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Catholic **South West**

Serving the
Church in the
South West

July 2019

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CONTACTS & DETAILS

Catholic South West is a monthly newspaper for Catholics in the Plymouth, Clifton and Portsmouth Dioceses. It is published by Bellcourt Ltd

AIMS

To build community in the South West by sharing stories relating to Catholic life around the South West.

To encourage readers to get more involved in - or start - projects and initiatives in the local area.

To provide thought-provoking articles to help readers deepen their Faith.

GET INVOLVED

We need your help!

Articles: We need your local articles - we can only include what we get. So if you have an article or just a photo with a short description - please send it in.

Ideas: We need your ideas for the paper and we need your ideas in the paper. If you have any thoughts on what we should include - or if you are thinking about starting a new initiative - get in touch - we'd love to support it!

Readers: If you can encourage other readers in your parish please do so.

Advertising: We rely on advertising - if you know of anyone that would benefit from promoting their business, event or anything else to parishioners throughout the South West.

SUBMITTING EDITORIAL

To send in editorial or to get in touch please contact us at:

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DATES

Catholic South West goes to parishes on the last full weekend of the month. It is printed around the middle of the month - so if you would like to advertise or send in editorial please do it as early as possible.

FROM CSW

We have had so much editorial sent in for this month it has been a tight squeeze to get it all in. Some of it we didn't want to squeeze so we will put it in next month. It is wonderful that there is so much going

on in the South West. Please keep sending in articles and we will keep publishing them.

If you have any feedback about the papers or if your parish would like more papers please don't hesitate to ask - it won't necessarily cost any extra to get more

copies delivered. Simply email us at csw@cathcom.org or call us on 01440 730399.

We hope you enjoy the paper and have a wonderful July!

CSW TEAM

Diamond Jubilee - St Anthony of Padua, Broadstone, Dorset

The Diamond Jubilee was celebrated with Bishop Mark and Parish Priest Canon John Webb on Monday 13th May 2019. Other priests, including two who had previously served as Parish Priests, Canon Kenneth Noakes and Fr Keith Collins, joined the celebration of Mass.

During Mass the Bishop's Diocesan Medal was presented by Bishop Mark to Sally Price who had volunteered for almost 30 years responsible to the washing of altar linen and flower arranging. Well done Sally!

Refreshments was served in the church hall afterwards where Bishop Mark circu-

lated and chatted to many parishioners. Safe to say that everyone had a good time.

The church grounds looked splendid with a dozen or more pots planted with lovely flowers in remembrance of loved ones. Congratulations and well done to St Anthony's "



KNIGHTS OF ST COLUMBA FRATERNAL CROSS



The KSC Fraternal Cross is touring the country.

The Cross is travelling the length of the country having started at Glasgow Cathedral in October and will eventually return there, to be celebrated with Mass by Archbishop McMahon.

The Cross was brought to Plymouth Cathedral on 12th May from Clifton Diocese and received during the 10 a.m.

Mass. The cross, promoted as a focus for members of the Order to gather together to pray and socialise, was received by Terry O'Carroll on behalf of the Cathedral.

It remained on display in the Peace Chapel until Tuesday 14th May and parishioners and visitors were invited to say a prayer in front of the Cross for peace in the world.



EDITORIAL GUIDELINES

1) Think of the readers: If you are writing about an event, think about the readers that don't know anything about it. Outline what happened, but focus on why people go, why it is important to them, or some teaching that was given. Make sure readers learn something from your

article - they don't just want to know who was there and what snacks were available!
2) Keep it brief: Make sure you make your point - but keep it brief and punchy.
3) Pictures: Send pictures as they are - even if they are very big to email. Don't reduce them in size or put them inside a Word document. They look fine on the screen but terrible in the paper!

LEGAL INFORMATION

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Celebration Mass for the 50th anniversary of the ordination of Canon Michael Fitzpatrick

On Friday 7 June 2019, a full Salisbury Cathedral joined in the celebration Mass for the 50th anniversary of the ordination of Canon Michael Fitzpatrick, parish priest of St Osmund's, St Gregory's and The Holy Redeemer Catholic Churches in Salisbury. This Mass was held with the generous permission of the Bishop of Salisbury and the Dean and Chapter of Salisbury Cathedral and was the second Mass to be celebrated there since the Reformation.

Canon Michael was joined for this celebration by Bishop Declan Lang, Bishop Emeritus Crispian Hollis and the Bishop of Salisbury. sixty priests of the diocese who were also in attendance to concelebrate the Mass.

Canon Michael has been a priest of the

diocese since his ordination and has also served in the parishes of St Peter's Gloucester; St Joseph's Fishponds and Our Lady of Lourdes Kingswood, Bristol.

Bishop Crispian Hollis gave the homily and said that Fr Michael will be best remembered and loved for this fruitful and pastoral ministry, which is why today we particularly thank the Lord for the great things he has been able to do through his priestly work. But we thank God too for Michael's own fidelity



to the call he has been given and to which he has given his life.

The sermon can be read or listened to at www.cliftondiocese.com



On Monday the 10th of June the Bridport branch of the Catholic Women's League hosted a recorded talk by the distinguished American doctor Dr. Bernard Nathanson. This was a recorded talk from the Lighthouse series of Catholic media presentations. Ruth Jenkins, one of the CWL members present at the talk said: "Dr Nathanson's talk shows how his way of thinking about abortion can be changed because of compelling evidence that

shows man's inhumanity towards the unborn child. The advancement of science has helped to bring this awareness and awakening to Dr Nathanson, which caused him to be deeply depressed about the many abortions that he had been involved in. Our Lord said that when we are at our most vulnerable and we extend a hand to our Lord he will be there to help us out of our despair. Like St Paul a conversion occurred which led to Dr Nathanson becoming

a Catholic and being on the side of pro-life.

"It takes courage to change ones convictions and admit that what had been done before was deeply wrong and to walk a new path. A most humbling experience."

For more information about the CWL please go to www.catholicwomensleague-cio.org.uk

Hosted a recorded talk by the distinguished American doctor Dr. Bernard Nathanson

A historic walk to Ladye Park, Liskeard

A party of 20 walkers followed an ancient pilgrimage route to the site of the old shrine at Ladye Park last Sunday, with the kind permission of the site's current owner. The walkers made their way from Liskeard's Roman Catholic church and descended the historic 'Mass Path' down from Old Road in the footsteps of pilgrims from a thousand years earlier.

The circular 3 mile walk was led by popular local historian, Brian Oldham, of Liskeard Walkers are Welcome, who told of local characters who used to live in houses that were passed along the route. At Ladye Park, Peter Murnaghan, gave a short history of the site and particularly the re-discovery of the shrine by the late Margaret Pollard of Truro in the 1950s. It is known that Cornish pilgrims visited the site of 'Our Lady of the Park' for hundreds of years, until the sixteenth century, when the shrine was destroyed as part of the Protestant Reformation. Today's pilgrims saw a niche in the wall, which was found on a previous visit and is believed to be the sole remaining evidence of the long-de-



Fr Gilmour McDermott leading a Reflection in the garden of Ladye Park.

molished chapel here. Reference was also made to the town's mural in Pig Meadow Lane, which features Our Lady of the Park.

In the beautiful tranquil garden, Fr Gilmour McDermott, parish priest of

Liskeard's church of Our Lady and St Neot, led prayers for peace and reconciliation at home and abroad. The walkers concluded by singing Margaret Pollard's hymn 'Lady Mary of the Park', which had been written in 1979 especially for the Ladye Park shrine.

