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> JULY 2024



SVP Long Service Award Page 2



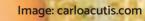
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CONTACTS & DETAILS

Catholic South West is a monthly newspaper for Catholics in the Plymouth, Clifton and Portsmouth Dioceses. It is published by Bellcourt Ltd

AIMS

To build community in the South West by sharing stories relating to Catholic life around the South West. To encourage readers to get more involved in - or start - projects and initiatives in the local area. To provide thought-provoking articles to help readers deepen their Faith.

GET INVOLVED We need your help!

Articles: We need your local articles we can only include what we get. So if you have an article or just a photo with a short description - please send it in. Ideas: We need your ideas for the paper and we need your ideas in the paper. If you have any thoughts on what we should include - or if you are thinking about starting a new initiative - get in touch - we'd love to support it! Readers: If you can encourage other readers in your parish please do so. Advertising: We rely on advertising - if you know of anyone that would benefit from promoting their business, event or anything else to parishioners throughout the South West, do let us know.

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DATES

Catholic South West goes to parishes on the last full weekend of the month. It is printed around the middle of the month - so if you would like to advertise or send in editorial please do it as early as possible.

St Vincent de Paul Society Long Service Award



At the end of Mass on Sunday 19 May, Father Jaromir Wilczak, Parish Priest of St Mary and St George, Totnes, presented a parishioner with the St Vincent de Paul Society Long Service Award. Mike Zollo joined the SVP in September 1976 in Sudbury, Suffolk, where he lived at the time. Moving with his young family to Wombourne in the West Midlands in 1981, he was co-founder of a new SVP Conference there. Then Mike moved to Totnes, Devon, in 1988; he established a new Conference there in1990, and apart from a short spell he has been President of this Conference since then. In 2022. with the agreement and support of the Parish Priest at St Joseph's, Newton

EDITORIAL GUIDELINES

1) Think of the readers: If you are writing about an event, think about the readers that don't know anything about it. Outline what happened, but focus on why people go, why it is important to them, or some teaching that was given. Make sure readers learn something from your Abbot, he recruited four parishioners there, forming the Joint Conference of Totnes and Newton Abbot. Members make regular visits to the elderly in their own homes and in care homes, support needy families, liaise with St Joseph's Primary School, and support the work of the Chaplains at Channings Wood Prison. Like all UK conferences, they also provide financial support to a twinned conference in India.

In his 48 years as a member of SVP, Mike has seen some changes: a year or two before he joined, ladies were admitted as members. In subsequent years, the scope of SVP work was extended to non-

article - they don't just want

what snacks were available!

3) Pictures: Send pictures as

duce them in size or put them

They look fine on the screen

to know who was there and

2) Keep it brief: Make sure

you make your point - but

keep it brief and punchy.

they are - even if they are

very big to email. Don't re-

inside a Word document.

but terrible in the paper!

LEGAL INFORMATION

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Photograph by Anthony Allott

Catholics. From being an almost secretive church group when Mike joined, the SVP has evolved into a well-known agent for helping the needy locally, nationally and internationally. With a reputation both within the Catholic Church and beyond, the SVP aims to implement its principle of 'Turning concern into action', or as Mike puts it: practising 'Practical Christianity'. SVP conferences meet regularly to discuss business, and also to pray together and discuss spiritual matters. Conferences rely on the generosity and prayers of their fellow parishioners. If you are interested in joining SVP, speak to your parish representative if there is one, or take a look at svp.org.uk/

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Flores De Mayo & Santacruzen 2024







The Filipino communities here in Devon and Cornwall celebrated the Flores de Mayo & Santacruzan on May 12, 2024 Sunday in Plymouth Cathedral.

FLORES DE MAYO - a typical, traditional and religious festival of flowers celebrated during the month of May in honour of the Blessed Virgin Mary when young children will offer flowers to our Lady, Mother Mary after the procession and before the Holy Mass. This festival is celebrated throughout the Philippines and has now been replicated in many places all the world where Filipinos reside.

SANTACRUZAN - a legend depicting the searching and finding of the Holy Cross by Queen Helena, mother of Constantine the Great, who as a new convert to Christianity. After the Holy Cross was found in Jerusalem and brought back to Rome, it was welcomed with a joyful celebration of thanksgiving. There will be a procession which will commence from the city centre of Plymouth and where ladies will represent some many biblical personalities.



