South West

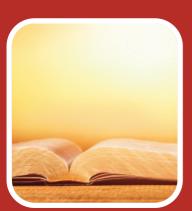
Serving the Church in the South West

November 2019

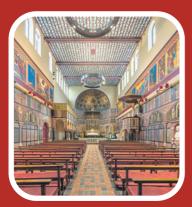
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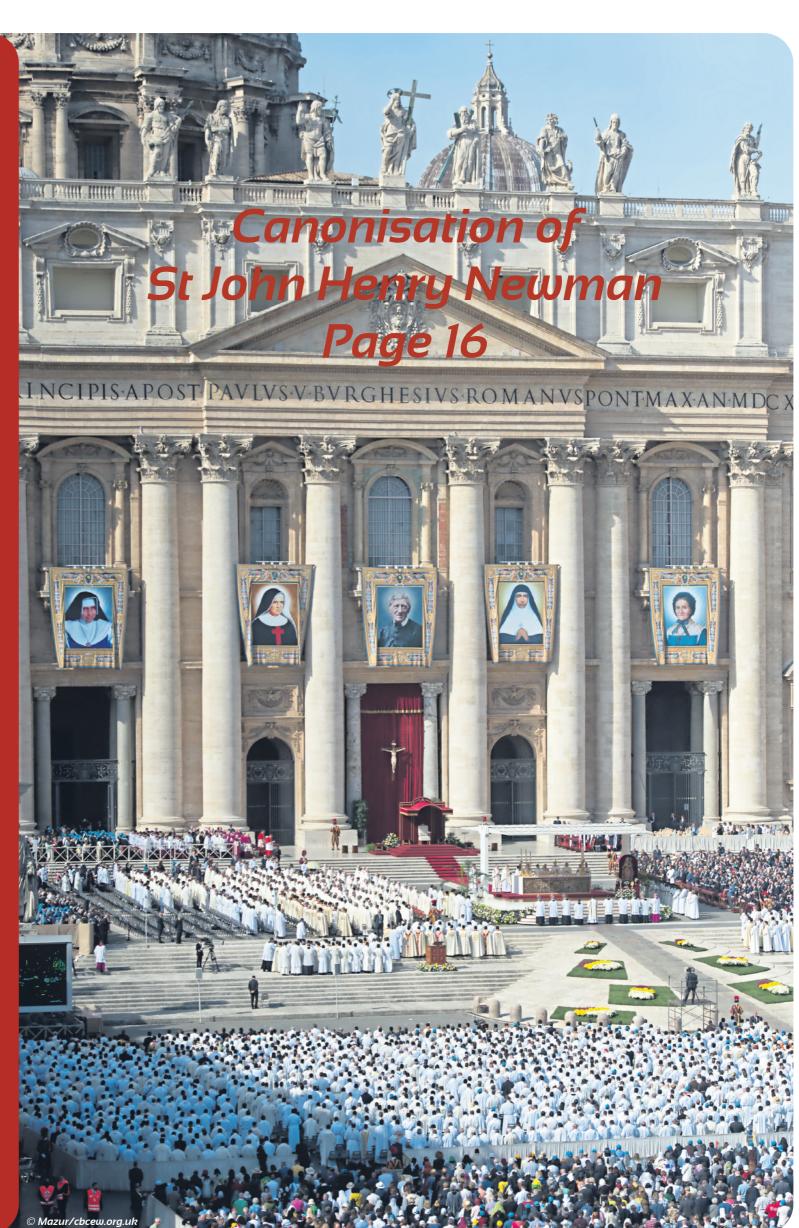
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South West **CONTACTS & DETAILS**

Catholic South West is a monthly newspaper for Catholics in the Plymouth, Clifton and Portsmouth Dioceses. It is published by Bellcourt Ltd

AIMS

To build community in the South West by sharing stories relating to Catholic life around the South West. To encourage readers to get more involved in - or start - projects and initiatives in the local area. To provide thought-provoking articles to help readers deepen their Faith.

GET INVOLVED We need your help!

Articles: We need your local articles we can only include what we get. So if you have an article or just a photo with a short description - please send it in. Ideas: We need your ideas for the paper and we need your ideas in the paper. If you have any thoughts on what we should include - or if you are thinking about starting a new initiative - get in touch - we'd love to support it! Readers: If you can encourage other readers in your parish please do so. Advertising: We rely on advertising - if you know of anyone that would benefit from promoting their business, event or anything else to parishioners throughout the South West.

SUBMITTING EDITORIAL

To send in editorial or to get in touch please contact us at: CSW - Bellcourt Ltd N2 Blois Meadow Business Centre Steeple Bumpstead Haverhill, Suffolk **CB9 7BN** csw@cathcom.org 01440 730399

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To advertise in Catholic South West please contact: Janet Took janett@cathcom.org 01440 730399

DATES

Catholic South West goes to parishes on the last full weekend of the month. It is printed around the middle of the month - so if you would like to advertise or send in editorial please do it as early as possible.

FROM CSW

November is definitely a month for remembrance. Whether we are remembering loved ones who have died or commemorating those who have died in battle we should remember with sadness, fondness and in celebration of their lives.

In this edition there are many lives to remember and celebrate! We have the joys of jubilees, the celebrations of canonisations and the fond farewells as people move on to pastures new.

We say goodbye with sadness, we remember them with fondness and we celebrate the experiences we have shared and the things we have learnt from their lives that we have been fortunate enough to share in.

We hope you enjoy this issue – please share the paper with other and share your experiences with us!

A DIAMOND JUBILEE FOR FR COR

Sunday 29th September was a day of great celebration at Bridport Catholic Church. It was the occasion of Fr Cor Hooijmaijers' Diamond Jubilee, 60 years since he was ordained as a Marist Father at Lievelde, in the Netherlands by Bishop Jacques Mangers SM.

Fr Cor settled in Bridport for his retirement in 2017. Originally from Rotterdam, he had spent the previous 56 years as a Marist missionary in the Solomon Islands, South Pacific.

Monsignor Keith Mitchell, the newly appointed parish priest at Bridport, warmly congratulated Fr Cor on his 60 years of priesthood and presented him with a generous gift from the people of Bridport parish.

After Mass, there was a party for everyone with delicious food, wine, a special cake in his honour and many more cards and gifts.

Several of Fr Cor's relatives had flown over from the Netherlands for the occasion and the church was packed with well wishing parishioners and friends. Fr Cor, wearing a ceremonial shell necklace from the Solomon Islands, thanked everyone saying how happy and delighted he was to be in such a wonderful place as Bridport, he was overwhelmed with everyone's generosity and good spirit.





Deacon Mark Brown, Fr Cor Hooijmaijers, Monsignor Keith Mitchell.



Fr Cor cuts the cake with the help of his sister, Ans. Fr Keith (right)

EDITORIAL GUIDELINES

1) Think of the readers: If you are writing about an event, think about the readers that don't know anything about it. Outline what happened, but focus on why people go, why it is important to them, or some teaching that was given. Make sure readers learn something from your

article - they don't just want to know who was there and what snacks were available! 2) Keep it brief: Make sure you make your point - but keep it brief and punchy. 3) Pictures: Send pictures as they are - even if they are very big to email. Don't reduce them in size or put them inside a Word document. They look fine on the screen but terrible in the paper!



Fr Cor's ordination day at Lievelde in the Netherlands -27th September 1959

LEGAL INFORMATION

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CELEBRATING 375 YEARS OF CATHOLICISM IN TORBAY

Sunday 29th October was a very special day, a day of celebration marking 375 years of Catholicism in Torbay. Bishop Mark joined us for a Mass of Thanksgiving and delivered a most encouraging and inspiring homily. Two very special cakes were made for the occasion, one of which was cut by the Bishop, and shared by all gathered for the after Mass coffee and social. This was followed by a truly delicious lunch, and again joined by Bishop Mark, Canon Michael Lock, our own parish priest, Father Colin and the local MP, Kevin Foster, and the many parishioners who could fit into the hall for the occasion.