Around the South West

Recognised in this year's Queen's birthday honours

A retired Head Teacher of a Catholic College in Bristol and the Choral Director at Clifton Cathedral have been recognised in this year's Queen's birthday honours.

Catherine Hughes was awarded an OBE for services to education. Catherine was the longest serving Headteacher when she retired last year after 22 years at St Bede's Catholic College in Bristol. She said she "loved" her time as a teacher.



Choral Director at Clifton Cathedral, John Gibbons was awarded a BEM for services to music. He is a conductor, composer,

arranger, pianist and organist who has been a passionate advocate of neglected British music of the 20th Century and renowned for his support of young soloists at the start of their career.

Young Adults Holy Land Pilgrimage



A number of the young Catholic adult pilgrims travelling together to the Holy Land in July visited Downside Abbey recently as part of their preparation for the trip. Director of Vocations Fr. Matt Anscombe, and Dom Anselm Brumwell of Downside, were both on hand to provide guidance to the group. In particular, Fr. Matt spoke about the spiritual aspects of the pilgrimage, and Dom Anselm assisted in trying to "unpick" the complicated history of Jerusalem.

If you are interested in attending the pilgrimage, there are still places left. Please contact the organiser rinabird@outlook.com to book your place.

Queensland, Australia – Fr Jack Soulsby

We are very sad to hear that Father Jack Soulsby, who worked in the Plymouth Diocese, and who we featured in the December 2018 edition of CSW, passed away on 22 April 2019. He worked all over the world during his priesthood and retired in Queensland, Australia.



Send us your news
csw@cathcom.org

Can Faith be Reconciled with Science?

Speaker: The Rev Dr Andrew Pinsent.

On Saturday, 15th June, 2019, Father Andrew Pinsent came to Tisbury to give a talk entitled Can Faith be reconciled with Science? Our Sacred Heart parish-ioners were joined by those from other churches.

Father Andrew spoke about his background in sci-ence: six years at Oxford which included three years at CERN, seven years in scientific business, seven years in seminary and at the Pontifical Gregorian University, Rome and four years doctoral philosophy before returning to the University of Oxford as Re-search Director of the Ian Ramsey Centre for Science and Religion at the Faculty of Theology and Religion.

He gave excellent examples and slides showing the microscopic wonder of God's creation. He explained clearly how looking at matter helped us in our under-standing of our Faith.

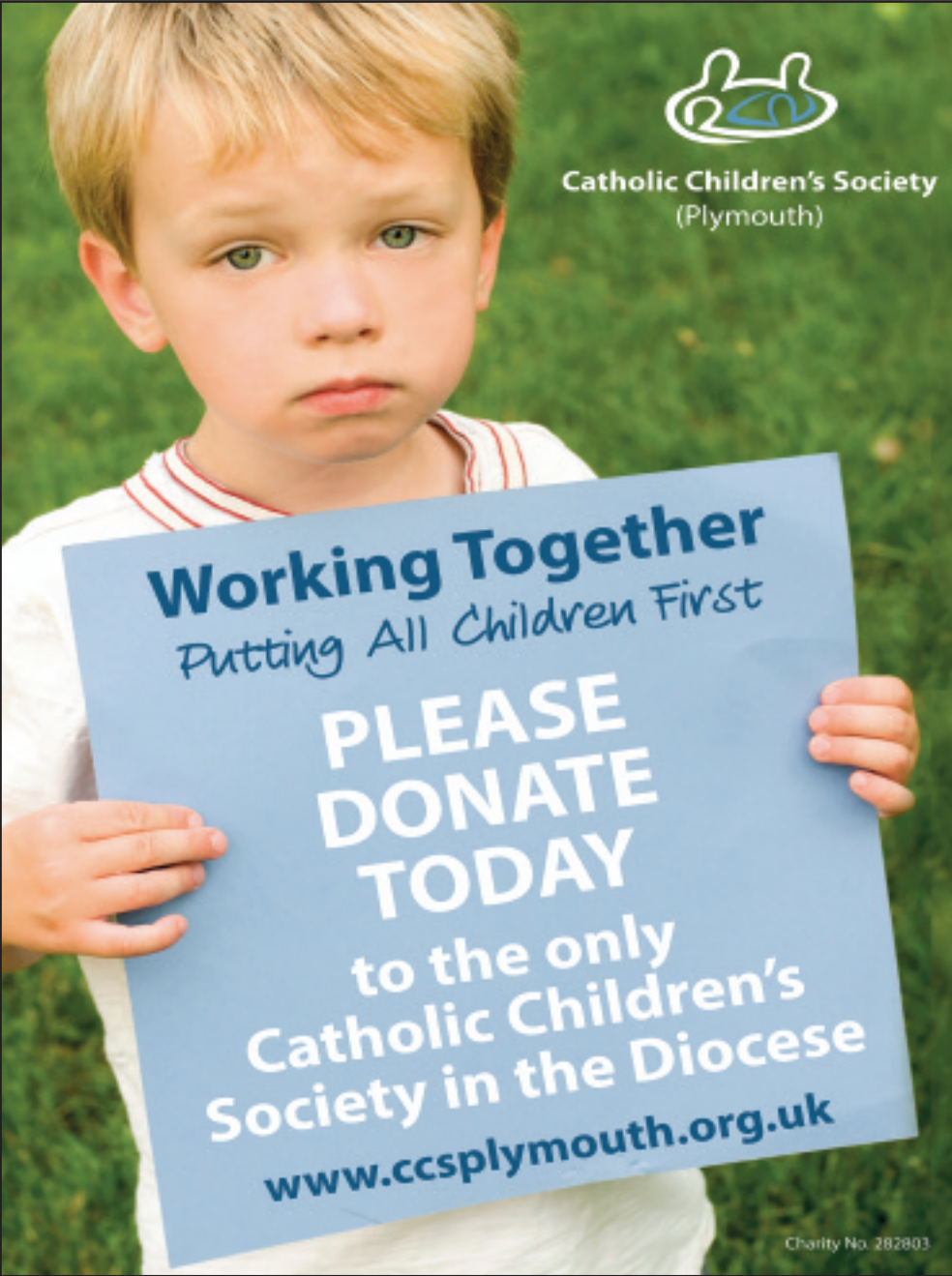
We learnt about the pioneers of science who were Catholic priests. He gave many examples such as the Theory of the Big Bang discovered by Mgr Lemaitre in 1927; the Director of the Vatican Observatory, Fr An-gelo Secchi is known as the Father of Astrophysics; Mgr Gregor Mendel, Father of modern Genetics; the



first woman professor of mathematics, Maria Agnesi, was appointed by a pope, Benedict XIV, and the first woman to be awarded a doctoral degree, Elena Pis-copia, was a Venetian Catholic. We were delighted to see a photo of the successful testing of Fr Casimir Zeglen's invention of the bulletproof vest in 1897. We learnt a great deal about our faith, the 'cause fun-nel', more on creation and evolution, philosophers, pioneers and of course, the pianos crashing down the stairs. We hope to see Father Andrew in Tisbury again and thank him wholeheartedly for his interest-ing, informative and inspirational talk.



Charity Profile



CATHOLIC CHILDREN'S SOCIETY (PLYMOUTH) - ANNUAL APPEAL 2019

Over the Bank Holiday weekend of 25th and 26th August, the Annual Appeal for the Catholic Children's Society (Plymouth) will be held across the Diocese. The Soci-ety aims to help vulnerable children and their families across the Diocese and works to support parents and carers as they bring up their children.