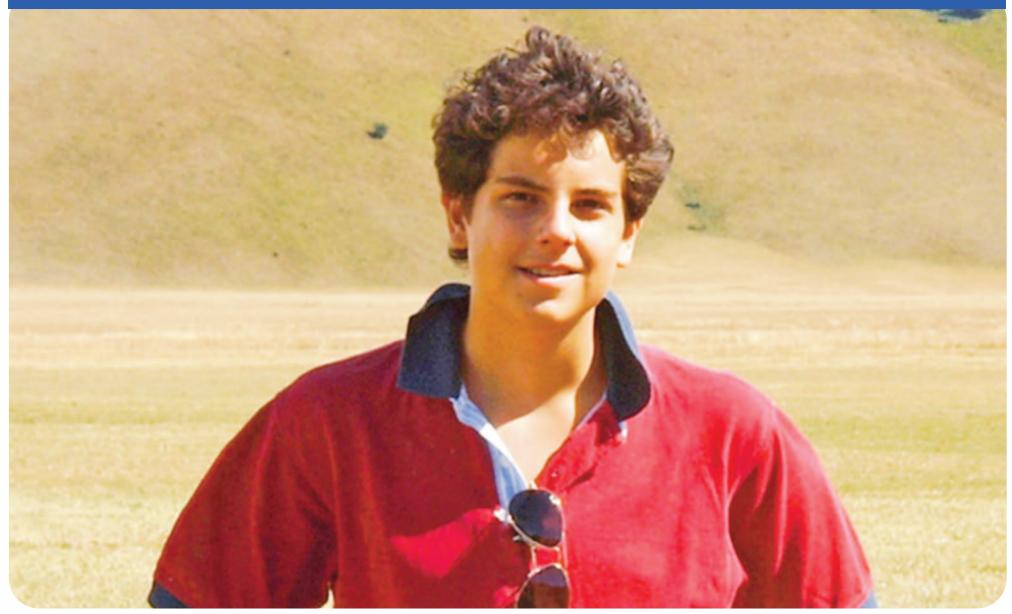






4 July 2024 Catholic South West

Carlo Acutis set to become first millennial saint



Blessed Carlo Acutis is among a group of people who going to be declared Saints. The Vatican announced the news recently, after Cardinal Marcello Semeraro, Prefect of the Dicastery for the Causes of Saints, met with Pope Francis, who approved the promulgation of several decrees related to the causes of canonisation of several men and women.

Carlo was born on 3 May, 1991, in London, England, and died on October 12, 2006, in Monza, Italy, of leukaemia at the age of 15.

Pope Francis beatified Carlo in 2020 in Assisi, where he had had made multiple pilgrimages and where he was buried.

The miracle recognised on Thursday is related to a woman from Costa Rica.

On 8 July 2022, Liliana prayed at Blessed Carlo's tomb in Assisi, leaving a letter describing her plea. Six days earlier, on 2 July, her daughter Valeria had fallen from her bicycle in Florence, where she was attending university.

She had suffered severe head trauma, and required craniotomy surgery and the removal of the right occipital bone to reduce pressure on her brain, with what her doctors said was a very low chance of survival. Liliana's secretary began praying immediately to Blessed Carlo Acutis, and on July 8, Liliana made her pilgrimage to his tomb in Assisi.

That same day, the hospital informed her that Valeria had begun to breath spontaneously. The next day, she began to move and partially regain her speech.

On 18 July, a CAT scan showed that all bleeding had disappeared, and on August 11 Valeria was moved to rehabilitation therapy. She made quick progress, and on September 2 Valeria and Liliana made another pilgrimage to Assisi to thank Blessed Carlo for his intercession.

Cardinal Vincent Nichols commented: "This is the fast-track to sainthood! Carlo Acutis, born in London, baptised in the Church of Our Lady of Dolours, Fulham Road, died at the age of 15 in 2006, computer savvy and sometimes bullied at school, he is now held before the world as an inspiration for all.

"Why?

"He understood the purpose of life. He said that he was not afraid to die because he had not wasted a minute of his life on things that didn't please God. He had a pathway to follow. He said "The Eucharist is the highway to heaven". He lived each day cheerfully, 'always united with Jesus'.

"A joyful, courageous, generous, faithfilled teenager. A saint for our day and everyday. And a Londoner! A star!"

In the decree, Pope Francis announced he will convene a Consistory of Cardinals to deliberate the canonization of Blessed Carlo Acutis, as well as Blessed Giuseppe Allamano, Marie-Léonie Paradis, and Elena Guerra.

The decrees also recognised a miracle attributed to Blessed Giuseppe Allamano (1851-1926), an Italian-born priest who founded the Consolata Missionaries.

The miracle regarded the healing of an indigenous man in Cape Verde named Sorino Yanomami, who was attacked by a jaguar on February 7, 1996, in the Amazonian forest.

Even though his brain was left partially exposed, Sorino survived the ordeal thanks to surgery in Boa Vista and the intercession of Blessed Allamano after several members of his congregation prayed a novena for Sorino.

Pope Francis also recognized a miracle attibuted to the intercession of Venerable

Image: carloacutis.com

Giovanni Merlini (1795-1873), an Italianborn priest of the Missionaries of the Most Precious Blood.

The Pope recognized the martyrdom of a Polish priest - Servant of God Stanislav Kostka Streich (1902-1938)- and a Hungarian-born laywoman - Servant of God Mária Magdolna Bódi (1921-1945) both of whom were killed in hatred of the faith by communists.

