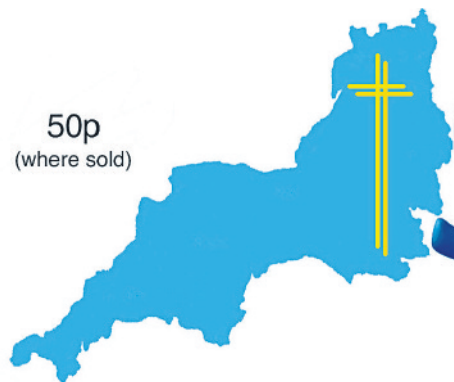


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Catholic *South West*

Serving the
Church in the
South West

September
2019

Inside



New Evangelisation
Program –
Page 2



Mindful Prayer Guide –
Page 8



Children's Page –
Page 11



Street Evangelisation –
Page 16

Pilgrimages pages 12-13

Catholic South West CONTACTS & DETAILS

Catholic South West is a monthly newspaper for Catholics in the Plymouth, Clifton and Portsmouth Dioceses. It is published by Bellcourt Ltd

AIMS

To build community in the South West by sharing stories relating to Catholic life around the South West.
To encourage readers to get more involved in - or start - projects and initiatives in the local area.
To provide thought-provoking articles to help readers deepen their Faith.

GET INVOLVED We need your help!

Articles: We need your local articles - we can only include what we get. So if you have an article or just a photo with a short description - please send it in.
Ideas: We need your ideas for the paper and we need your ideas in the paper. If you have any thoughts on what we should include - or if you are thinking about starting a new initiative - get in touch - we'd love to support it!
Readers: If you can encourage other readers in your parish please do so.
Advertising: We rely on advertising - if you know of anyone that would benefit from promoting their business, event or anything else to parishioners throughout the South West.

SUBMITTING EDITORIAL

To send in editorial or to get in touch please contact us at:
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DATES

Catholic South West goes to parishes on the last full weekend of the month. It is printed around the middle of the month - so if you would like to advertise or send in editorial please do it as early as possible.

FROM CSW

We hope you have had a relaxing Summer. We have some write-ups of various Summer events and Pilgrimages that people from the South West have been involved in, from Glastonbury to the Holy

Land. They are all on pages 12-13.

We also have our usual contributors providing some catechesis and thoughtful articles, throughout the paper.

As we try to get back into our usual routines after the Summer, perhaps now is a good time to be inspired to take on

something new, or to get involved in something that is going on in your area. Let us know if there are any new projects in your church or any events that you would like us to cover.
csw@cathcom.org

CSW TEAM

Music and Prayer in Newton Abbot

Jo Boyce and friends came to St Joseph's, Newton Abbot 12th and 13th July, making a big hit everywhere they went. First, Friday afternoon was spent with the pupils, staff and parents of our parish primary school. Emma Wilson, Assistant Head, said: "We had such a wonderful time with Jo and Andy at school. We are filling our end of year Mass with the songs we learnt." This was quickly followed by a concert in our packed church hall where we were treated to a set from our own Youth Music Group and then a concert by Jo accompanied by Andrew and Tom with support from members of the Youth Group. One parishioner remarked to me: "a stunning and blessed evening," A view commonly shared. On Saturday, Jo led a Liturgy and Music Workshop attended by musicians and singers from a dozen local churches, and the weekend event culminated with Jo leading the music at our Saturday evening mass, supported by many who had stayed on from the workshop. An exhilarating, exhausting and joyous weekend indeed.



New Evangelisation Program Launched – Sycamore!

Sycamore has launched! A resource for evangelisation and as one of the benefactors for creating this gateway we at the Diocese are very excited by this and would love for you to check it out!

So what is Sycamore?

Sycamore is an informal course about the Christian faith and its relevance for life today. It gives people space to meet others, share ideas, explore their beliefs, and think about questions that really matter. **Each Sycamore**

session involves a short film and time for discussion.

There's no pressure and no commitment. People can be themselves without any fear of being judged. There's a real sense of community, a spirit of friendship, some great conversation, and often some delicious food. Everyone is welcome.

The high-quality films are engaging, thought-provoking, and accessible to those with little or no religious background. They explore the

richness of the Christian tradition from a Catholic perspective, connecting the core Christian message with a vision of the sacramental and moral life. They will also appeal to people from different Christian traditions and backgrounds. The films are presented by Fr Stephen Wang, a Catholic priest with much experience in teaching and media work, and they include Christian testimonies and street interviews about the challenges of believing today.

Sycamore has been created for parishes, schools, university chaplaincies, prisons and beyond. It develops leaders, builds community, creates genuine friendships, and helps the wider Christian community to become more open and welcoming. Discussion questions are built into the films so that the sessions can be run very easily. So why not check it out yourself! Visit the website at www.sycamore.fm

EDITORIAL GUIDELINES

1) Think of the readers: If you are writing about an event, think about the readers that don't know anything about it. Outline what happened, but focus on why people go, why it is important to them, or some teaching that was given. Make sure readers learn something from your

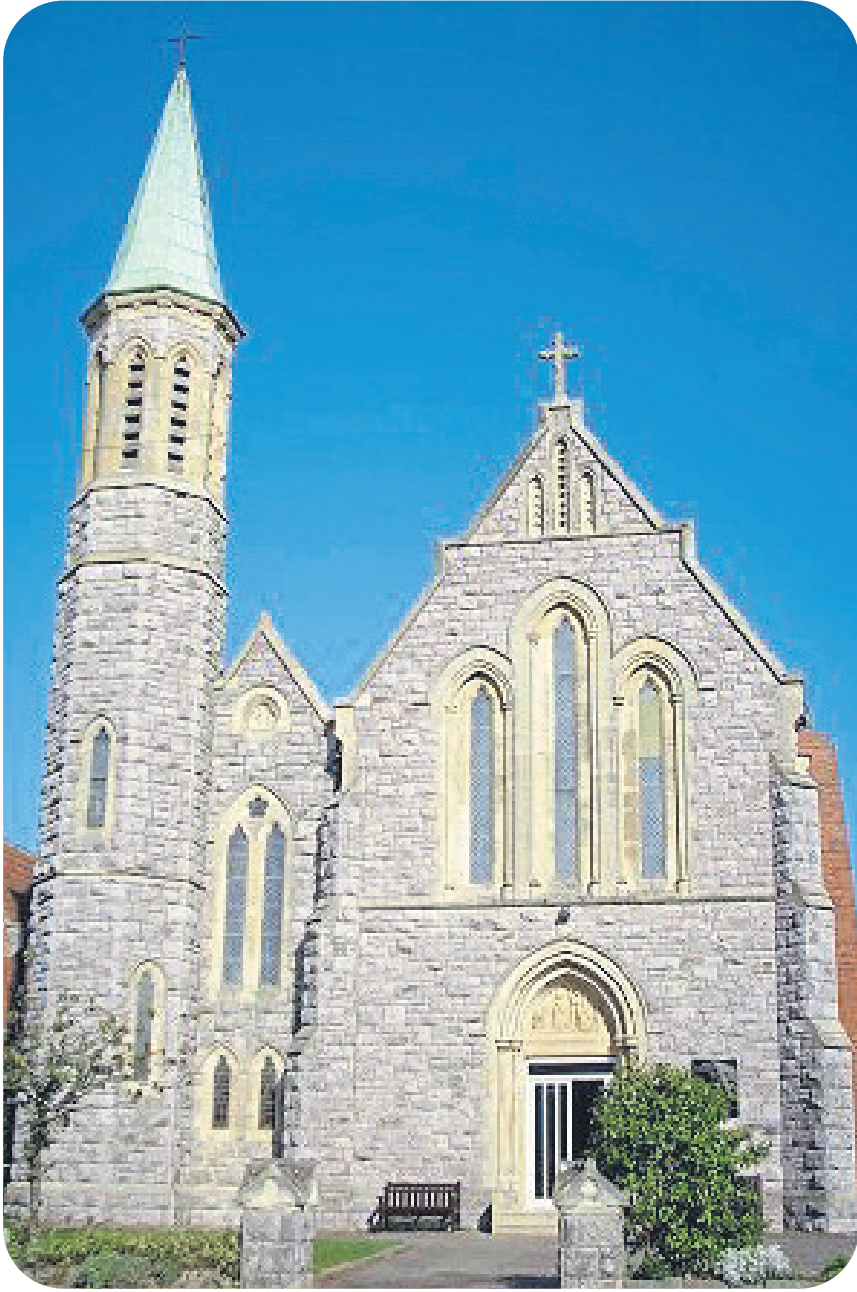
article - they don't just want to know who was there and what snacks were available!
2) Keep it brief: Make sure you make your point - but keep it brief and punchy.
3) Pictures: Send pictures as they are - even if they are very big to email. Don't reduce them in size or put them inside a Word document. They look fine on the screen but terrible in the paper!

