to the artefacts of the LCM and provides an interactive experience journeying with the Founder, Venerable Mary Potter. The centre depicts the life and spirituality of the founder as she began the LCM in Hyson Green, Nottingham and how the story continues to the present day. It provides space for individuals, local and international groups to meet with guides and avail of the experience.

The successful applicant will:

- Promote the life and vision of Mary Potter and the Mission and Spirituality of the LCM by working on projects and programmes that will assist the LCM to further develop the Centre.
- · Be accountable for the day to day operations of the Heritage Centre and work with LCM Sisters on future programmes and opportunities.

quipped Jack, "so I reckoned that if He can move there, He can move anywhere and that began my international ministry.

It was a roving ministry on a scale not even witnessed in the days of Saint Paul. It took Father Jack to 98 nations to whom he brought - by his loving, happy and cheerful personality - the sheer joy and delight of a close encounter with a loving Jesus, a forgiving Father and a Holy Spirit full of grace, gifts and power.

Word soon got around about his delightful. ennobling and courageous Crusade of the Holy Spirit. In Africa he ended up in Nigeria, Liberia, Morocco, Chad, Mali, South Sudan, Rwanda, Namibia, Swaziland, Lesotho and other Anglophone and Francophone nations. Some of these were places where there was fighting, wars

CATHOLIC SOUTH WEST for a DIOCESE HAPPY and HOLY CHRISTMAS 2018 **LEGION OF** 50 years of standing up for life from MARY conception to natural death April 2018 marked the Send you our . 50th anniversarv of the coming **BEST WISHES** into effect of the 1967 Abortion Act FOR A HOLY on April 27th 1968 The Society for the **CHRISTMAS** Protection of Unborn Children www.spuc.ora.

· Ensure effective and efficient operation of the Heritage Centre, is responsible for the overall monitoring of planned maintenance, staff and resources inclusive of budgeting. · Further develop the Heritage Centre by means of networking and promoting the Heritage Centre locally and internationally.

Hours of employment: 35-37.5 hours per week with flexibility. Salary Package: Commensurate with experience

Method of application: Initial enquires to the Province Leader to request a Position Description via e-mail at lcm.ef@btinternet.com or via the website at www.lcmsisters.ora.uk

Applications close:

17 December 2018 at 5.00 pm

Interviews:

Week commencing Monday 28 January 2019

ETHICAL SHOPPING

Here are 10 easy to do things that can have a big impact and helping your buying choices to be more ethical:

1) Buy the most ethical. Investigate the sources of your purchases and the effects on the environment and those who grow/ make/distribute your goods and change to a fairer company.

2) Less is more. Do you really need that new pair of shoes? Is it really necessary to upgrade your smartphone again? Is there a low-consumption alternative? Reducing consumption can help save money and the planet.

3) Get creative before you recycle. Throwing away is so passé. Fixing, up-cycling and reusing is what all the cool kids are doing. There is often lots that can be done with old gear before you send it for recycling.

4) Shop pre-loved. From car boot sales to charity shops buying

second hand products is another great way to help the environmental and save money. You can buy most things second hand and make a difference.

5) Help re-invigorate your local community. You can often find unique and interesting products by shopping with local, independent retailers. This keeps more money in local communities and stops it flowing out to the shareholders of big high-street brands or to e-commerce companies based in tax havens.

6) Shop for democracy with co-operatives. Probably the most progressive business types we have in the UK are co-operatives. Co-ops, social enterprises and community businesses often put real decision making in the hands of ordinary local people.

7) Look for trusted labels. There are a host of ethical labels, but some are more trustworthy and rigorous than others including

Organic (by the Social Association), Vegan (by the Vegan Society), Fairtrade (by the Fairtrade foundation) and Cruelty Free (by Cruelty Free International).

8) Boycott the bad guys. A great way to shop ethically is to boycott those companies that aren't behaving responsibly and maybe join a boycott campaign. The Ethical Consumer provides a unique boycotts list provides a comprehensive directory of progressive boycotts from all over the world.

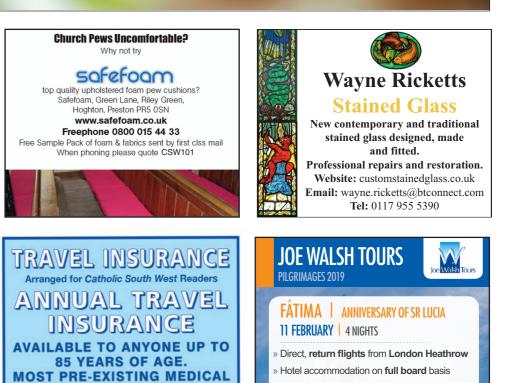
9) Get active and challenge corporate power. Ethical consumption is more than just about what you buy, it's about being an active citizen. Join in and organise other types of campaigns.