The afternoon continued with a power point presentation by Dr Michael Rhodes,





who was head of Torbay Council's Museum Services. He was responsible for developing Torre Abbey as a museum and visitor attraction. He is also author of the award-



winning book entitled "Devon's Torre Abbey, Faith Politics and Grand Designs". We were awarded with an expert and captivating account of the growth of the local Catholic community from the first arrival of the Catholic Cary family to Torre Abbey to the present day. We concluded by cutting the second cake and had tea and coffee to accompany it.

We are grateful to all who helped make this anniversary a worthy celebration of our Catholic heritage and 375 years of continuity. May we continue to grow and be blessed in our efforts to enfold and include all our brothers and sisters in the rapid advancement and love of our Faith in Torbay or wherever we are planted.

Clifton Diocese Year 11 Retreat

On the weekend of Fri 27th - Sun 29th Sept, students from five Catholic Secondary schools in the Clifton Diocese came together for the first ever joint year 11 retreat organised by the chaplains of St Augustine's, St Bernadette's/Bede's and St Gregory's. As students prepare for the toughest year of their education so far, it was the perfect opportunity to show our young people they are not alone, they have the tools within themselves to succeed and a faith to lean on.

Unfortunately, the weather was very unkind to us affecting our plans for facing a 700m long zipwire, our BBQ, campfire and for exploring the local Gloucestershire countryside. However, if we were to preach a message of resilience to our young people we needed to encompass the attitude in us as staff. After exploring every possible avenue we eventually came up trumps with Clearwell Caves who offered us the chance to go caving, over 100ft below the surface of the Forest of Dean in the old Iron Ore mines. Suitably dressed in our jumpsuits, wellies and helmet mounted with torch, over two thirds of the groups ventured deep below the surface through narrow tunnels, deep and dark crevices and into chambers untouched since the days of mining. The remainder of the group were blessed to be able to explore the excellent show caves and museum with some quite emotive interactive displays that encapsulated the resilience of 'billy boys and girls' when





mining was a way of life for families.

The centre we used for our retreat was a beautiful place called Woodcroft Christian Centre, nestled in a tiny village just outside of Chepstow with everything led and delivered by staff of our five schools. It provided perfect facilities for us to lead our students in a host of sessions and workshops on resilience and identity both indoors and outdoors. Whilst the rain restricted us from having night prayer outside around the campfire, we were still able to hold our own torchlight procession on the first night to a small grotto area in the grounds. We're incredibly grateful to Fr Barnabas who serves the Catholic parishes in the forest of Dean, for coming along and celebrating Mass with us on the



Saturday evening. He spoke to us about "not seeing God as a policeman out to get us, but as a forgiving Father out to share his love. He is always and continuously offering us forgiveness and not trying to catch us out.".

Whilst the weather did it's best to dampen our spirits, it failed and we were all incredibly proud to see our young people coming together and flourishing. A huge thanks to all the schools who trusted us to try this new experience - St Augustine's, St Bede's, St Bernadette's, St Gregory's and St Joseph's.

To see more from the retreat weekend have a look on twitter: @staccchaplaincy or @StG_Chaplaincy.

Around the South West

Farewell to our Sisters

Bishop Mark joined the Sisters at Nazareth House, in Ply-



mouth on Saturday 28th September to say a huge thank you and to bid farewell and good luck to both Sr Rose Ita and Sr Kathleen O'Reilly, two members of the Nazareth House Sisters, who are moving on to new pastures. We are so grateful for the exceptional care that the Sisters have shown to the elderly and vulnerable at Nazareth House and they will be sorely missed.

Just returned from speaking at the Vatican



Clifton Cathedral parishioner Paul Williams has just returned from

speaking at the Vatican, where he also met the Holy Father, Pope Francis.

Paul is Emeritus Professor of Indian and Tibetan Philosophy at the University of Bristol. He was invited to the Vatican by H.E. Archbishop Rino Fisichella, President of the Pontifical Council for the Promotion of the New Evangelization in order to address an International Meeting for Academic Centres, Movements and Associations for the New Evangelization.

Music and Songs For Advent

The Plymouth Catholic Choir will be taking their unique style of singing to several venues during Advent.

Sunday 1st December finds us at Nazareth House at 2pm. St Austin's Priory Cadleigh is our next port of call on Wednesday 4th December. We will be joined by a local Ukulele group and soloists on this occasion. Our third performance is at Our Lady of Lourdes, Plympton on Wednesday 11th December at 7pm.

We welcome new members Ann, Barbara, Mary, Tony and Jan to our choir. All are welcome to join us any Wednesday 7:30 to 9pm at our regular practice evening at Our Lady of Lourdes in Plympton. For further details please contact Rita Joesbury on Plymouth 896264

Send us your news csw@cathcom.org

The Parish of St Mary and St George, Totnes and Canon Kristian Paver

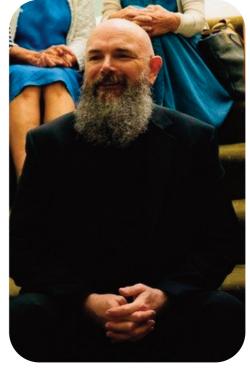
Canon Kristian Paver was only meant to serve at the parish of St Mary and St George in Totnes for three months. Nineteen years later, as he announced that he was moving on, it was difficult to ignore the muffled weeping around the church.

Father Kristian, as he was when he arrived, had grown up in the neighbouring parish. He studied in London, went to

Rome to study canon law, but knew little of Totnes. He was teaching at the Missionary Institute London at Mill Hill and working as a canon lawyer for the Tribunal of the Archdiocese of Westminster when the Bishop of Plymouth asked him to become his Judicial Vicar. It was the first step in a direction he never expected to take. Initially the role was fulfilled from London along with his broadening teaching commitments. Then he was asked to look after a small parish in Devon pending the arrival of its newly appointed parish priest. One parishioner remembers hearing of the new arrival in September 2000, her neighbour eagerly announcing that Totnes now had a young, good looking priest. Father Kristian had lived within a religious community, so being a parish priest living alone was never part of the plan, but this active community thrived on his team approach, and two months later the parish decided he was staying.

Within the town Canon Kristian is recognised for bridging the legendary Catholic/Baptist divide. As one of the inaugural members of the National Catholic Safeguarding Commission he knows better than most the importance of looking outwards and the need to keep ourselves feeling uncomfortable, it was the rationale behind the three searching questions which he left as a challenge at the end of his weekly homily.

What seems most remarkable is how someone with a three-legged ministry (as a canon lawyer, a teacher and parish priest), the demands of which regularly took him away from the parish, became so deeply embedded in the community. The quality of the cakes that he baked for parish events, his talent as a musician, his



excellence as a theologian are recurring themes in the reflections of his parishioners, but so too is his pastoral impact. "He brought me to a safe harbour" says one, "He touched those who were neither Catholic nor had any faith" says another, and yet another "He provided me with the means to reconciliation and acceptance". It's a parish which recognises that absence doesn't compromise true presence.

The parish now welcomes Father Louis Rieunier as parish priest who, like his predecessor, juggles multiple roles. He concluded his first Mass with apologies for the time required for other commitments. Don't worry Father Louis, you'll find this parish has it covered!

Sarah Welsh



'Who do you say I am?' Clifton Diocese Annual Schools Conference

On Thursday 26th and Friday 27th September, headteachers and other senior leaders from all Clifton Diocese Catholic schools gathered for their annual conference in Exeter. The title of the conference was taken from Friday's Gospel reading for the feats of St Vincent de Paul, 'Who do you say I am?'

We were very fortunate to hear from 4 visiting speakers from other dioceses who spoke about mission and vision in their schools. Ruth Vayro Executive Headteacher at St Ambrose in Manchester and St Joseph's in Reddish, Stockport, Julie-Anne Tallon Headteacher at Abbey Catholic Primary School in Birmingham, Martin Johnson , System Support and





CPDF Coordinator and CSEL for a MAT in Salford Diocese and Clare Hogg Headteacher at St Thomas More Catholic High School in Crewe. Their talks were inspirational, thought provoking and very moving as they spoke with tremendous passion and vision for Catholic education in their schools. They posed some challenging but very credible and incisive questions for our school leaders who in turn responded with great generosity of spirit and open-

The conference ended with a Commissioning Mass for all our leaders celebrated by Bishop Mark O'Toole and concelebrated by Canon Mark O'Keeffe Episcopal Vicar for Schools, Fr Jonathan Stewart, Fr Petroc Cobb and Fr Cyriacus Uzochukwu.