LEGAL INFORMATION

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Garden Makeover at Holy Ghost Exmouth



When Fr. Philip sent out a plea for parishioners to come and help him attack the gardens at Holy Ghost; an enthusiastic bunch ranging in age from 8 – 80 arrived on a Saturday morning ready to work!

Gardening gloves, tools and refuse bags were soon put to good use by the gardeners while others managed the numerous 'tip runs'.

A large number of doughnuts ensured that energy levels were maintained and everyone seemed to enjoy the challenge.

End result was that the garden looks cared for and inviting, proving the ideal space to welcome our summer visitors and offer hospitality.

Many thanks to everyone who so generously gave their time to come and help me.

Fr. Philip



Around the South West

Celebrated admission to the Ministry of Reader



On Friday evening, 19 July, a number of Clifton deacons and their wives, along with our diaconal students in formation, gathered at the Church of the Immaculate Conception, Stroud, to celebrate admission to the Ministry of Reader of two of our students – Eric Holliday and Richard Mills – within a beautiful Mass where Mgr Liam Slattery presided and preached.

Please keep Richard and Eric, all our students and all those who are currently in formation for ministry, in your prayers, that they will be faithful, sincere and loving in all they do.

Celebration of Marriage



The Celebration of Marriage took place in Clifton Cathedral on Saturday 13 July. Bishop

Declan gave the Homily at this now annual celebration for the whole diocesan community, especially our married couples.

A nice addition this year was to enjoy a glass of bucks fizz on the terrace after the Mass.

Looking for something during September?

Why not visit Winchester before 29th September to visit the Michelangelo's Sistine Chapel: A Different View exhibition and Bishop Robert Barron's film on Michelangelo?



The exhibition of the frescoes have been photographed, reproduced at high resolution and transferred onto special fabric webs to create highly detailed display panels. Officially licensed by the Vatican Museums the exhibition will allow unprecedented closeness to the magnificent works which adorn the chapel ceiling, normally 22 metres above visitors' heads. Entry fee is £5 online, £6 on the door.

Send us your news
cs@cw@cw@cw.org

Annual Naval Mass at Plymouth Cathedral



The annual Naval Mass was held at 10 a.m. on Sunday 21st July at Plymouth's Roman Catholic Cathedral.

The principal celebrant was the Rt. Rev. Paul Mason, the new Bishop of the Forces.

Serving Catholic Naval personnel attended as in previous years and refreshments were served after Mass

in bright sunshine in the Cathedral Garden.

Bishop Mason is the eighth Bishop of the Forces and was installed in September 2018 at the Catholic Cathedral in Aldershot. He succeeded Bishop Richard Moth who was appointed to the See of Arundel and Brighton in 2015.

This meant that the Bishopric of the Forces had been 'sede vacante' (vacant) for more than three years: the longest period for over 60 years that it had been without a bishop. So we were especially pleased that Bishop Mason was able to celebrate Mass on this special day for serving and former Royal Navy personnel in our diocese.

70th Anniversary of Canon Kevin Rea's Ordination Diocese of Plymouth

Seventy years to the day Canon Kevin Rea was ordained at the Church of Twelve Apostles in Rome, by the late Cardinal Giovanni Urbani.

The 10th of July marked the 70th year since his ordination (platinum) Jubilee Mass was celebrated at Nazareth House in Plymouth with Bishop Mark, Priests, Sisters, family, friends, and staff. Bishop Mark gave the homily and asked God's continued blessing upon Canon Kevin in this stage of his priestly ministry.

Canon Kevin was happy to join his brother priests on the altar and before the final blessing which he gave himself, Bishop Mark presented him with a personal Apostolic Blessing from Pope Francis. Canon Kevin thanked all present, the priests of the diocese and many parishioners to whom he had ministered over the years. His final word, with his usual wit and wisdom, was "keep breathing!". The Mass was followed by a delicious buffet provided by Nazareth House.

A huge congratulations to Canon Kevin on this significant milestone.



The Mass was attended by Bishop Mark O'Toole, Canon Kevin Rea, Canon Denis Collin, Monsignor Bartholomew Nannery, Canon Patrick Chrystal, Fr Daniel Longland, Monsignor Keith Mitchell, Fr Bill Wilton, Fr Bernard Hahey



Bishop Mark and Kevin cutting into a beautifully decorated celebration cake made especially for the day.

Pastoral Letter for 16th Sunday in Ordinary time 20-21 July 2019

Dear Brothers and Sisters in Christ,

On Friday, the 26th July, in the Church, we [kept] the memory of Jesus' grandparents, Saint Joachim and St Ann. It is good to know that Jesus lived within a family and to reflect on the reality that he knew the influence and presence of an older generation. In light of this, I wanted to take this opportunity to write to you about the importance of grandparents, both for us personally and in the life of faith.

I know that many of you have grandchildren and play an important part in their lives. Many of us are grateful for the sacrifice and generosity we experienced in our grandparents and thank God for them, living or dead.

I want also to thank those of you who are

grandparents, for what you do in passing on the faith within your own family. As I have visited the Diocese, celebrating the Sacrament of Confirmation these past weeks, it has been good to meet some of our young people and to hear them speak so positively of the importance of their grandparents. They look up to you, and are grateful to you for your support and love for them. They know that for you, our Catholic faith is vital. Many want to deepen that faith, in their own lives. In his recent letter to young people, titled 'Christ is Alive' (Christus Vivit), Pope Francis speaks of the importance of dialogue between the different generations. He reminds us that "helping the young to discover the living richness of the past, to treasure its memory and to make use of it for their choices and opportunities, is a genuine act of love towards them, for the sake of their growth and the deci-

sions they are called to make".[102] He says that it is not good if there is "a rupture between generations" (Par 191). This is sometimes presented to us by our society but it is a lie for it would have us believe that only what is new is good and beautiful. Our experience in the Church is much richer. We know there a wisdom passed down from generation to generation, "familiar with human weakness and not deserving to vanish before the novelties of consumer society and the market (Par 190)." Whilst at the Synod in Rome, for young people, in October, I was reminded of the humorous saying of Pope Saint John XXIII, "The young need to remember that the world existed before them, and those who are older that the world will continue to exist after them!" So, to our young I say, 'continue to cherish your grandparents and learn from them what it means to love and to live a



life of faith'. To our grandparents, I say, 'thank you for your fidelity and generosity. Do continue to witness to the Lord, and to the beauty of our faith, both within your own family and to the people around you.' All of us need to hold on to [Prayer and Action]. In rooting our lives in a personal encounter with Jesus, may we each be of service to our loved ones and to our neighbours. May each of us, young and old, deepen our faith in the Lord, and in the company of the Church, bring others to Him.

+ Mark O'Toole
Bishop of Plymouth

Poetry Corner

By Maya Angelou

Caged Bird



A free bird leaps
on the back of the wind
and floats downstream
till the current ends
and dips his wing
in the orange sun rays
and dares to claim the sky.

But a bird that stalks
down his narrow cage
can seldom see through
his bars of rage
his wings are clipped and
his feet are tied
so he opens his throat to
sing.

The caged bird sings
with a fearful trill
of things unknown
but longed for still
and his tune is heard
on the distant hill
for the caged bird
sings of freedom.

The free bird thinks of
another breeze
and the trade winds soft
through the sighing trees
and the fat worms waiting
on a dawn bright lawn
and he names the sky his
own.

But a caged bird stands on
the grave of dreams
his shadow shouts on a
nightmare scream
his wings are clipped and
his feet are tied
so he opens his throat to
sing.

The caged bird sings
with a fearful trill
of things unknown
but longed for still
and his tune is heard
on the distant hill
for the caged bird
sings of freedom.

Facts, Figures and Fake News

Below are various facts and figures. One is not true - see if you can work out which one is Fake News! The answer is at the bottom - just so you know that all the others are true.