The decrees also recognized the heroic virtues of the Servants of God Guglielmo Gattiani (Italian Capuchin priest, 1914-1999), Ismaele Molinero Novillo (Spanish layman, 1917-1938), and Ismaele Molinero Novillo (Italian layman, 1911-1974).

The Pope also approved the "favourable votes of the Ordinary Session of the Cardinals and Bishops for the canonization of Blessed Emanuele Ruiz and 7 Companions, of the Order of Friars Minor, and Francesco, Abdel Mooti, and Raffaele Massabki, Lay Faithful, killed in hatred of the Faith in Damascus (Syria) between July 9 and 10, 1860."

For more information about Carlo Acutis, visit his website at carloacutis-en.org

Scripture Focus

By Fr Jeremy Corley



LEARNING FROM ELIJAH

On 16th July we celebrate the memorial of Our Lady of Mount Carmel, which is a feast dear to the Carmelite order. Carmelites trace their origin to medieval hermits living on Mount Carmel in the Holy Land, following the pattern of the prophet Elijah.

In many ways, Elijah is a surprising prophet, suddenly appearing in the First Book of Kings (17:1). His Hebrew name sums up his ministry, because Eli-yahu means: "My God is Yahweh." Elijah was totally dedicated to the one true God in an age that had turned away to follow false gods.

He lived in the time of King Ahab and Queen Jezebel, who had led the Israelites into the worship of Baal. In Canaanite belief, Baal was regarded as the god of the storm and the bringer of rain. Hence Elijah called a drought on the land to show who was the true God.

After three years of severe drought, the conflict came to a head. On Mount Carmel, a contest was held to see which deity would send rain on the parched land. The 450 prophets of Baal cried out to their god to send rain, but there was no answer.

But when Elijah prayed, all alone, God answered him by sending a sudden thunderstorm. Fire from heaven (lightning) struck the animal being offered for sacrifice, and the people cried out: "Yahweh is God!" And within a short time, there was a huge thunderstorm, marking the end of the drought.

Despite his courageous witness, the stress of the contest took its toll on Eijah, who fled exhausted from the scene. He decided to seek refuge at Mount Horeb (Sinai), where he could be alone with God. On the way, an angel strengthened him with food to sustain him on the long journey there.

Like Moses, Elijah encountered God on Mount Sinai. Moses had experienced God in dramatic signs, including thunder and cloud, fire and trumpet blasts. But when Elijah was on the mountain, God was not present in the mighty wind or earthquake or fire.

It was only in the still small voice, the sound of a gentle breeze, that Elijah encountered

God. There he received new instructions, opening the way forward for him. Rather than carrying the prophetic burden alone, he was told to anoint Elisha as his successor, to continue his work into the future.

Like many biblical prophets, Elijah was an outspoken advocate for justice, speaking out against the abuse of royal power. When a vineyard keeper called Naboth refused to sell his ancestral land, Queen Jezebel had him condemned to death for treason, whereupon King Ahab took over the property.

Elijah quickly protested against such a flagrant injustice and boldly rebuked the king: "Have you killed and also taken possession?" As a punishment Ahab would meet an untimely death and the dogs would lick up his blood.

The end of Elijah's earthly life was very dramatic. His journey with Elisha across the Holy Land led him down to the Jordan Valley. Like Moses parting the waters of the Reed Sea, Elijah divided the waters of the River Jordan and crossed safely over. Instead of Baal being the God of the storm, as the pagans imagined, it was Yahweh who could send stormy weather. A sudden tornado arrived, and Elijah was taken up into heaven in a fiery chariot, while Elisha lamented the loss of his father figure.

Still drawing inspiration from Elijah, the Carmelite tradition today seeks to emulate his life of prayer and dedication to God. In a world where many false gods are being avidly followed, the Carmelites focus on the one true God, Maker of heaven and earth.

Just as Elijah encountered God in the still small voice, we can seek to develop the habit of listening to God in quiet prayer and reflection. This is not easy in our noisy world, where we are often bombarded with messages from TV and social media. But by following Elijah's example, we can be brought to a place of tranquillity and peace, where we may be ready for an encounter with God.









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Is God calling you to

Pope to comedians: Help us to dream of a better world



Pope Francis met with more than 100 comedians from around the world, encouraging them to cheer people up and help people see reality with all its contradictions.

Comedians are among the most wellloved and applauded entertainers. Pope Francis said on Friday 14 June, because they "have and cultivate the gift of making people laugh.'

With so much "gloomy news," in the midst of both public and personal crises, comedians are able to spread "serenity and a smile," and are among the few who can speak "to very different people, of different generations and different cultural backgrounds."

Precisely because "laughter is contagious," it can "break down social barriers and create connections," the Pope said, noting that comedians remind us that "playful fun and laughter are central to human life."

A precious gift

Pope Francis told comedians they are in possession of "a precious gift," that can spread peace "within hearts and between peoples, helping us to overcome difficulties and cope with daily stress."