Facts, Figures and Fake News

This month's facts are all about reading and books. Can you spot the Fake News?

The country in which people spend the most time reading each week is India with an average of 11 hours per person per week. The UK is in 26th place after the US, Saudi Arabia and Mexico.

Of the top 8 books borrowed from Australian libraries in 2018, 7 of them were written by JK Rowling.

There is an official word for the smell of books – Bibliosmia (bib-lee-oz-mee-ah).

The bestselling print book in 2018 was Fire & Fury: Inside the Trump White House by Michael Wolff.

The three most read books in the world are The Holy Bible, Quotations from Chairman Mao Tse-Tung and Harry Potter.

The longest book in the world is In Remembrance of Things Past by Marcel Proust. It has 4,215 pages and over 1.5 million words.

There are 773 million adults in the world who are illiterate.

Fake Fact: Bibliosmia isn't actually an approved/official word just yet – but if

Poetry Corner

By Strickland Gillilan

The Reading Mother



I had a mother who read to me Sagas of pirates who scoured the sea.

Cutlasses clenched in their yellow teeth;

'Blackbirds' stowed in the hold beneath.

I had a Mother who read me lays Of ancient and gallant and golden days;

Stories of Marmion and Ivanhoe, Which every boy has a right to know.

I had a Mother who read me tales Of Gelert the hound of the hills of Wales.

True to his trust till his tragic death, Faithfulness lent with his final breath

I had a Mother who read me the things

That wholesome life to the boy heart brings-

Stories that stir with an upward touch.

Oh, that each mother of boys were such!

You may have tangible wealth untold; Caskets of jewels and coffers of gold. Richer than I you can never be -I had a Mother who read to me.

Golden Jubilee and the **Consecration of Holy Family** Swindon



On Monday the 7th of October a large number of parishioners and friends of Holy Family Swindon gathered to celebrate the Golden Jubilee of the Church. It was a beautiful and unique Mass of Consecration of the parish led by Bishop Declan with a good number of clergy in the deanery and priests who have previously served in the parish.

Among those present were the Presentation Sisters who have been part of the foundation of the parish, as well as the staff and pupils of the Holy Family Primary school who during the offertory procession presented marble stones of Peace, Love, Joy and Happiness.

Among the invited guests were some members of the family of Canon Bill Roach who was the foundation parish priest of the parish.

The day ended with a little social gathering in the school hall with the Golden Jubilee cake cute and other historical photos displayed. It was also an opportunity for the new parish Priest, Fr Isidore Obi to meet some of the parishioners and invited members of the community he had not met.

It was indeed a happy occasion as we pray and wish the Church (the people of the parish) many more blessed years to come.



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Christmas

Scripture Focus

By Fr Jeremy Corley



Remembrance and Hope

Emily Brontë once wrote a poem about autumn: "Fall, leaves, fall; die, flowers, away. Lengthen night and shorten day. I shall sing when night's decay ushers in a drearier day." The falling of the leaves from the trees can put us in a reflective mood, even to the point of considering our own mortality. Hence November is the month when we particularly remember our beloved dead.

In Homer's Iliad (6:146-149), Glaucus compares human generations to the life cycle of leaves on trees: "As for the leaves, the wind scatters some upon the earth, but the forest, as it grows, puts forth others when the season of spring has come. Even so, one generation of human beings springs up, and another one passes away."

Similarly, the biblical Book of Sirach makes a comparison of human beings to the cycle of leaves forming on trees and later falling from them: "Like abundant leaves on a spreading tree, that sheds some and puts forth others, so are the generations of flesh and blood: one dies, and another is born" (Sir 14:18).

For us Christians, the cycle of nature may remind us of an evocative gospel text about death and new life: "Unless a wheat grain falls on the ground and dies, it remains only a single grain. But if it dies, it yields a rich harvest" (John 12:24). If Jesus died and was buried in the earth, it was only so that he could rise again, to give us eternal life.

On Remembrance Sunday (10th November), which this year is the 32nd Sunday in Ordinary Time, the readings focus our attention on the hope of the resurrection. The Old Testament reading and the gospel both express the hope that believers will rise again from the dead.

The second book of Maccabees reports how a pagan king named Antiochus Epiphanes persecuted the faithful Jews (167 BC). Using torture, he tried to force them to eat pork, thereby breaking the Law of Moses (Deuteronomy 14:8). The reading tells of a mother and her seven sons who were willing to endure martyrdom rather than denying their faith.

These courageous people were ready to lose their earthly life, because of their

hope in the resurrection. One of the seven brothers boldly declared: "It was heaven that gave me these limbs. For the sake of his laws, I disdain them. From him I hope to receive them again" (2 Macc 7:11).

Two centuries later, at the time of Jesus, not all the Jewish people accepted belief in the resurrection. One group that rejected this belief was the Sadducees. In the Gospel (Luke 20:27-38), they seek to disprove this doctrine, by quoting the example of seven brothers who die childless.

In this particular case, the Sadducees refer to an ancient provision in the Law of Moses, designed to ensure the continuation of the family name-even if it meant polygamy. According to the law (Deuteronomy 25:5-5), if a man's married brother died without leaving an heir, the man was obliged to marry the widow to raise up children for his deceased brother.

Accordingly, the Sadducees imagine the case of seven brothers. After the first brother dies childless, the rest of them

in turn marry the childless widow but have no children. Surely (they say), if the doctrine of the resurrection is true, in the afterlife the woman will simultaneously be the wife of seven husbands which for them is absurd!

But Jesus points out that these sceptics have misunderstood the resurrection, because they think of it in an earthly way. Those who are granted a place in the resurrection are no longer earthly mortals, but now share eternal life with the angels. The former life of earth is now transfigured with heavenly glory, and the happiness of the previous earthly relationship is now transcended by the joy of heavenly life. God did not create us for death, and he is not God of the dead but of the living.

As Christians, we believe that Jesus is the Risen One, leading his people through death to eternal life. In the month of November, as we remember those whom we have loved and lost on earth, we can find consolation in the Lord's promise of the resurrection, where we again hope to meet our beloved dead through God's mercy.



You can use both sets of clues to solve the puzzle: the solutions are the same. So, if you want to try the CRYPTIC puzzle, for instance, but are unsure, use the QUICK clues to help you work out the solution.

Similarly, if you try the QUICK clues, use the CRYPTIC clues to help you prove the solution

CRYPTIC Across

- European language that's not totally suitable (6)
- 4 Israelite divisions baptiser created without Father's
- 9 Kind of 11 gets to look arch here in New York (7) 10 Laugh head off reading alternative Welsh writer (5)
- 11 Long term work on the Metropolitan, maybe (5)
- 12 Levi's boy is among Rangers honourees (7)
- 13 One in the habit of going to a particular London station
- 18 Native American, a Margaret Mitchell character, Penn sylvania allowed in (7)
- 20 Bye, say, after painting flipping divorcee (5)
- 22 Attempt to resign from work to expose Pakistani water feature (5)
- 23 Spats as Tiger scratched (7)
- 24 Variant doctrine being something inadmissible in court, advocate's opening is dismissed (6)
- 25 Swift is one in pursuit of a name for the mountain man

CRYPTIC Down

- 1 Judge's key changes make a Benjaminite town (6)
- 2 Ransack Winchester, for one (5)
- 3 Bend a month in the Sorbonne to absorb old speech (7)
- 5 One of eight, the one that boasts, his head's gone (5)
- Prussian's oddly uncharitable seeing poor Anita depart
- 7 Inscrutable Egyptian's wrecked ship and an indefinite number get cross (6)
- 8 Solomon's greatest hit, this book? (4,2,5)
- 14 Hero's love is torn between Adele and Erica (7)
- 15 Russian secret policeman's at home about one that's

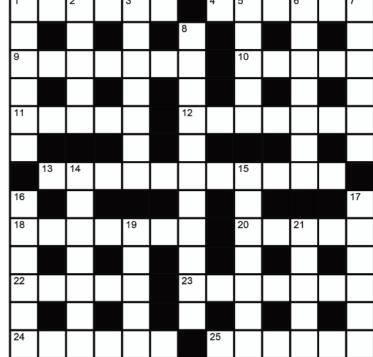
- out of Lisbon (7)
- 16 European city, home to 17 and his flock (6)
- 17 Needs no round to be showing below average scores to get a clerical job (6)
- 19 Fool, over a very large port, Paul steered away from (5)
- 21 Motif of the egoist? (5)