As can be seen in the financial 'snapshot' below, the majority of our funding (39%) comes from the generous collections made by of our congregations across the Diocese and the kind donations of individ-

uals (39%). We could not continue without this support and every single donation is valued and goes to help families in times of great financial need.

Please support this year's Annual Appeal as much as you can over the weekend 25/26 August, but if this is difficult per-haps consider helping in other ways, as we are always looking for help! Please call 01364 645420 for more details or visit www.ccsplymouth.org.uk. Thank you so much !

2018 Financial Highlights for the Catholic Children's Society (Plymouth) For every £1 donated to the CCSP, 68p goes towards helping vulnerable children across Dorset, Devon and Cornwall

Total Income £61,117
(2017: £128,720, 2016: £87, 648)



Donations Crib Offerings Collections
Legacies Grants Investment Income

Total expenditure: £88,918
(2017: £82,747, 2016: £105,820)



Grants Patchwork Investment Management Costs Governance

Summary of Grants provided in 2018

- 21 washing machines
- 22 cookers
- 20 fridge freezers
- 25 beds and mattresses
- 25 grants for essential furniture such as tables and chairs
- 59 grants for school uniform/shoes
- 13 grants for new baby equipment
- 8 grants for educational purposes (residential, courses and books)
- 3 grants for pilgrims going to Lourdes

In 2018, our PATCHWORK PARENTING PROGRAMME

- Provided 10 parenting courses in the Diocese – 60% within Catholic schools and 40% within other schools in the wider community
- Benefitted 119 children, made up of 11 pre-schoolers, 77 primary students and 31 secondary children
- Allowed 67 parents and carers to attend, including 5 parents with English as an additional language and a number of dads which proved a real asset to the sessions

Poetry Corner

By Brian Bilston

REFUGEES



They have no need of our help
 So do not tell me
 These haggard faces could belong to you or me
 Should life have dealt a different hand
 We need to see them for who they really are
 Chancers and scroungers
 Layabouts and loungers
 With bombs up their sleeves
 Cut-throats and thieves
 They are not
 Welcome here
 We should make them
 Go back to where they came from
 They cannot
 Share our food
 Share our homes
 Share our countries
 Instead let us
 Build a wall to keep them out
 It is not okay to say
 These are people just like us
 A place should only belong to those who are born there
 Do not be so stupid to think that
 The world can be looked at another way

(now read from bottom to top)

Facts, Figures and Fake News

Below are various facts and figures. One is not true - see if you can work out which one is Fake News! The answer is at the bottom - just so you know that all the others are true.

1. More people in the world currently suffer from obesity than from hunger
2. The average 4 year old asks almost 400 questions a day
3. Vending machines kill more people per year than sharks
4. A pocket calculator has more computing power than the computers used to send man to the moon
5. Velociraptors were twice the size of an average lion
6. Facebook engineers originally wanted to call the 'like' button, the 'awesome' button
7. The population of Ireland is still over a million lower than before the great potato famine in the 1850s
8. There is a basketball court above the Supreme Court in the US. It is known as the highest court in the land
9. One in every 200 men alive today is related to Genghis Khan
10. The longest interval between the birth of twins is 87 days

Fake Fact: Velociraptors were actually about the same size as a chicken

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Scripture Focus

By Fr Jeremy Corley



A SENSE OF WELCOME

It is good to have a home where we feel loved and welcomed. Unfortunately, nowadays many young families struggle to be able to afford suitable housing. In addition, it is sad to see pictures of migrants vainly seeking a new home after fleeing conflict and persecution.

In different ways, the Sunday gospels for July help us reflect on hospitality and welcome. On the 14th Sunday of the Year (7th July), we hear of the important mission of the seventy-two others sent out to prepare the way for Christ. We often focus our attention on the messengers, called to bring Christ's good news by healing the sick and proclaiming the good news.

Less often we focus on those who received the messengers hospitably—those who heeded the message of peace and responded with a warm welcome. For God's ministers, it is a great blessing to encounter such generous hospitality.

The messengers in the gospel set out without arranging hotel accommodation and without credit cards. They were reliant on the generosity of strangers who heard the Good News. Yet in God's providence, the messengers received food and drink from those who responded to their witness.

The gospel for the 15th Sunday of the Year (14th July) presents us with the hospitality shown by someone

away from home—the Good Samaritan. He was travelling down from Jerusalem to Jericho in a territory where he may not have felt very welcomed. But when he came across the stranger lying half-dead by the roadside, he acted hospitably.

The Samaritan picked him up, placed him on his donkey, and took him to the nearest inn. The robbery victim was too far from his home to go there comfortably, so the Samaritan paid for him to stay where he could be looked after until he recovered. He did not know the man but still acted hospitably.

On the 16th Sunday of the Year (21st July), we first hear of the hospitality shown by Abraham and Sarah to the three strangers—who turn out to represent God himself. Even today in remote parts of the Middle Eastern desert there is the custom of hospitality and welcome.

Abraham insists that the three travellers should at least stop to rest with him during the hottest part of the day. They receive the lavish welcome of a fatted calf, slaughtered to feed them. As a divine reward for this hospitality, Abraham and Sarah receive the promise of a longed-for son, who will be Isaac.

In the gospel, we also hear of another welcome—this time the hospitality shown to Jesus by Martha and Mary. Like Abraham and Sarah welcoming the three

travellers, or like those who welcomed the seventy-two messengers, the two sisters welcomed him warmly and provided food and drink for him.

The two sisters each welcomed Jesus in different ways. Martha's active hospitality took care of the food preparation, whereas Mary welcomed Jesus with her attentive presence. Such a welcome was precious for our Lord. While he was grateful for all Martha's trouble to get things right, he valued the quietness of Mary who was content to listen to him. She had chosen the better part.

The gospel for the 17th Sunday of the Year (28th July) hints at the hospitality of God. After teaching the short form of the "Our Father," Jesus tells the parable about the friend arriving at night-time. Like the Good Samaritan, but less eagerly, the householder eventually responds to the need, by sharing bread with the one requesting it.

How much readier is God to receive us and help us! We are invited to knock on his door, and he will hospitably welcome us and answer our request. We seek to be welcomed by God, but we are also called to welcome others in need. As we are thankful for all who welcome us, let us pray for the grace to welcome others.



Life Matters

The Rosary: a powerful prolife prayer.

In 2017 over a million Poles prayed the rosary all round the borders of Poland in reparation for sins against faith life and love. The Irish followed suit, and then came the British Rosary on the Coast in 2018. Since then we have had the British Rosary under the Cross to join with the USA's Rosary Coast to Coast, and God's Mercy for the British Isles on Divine Mercy Sunday.

There are two current initiatives.

The Knights of St. Columba are celebrating their centenary by a Rosary Crusade jointly with the Society for the Protection of Unborn Children until October, which is, of course, the month of the Most Holy Rosary. For more information go to

www.spuc.org.uk/get-involved/events/2019/january/rosary-for-the-unborn.

It is not too late to join in by saying at least one decade of the rosary every day. July's special intention is "For the church, that its witness for life touches the hearts of all people."

The Rosary on the Coast website rosary-onthecoast.co.uk is encouraging devotion to the Five First Saturdays in reparation to the Immaculate Heart of Mary, as told to Sr. Lucia of Fatima.