1. The Guinness World Record for the longest wedding veil is over 12,000 feet long – set by Maria Paraskeva from Cyprus
2. Astronauts have reported that that space smells like hot metal or 'seared steak' – of course they can't smell it when they are in it but that is the smell that hangs around once they come back from a space walk
3. There are only two mammals on earth who are capable of moving to a beat – humans (mostly) and sea lions
4. The original comic book Superman wasn't able to fly. Originally, he could leap tall buildings in a single bound but when an animated series was commissioned, the animators found that constantly drawing him with bent knees was too much so they gave him the ability to fly!
5. King Pepi II of Egypt had an original although not totally egalitarian approach to keeping insects away. He insisted that his slaves be covered in honey so that the insects made for them instead of him.
6. If you had a crying baby in the 1800s you might have given your infant a concoction called Mrs Winslow's Soothing Syrup. It was marketed as being soothing, softening on the gums and good for allaying pain – all of which could have been explained by the fact that it contained a significant concentration of morphine!

Fake Fact: The longest wedding veil was actually 22,000 feet long

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Scripture Focus

By Fr Jeremy Corley



A NEW SET OF VALUES

The Sunday gospels for September challenge us to accept the newness of Christ's way. Our society admires winners, and often gives little value to the unnoticed people. Yet Jesus' gospel for the 22nd Sunday of the Year (1st September) offers us a different set of values. At a public function, we are called not to occupy the place of honour, but rather to politely take the lowest place. Then perhaps the host will notice us and summon us to move higher. And instead of inviting rich neighbours so as to win their friendship, we are called to invite the needy who cannot repay the favour, because God will provide the reward.

A strong challenge appears in the gospel for the 23rd Sunday of the Year (8th September). Jesus is on his way to Jerusalem, where he will be crucified. He sharply challenges the crowds with the stark choice of the gospel. We cannot be his disciples without "hating" father and mother, spouse and children, brothers and sisters. To be sure, he wishes us to love our neighbour as ourselves, and hence does not wish us to hate our families. Rather, he wishes us to put God first in our lives. It can be easy to be lulled into a sense of comfort, surrounded by our loved ones, without facing the challenge of carrying

the cross.

Jesus tells two parables about counting the cost. The builder needs to sit down first to calculate the cost, to avoid going bankrupt in the middle of a construction project. A king wishing to launch a war needs first to check if his forces are superior, so as to avoid being defeated by a stronger enemy. We need to reckon up the cost of following Christ. When we give him our heart, will we also give him our time, talents, and treasure?

Our society today can sometimes be judgmental. But Jesus challenges our harshness by his mercy, as we hear in the beautiful gospel for the 24th Sunday of the Year (15th September). A farmer leaves his 99 sheep to seek the lost one. A woman sweeps out her whole house to find the lost coin. After putting in great effort to find what was lost, both of them rejoice when they find what was missing. Yet in our society today, there are many people who are lost. Some are lost from the church, others are lost from their families, and others again are lost from their own sense of self-worth.

Jesus' story of the Prodigal Son is as relevant today as it ever was. Young people have so many choices today and

often see better possibilities far away from their families. Yet the big world is often unfriendly and exploitative. Without support, a person can often make bad decisions and end up in a vulnerable state. The parable celebrates the moment when the prodigal son recognized that he could return home. Yet he did not expect to be welcomed wholeheartedly by his father. But sometimes, like the elder son, we can find it hard to forgive and forget. Let us pray for the grace to be forgiving and welcoming.

A different kind of challenge appears in the gospel for the 25th Sunday of the Year (22nd September), when we hear the parable of the Unjust Steward. Today we sometimes learn of company accounts being fiddled, and we are perhaps glad when the perpetrators are convicted. But in this parable, the steward facing dismissal is praised for cutting the debts owed to his master. It is unlikely that Jesus is commending dishonesty. Instead, he praises the steward for his smartness in recognizing that his stewardship is finishing. We realize that our stewardship of earthly things is coming to an end, because life is short. Surely, it is best to use our money generously on earth.

We can also reflect on human steward-

ship of the environment. Our life on this planet could face a catastrophic future after our wasteful use of the earth's resources. Like the dishonest steward, we need the astuteness to see that our time of stewardship could come to a disastrous end. Hence, we need to take drastic action now to ensure a better future.

The gospel for the 26th Sunday of the Year (29th September) contains the terrifying story of Dives and Lazarus. While the rich man feasts sumptuously every day, the poor man at his gate longs to fill his belly with scraps. On a worldwide scale, we can read this parable as a comment on the global inequality between the wealthy and poorer nations.

Everything changes in the afterlife. There, the rich man vainly begs Lazarus to come and cool him from his burning agony. When this is impossible, the rich man asks if Lazarus can return from the dead to warn his brothers. Abraham responds that they will not be convinced even if someone should rise from the dead. We believe in the resurrection and the life of the world to come, but sometimes we can be very attached to the comforts of this earthly life. We can pray for the grace to respond to the needs of the poor today.

Life Matters

You would not let an animal suffer like that!

"You would not let an animal suffer like that!" is often said by those who want to water down the laws against euthanasia and assisted suicide which at present protect the disabled, very elderly, or chronically ill.

Of course it can be right to end an animal's painful life, but there are many obvious significant differences between humans and animals.

A dog does not have a house or other property or money which is to be inherited by those with the power to end its life. When you put down one cat, it does not frighten all the other cats who come to

hear of it, that their owners might want them dead.

Vets will tell you they are sometimes asked to put down pets which are not suffering, but whose owners are bored with them, or finding them expensive, or a nuisance. Some owners simply abandon pets they no longer want, as some families leave aged relations unvisited and uncared-for in residential homes.

A hamster does not have the spiritual need, common to many at the end of their lives, whether they are religious or not, to come to terms with how they have lived. A rabbit cannot use the last few days or weeks of life to forgive or be forgiven for

the past, and to prepare for the next life. Overwhelmingly it is not physical pain, which good palliative care doctors can virtually always help, which makes humans suicidal. It is usually mental suffering, feeling useless or dependent or a burden, or being afraid of future deterioration, which leads to despair.

In one respect humans and animals are the same: it is cheaper to kill than to cure, a motive only just under the surface in much pro-euthanasia activism. But the Christian response is that offered by the hospices, addressing mental and spiritual needs as well as physical. They deserve our help.



Education



Raymond Friel, Chief Executive Officer of Plymouth CAST, is extending an invitation to Catholic families with young children in the South West to come and visit the schools in this Catholic Multi-Academy Trust.

Plymouth CAST CEO invites Catholic families to visit schools

Plymouth CAST is made up of 33 primary schools, 1 nursery and 2 secondary schools across Cornwall, Devon and Dorset, employing over 1500 staff and educating around 7,200 pupils. The Trust includes all the Catholic schools in the Diocese of Plymouth, with the exception of the two joint (RC/CofE) secondary schools and two independent schools.

"I'm extending an invitation to Catholic parents in Plymouth Diocese who are looking for a school for their child for September 2020, or for an in-year admission, to come and visit our schools," says Raymond, who took up his post as CEO on 1 July 2018.

"Catholic schools are there," he continues, "to support parents in the education of their children. In a Catholic school, children will learn about their faith in Reli-

