

**HCPT Easter Pilgrimage**

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**Walking for Refugees**

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# Parishes for Peace

## THINKING OF YOU – PRAYING FOR YOU – WE LOVE YOU

**These are the messages Della Shenton (St Mary church) took with her in over 1,000 Christmas cards when she flew out to Jordan on behalf of 'Parishes for Peace'.**

The cards were from Religious (CJs and Franciscans) and from parishes in Cornwall, Devon, London, Somerset, Worcester, Surrey, Lancashire and Cumbria together with 220 wrapped and labelled presents for 56 Iraqi Christian refugee families being cared for by three parishes in Jordan.

"It was a drop in the ocean of this terrible religious persecution," said Della, "but it was a beginning, to be in direct communication – which is what Parishes for Peace is all about. Their joy was nothing compared with ours at the opportunity to give and to share", she added, speaking of the experience of the ten days meeting, listening, laughing and learning from these brave Christians who left everything rather than deny their faith.



The plight of these 7,000 or so who came to the Church for help is hardly mentioned in the media. They are families with young children, teenagers and grandparents.

All are registered UNHCR refugees, in transit for an indeterminate period, waiting in uncertainty for visas for Australia, Canada, America or Britain. To date they

have been waiting for 18 months. They are doctors, engineers, teachers, businessmen, skilled craftsmen – an asset in any community - but as refugees not allowed to work in Jordan. They are therefore entirely dependent on donations and handouts from the major charities to pay for rent, food, water and heating. There is nothing like enough funding, and this is where parishes in the UK can step in and plug the gaps by directly befriending families known to be in need.

Parishes for Peace is set up to support the refugees by linking parish families in the UK with Iraqi Christian families (1,300 of them) in Amman, developing a relationship, preserving dignity and helping to relieve the isolation. Working with the parish priests alongside the major charities, Parishes for Peace will provide food vouchers, money for mid-morning lunch and transport for the children, English lessons for the adults, and much-needed "outings" as highlights to look forward to.

"Whilst there, all the families living in porta cabins on parish car-parks were finally moved into flats in Amman with help from the Vatican, with Caritas paying most rents. They were without furniture but at least were dry; hungry and cold, but safe. Parishioners, priests and foreign donations from charities like ours helped with money for food, heat and essential furniture.

Parishes for Peace broke a funding deadlock for two desperate young families with a donation that enabled them to move. Their smiles in the photograph tell all.



Even with so little, they always invited us to eat with them.



We will go again to Jordan on 24 February en route for a pilgrimage to the biblical sites – and this time for a day trip out with their priests to the Baptism site of Jesus at the Jordan River, followed by lunch,

which has been sponsored by Weybridge parish. "It will be a great day to remember – and I hope the first of many" added Della.

**If you would like to know more about Parishes for Peace, or for a presentation for your parish, school or parish group, please contact:**

**Della Shenton by Email:**  
**admin@parishesforpeace.com**  
**Tel: 01803 314868 or**  
**Mob: 07808 957604**

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## EDITORIAL

Editor: Felicity Stead  
07906 234 210  
01803 326929  
felicitystead@btinternet.com

Your letters, articles and photos are most welcome. Ideally please send by email, otherwise by CD or paper copies to the editor,  
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REGIONAL  
MANAGEMENT

## Deanery Contacts

Cornwall Deanery  
Rev Adrian Dyer, 01209 213698  
adrian153@Live.com  
Dorset Deanery  
Bridport: Pat McEvoy, 01308 424358  
pat.mcevoy@bluebottle.com  
Poole: Brian Condon, 01202 687392  
brian.condon@uwclub.net  
Weymouth: Esmée Nicholls  
01305 834098  
Exeter Deanery  
Exeter: Frances Canning,  
01392 209542  
francesandedward@blueyonder.co.uk  
Plymouth Deanery  
Monica Evans, 01752 663388  
monrobin@Hotmail.co.uk  
Torbay Deanery  
Richard Stead, 07952 670292  
rfv.stead@btinternet.com

## Editorial Panel

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First day of the month

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## Diocesan News

## Apostleship of the Sea (Aos)

Port chaplain prays  
with Muslim seafarer

The Catholic seafarers' charity Apostleship of the Sea (AoS) supports seafarers regardless of their religion or beliefs. John Pinhay, AoS port chaplain in Fowey, went on board a ship called the Skagenbank over the Christmas period to visit its crew and give out presents.