QUICK Across

- 1 Teutonic (broadly) (6)
- 4 Twelve divisions of Israelites, from the sons of
- 9 City of New York state, on the shores of Lake Erie
- 10 Novelists Evelyn or Auberon? (5)
- 11 Musical piece accompanying a stage drama or comedy (5)
- 12 Eldest son of Levi (7)
- 13 RC clergy in the mantle of the Dominican order (11)
- 18 Uto-Aztecan American of the Great Plains (7)
- 20 Additional; surplus (5)
- 22 Major river of Pakistan (5)
- 23 Cloth or leather overshoes or leggings (7)
- 24 Formal denial or doubt of any defined doctrine of the RC Church (6)
- 25 Ecuadorean (broadly), for example (6)

QUICK Down

- 1 Town where the Tabernacle was kept and where Solomon worshipped (6)
- 2 Weapon with a long barrel which features spiralling grooves for accuracy (5)
- Language presumed spoken by Christ (7)
- 5 Oarsman or woman (5)



- 6 Prussian general, Britain's ally at Waterloo (7)
- 7 Statue with the body of a lion and the head of a man (6)
- 8 OT book, alternative title in some Bibles being 'Canticles' (4,2,5)
- 14 Lover of the priestess Hero in Greek myth (7)
- 15 Peninsula of south-west Europe (7)
- 16 Local church community (6)
- 17 Beneficed member of the clergy (6)
- 19 Port of Mysia visited by Paul (5)
- 21 Topic: melody (5)

SOLUTION 16 Parish, 17 Parson, 19 Assos, 21 Theme. 7 Sphinx, 8 Song of Songs, 14 Leander, 15 Iberian, Down: 1 Gibeon, 2 Rifle, 3 Aramaic, 5 Rower, 6 Blucher, 22 Indus, 23 Gaiters, 24 Heresy, 25 Andean. Opera, 12 Gershon, 13 Blackfriars, 18 Arapaho, 20 Extra, Across: 1 German, 4 Tribes, 9 Buffalo, 10 Waugh, 11

Through the Cloister Garden Gate - Episode 2 History of Syon Abbey

During my visits to the Sisters I had already heard the amazing story of how this community was the only Monastery to survive continually since before the Reformation. St Bridget was an amazing visionary Swedish woman, 1303-1373, and we shall return to her story in the next article.

Her Monastery of the Order of the Most Holy Saviour was founded in 1370 in Vadstena, a lakeside town in S. Sweden. The marriage of our Princess Philippa to King Eric of Sweden gave rise to the Foundation of the double Order of Syon Abbey by Henry V in 1415, with the Abbess head of the community, first in Twickenham then at Isleworth. The Brothers and Sisters were educated and much respected, the huge church being the biggest in London.

With the disruptive Dissolution of the Monasteries, the Community dispersed in 1539, but with Queen Mary Tudor some returned until their final exile in 1559. Seeking refuge in convents in Flanders, the community survived fire, starvation, and then the pillage of their convent in Mechlin, Belgium in 1576. After some years in Rouen the siege of the city in 1591 set them seeking refuge in Lisbon. Our indomitable Bridgettines lived in the city nearly 300 years, surviving fire and the devastating earthquake in 1755. An attempt by some Sisters to return to England failed and numbers dropped to seven, but finally the community made it back across the Bay of Biscay by ship to the Augustinian Priory at Spettisbury Dorset in 1861.

A quarter century later our enclosed

Sisters moved to Chudleigh where they settled to their daily round of prayer. However this was not to be their final resting place as numbers increased after the Great War and new building encroached on their peace.

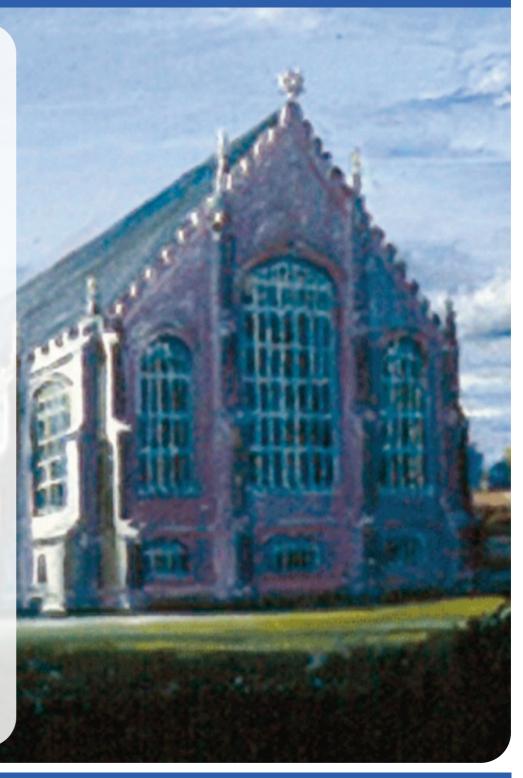
So in 1925, with the help of a benefactress, Syon Abbey moved to the borders of our own parishes of Rattery and South Brent to settle down, working on the fruit and vegetable gardens and on their farm. Canon John Rory Fletcher wrote:-

"May Syon flourish anew at Marley, may there be never wanting English maidens drawn by our Lord to this cloister garden, whereby humble prayer and the labour of love, souls are made beautiful for eternity."

How fortunate we were to have this 'Power house of prayer' on our doorstep.

Visit www.syonbreviary.co.uk for more information





Life as a Sister of the Daughters of the Heart of Jesus in Poole

I am 59 years old, wife, mum, gran, Nurse Auxiliary and a Volunteer member of the Chaplaincy Team in Poole Hospital but I never thought I would become a Novice Sister of the Daughters of the Heart of Jesus: a Religious Institute present in 6 Monasteries around the world with Cloistered Sisters and Sisters Affiliated, like me, present in the daily life in the society.

The Consecrated life with the Affiliation is open to everyone that desires to follow the charism of our Founder: the Blessed Marie Deluil-Martiny who was beatified by Pope John Paul II, the 2nd of October 1989. A formidable French woman, from Marseille, born in 1841 she died the 27th of February 1884 murdered by an anarchic in hatred of the faith; whom she forgave with her last words. Her incorrupt body is kept in the Chapel of the Mother House in Rome.

I made my First Profession before Father Dominic Jacob at the Church of the Sacred. Heart in Bournemouth. I was very pleased when I found that he already knew of the Daughters of the Heart of Jesus, and had been affiliated with the Order since 1984, before he was a priest. After two years of Novitiate, I hope to make my First Profession in the Chapel of the Mother House in Rome.

The Sisters offer and pray particularly to obtain graces of Sanctification for the priesthood and the consecrated life and for every soul in need.

The Institute of the Daughters of the Heart of Jesus is a Eucharistic Order, where the principle aim is the Adoration of the Heart of Jesus in the Holy Sacrament in spirit of reparation and thanksgiving, offering love for love. We offer little sacrifices that the daily life offers us and like little hidden Hosts we unite ourselves in Jesus' Heart becoming one sacrifice with Him to the glory of the Father.

For me the life as a Sister Affiliated is a



Sr. Maria Marina

joyful one, serving with my daily life in the workplace, in the family and the society, been a simple presence of the love that Jesus has towards the sick, the bereaved, the homeless by bringing food and warmth clothes and to souls in distress that need a presence of love, a word of comfort or prayers.