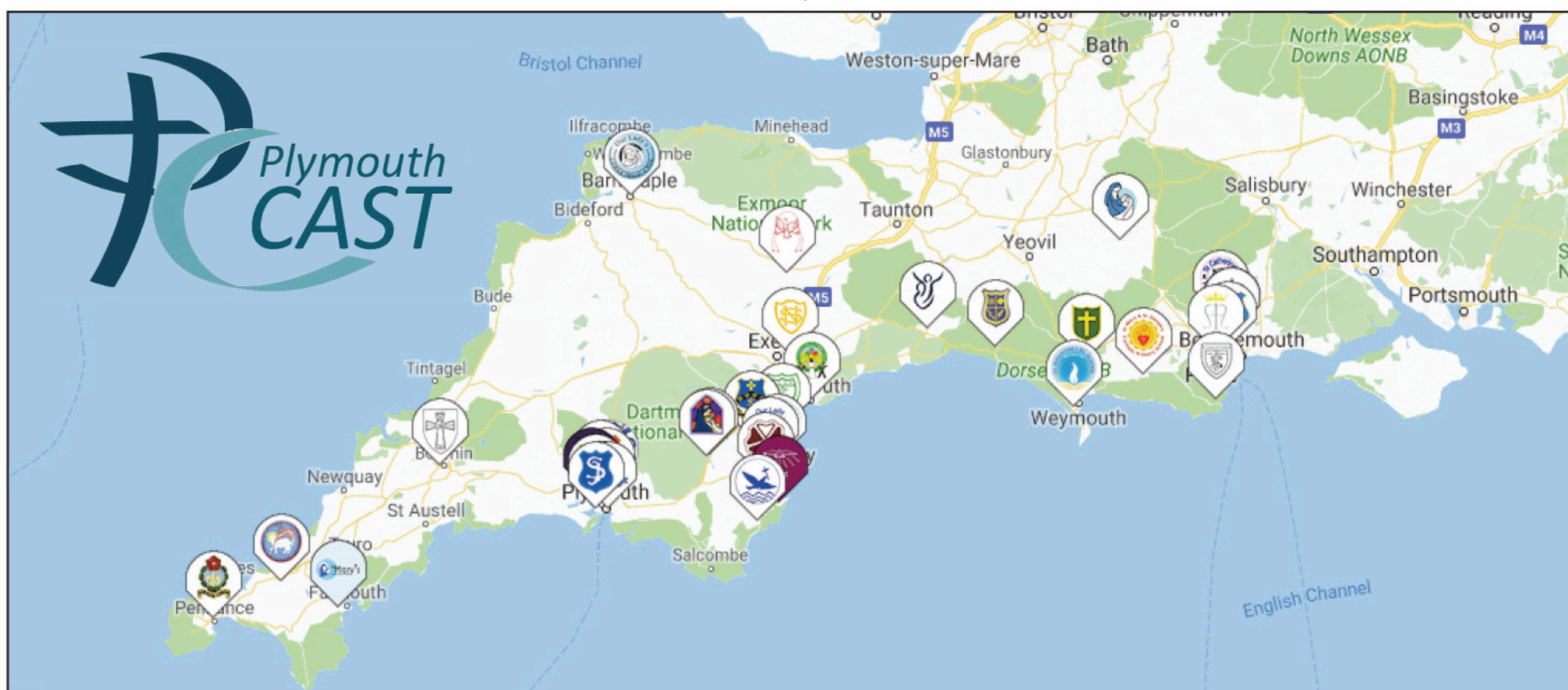
gious Education and how to put their faith into practice through daily prayer, the sacraments and charitable outreach."

"Our schools are well known for their outstanding pastoral care. I have visited all of our schools and I can vouch for the quality of care and the ethos of community which pervades every one of them."

High academic standards is also part of the package in a Catholic school, as Raymond explains: "Catholic education has always been associated with excellence. We believe that the development of the person is holistic and involves their intellectual as well as spiritual, moral and physical development. Some of our schools have been on a journey in the last few years but we have seen a sharp increase in standards and are absolutely committed to the best possible outcomes for our children."

In a pastoral letter in September 2018, Bishop Mark O'Toole, the Bishop of Plymouth, said that the Church insisted on high standards in its schools "because we want our children and young people, inspired by the Gospel message of salvation, to leave our schools as 'agents of change' committed to making the world more peaceful, just and compassionate."

Reflecting on his own Catholic education, Raymond says, "When I went to a Catholic school the assumption was that the school worked in partnership with the family and parish to bring the child up in the faith. That's the kind of ethos we want in Plymouth CAST and we've been working very closely with our local parishes to deepen those links. Parents who are committed to their faith and who want to pass the faith on to their children should consider a Catholic school for their child."



Plymouth CAST is a multi-academy trust of 36 Catholic schools in the Diocese of Plymouth comprising of 33 primary schools, 2 secondary schools and 1 nursery.

To find out where your nearest CAST school is, please visit www.plymouthcast.org.uk and see "Welcome to our Schools" on the Homepage.

Plymouth CAST
St. Boniface's College, 21 Boniface lane, Plymouth, Devon PL5 3AG

Brush Strokes

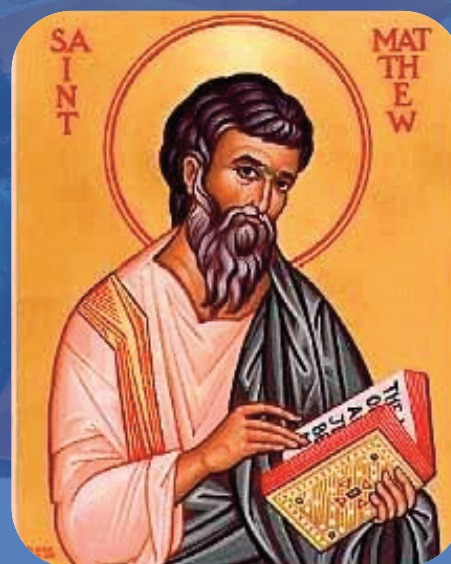
By Fr Tom Grufferty



Using St. Matthew as a Mindful Prayer Guide

September 21st is the Feast day of St. Matthew. He was a tax collector and was also known as Levi. His overall focus is on the words of Jesus rather than on His actions. Those words are a guide to the Christian Community for which Matthew wrote his Gospel. I would like to invite you to use Matthew's words as a Prayer Guide as described below.

He is the only Evangelist who gives us the genealogy of Jesus. He gives us 42 generations from Abraham to Jesus. In this family history are some outstanding figures and many colourful characters to say the least. Now close your eyes, focus briefly on your breathing and think about your family tree. Home in on those who have had the greatest influence on you, avoid any negative thoughts you may have on those who harmed you in anyway. This is about your welfare and your spiritual journey. You really want to draw spiritual strength from your heritage. This will really begin to happen if you follow, Matthew, your mentor with the following ten thoughts. Stay with each one for as long as you wish.



"You are the Salt of the earth."

"You are the light of the world."

"Ask and you will receive."

"He took her by the hand and the fever left her."

"Why are you afraid, you of little faith."

"Courage, my child, your sins are forgiven."

"Follow me."

"Their eyes were opened."

"Do not be afraid."

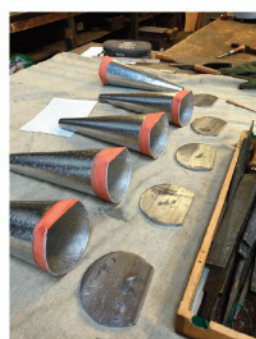
"Come to me all who labour and are overburdened."

"I am with you always until the end of the world." {The last sentence in Matthew's Gospel}

This simple exercise can be done daily at a time that is best for you. Do it for at least a week, make notes if you wish. You might want to spend a few days on each of the sayings listed above from St. Matthew.

At some stage read the entire Gospel making notes of things that pertains to your spiritual journey.

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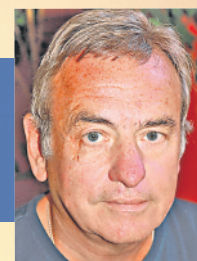
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View from the Pew

By Dr Jay Kettle-Williams



The person who's just come to my mind would make an ideal subject for a case study in time-management training. His diary was always booked chock-a-block for three months in advance. So busy was he always, not that he ever tired of telling you so. Important! Such was his pathological belief in self that he would only attend any meeting, preferably to chair it, ten minutes after it had been due to start. I always wondered how he would have coped in an emergency, with anything unexpected. You couldn't help feeling that, if he ever did find himself with little or nothing to get on with, then he would find or make something important, worthy for him to prioritise.



Fr Philip Carroll
(Portsmouth Diocese)

so many things concerning religion came flooding out. She went on to talk about a friend whose daughter was joining a contemplative order. 'What a waste! She is a trained nurse,' she continued, 'a lovely person, now locked up!' It was when I asked if she believed in the power and value of prayer that the conversation came to an abrupt conclusion. So we just carried on eating.

-o0o-

It was George Burns who said, 'The secret of a good sermon is to have a good beginning and a good ending, then having the two as close together as possible.'

I am sure that like me you will have been there, as if with George himself, lost in a gulf between a beginning and an end, patiently adjusting position, re-reading the newsletter and wishing to God that ... I digress. Yet occasionally, as with a selected few speakers, like me you may wish they had gone on for longer, feeling cheated when they draw to a close, and end their delivery. Such a 'super sermon' – or 'handsome homily' if you prefer that nomenclature – was one I heard Fr Philip Carroll give recently (16th Sunday Yr C). The readings had been from Genesis 18:1-10a when Abraham entertains, Colossians 1:14-28 when the mystery hidden from ages past has been revealed in Christ and from Luke 10:38-42 when Jesus visits the house of Martha and Mary. It was what I call a 'stand-up homily', not read from the dais but delivered 'front of stage', seemingly off the cuff, without reference.