On the first Saturday of each month:

1. Make a good Confession to be in a state of grace.
2. Receive Holy Communion with the in-

tention of Reparation for sins against the Immaculate Heart of Mary.

3. Pray five decades of the Rosary with the intention of Reparation to the Immaculate Heart of Mary

4. Keep Jesus and Mary company for 15 minutes while meditating on one or more mysteries of the Rosary.

It is vitally important as well as supporting the practical help offered by groups like LIFE and the Guild of Our Lady of Good Counsel that we pray for all pregnant women with difficulties, and also for those who are suffering after an abortion, that as Pope St. John Paul said, they may find comfort and healing in this life and be joyfully re-united with their lost children in the next.



Education - Exams



Our Lady's Catechists (OLC)



Use it or lose it. Our Lady's Catechists are volunteer, qualified women and men catechists. OLC courses work alongside existing diocesan catechetical provisions throughout the United Kingdom and further afield.

Fr. Harry Curtis, STL, B.Sc., M.Ed. is the spiritual director and director of studies at OLC. He is a parish priest in Coventry and a former Professor of Dogmatic Theology at St Mary's College, Oscott, Birmingham, and then Dean.

Currently, not enough parishes are making use of OLC courses. You can do something about it.

OLC has been active in the Plymouth Diocese for many years, though at present there aren't any OLC students. This is surprising, given the obvious need for further adult formation within our parishes, as well as the absence of a Catholic secondary school within Cornwall.

The dire statistics across the country, not just within the Plymouth Diocese, of postconfirmation youth and adults abandoning the Faith, is clear evidence of the need for faith-development courses, such as those provided by OLC.

Our Lady's Catechists was founded in 1923 to meet the catechetical needs of children not at Catholic schools. Nowadays, OLC offers four correspondence courses: two to train parish catechists and two to support adults and young people wishing to develop their knowledge of the Catholic Faith. One of the catechist courses is also adapted for those wishing to develop their knowledge in the Faith, without becoming catechists themselves.

The four courses are: Catholicism Made

Simple; Mysteries of the Christian Life; Sowing the Seed (Foundation Course); and Reaping the Harvest (Diploma Course). Full details of these courses and other resources are available on the Our Lady's Catechists new website at www.catechists.org.uk.

The Catholicism Made Simple and Mysteries of the Christian Life courses are aimed at adult and youth faith development. They only cost £20 each, and each one takes roughly three to six months to complete. The level of difficulty of these two courses is estimated at a little below GCSE level. Both courses are suitable as a basis for adult instruction – even as a refresher for those already established in the Faith.

The Catholicism Made Simple course ensures students have a good understanding of the main truths of the Catholic Faith. The Mysteries of the Christian Life course enables students to explore the Christian Life and Doctrine through the mysteries of the Rosary. Free sample chapters are available on the OLC website. Check them out!

Perhaps parish priests and school governors might consider offering the Catholicism Made Simple course to non-Catholic and non-practising Catholic parents who send their children to a Catholic school. Why not? Presumably, these parents have some interest in Catholicism. The Course would also be beneficial to the not insignificant number of non-Catholic teachers working in Catholic schools.

The Foundation Course, has a dual role since, in addition to training catechists, it is adapted for use to support adult faith instruction, without the requirement to become a catechist. As a guide, the full course can be completed within two years. Cost of the Foundation Course used solely for adult formation is only £30. It has a level of difficulty similar to that of a GCSE.

Use of the Foundation Course for adult formation consists of three parts: (1) Doctrine (based on the Catechism), (2) Old Testament and New Testament, (3) Moral Issues (based on the Catechism and Veritatis Splendor).

In addition to its use within adult formation, the Foundation Course might also

prove a valuable course of study for our youth, especially those not attending a Catholic secondary school and hence not taking a GCSE in Catholic Religious Studies. Parish priests, why not give it a go: offer this Foundation Course as a follow-on course after confirmation – and particularly to the youth in your parish not attending a Catholic secondary school. The Diploma Course provides a comprehensive and advanced course of study, split into three parts: (1) The Old Testament, (2) The New Testament, and (3) The Church. It offers a natural progression from the Foundation Course. As a guide, the course can be completed within two years. Full cost of the Diploma Course is only £75, and it has a level of difficulty similar to that of an A level.

Key advantages of OLC courses are: (a) convenience: study at home and/or within

your parish, (b) flexibility: no time limits imposed for course completion, (c) cost: course fees are great value for money because tutors give of their time freely, (d) students have an individual tutor.

Our Lady's Catechists have served the Catholic community for nearly one hundred years. In 2023, OLC will celebrate its centenary. Between now and then, if every parish in our diocese enrolls at least one student every year on an OLC course, this will help ensure Our Lady's Catechists continues to serve the Catholic community – you, your children and children's children – for many more years to come.

The OLC Diocesan Representative for the Diocese of Plymouth is Mr John Crean. Email: milton3139@gmail.com, Tel: 01404-234327.

Retreat

Friday 12th to
Sunday 14th July
2019

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Brush Strokes

By Fr Tom Grufferty



Feast of St. James— The Greater July 25th



I was really captivated by the BBC Pilgrimage to Rome at Easter this year. The Via Francigena is an ancient Camino. Eight celebrities walked 1000 km in the Swiss Alps though the famous St. Bernard Pass on their way to St. Peter's Rome where a great surprise awaited them, a private audience with Pope Francis. The eight people included Les Dennis, Lesley Joseph who is Jewish, a Muslim, and Dana who was the only Catholic on the Pilgrimage.

The person who really inspired me was Les Dennis who told the story of his mother who was a committed Catholic until she requested Baptism for her daughter Margaret. She found the spiritual door firmly closed because the child was born out of wedlock. Although the Dennis family rarely talked about the rejection it caused a deep hurt especially in his mother. What Les could not understand was that when it came to the final farewell for his Mom, she had requested a Catholic Funeral. Les said, "Once a Catholic always a Catholic".

It was clear on the TV screen that the Pilgrimage to Rome was a journey of healing for Les as he told his story not without tears of sorrow and remorse. It was also clear that healing and personal integration if not a new spiritual awareness took place in his fellow pilgrims too.

For me it was a poignant reminder of the catastrophic damage we Priests, and Bishops can do when we say "No" without any good reason. The "No" affects generations. Some people never recover while others like Les need a Pilgrimage to come to terms with all that happens to us on the epic journey of life.

I have had the great honour to share a Pilgrimage on the Camino with seven Parishioners, including a Muslim friend who was training to be a nun. We did 100 miles from Ponferrada to Santiago de Compostela. Not only did

we interact physically and spiritually with each other but also with many other Pilgrims we met on the way. The route itself, or should I say "routes" for there are several, have extraordinary historical and religious significance. As you walk along you come in contact with the millions who have already done "The Long Road to Heaven" and you are in tune with those who will follow you.

The Cathedral of St. James is the goal of the pilgrimage and the day of arrival must be the greatest day of celebration in the entire pilgrimage if not of life. There is surprise that certain people have made it. On that basis alone I think we will be amazed at the people we find in heaven. There are people beaming who have not smiled for ten days, others soothing their blisters and looking at them in surprise, others just strolling around as St. Paul strolled around Athens admiring the wonders of another ancient place.