Founder: Mother
Marie de Jesus Deluil Martiny

For further information contact the Monasteries of the Daughters of the Heart of Jesus:

email: fcjroma@qmail.com

www.facebook.com/pg/FigliedelCuorediGe suFCJ/

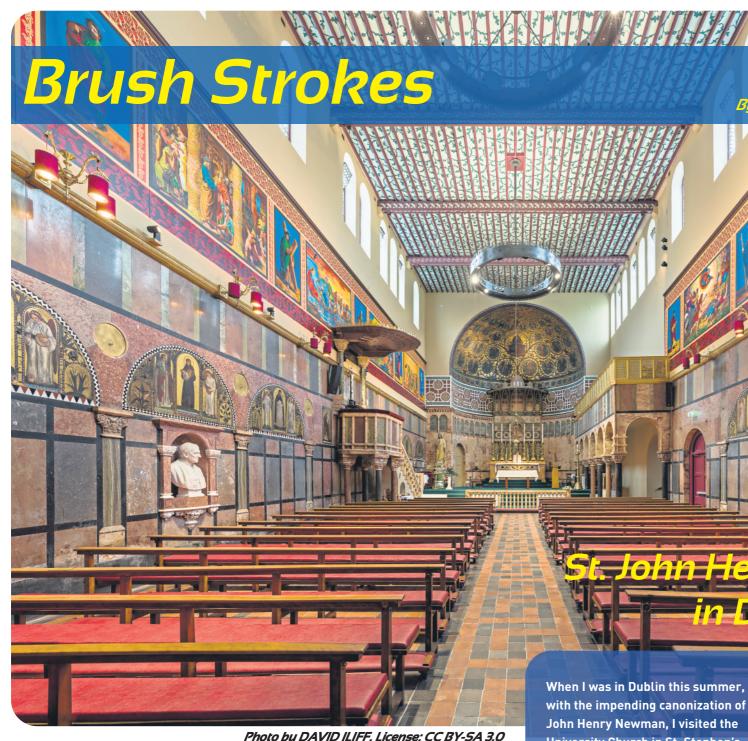
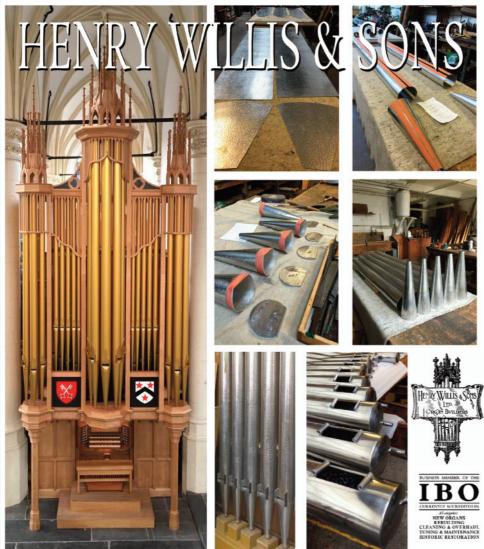


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with the impending canonization of John Henry Newman, I visited the University Church in St. Stephen's Green. I had been to the Chapel several times but with the founder being made a Saint I doubled my interest in the building and its surroundings.

In 1851 Paul Cullen, the Archbishop of Dublin, invited John Henry to be rector of the new Catholic University of Ireland. Both men agreed that the University should have modest beginnings and the main emphasis should be the care of students. They bought three houses and apparently John Henry spent a great deal of his time preparing food for those in his care. He was also aware that the University should have a place of prayer. In 1852 he commissioned John Hungerford Pollen to build a small Church to be built as a barn and they would turn it into a Basilica. The Church was intended not just to be a place of prayer but also where academic ceremonies could take place.

This new building was consecrated on Ascension Day 1856 and a few days later Newman preached his first sermon in the building in which he said, "I wish all individuals to be at once oracles of Philosophy and shrines of de-

The building is of Byzantine Revival because Newman did not care for

Gothic Arhitecture.

By Fr Tom Grufferty

The interior is richly decorated inspired mainly by the Basilica of San Clemente in Rome.

The setting for this beautiful Church could not be better. It is situated in the heart of Dublin and beside St. Stephen's Green which is one of Dublin's most attractive parks. It offers a remarkable haven of peace for the many office workers but also a rest place for tourists and wild ducks. Sometimes the tranquility is enriched by band music from the Grandstand opposite the Church.

The other vivid memory I have of this part of Dublin is as a Seminarian. We often had delicious coffee with Guinness cupcake toppers in "Newman House" instead of lectures on Philosophy, Metaphysics and Theology. Perhaps that is why I never "became an oracle of Philosophy".

O Lord, support us all day long, until the shadows lengthen, and the evening comes, and the busy world is hushed, and the fever of life is over, and our work is done. Then in your mercy, grant us a safe lodging and a holy rest, and peace at last. Amen.

By Dr Jay Kettle-Williams

View from the Pew

definition / defi'nisn/no tion of the meaning of dictionary definition 2 CSW looks at the word "Excommunication"

Middle English, from Late Latin excommunicatus, past participle of excommunicare, from Latin ex- + Late Latin communicare to communicate

When the Christian Church, especially the Roman Catholic Church, excommunicates someone, it refuses to give that person communion and does not allow them to be involved in the Church.

In Latin Catholic canon law, excommunication is a rarely applied censure and thus a "medicinal penalty" intended to invite the person to change behaviour or attitude, repent, and return to full communion. It is not an "expiatory penalty" designed to make satisfaction for the wrong done, much less a "vindictive penalty" designed solely to punish: "excommunication, which is the gravest penalty of all and the most frequent, is always medicinal", and is "not at all vindictive".

Excommunication can be either latae sententiae (automatic, incurred at the moment of committing the offense for which canon law imposes that penalty) or ferendae sententiae (incurred only when imposed by a legitimate superior or declared as the sentence of an ecclesiastical court).

Under current Catholic canon law, excommunicates remain bound by ecclesiastical obligations such as attending Mass, even though they are barred from receiving the Eucharist and from taking an active part in the liturgy (reading, bringing the offerings, etc.). "Excommunicates lose rights, such as the right to the sacraments, but they are still bound to the obligations of the law; their rights are restored when they are reconciled through the remission of the penalty." They are urged to retain a relationship with the Church, as the goal is to encourage them to repent and return to active participation in its life.

I take my hat off to Sony Founder and Chief Advisor, the late Masaru Ibuka, and Sony Founder and Honorary Chairman Akio Morita who were responsible for the Sony Walkman being brought to market some 40 years ago. The Walkman had been designed so that owners could listen to the singing and music of their choice in public without imposing their likes upon the ears of those around them. The corollary of that selfless initiative has been that developments since have given such power to portable music players, be they on the heads of those around us in the Tube or in cars drawing up beside us at the lights, that others' tastes particularly in singing are now blasted into our ears. Such personal systems are now there to isolate their owners from us rather than not to offend our tympana.

When it comes to singing, I am the world's worst. In fact, I can't sing. Were I to attempt to do so, perhaps during Mass, I'd be the sole cause for a dramatic drop in attendance. The congregation, to any priest's dismay, would simply file disrespectfully out. I'd be banned from setting foot ever again on diocesan property. But luckily my wife is a semi-pro at singing. She's been a voluntary cantor at Mass for decades. There's a tale to tell there, I can assure you, albeit a sorry tale yet far too long for this limited column. Anyway, she does my warbling for me. I've always liked listening to singing. These days I seem to be confronted by it at every turn. I assess it in my amateur way simply by whether I find it pleasing on the ear. You'll now understand the depths of my despair and disappointment as so many people try to impress me by playing noise at me or shouting with lack-lustre talent.

So it can't be any reflection on my singing that Mass attendance has been dropping, plummeting in some quarters, despite the influx predominantly over the last decade of people from overseas. And New Evangelisation, if I understand the term correctly, doesn't seem able to reverse or let alone halt that decline in attendance. Something's

Definition of terms is a pet subject of mine. To my mind it's always crucial in all manner of social intercourse to determine what you mean by the words you choose. That way we all know and understand what we are all talking about. You'll think I'm digressing by referring to Spanish mystics like Santa Teresa de Avila. But please bear with me. In her teachings, and in those of other mystics, materials and concepts common to her audience fostered engagement in spreading the Gospel. St Patrick's shamrock would have delighted her.

I don't want you to think I go leaping across the pews after Mass conducting research, but limited conversations with fellow Catholics has shown that there's little grasp of what is meant by 'New Evangelisation'. What is meant by 'new'? What is meant by 'evangelisation'? Or do you prefer 'evangelization'? Wasn't it Humpty Dumpty who said, When I use a word, it means just what I choose it to mean - neither more nor less.' To which Alice then replied, 'The question is whether you can make words mean so many different things.'