With grateful thanks to Fr Philip, I quote:
'How much do we value the time we spend with the Lord? That's the question asked of us through our Gospel today.'

A few years ago I walked the Camino and in the evening I would sit with other pilgrims for supper, you'd never know who you might be sitting with. One evening I was sitting with a lady who inevitably asked me what I did for a living. I told her. Her annoyance with

Of course to spend time in prayer with God is of the upmost importance. In fact there can be no greater way to spend our time. Abraham makes time and even food for his heavenly guests and, in doing so, is rewarded with God bringing blessing upon his family. Paul reminds us that the mystery of what we have received, although we cannot fully comprehend it, leads to perfection through its mere contemplation. But how easy is it to find time to contemplate?

Satan once called his demons to a meeting to discuss how to better their chances of leading people away from God. Satan conceded that it's hard to stop people from going to church to worship and perhaps even harder to stop them reading their bibles, 'But,' he pointed out, 'if we can somehow stop them from having that essential daily contemplation of Jesus in their lives, then we will be on the right track. So, demons, how do we do this?' 'Well,' came the demons' reply, 'let's keep them busy: busy husbands and busy wives working every busy hour of every busy day; busy earning money for a lifestyle that is not really needed; busy so that spending time with family is a rarity. Let's bombard their senses too, keep their attention busy: busy with the TV constantly on; busy with the radio or music eternally in the background; busy with constant advertisements, busy, busy, busy ... That way,' the demons grinned, 'spending time with Jesus will be a luxury they cannot afford. They'll be too busy.' The word 'busy' can now well be the acronym for 'Being, Under Satan's Yoke'. Yes, we lead busy lives and, of course, as in Martha's case, there can be a lot that has to be done - Jesus would never have got his tea otherwise. But when we reflect on our daily activity, how much is essential for life, and what life is it essential for?

-o0o-

The Devil makes work ...

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CSW looks at the word "Liturgy"

The term "liturgy" literally in Greek means "work for the people", but a better translation is "public service" or "public work", as made clear from the origin of the term as described above. The early Christians adopted the word to describe their principal act of worship, the Sunday service (referred to by various terms, including Holy Eucharist, Holy Communion, Mass or Divine Liturgy), which they considered to be a sacrifice. This service, liturgy, or ministry (from the Latin "ministerium") is a duty for Christians as a priestly people by their baptism into Christ and participation in His high priestly ministry. It is also God's ministry or service to the worshippers. It is a reciprocal service.

Liturgy represents a communal response to and participation in the

sacred through activity reflecting praise, thanksgiving, supplication or repentance. It forms a basis for establishing a relationship with a divine agency, as well as with other participants in the liturgy.

Technically speaking, liturgy forms a subset of ritual. The word liturgy, sometimes equated in English as "service", refers to a formal ritual, which may or may not be elaborate, enacted by those who understand themselves to be participating in an action with the divine; examples include the Eastern Christian Divine Liturgy (Greek: Θεία Λειτουργία), and the Catholic Mass. Not every religious ritual is a liturgy; a proper liturgy is a service to God and God's service to the performers of it, a mutual ministry (service) and a duty incumbent on the worshippers.

Swindon Youth Congress success



'Who are you, Lord?'

"I am Jesus, whom you are persecuting," He replied, when Saul, who supposedly knew all about God posed that question to him.

Today we are still asking the same question that Saul asked Jesus 2000 years ago, and yet seem to be groping in the dark about the answer. To some, the answer may appear to be very daunting, and to others, it may seem very easy. Either way, this question leaves many of us blank still searching for the right answer.

Thus, "Who are you Lord?" was the theme of this year's Swindon Youth Annual Event 2019. With the help of the Holy Rood Youth Ministry, the Goan Chaplaincy Youth (Swindon) prepared for this year's event. While preparations started months ago, it all led to the day where hundreds of youth gathered from Swindon, Reading and the many regions in London (Wembley, Southall, and Hounslow).

This year's event saw new speakers and new things, with the Witnesses Band from the Anointing Fire Catholic Youth

Ministries making their impressive debut! Many young persons from Year 9 and above came along together to be a part of the young church, and to celebrate what the Lord means to each one of them.

The keynote speaker Tenny Antony, from Anointing Fire Catholic Youth Ministries UK, spoke about the importance of prayer and leading a prayerful life. Tenny explained, while life can be stressful, while we are young, we must always remain persistent in prayer.

One of the speakers at the convention, Jeremiah Vaz, 20 who is part of the Divine Retreat Centre, Ramsgate traced his journey to Knowing who Christ is, keeping the large audience spell-bound by his powerful personal story of discovery. He spoke about the reality of modern life and how it challenges you at every step and turn to lead a holy life.



Other speakers included Fr Dominic Findlay-Wilson and Deana Hunt, who stressed the importance of praying the Holy Rosary as a family together, which in turn brought them closer to the reality of Jesus and who He reveals Himself to be.

Many who attended felt a new dimension added to their life after listening to the personal experiences of the speakers. Venancia Mendes, 20, talking about the whole event mentioned how "the music really helped me to pray". Another youth Macben De Souza, 23, felt it was an "eye-opener to the many youths gathered"

The day ended with the Holy Mass celebrated by Bishop Declan Lang (Clifton Dioceses), who explained to all those gathered that the answer to the question "Who are you, Lord?" is a journey of faith which requires us to be closer to the Lord in order for us to find an answer. Bishop Declan ended the day with reminding the youth that "you are not just the future Church, but you are the current Church!".

While I come back to the same question, who are you, Lord? My answer is simply from the words of Psalm 23:1 "The Lord is my shepherd; I shall not want". So now I ask you, who is the Lord for you?



Confirmations and First Holy Communions



St Mary's Helston celebrates their First Holy Communion. The Celebrant is Father James Courtney OSB from Buckfast Abbey. The children's names are Vivian, Lilia and Stefano.



Bishop Declan with confirmation candidates in Melksham, Clifton Diocese

St Mary's Helston



Please send us your pictures, stories, reasons for confirmation or whatever you like!
We would love to share your celebration! csw@cathcom.org

Children's Section

Taken from
Reach Catholic Newspaper Autumn 2017
www.ReachNewspaper.com

Harvest around the World



UK

Wheat being harvested in a field with a combine harvester - making it easier to grow more crops. Wheat is ground into flour to make bread, cakes and many other things.



Thailand

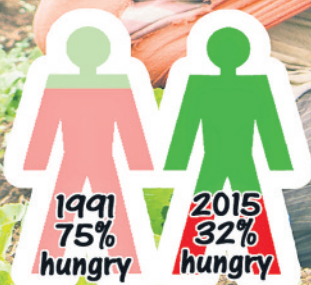
Rice being picked by hand in fields that have to be full of water for the rice to grow, called paddy fields.



The food we eat each day celebrates God's harvest all over the world. It celebrates God's diversity - and we are lucky enough to share in that!

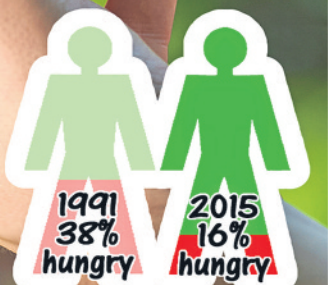
However, not everyone around the world is able to share this great gift. Many people go hungry every day. Imagine how you would feel if you hadn't eaten anything today. Pretty bad huh? But imagine if you knew tomorrow was going to be the same - and you have no way out.

The best way to say thanks to God for everything He gives us is to help those who have nothing.



Ethiopia

Lettuce being grown in a field and harvested by a woman carrying her baby on her back - this is very common around the world.



Bolivia

This is how chocolate starts off - it is made from Cocoa which grows in these pods and are harvested by hand.



Plymouth Diocesan Pilgrimage to Lourdes 2019



The Plymouth Diocesan pilgrimage to Lourdes at the beginning of August was led by Bishop Mark, Fr Kieran (Diocesan Director) along with Fr Anthony O'Gorman (Youth Director) and other priests of the Diocese. It was a particular joy to have with us newly ordained priest, Fr James Barber and our two seminarians, Albert Lawes and Andrew Marlborough. The Pilgrimage was characterised by a great sense of being a "Pilgrimage family" and very much enjoying one another's company as we participated in the various devotions and spent time together. On our first day, Bishop Mark gave a sermon about the indwelling joy that is associated with Our Lady's intercession, and that really did set the tone of what was to come. We certainly were aware of the presence of Our Lord and the Blessed Mother.