Apparently when the Feast of St. James, July 25th falls on a Sunday in Santiago de Compostela there are great festivities. This James is the son of Zebedee and called the Greater to distinguish him from the other James, the Apostle, the son of Alphaeus. This Apostle is supposed to have travelled to the beautiful part of Spain called Galicia where he began to build a Church in honour of Our Lady. He eventually returned to Jerusalem where he was beheaded in AD 44. He is the only Apostle whose Martyrdom is recorded in the New Testament, Acts 12:1-2. He is now Patron of Spain.

I am 100% certain that people, and especially young people will take the Camino route to Santiago de Compostela for all kinds of reasons and none for generations yet to come. Many will find "the long road to Heaven" with St. James. As did Les Dennis and his seven fellow Pilgrims on the Camino to Rome in 2019



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The Philippines brought to Dorchester

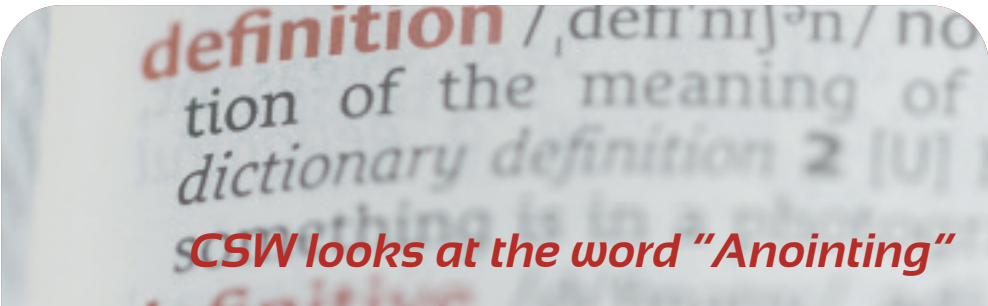
On Saturday 11th May 2019 a procession took place in Dorchester, Devon, to celebrate Flores de Mayo and Santacruzán 2019. Flores de Mayo (Spanish for "flowers of May") is a festival held in the Philippines in the month of May. It is one of the May devotions to the Blessed Virgin Mary and lasts for the entire month. The Santacruzán (from the Spanish santa cruz, "holy cross") is the ritual pageant held on the last day of the Flores de Mayo. It honours the finding of the True Cross by Helena of Constantinople.

The procession was led through Dorchester town centre by Fr Barry Hallett. A statue of the Blessed Virgin Mary was carried through the town with many people joining in the celebrations. The procession ended at Holy Trinity in

Culliford Road where there was a short cultural show with typical Filipino Fold Dances and songs followed by a sumptuous buffet of food shared by many people attended the event.

One of the organisers, Merlyn McGuire, said, "I thank the Lord that it was another successful event!"

Many of those who attended felt it was a very moving day. Cen Cajilog, a Filipino Catholic from Croydon, said she felt the event enhanced her love for her faith and it brought back many memories from when she celebrated the event in her town in the Philippines. Benita Gorrell and her husband came from Bideford in Devon and felt the event wonderful for renewing friendships.



CSW looks at the word "Anointing"

Anointing is the ritual act of pouring aromatic oil over a person's head or entire body. By extension, the term is also applied to related acts of sprinkling, dousing, or smearing a person or object with any perfumed oil, milk, butter, or other fat. Scented oils are used as perfumes and sharing them is an act of hospitality. Their use to introduce a divine influence or presence is recorded from the earliest times; anointing was thus used as a form of medicine, thought to rid persons and things of dangerous spirits and demons which were believed to cause disease.

In present usage, "anointing" is typically used for ceremonial blessings such as the coronation of European monarchs. This continues an earlier Hebrew practice most famously observed in the anointings of Aaron as high priest and both Saul and David by the prophet Samuel. The concept is important to the figures of the Messiah and the Christ (Hebrew and Greek for

"The Anointed One") who appear prominently in Jewish and Christian theology and eschatology. Anointing—particularly the anointing of the sick—may also be known as unction; the anointing of the dying as part of last rites in the Catholic church is sometimes specified as "extreme unction".

The oil used in a ceremonial anointment may be called "chrism" - from the Greek word to anoint. Sacred Chrism is used in the Sacraments of Baptism, Confirmation, and Holy Orders. It is also used in the dedication of new Churches, new Altars, and in the consecration of new patens and chalices for use in Mass. In the case of the Sacrament of Baptism, the subject receives two distinct unctions: one with the oil of catechumens, prior to being baptized, and then, after baptism with water is performed, the subject receives an unction with Chrism. In the case of the Sacrament of Confirmation, anointing with Chrism is the essential part of the Rite.

JO BOYCE WEEKEND IN NEWTON ABBOT

Singer/songwriter Jo Boyce, a co-founder of CJM Music, is due to bring her unique talents to Devon in July when she, accompanied by Andrew Moss, will be performing an "unplugged concert" at St Joseph's Newton Abbot, 6.30pm on Friday, 12th July. The concert will also feature the newly formed Parish Youth Music Group. Tickets, in advance, are £3 (under 12s free) The following day the duo will lead a music and liturgy workshop, 11am-4.15pm, also at St Joseph's, prior to singing at the evening 6pm mass. If you want tickets for the concert or more details about the workshop please contact Peter Farrell by tel 01626 369478 or e mail: petane@outlook.com. The pair will also be leading children and staff of St Joseph's Primary School in a music afternoon on the Friday.



MUSIC and LITURGY WORKSHOP DAY

led by **JO BOYCE**
with Andrew Moss



11am-4.15pm on Sat, 13th July
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tel 01626 369478 or e mail: petane@outlook.com

Donations gratefully received

Refreshments provided, please bring pack lunch

Parish Mass follows at 6pm
incorporating music from the workshop



Confirmations and First Holy Communions



*First Holy Communion at Holy Angels Catholic Church, Chelston, Torquay - Sunday 9th June 2019
What better way to celebrate Pentecost than your young children receiving the Holy Spirit*



*First Holy Communions at Church of the
Most Precious Blood, Sidmouth, Sunday 26th May*



*Caption - First Holy Communion at St Anthony of Padua,
Melksham, was celebrated on May 19th.
Congratulations!!*

We will be celebrating First Holy Communions and Confirmation in the next 2 issues.
Please send us your pictures, stories, reasons for confirmation or whatever you like!
We would love to share your celebration! csw@cathcom.org



Pirates. No longer the stuff of children's parties – now a very real threat to our seafarers

We might think that pirates – who were once synonymous with the West Country – are the stuff of children's parties and a thing of the past. However, pirates still attack ships and they can be far more brutal than any of those romantic depictions in Hollywood movies.

Modern pirates tend to operate off the coast of Africa or in the seas around Malaysia, Indonesia and the Philippines – as well the northern part of South America.

They sometimes carry AK-47s, heavy machine guns and rocket launchers; navigate with GPS devices; and use speedboats mounted with heavy mortars to target ships.

Pirates target ships for cash and valuables, for the cargo, which can be worth vast sums, or to take crew members hostage in the hope of getting a ransom.

To most of us, though, seafarers are invisible and seem to have little relevance to our lives. That's why if an airline crashes, it leads the news bulletins, but if a cargo ship sinks it barely gets a mention.

But it's ships, not planes, that bring us most of the things we rely on each day: phones, cars, computers, food, and much more. If it wasn't for seafarers, our lives would be much poorer.

In its recent report *Life at Sea*, which was launched in the Houses of Parliament in January, Stella Maris, Apostleship of the Sea (AoS) highlighted the increase in seafarers being taken hostage by pirates and the devastating affects this can have on their lives.

In April, pirates kidnapped four crew members of a container vessel anchored off the coast of Cameroon, while in another incident in Nigeria's Niger Delta six seafarers on an oil tanker were kidnapped.