The Holy Father went on to highlight another "miracle" of comedians, the ability to make people smile even when tackling serious issues. "You denounce the excesses of power, give voice to forgotten situations, highlight abuses, point out inappropriate behaviour... but without spreading alarm and terror, anxiety or fear," he told them. Making God smile

Taking a mystical turn, Pope Francis pointed out that in creation, "Divine

Image: Vatican Media Divisione Foto Wisdom practised your art for the benefit of none other than God Himself, the first spectator in history," with God delighting in the works that he had made.

"Remember this," he told comedians. "When you manage to bring intelligent smiles to the lips of even a single spectator, you also make God smile."

Never 'against' anyone

He emphasized that thinking and speaking with a sense of humour help us understand and get a sense of human nature. Humour, the Pope said, "does not offend, does not humiliate, does not 'nail' people to their faults." Unlike other forms of communication, he argued, humour is "never 'against' anvone, but is always inclusive and proactive, and arouses openness, sympathy, and empathy.

In fact, the Pope said, "we can even laugh at God, just as we play and joke with those we love." But, he said, this must be done without offending the religious feelings of believers, especially the poor."

Dreaming of a better world

Pope Francis concluded his address by blessing those present and their art. "Continue to cheer people up, especially those who find it hardest to look at life with hope," he said. "Help us, with a smile, to see reality with its contradictions, and to dream of a better world!'

By Christopher Wells

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D is for Devil, Dragon, Drama and Dance

The devil is the personification of what numerous cultures and religious traditions consider to be evil. This objectivation extends at times beyond personification into the world of zoomorphism, figuratively giving a person or an inanimate object the characteristics of an animal by way of graphic illustration.

Cue the dragon. Enter St George.

Saint George, also known as George of Lydda, was an early Christian martyr, of Cappadocian Greek origin, and a soldier in the Roman army who has been especially venerated as a military saint since the Crusades (1093-1300) when Christian armies and those of the Muslim empire were at loggerheads. His feast day, Saint George's Day, is traditionally celebrated on 23 April, the date in 303 of his martyrdom under the Roman emperor Diocletian. The oldest known record of Saint George slaying a dragon is found in a Georgian text of the 11th century.

According to legend, the city of Silene in Libya had been terrorised by a large dragon which had infested the waters of a lake. At first, in appeasement of their enemy, the people of Silene fed the dragon with sheep, resorting subsequently to human victims, eventually selecting the King's daughter as the sacrificial maiden. George rides onto the scene (pictured). With a quick cut and thrust of his sword he slays the dragon, itself perhaps symbolic of Diocletian who had been persecuting Christians. Being celibate, George cannot accept the princess's hand then offered to him in marriage.

Saint George becomes the patron of England, a post for which Saint Edmund the Martyr, a ninth century Anglian killed by the Vikings, and Saint Edward the Confessor had competed. However, it was King Edward III (c. 1003 – 5 January 1066),



usually considered the last king of the House of Wessex, who decided on Saint George.

Graphic illustration, as in the image of the dragon, is forged by the combination of visual elements such as colours, lines, shapes, forms and layouts. Our Catholic churches house a host of such in the various teaching aides, statements and aides-mémoire such as we see in the Stations of the Cross, the crucifix, the altar, icons, stained glass, the font, the Pietà and the Sacred Heart among other statues, music, readings and song ... not to mention the very structure and layout of the church. Yet our churches are more than just points of reference. With the celebration of Mass they assume what is tantamount to an enactment – almost like a prelude to the Mystery Plays of yesteryear - a theatrical role involving the participation of the assembled laity under the guidance of the priesthood. Stagecraft and performance are paramount.

In this regard, I'm always amused by the suggestion that the 'The Hokey Cokey' song and dance routine is an established parody of the Catholic priest celebrating Mass. Admittedly numerous variants of the song and its related British folk dance do date back to the 19th century, despite claims about the song being a later invention. Robert Chambers' Popular Rhymes of Scotland from 1842 bears testimony, recording one of the earlier variants.

However, it was not till 2008 that the Anglican cleric, Canon Matthew Damon, Provost of Wakefield Cathedral in West Yorkshire, mischievously came up with the amusing idea – rather tongue in cheek and even perhaps prompted belatedly by Vatican II when the priest in Mass, no longer ad orientem, turned to face the congregation – that the whole routine was a parody, mimicking our traditional Latin Mass which had remained 'virtually unchanged since the third Century', as Saint John Henry Newman pointed out, and as such would have been known to St George.

God, of course, gave us our sense of humour. No doubt Canon Matthew and I would immediately agree that it's a pity not to use it.

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Dr J L Kettle-Williams is an experienced business communications consultant and wordsmith (tutor, writer, translator).

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14th July is Sea Sunday.

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Catholic Walking Pilgrimages in Mental Health Awareness Week 2024



Walking outdoors has proven long-term improvements for emotional and mental health, as well as bringing about a reduced risk of depression and higher levels of happiness and self-esteem.