The way I see it is that there are two markets, two target groups if you don't like my choice of vocab. The many years I have spent as a communications consultant to business put matters into sharp, clinical focus for suppliers of products or services. Each and every market prompts the need for engagement. So, on the one hand there's the internal, the domestic market, composed from within our Catholic number; then there's the external market composed of those for whom Catholicism and Christianity in general are

The internal market is not easy to identify. It's disparate. Yet it's on our doorstep. But it's very difficult to target, to engage with successfully. Here I'm preaching to the converted by citing the complexities of building and maintaining contact in a community - I daren't say 'client base' - be that at the micro level of family life or with the broader focii of Parish, Deanery, Diocese and beyond. Mutual respect between all, of all ages, of whatever social standing, be they lay or not is absolute key. But respect is not something you can assume or acquire on demand. You earn the client base. With apologies to Joseph de Maistre's 'Toute nation a le gouvernement qu'elle mérite', in business you get the client base you de-

The external market is easier to target. Basically it's everyone else. It's all those who are unaware, not engaged, unmindful of the message. How do you promote awareness? Well, that's where marketing comes in.

To take any 'business' forward (there I go again!), once you have brought your market(s) into focus, you identify the tools to engage with those markets and then develop the competences to use those tools to maximum effect.

But those next steps are not so straightforward. The tools range from the web (sites, webinars ...), mail-outs (e- etc.), press releases, leaflets, newsletters, flyers, brochures, catalogues, presentations, the media, the virtual and online or hard copy, imaging, fonts, colours, formatting, packaging ... The list continues. It looks daunting but it's easy enough to nail down.

Each of the tools in turn then requires someone's competence, someone's acguired touch built on that person's nature to then bring the exercise to maximum effect, maximum penetration of the markets being targeted.

New Evangelisation? In a nutshell: Markets, Tools and Competences ... and not forgetting that help from the Holy Spirit. Simples!

Note: Dr J L Kettle-Williams has worked for many years as a communications consultant to businesses large and small at home and abroad.











I spy with my little eye ... **SOUTHWAY PARISH &** STOVER COUNTRY PARK









Plymouth Diocese Catechetical Summer Camps 2019

The sun shone, most of the time, on the three Summer Camps which took place at Buckfast Abbey during the two-week period at the start of the summer holidays. The three different age-group of camps cater for young people from school years 3 to 13, and the activities were tailored to each particular group.

Each camp leader has given an account of

their own camp experiences. It was clear this year that many people failed to enrol before the all-important deadline. Please book in advance, as it was hard to turn people away at the last minute.

A really big thank you to everyone who helped in any way with supporting the camps, particularly the monastic community at Buckfast abbey who made us very

welcome as usual; Deacon Simon Fletcher for storing and transporting our marquee and materials; the team of tent erectors who built and took down the marque, for the CWL members who helped to make the lunchtime baguettes; to the sisters at Mount St Mary's, Exeter for hospitality for our pre-camp meetings; to Fathers Jonathan Stewart, Jacek Kostuch and Oscar Ardiles for giving their time to support us, and the team of volunteer helpers who support the camps in whatever way.

If you would like to help with the camps in the future, please contact the committee using the contact details in the yearbook.

> Deacon Michael Turnbull Chair, Plymouth Diocese Catechetical Summer Camps Committee

St. Petroc's Camp Report 2019

The team and most of those on this year's camp, are 'new kids' on the block!

All of us starting out on an adventure together ...

A Praise & Worship song "Come Magnify the Lord with Me". spoke to me of the invitation before us. - Come Bless his Holy Name. He does amazing things for me and for you He does the same,

We set about building relationships from the outset, welcoming one another to feel at home and settle to one of three houses that were to accommodate us. It felt important not to fill every space between us, to be scheduled for, but to discover both an individual and collective sense of "Rejoice & Be Glad" - A call to Holiness, in our very being.

Each house had been prepared with a collection of images to offer some personal, pensive reflection or discussion if people wished. These images were situated on wall spaces and in a coffee table wallet to browse, rather than phones as some might want to.

We introduced a St. Petroc's revised mobile phone policy this year, allowing phones as part of a managed journey of trust, building on understanding provided in advance of arriving, to make good 'permitted use' of them as a tool, but not to be inseparable from them. The essential was in our relationship with each other, more than any with the mobile phone.

One of those amazing things to happen was witnessing that it never became necessary to have a conversation about what was 'permitted use', everyone simply valued the people in their presence, respecting to listen to whoever spoke and knowing when it was inappropriate to use a mobile phone. This technology was seldom seen, unless to be used as a tool, to source content for the collective good of

Similarly, it did not prove necessary to consider grouping people with respect to being younger or older, each was simply a young person with other young people. After some initial observation of the dynamics, it was clear to recognise that ev-



eryone was open, seeking to understand the other and willing to ensure all could understand anything we were to share as a group. This level of trust was to prove invaluable as we travelled through the week, as one unified group. There was a beautiful dynamic present, as a community of people whose collective capabilities were greater than the sum of their number, that

We used the Avila house as our base, where the young people came to request if they could join tables together to operate as one. Valuing others, extended into relationships formed during time spent with members of the Senior Camp, with games played together in the park. We certainly experienced a lot of magnifying, of whatwith, to become more.

The week unfolded with a range of outbound journeys to discover a little of the beautiful world around us and within ease of reach. The intention being to encounter what living our discovery of the Pope's Exhortation document, "Gaudete et Exultate" (Rejoice & Be Glad) might look like in practice, as our theme for the week. The team had the services of Fr. Oscar, Sarah, Patrick and myself in shared measure as each made possible what they could offer of their time.

We came to realise that there are benefits of having most of our outbound activities and a level of fun and excitement around



these, as early on as possible into the week. This arrangement helped everyone to settle and build relationships, collect externally natural resources suitable for recycled use and to move away from the more traditional resources used in younger people camp environments as we sought to become more aware that everything we see, do and use can be seen as a path to holiness. This was something that grew and was evident in small gestures, over the course of our time together and was consistent with people expressed attitudes, that mirror a growing awareness of the beatitudes.

We discovered something about what it might mean to lose yourself to find your heart, by watching "Summer in the Forest", a wonderful film, as our Film evening choice. This tells the story of Jean Vanier's life, in relation to the creation of the "L'Arche communities."

As the week advanced, we were then working to a framework, that could be flexible and trusting to be open to considerations from the young people. Each of us discovering first hand what it might mean to discern certain things. This led to us moving forwards with activities that invited a different rhythm, slower pace and an inner journey to discover what it might mean to know "I am with You?" and "Abide in my Love". We established a prayer space, in a separate room that could be

visited at any time of day. Reconciliation and discussion with any of the team was also offered in parallel during the day.

Latterly we had a schedule, inviting people to sign-up for one of several available personal time slots. This was to allow young people to encounter a personal sense of what it meant to be alone, without their friends, their phones, etc. for one of the many 15-minute intervals, available across the span of a single day.

Even more time was available, to be set aside, later that same evening as we had 60 minutes of Adoration together in the Blessed Sacrament Chapel at Buckfast Abbey. This period of time was made easier to rest in, to gaze and be gazed upon, by the opportunity of encountering God and oneself together in the smaller interval of time earlier.

On the concluding day we were challenged to appreciate what Spiritual combat is and the need for vigilance and discernment, that the Devil is more than a myth. We spoke about how to fight or combat the Devil, by being alert and trustful of the powerful weapons given to us to put to use. We concluded with a Prayer and Praise time, giving thanks together, as people waited be reacquainted with families. The play list used, is on You Tube as "Buckfast Camp 2019 - Chris Lee". With thanks to all. Chris Lee / CO St. Petroc's Summer Camp

Senior Camp Report 2019

As Summer Camp nears each year, my main concern, as CO, is always whether we will be able to build the community that both the returning and new campers seek. We look forward to living together in a week of prayer, discussion, discovery, fun, activity and renewal, guided by the Holy Spirit. As I walked around on the first evening and saw the campers busy at their activity, I already knew that my earlier worry was at an end. It already felt we had been there a week!