The pilgrimage was fortunate to have a large group of Young people this year which was a great blessing to us all. They looked after less mobile pilgrims with great kindness and sensitivity. We were very fortunate with the weather and some of the pilgrims went swimming while others were content to paddle on an after-



noon at the Lac de Lourdes and on an outing to Gavarnie up in the Pyrenees.

Our rep, Liz, made sure that we turned out at the right place at the right time and her humour greatly contributed to the happy time we had. All the usual features of a pilgrimage were entered into with enthusiasm and prayerfulness, as some of the photographs will witness.

Overall, we were blessed in that it was a much grace-filled and happy pilgrimage and everyone seemed resolute to return next year. Some of the pilgrims intend to visit our parishes in the coming year to share their experience and to encourage others to make the pilgrimage next year.



Holy Land Pilgrims return after full week

Archaeology, Masses, Cable Cars, Prayer, Rafting, Swimming. Bethlehem, Jerusalem, Jericho, Masada, Qumran, Caesarea Philippi. These are just a few of the elements that made up the Downside Abbey and Clifton Diocese pilgrimage to the Holy Land, as we visited so many of the places associated with the Bible and the Early Church.

Our group of 44 young pilgrims arrived early at Heathrow Airport and friendships were quickly forged among those who had not previously met. The programme was full and no significant site was left unvisited! So we spent four nights in Bethlehem, from which we were able to visit not only the sites of the birth of Christ, the angelic visitation to the shepherds, but we went from there to Jerusalem, where we visited the Church of the Holy Sepulchre for Mass at Calvary, Gethsemane and prayed the Stations of the Cross along the Via Dolorosa. We were warmly welcomed by Br Simeon of Dormition Abbey, and also saw the archaeological site of the City of David, finishing by wading through the water in the long and dark Hezekiah's tunnel. Rarely (if ever) have so many Christian hymns been sung in that place, I suspect, perhaps to the consternation of other groups! For some people particular highlights were also the visit to the Temple Mount (Haram al-Sharif, site of the Dome of the Rock and the Al-Aqsa Mosque) and the Western Wall.

We spent a night at the Jericho Resort, which offered the opportunity to relax in the swimming pool and get to know one another better, before going to the desert for a camping experience, where the aim of the organiser, David, was to help groups to experience biblical hospitality. Some members of the group were dreading this, but David and his team were so welcoming that it was impossible not to enjoy the experience. It helped, of course, that the food was good (prepared by the group) and the tents were quite comfortable and surprisingly warm. We awoke early to walk to the top of the nearby hill to see the sunrise, which inspired the singing of a number of hymns!

A couple of group members had wanted to visit Masada, the site of the last Jewish rebellion against the Romans, since they were young boys, and they were not

disappointed! It was hot, the ascent by cable car was impressive and we gained a new respect for the Sicarii. None of the group felt any sort of vocation to live in the Greek monastery on the Mount of Temptation, nor at Qumran, but we were amazed at the strength of those who chose to do so.

In many places in Jerusalem and Bethlehem there was a degree of tension between the different Christian groups, who are determined not to break the "Status Quo" agreement, and this tension was perhaps more obviously felt by Dom Anselm and Fr Matt, who came across the Franciscans in the various churches – humour was often rather lacking. In one church we were warned that the group should not laugh!

Things were more relaxed in Galilee. We stayed in Nazareth, and were very warmly welcomed by the Franciscan sacristan when we arrived for Mass at the Church of the Annunciation. From there we were able to visit Capernaum, where Christ healed and taught, and where he and St Peter lived. Mass by the Sea of Galilee was quite an experience, as the corporal, Missal etc had to be held down by rocks, and occasionally grabbed to prevent things flying away or being blown over. The archaeological sites at Jericho and Megiddo were also interesting, and we are now more familiar with the site of the Apocalypse!

The entertainment provided by all the discussion groups on the last evening unearthed a number of hidden talents in drama, music and quiz setting, and set the tone for a relaxing journey back to England, despite a few cases of "Nazareth Belly".

The fruit of the pilgrimage will be seen in different ways, and will probably take time for all pilgrims to realise. What is clear is that friendships have been forged and cemented, graces and blessings received and none of the pilgrims will read the Bible in the same way again!

Great thanks are due to Rina Bird, who organised all the practical details and ensured that everyone got from A to B on time. Without her efforts the pilgrimage could not have taken place.

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1,400 people enjoy day in the sun at the Glastonbury Pilgrimage



Yet again the sun shone down on Our Lady of Glastonbury as around 1,400 people from the Clifton diocese gathered in her honour and come on pilgrimage to her shrine. People came from far and wide – from London to Swindon, Middlesbrough and Scotland to Salisbury... and even a couple from St Lucia! Though I'm not sure they came only for the pilgrimage...

It is such a wonderful witness to our town here in Glastonbury that amid all the 'al-



ternative' beliefs, the old faith and devotion to Our Lady continues. She stands here in the shrine day after day, and watches the world turn. And she will be here to welcome us next year (12th July) and every year, until her Son comes again.

I look forward to welcoming you again next year, but in the meantime, why not come down and say hello, as individuals or groups. We will do everything we can to make you welcome in our Lady's name.



You can watch Bishop Declan's Homily at www.cliftondiocese.com/news/

Portsmouth Pilgrimage to Lourdes

We had a fantastic Diocesan Pilgrimage to Lourdes these last days! Please be assured I remembered all your intentions, including the many you sent me by email. Our youth contingent numbered almost forty, including a dozen FOCUS missionaries from the USA; they left by coach last Wednesday 24th July on a 24 hour journey, with Fr. Phil Carroll, Sarah Keogh, Chris Ferreira and others on board. They took the Dover-Calais ferry and arrived in Lourdes just ahead of the rest of us on Thursday afternoon, a bit tired but nevertheless in good spirits. The main pilgrimage left on Thursday morning 25th July. We flew from Southampton to Bordeaux, then from there by coach to Lourdes. Thursday was an amazingly hot day: as I remarked to one of the pilgrims at the rest stop on the autoroute, as we ran from the air-conditioned coach into the service-station, gasping for air, "It's turned out nice, hasn't it?!" When we arrived in Lourdes, the youth were there to meet us; they helped us unload the coach, transfer the luggage

and settle into our rooms. We numbered almost 110 pilgrims and spent four days together at Hotel La Solitude. It was great to have use of the chapel opposite the hotel for Mass and for the Liturgy of the Hours, and Sarah led the music beautifully, together with contributions from two of our seminarians, Ryan Hawkes and Ryan Browne. Besides the two Ryans, we also had with us two of our other seminarians, Ambrose Chou and David Bateman. The weather was wet over the weekend, but it didn't halt our programme, which included the usual pilgrim activities in Lourdes, such as the Torchlight Procession, the



Blessed Sacrament Procession, Rosary, Stations of the Cross and a visit to the Baths. On Saturday evening we had a beautiful Healing Service in St. Joseph's chapel with the Sacrament of the Sick and individual Benediction. We also had a day out at Gavarnie. We finished on Sunday night with a lively social in the bar of the hotel, led by our youth. We got back into Southampton on Monday just an hour late.

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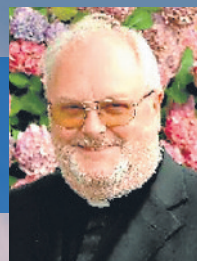
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Prayer

by Fr Denis Blackledge



MAKING PEACE



Loving Lord,
your first word to me, to us,
is always: 'Peace be with you'.
You come with this word
of comfort and encouragement
into the broken pieces of my deepest
self.

Loving Lord,
you accept me just as I am,
knowing me through and through,
understanding that often there is a lack
of inner calm and peace and serenity in
me, knowing that often I can hurt
myself
by inner warring and wearing myself
down by worries that eat my
peacefulness away.

Loving Lord,
just as you came risen and unexpected
to those first friends of yours
who had deserted you in your passion,
and who had locked themselves behind
closed doors in their deep fear, so I ask
you to come to me.
Touch me deeply with that peace which
only you can give.