10) Take back control of your money. Where our money goes is what it's all about, so banking, savings and investments play an important part in consuming ethically, ensuring that your money is going to fund projects that benefit society.

FUEL BILL WORRIES? IS IT HARD TO HEAT YOUR HOME?

Exeter Community Energy (ECOE) is helping people across Exeter, Mid and East Devon, Teignbridge and Torbay cut their energy bills and stay warm in winter with its Healthy Homes for Wellbeing project.

Since November 2017 Healthy Homes has been providing free energy advice at events and drop-in energy advice clinics and Local Energy Advice Partnership (LEAP) home visits. The free LEAP visit provides a home energy survey, conducted by fully trained Home Energy Advisers. Its tailored package covers energy saving tips and installation of free, easy measures like low-energy LED light bulbs and draught proofing. Help with bills, switching and discounts, grants for insulation and heating, referring on for benefit, debt advice and safety checks is also covered. Eligibility for the home visits is deliberately wide, including low income, long term health issues, disabilities, benefits, and recent bereavement.



CONDITIONS ACCEPTED. TOP QUALITY COVER With a 24 hour helpline and an

Help is also available with the costs of upgrading your home's insulation or replacing old and inefficient heating. Advisors can connect you to government Energy Company Obligation funding to improve home energy efficiency and Emergency Central Heating Offer funds when boilers are broken or beyond economical repair.

Drop-in energy advice clinics take place across Exeter, and in Crediton, Tiverton and Cullompton. Energy Advice Clinic dates and more information can be found at www.ecoe.org.uk/healthy-homes-wellbeing/ Drop in for free impartial advice, and bring energy and water bills to see how much money you could save. To book your free LEAP home energy visit call ECOE on 01395 276734 or 07731 540215, or email info@ecoe.org.uk.

Furthermore, ECOE is now developing new photovoltaic energy projects on the roofs of community buildings and providing cheap energy for their occupants. It also offers grants for local fuel poverty, clean energy and energy efficiency projects until the end of January. Contact ECOE if you're interested on the details above.

air ambulance get-you-home service. CSW Readers Special Offer Please mention this advert to receive your Catholic South West readers discount

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Your gift today could help <u>five</u> children like Sesan see the wonder of God's creation. Help unlock <u>extra funds</u> for more cataract surgeries.

Dear Catholic South West reader,

Life with severe cataracts has not been easy for fiveyear-old Sesan. Unable to see, this bright boy has been unable to play with friends, help at home and go to school. Education is the key to employment, a way out of poverty.

Perhaps the most heart-breaking thing about children like Sesan, living in Africa, is that their sight could be so easily restored. Cataract surgery to restore sight can take just 45 minutes, but many families in poor countries cannot afford the £95 cost of surgery. So their children have no choice but to live in darkness.

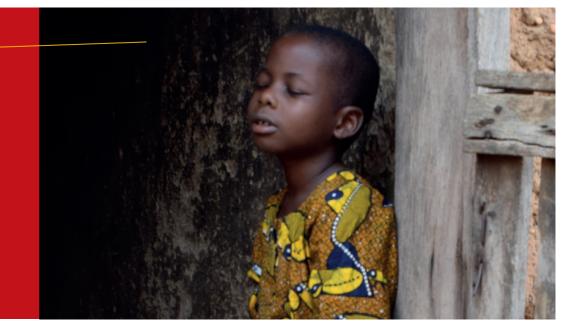
You can change that with a gift to CBM right now. For a limited time, a kind funding partner has pledged to unlock $\pounds 4$ for every $\pounds 1$ you give. This means that if you can give $\pounds 95$ for one child's surgery today, five children could have their sight restored.

Our goal is to enable 7,000 children to see over the next two years. With your help, thousands of lives will be changed.

God bless you,

berca

Rebecca Molyneux Programme Manager for West and Central Africa



How it works

For every £95 you give...

...our funding partner unlocks another £380, enabling FOUR MORE sight-saving treatments



A gift of £95 can help more children like...