Apinya Tajit, an AoS port chaplain in Thailand, has seen first-hand the affects of



piracy on seafarers. She helped five Thai seafarers who had been held hostage by pirates for over five years by Somali pirates. And she also provided support to several Cambodian seafarers who were also held hostage by Somali pirates for a similar length of time.

"Before I met the men I was concerned about their health, and the psychological scars of such a lengthy time in captivity. We provided medical checks and counselling within the first two days while they were with their families to help them release the psychological pain, and to feel the comfort that someone cares for them," said Apinya.

"One man was shot by a pirate in the leg because he cooked the food for the group too slowly, and he cannot walk properly yet. When he returned home his mother, brother and sister were there, but his wife had left him for another man.

"Another survivor, when he met his wife and family, kept his emotions buried and acted like a stranger. He felt terrible when he returned – he had been treated like an animal, had no hope of ever returning home, and survived by trapping birds, wild cats and even rats, anything to outwit his

captors and survive. The pirates always told them to eat, and assured them that they would go home that week, but this only happened after 1,672 days."

This month [14 July], the Church asks us to support the work of AoS, whose port chaplains and volunteer ship visitors provide practical help and pastoral care to seafarers around the world, including those visiting ports along the Devon and Cornwall coast.

The majority of the world's 1.5 million seafarers are Catholic, with many drawn from the Philippines and Goa and Kerala in India. Going to sea for them has nothing to do with romantic ideas. It's about providing for their families.

Father Paulo Prigol, AoS port chaplain in Manila, who has provided pastoral care to seafarers who had been kidnapped by pirates, said, "Two members of a crew we helped pointed out that prayer and faith in God kept their hopes and spirits very high. They were sure that God would never abandon them and they were very thankful to the Lord for bringing them back home safe and sound."

www.apostleshipofthesea.org



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CathCom would like to issue the following apology:

The June edition of the newspaper included a leaflet referring to Gender Theory. This leaflet was accepted by CathCom and not by the Diocese. CathCom accepted the booking of the leaflet without seeing it. The leaflet was sent by an external organisation directly to the printers to be included in the paper. Therefore, we were not aware of its contents until after the paper went to print. We wholeheartedly apologise that the Diocese was not given the opportunity to see the leaflet, or even be aware of its existence, prior to publication. We also apologise for the lack of clarity surrounding the origin and source of the leaflet. It was not approved by the Diocese in any way and therefore cannot be deemed to be representing the teaching of the Church regardless of the message, the content or the way it was presented. Our apologies to the Diocese for any misrepresentation and we will ensure that all leaflets will be passed to the Diocese before future editions go to print.

We are fully aware that this is a very sensitive subject on a very personal level for many people. We would like to reiterate that CathCom shares the view outlined in the statement by the Catholic Bishops of England and Wales in 2018 that "there is a place of welcome for everyone in the Catholic Church"¹ and our hope is that all of our publications work to strengthen that sense of welcome and belonging for all.

¹ A Statement on Gender from the Catholic Bishops of England and Wales – 20/04/2018
www.catholicnews.org.uk/Home/News/Bishops-Plenary-Meetings/Plenary-April-2018/Statement-Gender/(language)/eng-GB

150th Anniversary Pilgrimages – St Mary Immaculate, Falmouth



This year the parish of St Mary Immaculate, Falmouth celebrate the 150th anniversary of the opening of the church in

1869. Celebrations include two pilgrimages, one recently to the National Shrine of St Cuthbert Mayne and the other in November 2019 when parishioners will go on pilgrimage with Parish Priest Father Brian Kenrick to the Holy Land.

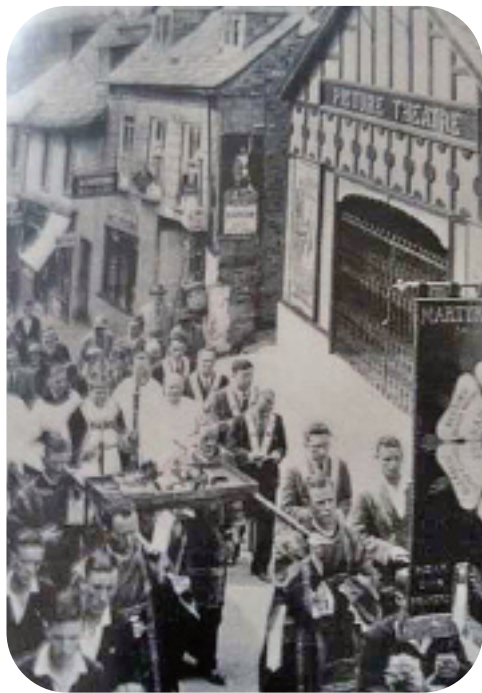
Anniversaries are important as we celebrate today but important too to reflect and look back on those whose faith and lives are an inspiration to us, remembering the past and present.

Canon John to the nearby Strawberry Farm farmshop/restaurant for a communal lunch. After lunch we had a safe journey home.

Reflecting on this day of pilgrimage.... I had never been too keen on 'relics' before, but having a Cornish local saint, hearing at first hand about his life and martyrdom brought home to me the many who have given their lives for their faith, hope and love – and still do in the thousands of Christians being persecuted in the world today. Let us not forget them too and remember them in our prayers.

Mary Bradley

I wish to acknowledge Fr David Annear for information taken from his Life of St Cuthbert Mayne, Eastertide 2017.



Northgate Street procession with the Picture theatre - 1921

St Cuthbert Mayne was canonised as one of the Forty Martyrs of England and Wales in 1970. He is the secondary patron of our diocese of Plymouth, (St Boniface being the first), and is the only saint of Cornwall to be canonised in the last thousand years. He was the first of a long and heroic line of missionary priests formed in continental seminaries who returned to England risking their lives to sustain the Catholic Faith. Disguised as a steward he ministered to the catholic Tregian family at Lanherne near Newquay. Accused of being a papist and a traitor he was arrested in 1577 to be held in the dungeons of Launceston Castle, and eventually executed in Launceston Town Square.

So on 31st May, Feast of the Visitation, 20+ of us set out on a blue-skied sunny morning, admiring the beautiful countryside of Cornwall as we travelled north along its highways and byways. Many of us had not been to Launceston on pilgrimage before, but in the past, thousands congregated on an annual diocesan pilgrimage to venerate and remember our Cornish saint, now the pilgrimage is held only every three years.

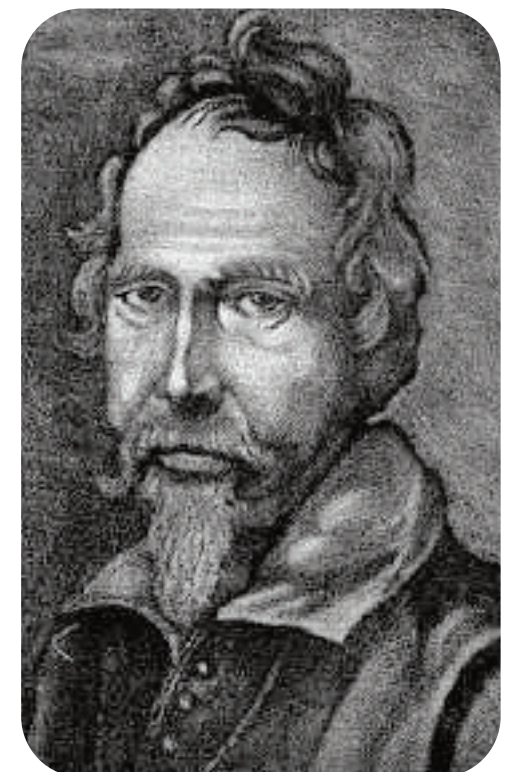
On arrival we were greeted by Canon John Deeny and were the first group of pilgrims to visit since he became parish priest. Canon John shared with us many interesting facets of the life and martyrdom of St Cuthbert Mayne and of the small but beautiful church.