Coinciding with National Mental Health Awareness Week's 2024 theme of 'Moving More for Mental Health', a new collection of Catholic walking pilgrimages has been launched online, encouraging people of all faiths and none to explore some of the holiest sites in England and Wales.

'Hearts in Search of God' is a three-year project mapping out 22 pilgrimages, with each route starting at one of the 22 Catholic Cathedrals in England and Wales,

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HTA National Garden Gift Vouchers Rising Sun Nurseries, Harrowbarrow, Callington, Cornwall PL17 8JD 01579 351231 Website: www.risingsunnurseries.co.uk before going on to at least one of the local Shrines, with the shortest route being 10 miles.

A website listing the new routes has been launched and can be found at pilgrimways.org.uk, providing walking guides, GPX files, prayers and other resources, including a downloadable 'Pilgrim Passport', and a certificate at the end of your walk.

The project has been organised by retired GP Dr Phil McCarthy, former CEO of Caritas Social Action Network (CSAN), who has so far walked seven of the Ways and intends to finish the rest in the next two years. He said: "I hope the Ways might be useful to Catholic charities for fundraising walks, but you don't have to be formally religious or be walking as a part of a big group to follow these Ways. Walking allows us all to pay attention, to notice small things and to enjoy ordinary places.

I hope the new Pilgrim Ways will be an opportunity for Christians to deepen their faith, but also for people of all faiths and none to experience a pilgrimage in a Catholic context and with the minimum of financial and environmental cost."

The idea was inspired by Pope Francis' words about pilgrims, when he said:

"Whoever they may be...in every person there is a heart in search of God".

Dr McCarthy added: "To go on pilgrimage is to participate in a practice which is ancient and universal. Walking pilgrimages are slow, humble journeys in constant contact with the Earth. They encourage awe at the magnificence of creation."

Dr McCarthy is scheduled to embark on the Portsmouth Diocese Pilgrimage (St Johns Cathedral to the Shrine of St Joseph in Farnborough) in the Summer.

The pilgrimages which provided the models and inspiration for this project are:

St Wilfrid's Way

Diocese of Leeds: Leeds Cathedral to Ripon, via Our Lady of the Crag, Knaresborough.

St Mary's Way

Diocese of Lancaster: Lancaster Cathedral to St Mary's Church & Grotto, Cleator.

Augustine Camino

Diocese of Southwark.

In Arundel & Brighton Diocese there is a longer, two-week annual ecumenical walking pilgrimage Pilgrims Live!

Nationally, there is Pilgrim Cross, formerly Student Cross, a series of routes that lead to Walsingham during Holy Week.



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Parish Safeguarding Reps Conference 2024

We recently held our annual Parish Safeguarding Representatives Conference and training day at Buckfast Abbey. We had 50 of our Parish Safeguarding Representatives attend, who had travelled from across the diocese.

This year we welcomed Angie and Jason who delivered the first part of Reducing the Risk's Domestic Abuse Champions Training, along with our Safeguarding Caseworker Rob. The aim is to be the first diocese to have Domestic Abuse Champions as Parish Safeguarding Representatives.

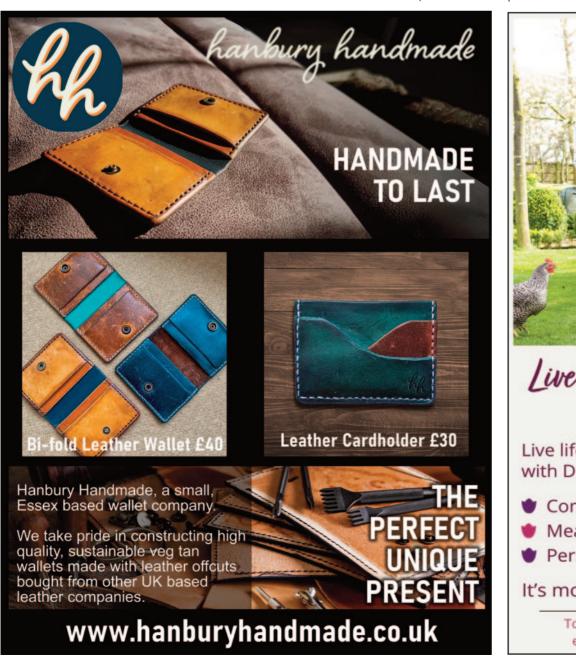
Reducing the Risk is an Oxfordshire based charity who support professionals in Oxfordshire, West Berkshire, Buckinghamshire and Torbay. The charity was set up to increase the safety and wellbeing of adults and children at risk through domestic abuse, to protect those who are vulnerable, to strengthen communities to keep people safe and to get agencies working together to support victims and survivors of abuse. Visit www.reducingtherisk.org.uk for more information.

The day was challenging in parts due to the nature of the topic, but the Parish Safeguarding Representatives in



attendance gave excellent feedback. Many expressed that they wanted to finish the training as they took away vital learning so that they can better support victims and survivors in their parishes. We are very thankful to all of our volunteer Safeguarding Parish Reps across the diocese, who often work 'behind the scenes' to help make our parishes and communities safe places for

all. It can at times be a challenging role, so we are grateful for all of their hard work and dedication to this essential work.