Yes, I want to unlock funds to help FIVE TIMES more blind children like Sesan

I will give:
£95

My choice amount of:

I enclose a cheque/postal order/CAF voucher made out to CBM or

Please debit my Visa/Mastercard/Maestro Card/CAF Card

Card holder's name:

Card number:

3-digit

Security number:

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We like to contact our supporters with postal fundraising messages and updates from the projects we support. If you do NOT want to receive such messages from CBM UK in the future please contact us on 01223 484700 or email info@cbmuk.org.uk. You can update your contact preferences or unsubscribe at any time. You can view our privacy policy at www.cbmuk.org.uk/privacy

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- Oakington Business Park, Dry Drayton Road, Oakington, Cambridge CB24 3DQ
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Call 0800 567 7000 to make your donation today. THANK YOU.



A1810PR-WT12

December 2018 12 - Catholic South West

QUICK Across

You can use both sets of clues to solve the puzzle: the solutions are the same.

- 1 Dividend payment, after tax, is almost 100%: with return no small amount, princess is on it (12)
- 8 Port to run into the French use (2,5)
- Baronet's thanks in reaching this step (5) 9
- Schedule to get fit after the end of Lent (5) 10
- Language of Cornwall, for instance, a kind of 11 Austin-speak (7)
- Old English philosopher's suspicious of the 12 bald Arab (7,2,4)
- 15 Case against the state senator? (7)
- 17 Spirit is the key to army (5)
- 19 Checks supporters? (5)
- 20 Chasseur, as I appreciated, takes much from this extensive piece of land (7)
- 21 Elegant German city's losing its top store (12)

CRYPTIC Down

CRYPTIC Across

- 1 Hadn't elitist affectation of being amateurish (12)
- 2 Master from Bihar's turned down, not having requisite leadership (5)
- 3 I arrive, dubious in what the French say are 'Nice surroundings'! (7)
- 'Agedness' label tortured a Franciscan mystic 4 (7,6)
- Asset-backed investment no longer? (5)
- Music player award Sondheim initially ignored 6 in America (7)
- 7 Cargo carrier alarm with drugs found on board coach (7,5)
- 13 Cheer and delight when the First Lady's al most hugged (7)
- Struggle, with month at last past, ever in fall it 14 bears fruit (3,4)
- 16 Food, after all, one American consumed in silence (5)
- 18 Band of hope in the desert? (5)

- 1 Dispersion (12) Port of upper Normandy (2,5) 8
- 9 Internal step (5)
- 10 Schedule (5)
- 11 Bantu tongue modified by Arabic in E Africa
- 12 12th century English Scholastic philosopher and mathematician (7,2,4)
- Crime against the state (7) 15
- 17 Ghoul (5) Close-fitting foundation garment (5) 19
- 20 Continental landmass extending from Cape Roca in the west to Cape Dezhnev in the east (7)
- 21 Prepared foods, mainly foreign cooked meats (12)

QUICK Down

- Enthusiastic, but second-rate (12) 1 2 Formerly a term of respect for important
- white Europeans in colonial India (5) In France, the Cote d'Azur (7) 3
- 4 Penitent of Foligno, Umbria, author of the Book of Visions and Instructions (7,6)
- Girl's name and acronym for a now-defunct 5 savings scheme (5)
- Children's musical instrument (7)
- Goods transport (7,5) 7
- 13 Raise (7)
- 14 Any producer of the fruit genus 'ficus' (3,4)
- 18 Desert green spot (5)

SOLUTION

- 16 Japanese dish of rice, vegetables and fish

Down: 1 Dilettantish, 2 Sahib, 3 Riviera, 4 Blessed Angela, 5 Tessa, 6 Ocarina, 7 Freight train, 13 Elevate, 14 Fig tree, 16 Sushi, 18 Oasis. Across: 1 Distribution, 8 Le Havre, 9 Stair, 10 Table, 11 Swahili, 12 Adelard of Bath, 15 Treason, 17 Ghost, 19 Stays, 20 Eurasia, 21 Delicatessen.

St Rita's Centre, Honiton, Devon **Advent Day of Recollection**

The Season ^{of}Advent

with

Rev. Barry Hallett Advent Readings

Saturday 15th Dec. 2018

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CathCom 2-in-1 Crossword

by Axe



10.30am – 4.30pm

10.30am Coffee/tea on arrival for 11.00am start Mass at 12.15pm. Lunch at 1.00pm. 2.25pm Second Talk. 4.00pm Confessions. Cost per person: £25.00 which includes lunch.

For further information contact:

St Rita's Promotions Tel: 01404 42635 Email: stritas@btinternet.com Web Site: stritascentre.org.uk