The crew members were very busy but John was welcomed by the ship's chief engineer who in turn introduced John to Radjo Muhammad, the cook. Radjo received the Christmas gifts on the crews' behalf, and he and John got talking about a multitude of topics.

After a long conversation and a coffee, Radjo mentioned to John that he was a practicing Muslim who respects all believers in God; as John was about to leave he asked Radjo if he wanted to join in a prayer and this the seafarer readily did. They offered prayers for the safe passage of the crew and eventual safe return home to family and friends.

John said: "It was a very memorable experience and a good opportunity to live out Pope Francis' call to engage in meaningful dialogue and friendship with our brethren of other faiths."

Due to the nature of their work, seafarers can spend up to nine months away at sea, separated from their family and loved ones and sometimes working in harsh conditions. In the Plymouth Diocese, AoS' chaplains and ship visitors provide spiritual, pastoral and welfare support to seafarers who arrive at ports in the South West. This includes organising Mass and prayers on board ships as well as helping seafarers contact their families back home.

Please remember in your prayers the AoS Chaplains in our Diocese and those to whom they minister: John Pinhay (Falmouth and Fowey), Ann Donnelly (Plymouth and Teignmouth) and Rev Roger Stone (Weymouth and Portland).

More information about the work of AoS can be found at [www.apostleshipofthesea.org.uk](http://www.apostleshipofthesea.org.uk)

**The Latin Mass Society**  
[www.lms.org.uk](http://www.lms.org.uk) 020 7404 7284

**Regular Masses in the  
Extraordinary Form in  
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Blessed Sacrament, Fore Street, Heavitree,  
Exeter EX1 2QJ  
3rd Sundays at 3.00pm

St Cyprian's Chapel, Ugbrooke House,  
Chudleigh TQ13 0AD  
4th Sundays at 3.00pm

Exeter University Catholic Chaplaincy  
Fridays (term time) at 7.30pm

Lanherne Convent, St Mawgan,  
Newquay TR8 4ER  
Sundays and Holydays at 10.00am  
Mondays to Saturdays inclusive at 7.30am

## Diocesan News



Every Easter HCPT organise a Pilgrimage Holiday to Lourdes for Children with a wide variety of special needs. The children, from all parts of the UK and many other countries, are supported by voluntary carers and helpers during what is possibly the largest Pilgrimage of its kind to visit Lourdes.

Each year a different Region or Country host the major ceremonies during the week including the Marian Torchlight Procession and the Trust Mass. HCPT Westcountry Region has been chosen to host the 2017 Easter Pilgrimage when they hope that Bishop Mark will join them to celebrate Mass.

Christopher Woodman, Chairman of HCPT Westcountry Region, said: "preparations have already begun and one of our first tasks is to bring together a group of young musicians and singers to support the liturgies that enrich the pilgrimage and, importantly, to serve as additional helpers supporting the five HCPT Groups of our Region. One young helper said of their week with Group 706 that Lourdes was a life changing experience in so many ways and that they can't wait for the next time.

If you would like to be part of the Lourdes experience at Easter 2017 please contact me via  
westcountry@hcpt.org.uk or group706@hcpt.org.uk

### HCPT Pilgrimages 2016

**Saturday 26th March to Saturday 2nd April:**  
**Easter Children's Pilgrimage to Lourdes**

For more information please contact Christopher Woodman  
email: westcountry@hcpt.org.uk

**Thursday 19th to Friday 27th May:**

**HCPT Group 507 Joint Services Military Pilgrimage to Lourdes**  
are now taking enquires from veterans with disabilities to join them for next year's pilgrimage. We also welcome enquires for volunteer helpers of which the veterans wouldn't be able to travel. If you would like to join us as a pilgrim or a helper please contact Richard Tipping for more information  
Tel: 01752 787697 e-mail: richard.tipping@blueyonder.co.uk.