To find out more contact Home Instead on 01395 200600 or email enquiries.eastdevon@homeinsteadexeter.co.uk

Book Reviews

All Generations Will Call Me Blessed

Fr Jim McManus £10.95 Product Code: 1436 ISBN NO:9780852313329 www.rpbooks.co.uk

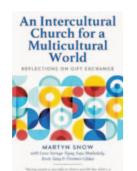
Jim McManus' book will introduce Mary to those who do not vet know her, and deepen the understanding of many who already know and love this woman "full of grace". Beginning from the scriptural portrayal



of the mother of Jesus, the author considers Mary in the history of the Church, in doctrine, and in public and private devotion.

An Intercultral Church for a Multicultural World Martyn Snow £16.99 Product Code: 188006 ISBN NO:9781781404720 www.rpbooks.co.uk

One of the Church of England's central aims is that it should become more diverse. This book is contribution to the debate on how the church nationally and locally might better represent the



cultural diversity of the communities which it is called to serve.

Originating from the experiences of one of the most multicultural dioceses in the country, it offers a series of reflections that will enable readers to consider how they might think and act with greater cultural sensitivity in their contexts.

Central to the book is the theme of gift exchange. All of life is celebrated as gift where we experience diversity, the other, hospitality and God as gifts. It explores the possibilities of intercultural gift exchange in the practices of generous giving, radical transformative receptivity and thanksgiving.

Dancing To My Death Daniel O'Leary £4.95 Product Code: 133141

ISBN NO:9781782183624 www.rpbooks.co.uk

In the summer of 2018 Daniel O'Leary received the news that we all dread – a cancer diagnosis. As a priest, teacher. bestselling author and retreat facilitator, it was a

natural instinct for

Daniel to journal his thoughts and feelings during his cancer journey. Completed just before his death in January 2019, this book is an incredibly raw and courageous account. It pulls no punches in terms of Daniel's struggles to cope with his diagnosis, the challenges of cancer treatment and the emotional rollercoaster of facing his own death.

The book reveals a soul in chaos. It has the extremes of a torn kite in a storm - it sweeps and swoops between hope and despair, throws cartwheels and steadies out, crashes with fear and continues with raw and real courage.

During his final illness Daniel found a great clarity about what is important in life. There is a tough honesty here:an honesty that can only emerge when the circus of religious activities leaves town, and when people are encouraged to really explore what their Christianity means to them.

Our Friend Pope Francis: The Story of Jorge Bergoglio Jeanne Perego

£9.95 Product Code: 135257 ISBN NO:9781860829116 www.rpbooks.co.uk

beautifully Δ illustrated hardback biography telling the story of little Jorge's humble in roots an immigrant family in Argentina, his calling to the priesthood and



ministry in Argentina and his election to the Papacy. His inspiring story is attractively communicated by the places that witnessed the growing up of this remarkable man of faith.



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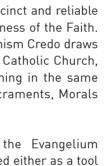
Credo is accurate. reliable and to the point. Drawing on scripture and tradition, and crossreferenced to the Catechism and the Compendium, Credo's 25 chapters introduce 4 areas: Creed, Sacraments, Morals and Prayer.

For anyone looking for a convenient and easy-to-use explanation of the Catholic Faith. Credo offers a succinct and reliable introduction into the fullness of the Faith. Acting as a pocket catechism Credo draws on the Catechism of the Catholic Church, presenting Church teaching in the same fourfold way: Creed, Sacraments, Morals and Prayer.

From the authors of the Evangelium course, Credo can be used either as a tool of evangelisation for those not familiar with the Faith, for RCIA, or as a refresher for Catholics wanting to remind themselves of what they believe. Accompanied by beautiful traditional art, Credo aims to convey a rich experience of the Catholic

> A Simple **Prayer Book** Catholic Truth Society F3 95 CTS Product Code: D665 Please refer to this code when ordering over the phone ISBN: 9781860822599 www.ctsbooks.org

Simple А Book is essential companion prayer Catholic including the Order of Mass, a assortment



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explanations on key elements of the Catholic faith.

Featuring a large selection of Catholic prayers and devotions, A Simple Prayer Book includes everything you need to learn how to pray, from basic prayers such as the Hail Mary, to Morning and Evening Prayers, and prayers for various needs and occasions. Essential Catholic prayers such as the Stations of the Cross and the Divine Mercy Chaplet are also featured.

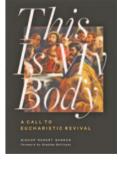
Additionally, A Simple Prayer Book will guide you in the Catholic faith, with explanations on Catholic teaching, as well as instructing how to pray the rosary, how to go to Confession and how to make a visit to the Blessed Sacrament. The Order of Mass is also included, alongside the Act of Spiritual Communion if you can't get to Mass, and prayers for before and after and Communion.