At Mass celebrated by Canon John and Father Brian, being the Feast of the Visitation, Canon John spoke of the importance of meeting face to face with others in the ordinary circumstances of every day, exemplified by Mary's immediate and thoughtful gesture of travelling to visit and support her cousin, Elizabeth. Day to day communication with others is the essence of Godliness, sharing the hopes, joy and love of God. At the conclusion of Mass the relic of the skull of St Cuthbert Mayne was exposed and we were able to individually go up to venerate and pray in front of the relic. This was an awesome and sacred moment and we prayed especially for our priests of today.

Our visit concluded, we proceeded with



St Cuthbert Mayne pilgrimage procession coming up St Thomas Road - 1921



St Cuthbert Mayne

Prayer

by Fr Denis Blackledge



STAYING IN LOVE

Loving Lord,
I'm created by you
already loved, already chosen, already befriended.
You delight in me from the first moment of my human existence.
I'm born in and for love and friendship.
I'm born for enjoyment.
I'm born chosen.

'As the Father has loved me
so I have loved you.
Remain in my love'.

Loving Lord,
all you ask of me
is to stay in your love,
to just let myself be held
and enfolded by your tender touch
of all-embracing love.
And, as the song says:
'Love changes everything'.
Once I really do begin to let you love me

I become an altogether new creation,
awakening gently under your touch
into an individual more aware
and more appreciative of the gift that I am
and with a growing ability to love others
around me
whose lives I'm privileged to touch
each day
with something of the touch of love you
have for me.

Loving Lord,
that's awesomely wonderful,
a tremendous gift, privilege and challenge.
'I have told you this
so that my own joy may be in you
and your joy be complete.'

Loving Lord,
continue to whisper loudly into my
mind and heart
that message of joy.
And help me to make real the simple fact

that it can only be spelled J - O - Y,
in other words
Jesus - Others - Yourself.
There really is no other way to spell it!

Loving Lord,
you said:
'I shall not call you servants any more:
I call you friends.'
What a wonderful way to address me,
to address us!
And yet how many people still don't believe
that they are created for homely friendship.
How much unfreedom there is
because of personal misunderstanding
about the sort of God we all belong to.

Loving Lord,
I am loved, make me a better lover.
I am befriended, make me a better friend.
Loving Lord, just let me enjoy you, others and myself.
Amen.

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QUOTES

“

If you cannot do great things, do small things in a great way.”
– Napoleon Hill

If opportunity doesn't knock, build a door.”

– Milton Berle

“

I haven't failed. I've just found 10,000 ways that won't work.”
– Thomas Edison

I really rebel against this idea that politics has to be a place full of ego and where you're constantly focused on scoring hits against each one another. Yes, we need a robust democracy, but you can be strong, and you can be kind.
Jacinda Ardern

“

What we wish, we readily believe, and what we ourselves think, we imagine others think also
– Julius Caesar

My father taught me to work, he did not teach me to love it
– Abraham Lincoln

REVIEWS

THE TABLE

**Knowing Jesus:
Prayer, Friendship,
Justice Paul Bayes
DLT, pbk, 158 pages,
2019, £12.99**



Sitting at the table with Jesus as a friend and follower is hardly a comfortable spot to be. This book should have a warning similar to the stories on media when something disturbing is about to be said on radio, or appear on screen. Bishop Paul Bayes is dangerous, provocative, risky, vulnerable, and his writings will stretch you beyond your comfort zone – which is no bad thing. He has been vilified for some of his tenets and principles, which are all Jesus-centred, and which radically challenge the reader. This book has the potential to either soften you, or harden your heart and attitudes. It is an exciting and possibly life-changing epistle, written by a true Christian, who happens to practise what he preaches.

His starting point is his opening homily at

his consecration as Bishop of Liverpool in 2014. He used the carpenter's table as his focal point, giving four key elements of living in faith as friends of Jesus, sitting at the table, which is ultimately the Eucharistic table. First there is the meeting together, when commitment is offered and received in communal relationship. Then comes drinking from the fountain of Scripture, being nourished by the Word of God, creeds and worship. This leads to desire and willingness to spend real time in personal prayer with the Loving Lord, watching in the moment, being open to God's call. Finally, the combination of the previous three is to stretch for the Kingdom, making the table real by witness, justice and inclusion.

"This guy welcomes sinners and eats with them" [Lk 15.2] – such is Jesus, described pejoratively in that verse. He often upset folk at meals, especially in Luke's Gospel. The beauty and attractiveness of Jesus produces profound change in those who are called to his table. Throughout the life of the Christian Church Jesus has provided "reminder-people", edgy folk who challenge the status quo, people of the well-

springs, nourishing and enriching like an underground stream.

Friendship round the table means meeting eye to eye, thus committing to tell the truth, and to stand in loving truth. Such friendship is free and prophetic, bringing the smell of beginnings, a community that grows to know they all are chosen to be with Jesus, a living community of the face. Jesus takes individuals as they are, and his welcoming friendship opens individuals to repentance and to ministry. This pattern of friendship, repentance and ministry is clearly seen in the stories of Peter [Lk 5.1-11], the Samaritan woman [Jn 4.1-42], and Zacchaeus [Lk 19.1-10] The author sums up: "The necessary practice for meeting at the table and watching in the moment is two, three or more Christians meeting one another with a durable honesty, so that they know life-changing friendship leading to repentance and ministry." [p.69] Friendship with the poor Carpenter means his mercy, his judgement leads to truthfulness, and transparency follows. Christian life then becomes what it is meant to be: "an adventure, a voyage of discovery, a journey sustained by faith and hope, towards a final and complete communion with the Love at the heart of all things". [p.85]

Stretching for the Kingdom is what it says: a costly stretch, going beyond comfort zones into the world of those on the edge,

learning the wisdom of the wounded, and embracing the witness of the excluded. Bishop Paul walks into the Open Table of the LGBTI community, and allows himself to be both challenged and expanded by the experience, wrestling as pastor and as Bishop. As he says powerfully: "The point is not that we should be 'accepting', still less 'tolerant' of these [LGBTI] or of any other children of God, but that we should sit and learn more from all on the edge of things, about the One who emptied himself." He uses the meeting of Jesus with the Syro-Phoenician woman in Mt 15.21-28, where Jesus first snubs her, then recognises the greatness of the faith of that woman-on-the-edges.

The Appendix is even more challenging, and provocative: he proposes "the undefended table". As a missionary Bishop in post-Christian Europe he is aware that salvation is offered to the broken. He shows great honesty and vulnerability, and his postbag and tweets will as a result produce more noise and condemnation. But his voice needs to be heard, and his challenge heeded.

This book is likely to change you, to make you more open to be more welcoming, less judgemental, and dare to broach such delicate pastoral questions. It deserves to be read widely by Christians of any tradition.