**Friday 16th to Friday 23rd September:**

**Group 539 Pilgrimage to Lourdes, staying at Hosanna House.**  
Group Leader Elizabeth Bettsworth. For more information please contact Christopher Woodman email: westcountry@hcpt.org.uk

**CAFOD, the Catholic Agency for Overseas Development, is part of Caritas International, a worldwide network of Catholic relief and development agencies.**



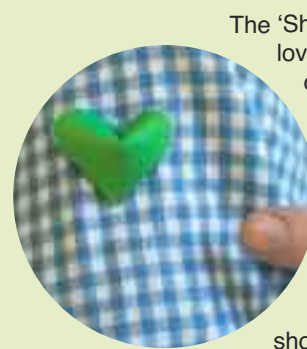
**CAFOD volunteers in the Torbay Deanery 'Show the Love' by making green heart's to raise awareness of climate change.**

Supporters of Catholic aid agency CAFOD from Torbay Deanery collaborated to raise awareness of the 'show the love' campaign by making and wearing their own green hearts. On the 23rd January, Catholics from across Torbay Deanery met for a green hearts making workshop, joining in a national campaign to show their love for creation and stand in solidarity with Catholics across the UK in a campaign



to raise awareness of the effects of climate change. By making and wearing the hearts, they were able to spread the word and raise the awareness of the campaign.

Simon Giarchi from CAFOD Plymouth said: "It was such great fun and inspirational to take action alongside fantastic volunteers from the Devon area. By making these green hearts we are showing our love for creation."



The 'Show the love' campaign has seen members of the public and public figures show their love for the

environment, raise awareness around climate change and most importantly – do something fun.

The 'Show the love' initiative is being run by The Climate Coalition, a group of more than 100 organisations ranging from charities such as CAFOD to groups such as the Women's Institute. Everyone can get involved through making your own hearts, wearing it and sharing pictures on social media at #showthelove and @CAFOD.

Famous designers including Wayne Hemmingsway and Maria Grachvogel will be making hearts for celebrities such as Dame Kelly Holmes and Jessie J to wear, while the National Trust will be holding art installations in their properties across England and Wales, including a giant heart sand sculpture on a build in Cumbria built by local people affected by flooding.

The campaign also features a short film called I wish for you... starring Jeremy Irons and Maxine Peake, which tells the story of a poignant letter written by a grandfather to his granddaughter about the earth he loves and the life he wants to protect for her. To find out more, visit [www.cafod.org.uk/showthelove](http://www.cafod.org.uk/showthelove)

### Lent – a season of transformation

By the time you read this edition of CSW you will be mid-way through your Lenten journey of reflection, prayer, almsgiving and renewal. If you need a little inspiration at the 'half-way stage' then CAFOD has some wonderful ideas you can use to make the most of the last few weeks of the season and fundraise for CAFOD:

•**Walk for water** our sisters and brothers living in poverty often have to walk miles to collect water.



Walk an extra mile a week, or even every day, and don't forget to get sponsored! Be inspired by the achievements of 50 students from 6 schools in Leeds who, during

Lent 2015, walked from Granary Wharf to Kirkstall Abbey, carrying water and equipment as part of a practice emergency drill, and learning about how CAFOD helps people to reduce the impact of disasters such as cyclones and typhoons.

•**Soup lunches** are a lovely way to spend time with your friends, while raising money and showing you care about people living in poverty. Find out if churches near you are holding simple 'soup lunches' and donate the money you would have spent eating a more substantial meal to CAFOD.

•**Take some time to reflect** and find inspiration, reflections and prayers from CAFOD's Lent Calendar available at [www.cafod.org.uk/Pary?Lent-calendar](http://www.cafod.org.uk/Pary?Lent-calendar)

#### Doubling your efforts

CAFOD is pleased to announce that, once again, the UK Government will be doubling donations to its Lent Appeal - so any fundraising you do will have twice the impact in making things better for people living in poverty. Donations will be matched between 10 February and 9 May, up to the value of £3.5 million.