As CTS's bestselling Catholic prayer book, this handy booklet is the essential companion to prayer every Catholic needs.

This is My Body: A Call to Eucharistic Revival **Bishop Robert Barron** £6.95 CTS Product Code: DO969

Please refer to this code when ordering over the phone ISBN: 9781784697716 www.ctsbooks.org

In this brief but illuminating text, Bishop Barron offers a threefold analysis of the Eucharist as sacred meal, sacrifice, and Real Presence.



helping readers to understand the sacrament of Jesus's Body and Blood more thoroughly so that they might fall in love with him more completely.

This indicates a spiritual disaster in the Church, for the Eucharist is "the source and summit of the Christian life." This Is My Body: A Call to Eucharistic Revival is designed to accompany renewal of devotion to Christ truly present in the Eucharist. In this brief but illuminating text, Bishop Barron offers a threefold analysis of the Eucharist as sacred meal, sacrifice, and Real Presence, helping readers to understand the sacrament of Jesus's Body and Blood more thoroughly so that they might fall in love with him more completely.



Our Lady and St Neot, Liskeard prepares for Pentecost

"Come Holy Spirit, fill the hearts of your faithful with the fire of your love".

Living life in the power of the Holy Spirit is at the very heart and essence of the Christian vocation. As we open our lives to this power, we will begin to manifest the fruits and gifts of the Spirit.

Pope Francis recently introduced this new feast day – the Blessed Virgin Mary, Mother of the Church - which is celebrated on the Monday after the feast of Pentecost.

Mary was present at the key moments in Jesus' life: his birth, during his ministry, at the foot of the cross and in the Upper Room on the day of Pentecost. She is both the model disciple and also teacher of how to treasure, ponder and pray on the mystery of Christ. Mary was present in the Upper Room and right at the very heart of the Church's beginning. She remains at the heart of the Church and just as John took Mary into his home, so we must too. Mary teaches us to speak little, listen a lot and cherish the word of God in our hearts.

The Holy Spirit leads us to nurture a Marian piety; through saying the Rosary especially but also by studying the Scriptures that refer to Mary. She is always close to us, not just at the hour of our death but every moment, and we turn to her intercession and rejoice in her witness and example of faith.

"Mother, help our faith! Sow in our faith the joy of the Risen One. And may this light of faith always increase in us". **Pope Francis, Lumen Fidei**

This is very much at the heart of our Evangelisation in Liskeard. At our Exposition on Thursday 16th of May instead of the Divine Mercy Litany in honour of Mary we said The Rosary and Fatima prayer, for the intentions of a family new to our parish in Liskeard. In April the Bethany group made flames for our Pentecost display in front of the altar, Our Lady altar and windows.





In May the Bethany group's monthly theme was caring for our planet and restoration of nature as part of the Diocese Laudato Si week. We talked about and discussed how small actions can make a huge change. We also make pompoms to add to the Mossy Carpet mass participation artwork which was on display at the Cathedral of St Mary and St Boniface before moving on to other locations. Liskeard's contribution was a peace dove carrying an olive branch in its beak.

The Mossy Carpet is a moss-inspired artwork that celebrates everyone's steps towards a better world. Moss was the first plant to venture out of the sea and onto the barren land. Over millions of years, mosses have trapped energy and buried carbon deep beneath the surface, transforming our planet into a place where life could thrive. Each tiny moss reveals skills for using energy well and successful living. Persistence, resilience, simplicity, and adaptability. From mosses we gain hope as they return carbon to the earth. There is so much to learn from nature. Through a small moss plant, we are told tiny actions make a big difference. When we work together, we can bring abundance back to abandoned places.

Carbon looms large, it is the giant of our times. On our own, we can feel powerless, but when we work together, we can bury the giant. This artwork gives inspiration, comfort and hope. Creative activities help us to slow down, have better conversations, imagine new things, have fun and feel more connected.

"God who gives us breath; We pray for the world we live in: that God may open our eyes to recognise the goodness of all creation and help us to do what we can to restore and care for the wonderful gift that we have been given. May he open our ears to hear his still small voice urging us to make good choices for this world. Amen" (CAFOD)

Article & Photos by Rosemarie de Boyer



Pope Francis Proclaims Jubilee 2025 'May the Jubilee be a time to rediscover, proclaim, build hope!'

At a ceremony in St Peter's Basilica on Ascension Thursday, Pope Francis solemnly proclaimed the upcoming Jubilee Year 2025.

As Vatican News reports "Hope" is the overarching theme of the upcoming Ordinary Jubilee of 2025, a theme reflected in the opening words of the Bull of Indiction, entitled "Spes non confundit. Hope does not disappoint."

The Pope announced that the Jubilee year will begin with 'the opening of The Holy Door of the Archbasilica of St John Lateran, the Cathedral of Rome.' He declared that all Cathedrals throughout the world, including our own in Plymouth, should celebrate Mass on Dec 29th 2024 as the solemn opening of the jubilee in their communities. He has encouraged dioceses to organise pilgrimages to their cathedrals for the occasion.