© Denis Blackledge SJ



Kheer (Indian Rice Pudding)

Ingredients

Serves: 4

1 (400ml) tin coconut milk
475ml full fat milk
3 tablespoons sugar
100g basmati rice
50g sultanas
1/2 teaspoon ground cardamom
1/2 teaspoon rose water (optional)

Method

Prep:10min
Cook:25min
Ready in:35min

Put the coconut milk, milk and sugar in a large saucepan and bring to the boil. Add basmati rice, and simmer over low heat until the mixture thickens and the rice is cooked, about 20-30 minutes.

Stir in the sultanas, cardamom and rose water (if using), and cook for a few more minutes. Spoon into serving bowls, and garnish with almonds and pistachios.



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Bishop Mark O’Toole welcomed 104 attendees and speakers from across England to the Launch of Caritas Plymouth on Saturday 18 May.

All the Catholic Charities, parishes and schools have been involved in the development of a Strategic Plan for Caritas Plymouth. One of the first priorities is Community Sponsorship and Caritas Plymouth was delighted to welcome Sean Ryan, the national Catholic Co-ordinator based at Caritas Salford, who gave a fascinating presentation. The first Catholic Community Sponsorship Group in the diocese is just starting in the Sidmouth parish and Caritas Plymouth will be the official Sponsor.

Phil McCarthy, Chief Executive of the national Caritas So-

cial Action Network, welcomed Caritas Plymouth to the Caritas family. Angela Folland, Headteacher of St Nicholas Catholic Primary School where the event was held, gave examples of the school’s social action and how Caritas Plymouth could help and support this activity in schools in the future

The event concluded with a Celebration Mass celebrated by Bishop Mark O’Toole. Justice and Peace lead a procession of local Catholic Charities behind the Lampedusa Cross, given by CAFOD to the Cathedral of St Mary and St Boniface to display as a focus for reflection. Bishop Mark prayed that Caritas Plymouth will provide fresh impetus to put the new command of the Lord into practise; ‘Love one another as I have loved you’, (John 13:34-35).



You can use both sets of clues to solve the puzzle: the solutions are the same.
So, if you want to try the CRYPTIC puzzle, for instance, but are unsure,
use the QUICK clues to help you work out the solution.
Similarly, if you try the QUICK clues, use the CRYPTIC clues to help you
prove the solution

CRYPTIC Across

- 1 Ecclesiastic he’s identifying from following threads (3,2,3,5)
- 8 Horse after sheen’s applied becomes favourite at break fast-time (4,3)
- 9 Deploying horse into unstable wadi in the end was Gordon’s nemesis (5)
- 10 New York opera one of the press gets dealt (5)
- 11 Fool grabbing fish’s tail is being reported (7)
- 12 Banish divorcee when bringing a pet into kibbutz (13)
- 15 Spies tarnish a comeback, totally, for old lingo... (7)
- 17 ...they are seen to back, note, a kind of shop signage (5)
- 19 Oomph Siamese loses – hard being a Philistine (5)
- 20 Two in Oxford’s tormenting the Catholic Church dis avowed? (7)
- 21 Manly no more, I play with a flirtatious star (7,6)

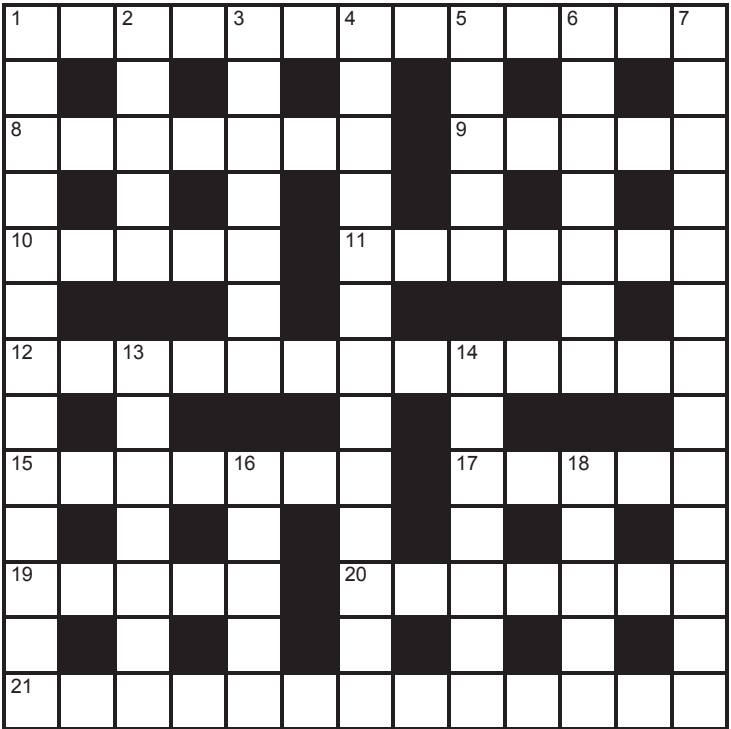
CRYPTIC Down

- 1 Criminally damn Imam’s home in the name of religion (13)
- 2 Saw up to nine together (5)
- 3 Annoyance expressed over loud Small Faces fan’s feudal set-up (7)
- 4 He’s almost Catholic, this cleric on drugs (4,9)
- 5 Mark’s made to pause, seeing many in an unconscious state (5)
- 6 Shakespearean in support of Old English pub, stuffed to

- get sick, falling down (7)
- 7 With heels, lassie’s staggering about the road to see cult hero (5,8)
- 13 Writer’s block that’s obvious in some biblical text? (7)
- 14 Extrapolate number to give one hell of a solution! (7)
- 16 Version of Jerusalem one detected in Lear nonsense (5)
- 18 More retiring to Colorado just in case Mexican king is overthrown (5)

QUICK Across

- 1 Reverend, for one (3,2,3,5)
- 8 Boiled, fried, scrambled or poached, to be specific! (4,3)
- 9 Epithet of the Sudanese leader against British imperialism in the 1880s (5)
- 10 Doled (out) (5)
- 11 Call-sign for ‘C’ (7)
- 12 Exclude from a church or a religious community (13)
- 15 Language purportedly spoken by Christ (7)
- 17 Shop front nameplate (variant spelling) (5)
- 19 Philistine who became a commander in David’s army (5)
- 20 Those who voluntarily suffer death as the penalty for refusing to renounce their religion (7)
- 21 Norma Jeane Mortenson, 1 June 1926 – 4 August 1962 (7,6)



QUICK Down

- 1 Islam (13)
- 2 Chamber group (5)
- 3 Domain controlled by a feudal lord (7)
- 4 Member of that part of the C of E that exalts the sacraments and the authority of the priesthood (4,9)
- 5 Punctuation mark (5)
- 6 Hamlet’s one-time intended (7)
- 7 Focus of the Rastafarian movement (5,8)
- 13 Meeting of canons or monks (7)
- 14 Fiery Hell, as described by Dante Alighieri (7)
- 16 OT name for Jerusalem: Shakespearean sprite (5)
- 18 Not as confident; more squeamish (5)

SOLUTION

Across: 1 Man of the cloth, 8 Hen’s egg, 9 Mahdi, 10 Meted, 11 Char-
lie, 12 Excommunicate, 15 Aramaic, 17 Facia, 19 Ittai, 20 Martyrs, 21
Marilyn Monroe. Down: 1 Mohammedanism, 2 None, 3 Fiefdom, 4
High Churchman, 5 Comma, 6 Ophelia, 7 Haile Selassie, 13 Chapter,
14 Inferno, 16 Ariel, 18 Coyer.