This year, the camps took as their theme Pope Francis' Apostolic Exhortation 'Gaudete et Exsultate', exploring a different part each day together as a camp, and in groups. As well as daily morning and night prayer, group reflection, and prayer at meal times, campers attended Mass, Reconciliation and some of the prayer times of the Benedictine Community.

These spiritual activities bring us together as a camp, and enable campers to build supportive friendships that last through the year. This year, for me, the most memorable exploration of the theme was sitting in the Tiltyard in Dartington gardens, discussing in small groups Pope Francis' chapter on Signs of Holiness in Today's World.

In addition, of course, we had a lot of fun and many laughs: treasure hunts, good food, swimming in the marvellous Buckfastleigh Pool (highly recommended), fish and chips in the park, badminton, a nerf gun shooting gallery, group games, talks, painting, walks, Quiz Night, Film Night, and to finish, a very well received Murder Mystery Evening. Needless to say, the helpers at the end of the week were absolutely exhausted!

I would like to thank Fr Jonathan Stewart, Deacon Michael Turnbull and the Senior Camp helpers who come from across the diocese and beyond for their unceasing dedication, time and teamwork; and thank the Benedictine community in Buckfast for their unfailing support, their presence and their prayers.

I would also like to thank both the CWL for the time they give both raising funds and on camp preparing our lunches, and the Camps Committee for all the work they do. Finally, I would like to thank the campers themselves, for their openness, readiness, flexibility, and response.

We are always looking for helpers to support the camps in any way in which they



are able, so if you feel inspired reading this, then please get in touch via the details in the Diocesan Year Book, or via our website.

> Fionnuala Quinn CO Senior Summer Camp

Junior Camp Report 2019



Every year, junior camp strives to engage the children of our diocese in a week of faith, praise and prayer through an exciting and interesting theme. This year proved to be one of our most successful as the children explored 'Superheroes of Faith!' inspired by the Holy Father's Apostolic Exhortation, Gaudete et Exsultate, which focuses on the call to holiness in today's world.

Superheroes have been a part of our popular culture for some time now, but by introducing this little twist the children produced art work, drama and much more to share with everybody their perception of what it takes to be a hero of the faith. Activities such as Superhero logo and mask making, Superhero Olympics and a Superhero Funfair were as well received as our catechetical sessions which provided much insight into how the faith powers of people such as prophets, saints and everyday people help and inspire us to live holy and enriched lives. Seeing the chil-



dren harness their own powers - of both the super and the faith variety - was the absolute highlight of our week!

We also went on a little adventure to 'Clip 'n' Climb' in Plymouth where the children were clipping, climbing and soaring with their powers through the maze of climbing walls and equipment.



Our anthem of the week became a song based upon Ephesians 6:10-18, called 'God Suit On'. With whacky dance moves, catchy lyrics and a fantastic bunch of energetic children (and adults!)- this song summed up our week wonderfully and reminded us that we are all called to holiness. We are called to put our God Suit On and be a Hero of Faith!

Children's Section

Reach Catholic Newspaper – Autumn 2017 www.ReachNewspaper.com

larvest Festival

Vhat is a Harvest Festival?

Each Autumn, lots of the food that is grown is ready to be picked or collected. This is called the harvest.

The Harvest Festival is to celebrate the harvest. We celebrate all the food that has been grown in fields, gardens, allotments and plant pots.

It is also a chance to thank God for the food we have and to think about those people who do not have food.

Why do we celebrate it?

Harvest Festivals have been celebrated for thousands of years. For many of us, we feel a long way away from food being grown in a field. We might not live near fields or even if we do - we probably buy a lot of our food from supermarkets.

But supermarkets aren't magic! The food doesn't appear from nowhere. It all relies on crops that are grown and collected at harvest time.

In the past, if it was a bad harvest and there was not enough food - you would have gone hungry, Many people in the world still go hungry because they don't have enough food.



Enough Apples?

If your teacher had enough apples for every person in the class to have one each, how would you feel if some people had 2 and some had half an apple?

Would that be fair???

If we had enough apples for everyone in the world to have I each, some parts of the world would get more than others. Have a look at the map.

Do you think that's fair???



On World Food Day, October 16th, let's remember and pray for those 800 million people who are hungry.

The world produces enough food to feed everyone, yet, about 800 million people suffer from hunger. That is one in nine people.







New Centre Opened for Seafarers



Each day, ships from all over the world arrive in the Port of Southampton. Many of the seafarers have been at sea for months and long for a much needed change of scenery. Now, thanks to Stella Maris, Apostleship of the Sea they have a seafarers' centre to relax in.

Few of us probably give much thought to ports, but around 90% of goods imported into the UK arrive by ship. Southampton handles everything from cars (820,000 a year) and oil to flour and fresh vegetables. It's also the country's busiest cruise terminal, handling 1.7 million passengers annually.

Nowadays ships are usually only in the port for as long as it takes to load or unload them, which can often be a few hours. This means seafarers have little chance to get away for any length of time.

They can now unwind in the Stella Maris Centre, located in the grounds of St Joseph's church, just a short walk from Southampton cruise terminal and the closest seafarers' facility to the port. Here, seafarers can relax over a tea or coffee, use free WiFi to contact their families back home, and chat with friendly port chaplains or ship visitors.

The centre was built with a grant from the Department for Transport and opened in September by Nusrat Ghani, Parliamentary Under-Secretary of State for the Department of Transport.

Many of the seafarers who visit Southampton are likely to come from the Philippines, India, and Eastern Europe. In most cases, they will have been at sea for months and had few opportunities to speak to their families. Some ships don't have internet access and those that do limit it.

Working on a ship can be lonely and lead to feelings of isolation. A crew can be made up of seafarers from half a dozen



countries or more, all having different first languages, which can lead to difficulties in communication

Father John Lavers, Stella Maris Apostleship of the Sea port chaplain in Southampton, believes the centre provides seafarers an opportunity to meet people. "With all of the technology we have at our disposal, face-to-face contact remains the best way to offer the spiritual, pastoral and practical care to seafarers.

"The centre is very easy for seafarers to both find us and visit the church. We are directly on the route taken by many seafarers as they normally make their way to

the local West Quay Shopping Centre.

Father John often bumps into seafarers in the street or near the church. "At times its seafarers asking for directions, or asking if the church is open, or can you hear my confession. A word begins to spread among the faithful in the community and with seafarers we expect that our numbers will increase, but of course this always take a little time."

While seafarers might seem remote from our lives, living as they do an almost nomadic life, sailing across the oceans from one port to another other, they face exactly the same issues as those of us who live on land, said Father John.

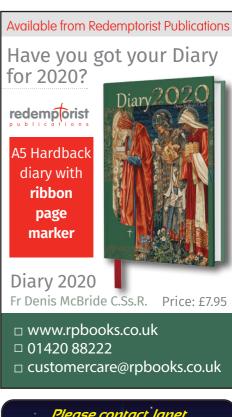
"People are people no matter if they work on land or sea. The problems and difficulties are the same. The most important element is to be present to people especially in their time of need.

www.apostleshipofthesea.org.uk





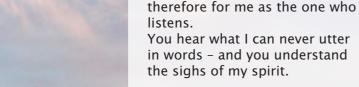








LISTENING IN



Loving Lord, you listen to me at those mo-

you are the one who is always

Loving Lord,

when I'm not in a fit state to listen to myself. You are there with your understanding presence whenever I am a riddle to myself and cannot understand my complicated

and mysterious self.

You are there when the jigsaw of my life

seems to be difficult to solve, or when pieces seem to be missing.

Loving Lord, your first commandment is simply - 'Listen'.

It sounds so simple, but in actual

fact

to listen at a level that is worthy of a human is one of the most difficult things in all the world

Loving Lord,

you invite me to listen to the wonder and wounds of my own selfhood and to the wonder and wounds of those whose lives I'm privi-

leged to reach out to and touch each day.

Loving Lord, you provoke me into deeper ability to listen at levels which I hardly knew were there in me, and those deep and rich depths of my human mystery and history.

Loving Lord, how can I possibly listen to any other human being unless first of all I'm ready, willing and able to be listened to by you, and to listen to you?

Loving Lord, give me a listening heart and

mind, a heart and mind to understand all that you want to share with me.