You can learn more about the jubilee at the official website www.iubilaeum2025.va/en.html



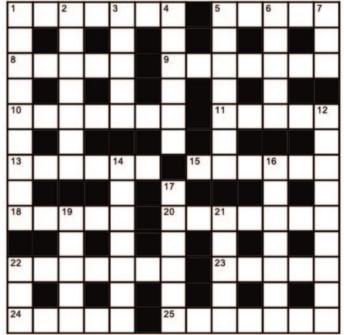
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You can use both sets of clues to solve the puzzle: the solutions are the same.

CRYPTIC Across

- Samuel's crafty man, cursed sailor almost catches fish 1 (7)
- When in Paris I discover Ecclesiasticus' Ben Sira (5) 5
- 8 Paul's detailed letter describing the Empire (5)
- 'Papae Sixti nisi est' is translated in chapel (7)
- 10 Move against female martyr (7)
- 11 One of two helping David find themselves amongst rabbit tails (5)
- American girl's written first 18 for the 8 Church (6) 13
- Abram's Amorite ally, Chloe's opposite (6) 15
- Microphone, small American contribution to St Cecilia's 18 art (5)
- 20 Abram's servant high priest announced 'easy', being first to Rebekah (7)
- Girl, old golfing type, attends Baptist chapels (7) 22
- Savings account he's almost sacrificed (5) 23 24
- Chaplain of Artillery's name is forgotten (5) 25 Morning, is he wrong in thinking there are no Gods? (7)
- **CRYPTIC Down**
- Parry's hymn from John's first letter includes line in 1
- dubious measure (9) 2 Some Old Testament volumes (7)
- Had Ulster divided, all over Jacob's daughter (5) Vehicle to get to old Number One: was it Ave Maria for 4 him? (6)
- 5 Society of 5 business types follow the first person in speaking French (7)
- Being second in the East End isn't one of the blessed dead (5)
- View bishop's domain (3)
- 12 Sick with icy rum, plying, 8s said, this part Aegean coast (9)
- 14 One relative, the first maybe to describe lepers in the Bible (7)

- Old footballer swapping cap? It's over for one 16 writing 18 for the 8 Church (7) 17
- Biblical country, to scupper Siamese, partly invaded (6)
- Angel is originally sadistic, and threatening and 19 nastv (5)
- One quiet small US state imbibed whiskey (5) 21 22 Tooting, when passing over an abbey in France? (3) **QUICK Across**
- Friend of Amnon, 'a very shrewd man' (7) 1 Another name for Elymas: Bar ----- (5)
- Empire which ruled Palestine and Asia Minor in 8 NT times (5)
- 9 Chapel of the Vatican whose ceiling was famously painted by Michelangelo (7)
- 10 First Christian martyr (7)
- 11 Leader of the Gittites (5)
- Orlande de -----, with Palestrina and Victoria, 13 the three giants of late medieval Church 18 (6)
- 15 Vale where the Israelites cut a cluster of grapes as proof of the Promised Land's bounty (6)
- 18 Integral aspect of many church services (5)
- Son of Moses and Zipporah (7) 20
- 22 Name applied for a group of 19th century nonconformist chapels (7) 23
- The second patriarch; son of Abraham and Sarah (5)
- 24 Priest who is a member of a cathedral chapter (5) 25 Lack of belief in the existence of God or gods (7)
- **QUICK Down**
- Holy city for Jews and Christians and Muslims (9) 1
- 2 Fourth book of the Pentateuch (7)
- Daughter of Leah and Jacob (5) 4 Ferruccio -----, one 3 of many to have composed a version of Ave Maria (1877) [6]



- 5 Followers of Ignatius of Loyola (7)
- Holy person deemed worthy of canonization (5)
- Bishopric (3) 12 8 province from 27 AD, covering much of the eastern Adriatic and Balkan interior (9)
- 14 Having a physical or moral blemish so as to make
- impure (7) 16
- ---, important early 17th century composer Maurizio --and maestro di cappella at Bologna (7)
- 17 OT empire created by Cyrus the Great and destroyed by Alexander the Great (6)
 - Adversary of God; tempter of mankind; master of Hell (5) 19
- Scots Gaelic (5) 21
- Influential Benedictine abbey of Normandy at the time of 22 the Conqueror (3)

SOLUTION

22 Bethels, 23 Isaac, 24 Canon, 25 Atheism.
Down: 1 Jerusalem, 2 Numbers, 3 Dinah, 4 Busoni, 5 Jesuits, 6 Saint, 7 See, 12 Illyricum, 14 Unclean, 16 Cazzati, 17 Persia, 19 Satan, 21 Irish, 22 Bec. 11 Ittai, 13 Lassus, 15 Eshcol, 18 Music, 20 Eliezer,

Across: 1 Jonadab, 5 Jesus, 8 Roman, 9 Sistine, 10 Stephen,