For your peace enables me
to live with myself as I am,
warts and all,
weakness and sins and all,
and gives me that felt sense
of being loved by you through and
through.

Loving Lord,
you said: 'Blessed are the
peacemakers'.
Let me realise more and more
that the first person I am called to
make peace with is my own self.
Unless and until I begin to recognise
the war that goes on inside myself,
and unless and until I begin
to take practical steps
to let your peace begin to live,
and be more at home in my own self,
how can I talk about the lack of peace
in my neighbour?

Loving Lord of peace and pieces,
please give me your gift of peace.
I do not want this gift just for myself.
My prayer is for every one of us
to be free enough to ask for this gift
For your peace can and will change all

our lives
if only we give peace a chance to
flourish and grow in the little things of
every day.

Loving Lord,
make me, make us,
not only peacemakers
but better peacemakers.
Help us to realise
that the pieces and fragments
of a broken church and a broken world
can be patched together
in a rather wonderful way
if only each one of us
opens up more intimately
to your resurrection gift of peace.

Loving Lord,
you know I can't go out
and give peace to all the world.
But I can give it to those
whose lives I touch each day.
I can let peace flow
like a stream of hope and
encouragement in my home, in my
neighbourhood,
in my work and in my leisure.
Let me be a maker of your peace.
Amen.

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QUOTES

“

If liberty means anything at all, it means the right to tell people
what they do not want to hear.

George Orwell

I am a marvellous housekeeper. Every time I leave a man I keep
his house.

Zsa Zsa Gabor

“

Our judgments, if they do not borrow from reason and
philosophy a fixity and steadiness of purpose in their acts, are
easily swayed and influenced by the praise or blame of others,
which make us distrust our own opinions.

Plutarch

You know you're getting old when the candles cost more
than the cake

Bob Hope

“

I always arrive late at the office, but I make up for it by
leaving early.

Charles Lamb

Time is a great teacher, but unfortunately it kills all its pupils.

Hector Berlioz

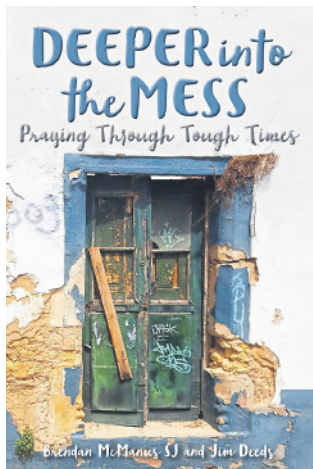
REVIEWS

DEEPER INTO THE MESS

Praying Through Tough Times

Brendan McManus SJ and Jim Deeds
Messenger Publications,
pbk, 119 pages, 2019.
£8.95

The authors already have a useful volume, *Finding God in the Mess*, which was a best-seller for Messenger Publications. This book is a sequel, and is equally down-to-earth and practical. It contains five con-



versations with God that cover fear, difficulty, loss, friendship and love. The format is based on Ignatian spirituality, which means that God is found in all, not in spite of all, and not least in the mess, no matter how big and deep that mess may be.

This new collection springs from requests for challenging topics, facing real life issues from anger to suicide. And the format is fourfold: introducing the topic or situation; the way of praying that situation; relevant scripture texts; and a suggested ritual or action to embody the prayer.

The scripture passages – three each time – are chosen well, and give focus to the prayer. The writing style means that the whole is a very approachable means of entering into prayer, open to all who truly desire to deepen or renew. It is just as good a source for those on the fringes of their faith as for those who are in the mainstream. It is a useful tool not just for individuals, but also for prayer groups.

Both Brendan and Jim are down-to-earth individuals, have hit on a winning formula, and have produced another encouraging volume for those who accept the glorious mess that they are – which is all of us!

DANCING TO MY DEATH

With the love called cancer

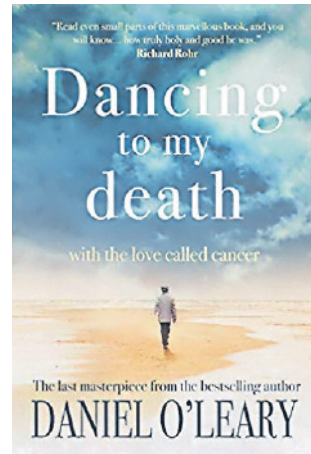
Daniel O'Leary
Columba Books, hardback,
232 pages, 2019, £14.99

This is a heartrending read. Don't be misled by the title of the book. It's the story of a man facing the brick wall of cancer of the colon, having to

undergo a stomach operation, but who is brave enough to show his total vulnerability in heartrending episodes. His heart never stops dancing, but sometimes he is on his knees, as cancer wrecks his dreams and pins him to an unwelcome cross day by day and night by night.

There are eighty reflections which span the last six months of his life. Daniel, so well-known worldwide through his writings and talks over the past few decades, dares to shout, scream, and utter his forsakenness as he struggles to find sense, balm and calm in the midst of deepfelt suffering of body, mind and heart. Here is faith stretched to the limit, a radical kenosis, a self-emptying, which leads to his handing over his whole self into the hands of the loving Lord of his life.

It may seem strange to see cancer as a



'love', but Daniel somehow through the grace of God manages to see all that is happening to him as part of his own particular living through the Incarnation, and in finding God in all, not in spite of all. In a strange way, this book is a completion of his penultimate creation, *An Astonishing Secret*, as he is called to live through and undergo all he had written about creation, incarnation and evolution. There's a full finding of le milieu divin, as the writer feels his way through the wall and sees all as sheer gift, even the very thing that is killing his body, and diminishing him daily.

The book is full of Spirit-filled insights, and Daniel dares to peel away the layers of his onion self, stripping down to the bone and marrow of what matters in the end. Life ultimately conquers death, but physical death is the price he has to pay for this release and relief.

Nor is he afraid of challenging the Church and also the way so many folk were brought up with a God who was out to get them, rather than who loved them to bits and pieces. In his own way, Daniel speaks his own last seven words from his own personal cancer cross, before surrendering to love, and falling into the everlasting arms of the God he loved to his core, because he knew in his mind, heart and guts that he was utterly loved by that very same Lord of his life and death.

In many ways this is a disturbing book, as it will inevitably remind the reader of her or his own total vulnerability in what may happen personally in the future. Each of us has to face our own dying process, and it doesn't get much worse than this. But gut-wrenching honesty as found in this book may help to soothe the path for anyone who dares to pick up these pages and plumb the depths they witness to.

© Denis Blackledge SJ



KIWIFRUIT, GINGER AND HONEY CAKE

Serves 8

• 3 kiwifruit, flesh scooped out and finely chopped • 200g ground almonds • 90g plain flour • 3 tsp ground ginger • 1 tsp ground cinnamon • 1 tsp bicarbonate of soda • 100g unsalted butter • 110g natural yoghurt • 130g runny honey • 3 free range eggs



1. Preheat the oven to 160C (fan 150c).
2. Grease and line a cake tin with baking paper.
3. Place the ground almonds, flour, ginger, cinnamon and bicarbonate of soda in a large mixing bowl along with the butter. Using your hands, rub in the butter until the mixture resembles coarse crumbs.
4. Whisk yoghurt, honey and eggs together with the kiwifruit. Add to the almond mixture and gently stir until combined.
5. Pour into the prepared pan, then smooth out evenly.
6. Bake for 1 hour (check it after 45 minutes), or until golden and just firm to the touch. Cool completely in the tin, then carefully turn out on to a wire rack to cool completely.

The Latin Mass Society

www.lms.org.uk 020 7404 7284

Masses in the Extraordinary Form in Plymouth Diocese :

- St Edward the Confessor,**
Home Park Ave, Peverell, PLYMOUTH PL3 4PG
 Sundays 11.30am Sung Mass
- Blessed Sacrament Church, Fore Street, Heavitree, EXETER EX1 2QJ**
 Third Sundays. 3pm Sung Mass
- St Cyprian's Chapel, Ugbrooke House, CHUDLEIGH, Devon TQ13 0AD**
 4th Sundays 3.00pm Sung Mass
- Lanherne Convent, St Mawgan, NEWQUAY, Cornwall TR8 4ER**
 Sundays at 7.40am - Weekdays at 8.00am Sung Mass
- Our Lady's, Old Mill Lane, MARNHULL, Dorset DT10 1JX**
 Thursday 17th October Low Mass at 12 noon
- Our Lady of Lourdes & St Cecilia, White Cliff Mill Street, BLANDFORD FORUM DT11 7BN**
 Thursday 19th September Low Mass at 12 noon
- Our Lady Queen of Martyrs and St. Ignatius, North Road, Chideock, Dorset**
 Saturday 28th September, 10.30am Sung Mass
 in honour of the Chideock Martyrs, with veneration of relics.