Let me hear in the deepest depths of self your understanding and your compassion, your acceptance and your love, your forgivingness and your trust.

Loving Lord,

the first person who has to learn to listen is my own self. Loving, ever-present and ever-listening Lord,

give me the courage to become a better listener in depth to all you would whisper into my mind and heart.

Amen.

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QUOTES

It's all about reading and books this month....

66

Until I feared I would lose it, I never loved to read. One does not love breathing

Harper Lee

Think before you speak. Read before you think

Fran Lebowitz

99

66

I find television very educating. Every time somebody turns on the set, I go into the other room and read a book

Groucho Marx

'Classic' – a book which people praise and don't read

Mark Twain

99



Always read something that will make you look good if you die in the middle of it

P.J. O'Rourke

Books serve to show a man that those original thoughts of his aren't very new after all

Abraham Lincoln

99



SACRED SPACE Advent and Christmas 2019-2020 The Irish Jesuits

Messenger Publications, pbk, 108 pages, 2019, £4.50

Readers who are aware of the Sacred Space website will already know the basic format of this daily help to prayer. For those who are fresh to Sacred Space this is a helpful tool and will provide a simple structure for daily prayer from the First Sunday of Advent to the Feast of the Baptism of the Lord. The book begins with a clear explanation of how to get the most

out of this way of praying. Start with settling into the presence of God, then enjoy the feeling of freedom as you consciously take rest and refreshment in the Lord. Then



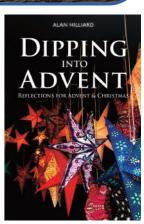
open the scripture for the day, which is printed out in full, enter into a conversation with Jesus, and conclude with the Glory Be. The book also gives a five day mini Advent retreat suggestion, based on the Prologue of St John's gospel, centring on the theme of nearness. This volume is small enough to fit in a pocket or handbag.

DIPPING INTO **ADVENT** Reflections for Advent and Christmas

Alan Hilliard Messenger Publications, pbk, 72 pages, 2019, £8.95

Dipping into Advent does what it says in the title, as did his previous Dipping into Lent. Hilliard touches on a variety of subjects, challenging the reader/prayer with reflections and stories that penetrate the true spirit of the season. His 37 short stories, many of them from his personal experience, are pithy and stimulating. As he says, Advent and Christmas have been

stolen by consumerism, and the drumbeat of the market has drowned out what is meant to be a time of wonder. In his introduction he sets the tone, when he quotes



Pope Francis, who has said that we now live not in an era of change, but in the change of an era. This colourful volume, beautifully printed with full colour and photos, is a timely and helpful source of freshness and challenge.

Both volumes are good value, and will suit any age.

© Denis Blackledge SJ



Swedish Apple Cake

Ingredients: 190g Plain Flour 3tsp Baking powder 100g Golden granulated sugar 1 tsp Vanilla extract 115g Chilled butter 1 Egg, lightly beaten 4 Medium sized eating apples &

Icing sugar to dust

1. Preheat the oven to 200°C (fan 180°C). Butter the bottom and part way up the sides of a 20 cm springform tin. 2. Mix the flour, baking powder, sugar and vanilla extract in a large bowl. Dice the chilled butter and mix it into the dry using two forks – you need to keep it as cold as possible. When the mixture looks like coarse meal add the egg, mixing lightly to incorporate. Knead the dough into a ball. Divide the dough into three parts. Press two parts into the base and part way up the sides of the springform tin, about 1 cm. Roll the remaining dough out (you might need to roll it between parchment paper if it is sticky). Put it on one side whilst you make the filling.

3. Peel, core, and coarsely grate the ap-



ples working quickly so they don't have a chance to go brown. Put the apples into the tin and lightly press them down. Make sure none of the grated apple is touching the side of the tin because you want the top and bottom bits of dough to

4. Gently lay the top crust over the grated apples. Press the crust down around the edges of the tin to stick the top and bottom together. If any tears or holes form in the crust, carefully pinch/stretch them together.

5. Place the tin in the preheated oven and bake until golden, about 20-30 minutes. Watch it carefully because it can overbake quickly. Remove from oven and let cool completely.

6. Dust the top with icing sugar. Serve at room temperature or chilled





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EXETER EX1 20.I Second Sundays of October, November and December. 3pm Sung Mass. *

> St Cyprian's Chapel, Ugbrooke House, **CHUDLEIGH, Devon TQ13 0AD**

No mass October 4th Sundays rest of the year Lanherne Convent, St Mawgan, NEWQUAY, Cornwall TR8 4ER

Sundays at 7.40am - Weekdays at 8.00am Sung Mass Our Lady's, Old Mill Lane, MARNHULL, Dorset DT10 1JX

Thursday 17th October Low Mass at 12 noon Our Lady of Lourdes & St Cecilia, White Cliff Mill Street,

BLANDFORD FORUM DT11 7BN Friday 1st November Low Mass at 12 noon

* NB change from third Sunday to Second Sunday for rest of the year.

Any questions contact Maurice Quinn(LMS Rep, Devon and Dorset) on either: Email: devon@lms.org.ukMob. 07555536579

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Canonisation of John Henry Newman



In a sun-drenched St Peter's Square, and before thousands of pilgrims coming from all over the world, Pope Francis proclaimed five new saints for the Church.

In his homily, he reflected on Saint Luke's Gospel account of Jesus healing the lepers. Theirs was a "journey of faith", said the Pope. There are three steps in this journey, he added, all expressed in the actions of the lepers whom Jesus heals: "They cry out, they walk and they give thanks".

To cry out

The lepers "cry out", said Pope Francis, both because of their disease and because they were excluded. Still, "they did not let themselves be paralyzed because they were shunned by society", he said. "They cried out to God, who excludes no one". Distances are shortened, loneliness is overcome, said the Pope, not by closing in on ourselves, but by crying out to the Lord, who "hears the cry of those who find themselves alone".

We too need to be healed, continued Pope Francis: "healed of our lack of confidence in ourselves, in life, in the future; healed of our fears and the vices that enslave us, of our introversion, our addictions and our attachment to games, money, television, mobile phones, to what other people think".

"The Lord sets our hearts free and heals them if only we ask Him", said Pope Francis. The lepers call on Jesus by name, a name that means: "God saves". To call someone by name is a sign of confidence, he said. "That is how faith grows, through confident, trusting prayer", said the Pope. "Prayer is the door of faith; prayer is medicine for the heart".

To walk

The second stage of faith is "to walk", con-

tinued Pope Francis. There are several verbs of motion in today's Gospel, he noted. "The lepers are not healed as they stand before Jesus", only afterwards as they are walking "uphill" towards Jerusalem. On the journey of life, that is how purification happens, said the Pope. "Faith calls for journey, a 'going out' from ourselves", he said, leaving behind our "comforting certainties" and "safe harbours". Faith increases by giving and by taking risks, added Pope Francis. "Faith advances with humble and practical steps".

The Pope went on to stress how the lepers "move together". The verbs in the Gospel are in the plural, he said. "Faith means walking together, never alone", added Pope Francis. Yet, once healed, nine of the lepers go on their way, and only one turns back to give thanks. "The other nine, where are they?", asks Jesus, as though He expects the one who returned to account for the other nine.

We too are called to care for "those who have stopped walking, those who have lost their way", said the Pope. "We are called to be guardians of our distant brothers and sisters".

To give thanks

Giving thanks. This, said the Pope, is the final step. "Only to the one who thanked Him did Jesus say: 'Your faith has saved you'". The ultimate goal is not health or wellness, said Pope Francis, but the encounter with Jesus. "He alone frees us from evil and heals our hearts", only He "can make life full and beautiful".

"The culmination of the journey of faith is to live a life of continual thanksgiving", affirmed Pope Francis. "To give thanks is not a question of good manners or etiquette, it is a question of faith", he said. "A grateful heart is one that remains young", said the Pope. He reminded us to remember al-





ways to say thank you: "Those words are the simplest and most effective of all", he said.

The new saints

Noting that three of the new saints canonized this Sunday were religious women, the Pope said they show us that "the consecrated life is a journey of love to the existential peripheries". Laywoman, Marguerite Bays, on the other hand, "speaks to us of the power of simple prayer, enduring patience and silent self-aiving".

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