Any questions contact **Maurice Quinn**
 (LMS Rep, Devon and Dorset)
 on either : Email : devon@lms.org.uk
 Mob. 07555536579

Try Something New: Street Evangelisation in Clevedon



A team of twenty-five parishioners from the Franciscan Church of the Immaculate Conception took the church out on to Hill Rd, Clevedon on Saturday 13th July.

With the gazebo and stall erected the team went to work sharing their love of Jesus and a care for fellow citizens. Passers-by were invited to light a candle for a friend or family member who might be in need and also perhaps to write a brief prayer. The responses were varied and ranged from the curt “No!” to the “What a lovely thought!” One ‘resting’ Catholic declared “You are Catholics? But Catholics don’t do this!”

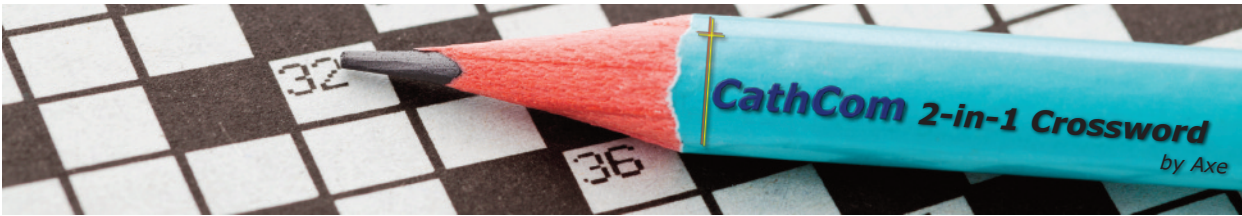
Over ninety candles were lit and thirty-five written prayer requests were recorded. The candles were transferred to the Lady Chapel and allowed to burn out, the prayer requests were offered up as the weekend Masses at the Sunday Masses.

The mission was led by Peter Kehoe and his Evangelising Steering Group. Peter said “I saw a description of an event done in South Wales and wondered if we would have the bottle to have a similar event in Clevedon. I was amazed at the response, despite the accusations that I was wasting my time, people began to see that we

should do something more than simply turn up for Mass on a Sunday”.

Volunteers began to emerge – all very nervous. “This is right far outside my comfort zone” one said as she signed up. Another commented “I am nervous, but when I think of the martyrs being hanged, drawn and quartered, for our faith, it’s not asking much really. Hymns gave us strength as we recalled words such as “Don’t worry what you have to say, don’t worry for on the day, God’s spirit will speak in you heart, ...” The rest we left up to the Holy Spirit.

The Street Evangelisation was the second of four ‘Mission’ events in May an ‘invitational’ Mass wherein parishioners invited friends and family who were “resting Catholics” to attend a special Mass. In September an Open Church will be held when the people of Clevedon and the surrounding villages are invited to visit, look around and hear about the history of the church and the meaning of the special glass windows, In November members of all denominations, and none, will be invited to a special service that focuses on remembering friends and family who have died.



You can use both sets of clues to solve the puzzle: the solutions are the same. So, if you want to try the CRYPTIC puzzle, for instance, but are unsure, use the QUICK clues to help you work out the solution.

Similarly, if you try the QUICK clues, use the CRYPTIC clues to help you prove the solution

CRYPTIC Across

- 5 Boy, along with Brian, can’t find any banks in African place (10)
- 7 Emoji betrays British spymaster (6)
- 8 Lice returning to the French heads demands order (6)
- 9 Point to vessel at the stern to see a set that’s forever young (7)
- 11 Pagan priest is oddly fake, receiving religious instruction throughout (5)
- 13 Condemnation after passenger at the front falls off platform (5)
- 14 Pepper USSR curiously banned after unnecessary modification (7)
- 16 Young Simpson’s own goal brings in former star player (6)
- 17 Semitic deity, one among a hundred found in the western half of Ithaca (6)
- 19 He told stories relative to part of Babylonia after being toppled (5,5)

CRYPTIC Down

- 1 Raise the roof here in the Shetlands (4)
- 2 Classical – fancy woman’s type of music? (7)
- 3 Journalist on a tabloid raked up an old sovereign (5)
- 4 Some of the Requiem Mass passes over an upset listener (4,4)
- 5 Issue a weapon to the old fellow for the final showdown (10)
- 6 Gideon beat them to southern France, the opposition

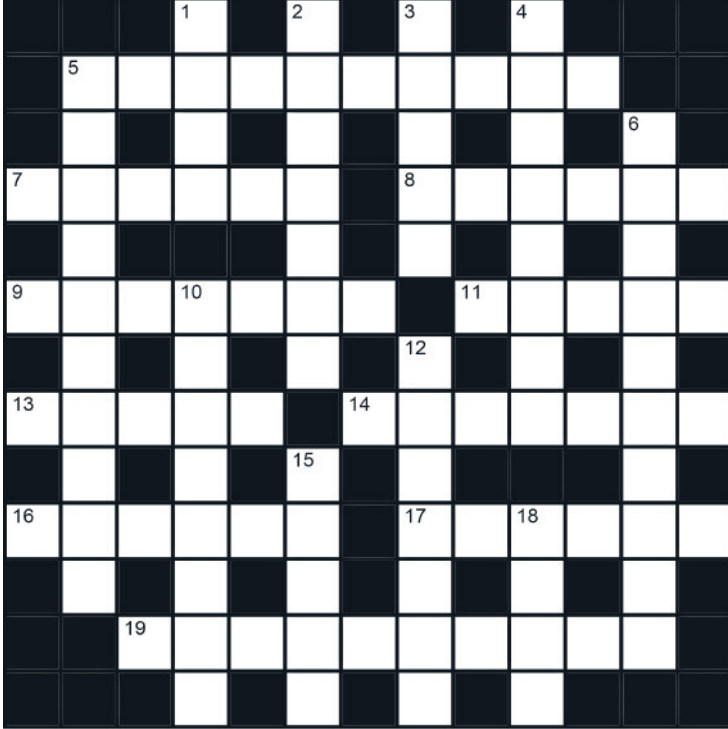
- carrying a small number (10)
- 10 The French and Americans at Annecy evacuated country – left for a Swiss resort (8)
- 12 Key road under shopping precinct one gets to duck (7)
- 15 Bikini tax follows after exposing fat middle bit (5)
- 18 Disruption of mail here in the Andes (4)

QUICK Across

- 5 Home city to Apollos, an important early Church teacher (10)
- 7 George -----, John le Carré’s master spy (6)
- 8 State capital of Texas (6)
- 9 Undying, infinite (7)
- 11 Ancient Celtic pagan priest (5)
- 13 Disgrace; disgust (5)
- 14 Capital of French Guiana (7)
- 16 Humphrey -----, Oscar-winning actor for The African Queen (1952) (6)
- 17 Female demon of Jewish folklore who tries to kill newborn children (6)
- 19 Fictitious storyteller associated with Brer Rabbit (5,5)

QUICK Down

- 1 Second largest island in the Shetlands (4)
- 2 Magical queen of Homer’s Odyssey (7)
- 3 ----- Allan Poe, Gothic novelist and poet (5)
- 4 Part of the Requiem Mass, ‘Day of Wrath’ –



- Judgment Day (4,4)
- 5 Another name for Megiddo, site of several biblical battles (10)
- 6 Followers of a son of Abraham defeated by Gideon (10)
- 10 Swiss resort on Lake Geneva, the seat of the International Olympic Committee (8)
- 12 Kind of duck: classic British steam engine (7)
- 15 Looping coral strand in tropical waters, often making a complete ring (5)
- 18 Peruvian city founded by Pizarro (4)

SOLUTION

Across: 5 Alexandria, 7 Smiley, 8 Austin, 9 Ageless, 11 Druid, 13 Odium, 14 Cayenne, 16 Bogart, 17 Lillith, 19 Uncle Remus. Down: 1 Yell, 2 Calypso, 3 Edgar, 4 Dies Irae, 5 Armageddon, 6 Midianites, 10 Lausanne, 12 Mallard, 15 Atoll, 18 Lima.