If you're not already a CAFOD supporter and would like to be involved please contact:

Simon Giarchi,  
CAFOD Plymouth Diocese Community Participation Officer  
**Tel:** 01364 645440  
**email:** [plymouth@cafod.org.uk](mailto:plymouth@cafod.org.uk)  
**website:** [www.cafodplymouth.org.uk](http://www.cafodplymouth.org.uk)

## Diocesan News

### Important news update from the Diocesan Website



The Film 'Spotlight' the true story of how the Boston Globe uncovered the massive scandal of child abuse and the cover-up within the Catholic Archdiocese of Boston. A spokesman for the Bishops' Conference of England and Wales said: "The film Spotlight shows how victims of abuse were failed in Boston, USA. The Church deeply regrets all instances of sexual abuse and accepts that grave mistakes

were made in the past. Victims must come first. In this country, following two independent inquiries, there is no place to hide for those who commit these horrific crimes. All allegations of abuse reported to the Church in England and Wales are immediately passed on to the police and the statutory services of the local authority. The Church in this country works closely and cooperatively with the statutory


authorities as these allegations are investigated. Following this investigation, which follows UK law, the Church in England and Wales conducts its own internal investigation, following Canon law."

For more information about Safeguarding and the Catholic Church in England and Wales visit


[www.plymouthrcdiocese.org.uk/safeguarding](http://www.plymouthrcdiocese.org.uk/safeguarding)



# PLYMOUTH DIOCESAN YOUTH, LOURDES 2016

Part of the Diocesan Pilgrimage



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Every year a number of young people from across the Diocese join the Annual Diocesan Pilgrimage to Lourdes and, whilst undertaking their own pilgrimage, offer support to other pilgrims from across our diocese. This support takes many forms including helping less able pilgrims, some of whom are wheelchair users or just in need of a helping hand, to get to and from the Grotto and the other pilgrimage events that take place in the Domain and around the town of Lourdes itself. The Torchlight Processions every evening are very special occasions in everyone's pilgrimage journey. Support can also be befriending fellow pilgrims – sharing a kind word, a smile or a coffee. The young people also help organise and lead some of the liturgies that take place and, throughout the pilgrimage, are themselves supported by Fr Anthony O'Gorman together with Youth Leaders Jacqueline Mantello and Caroline Roelich.

A highlight of the Youth Pilgrimage is a day-trip to the Pyrenean resort of Gavarnie, high in the mountains, traveling through the magnificent scenery that the area offers. Travelling by luxury coach also gives the young people an opportunity to get to know each other and establish new and long lasting friendships.

If you would like to join this year's Youth Pilgrimage (cost £435pp fully inclusive) and make 2016 a 'special year' for you and for the people you will encounter please contact Jacqueline Mantello tel: 01803 328916 email: [jmantello@btinternet.com](mailto:jmantello@btinternet.com) for more information.

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## Diocesan News

### World Youth Day 2016

**Saturday Feb 6th certainly gave all our pilgrims a taste of travelling under difficult conditions.** It was windswept and very rainy in Exeter as they gathered from Bristol, Swindon, Gloucester, Poole, Torquay, Plymouth and the far flung parishes of Cornwall. We hope for much better weather in Poland! As you can see from our group selfie with Bishop Mark our spirits are high and there is a real sense of excitement about the pilgrimage ahead.

We gathered this time as the combined Dioceses of Clifton and Plymouth to meet in small groups so that pilgrims could get to know their leaders, explore the theme of Mercy and celebrate Mass with Bishop Mark at the end of the day.

Currently our group stands at nearly 90 pilgrims of whom approximately 30 are under 18. We have a fairly even balance of the genders and a good spread of pilgrims from across our Plymouth Diocese.

I want to thank the parishes who have really gone out of their way to support us with prayers and fundraising. We have also received some generous donations from individuals who have sponsored pilgrims and this has made a real difference to our numbers. I am very grateful also to the Les Filles de la Croix sisters at Stoodley



and Falmouth and also to Buckfast Abbey for their generosity in supporting pilgrims. The 16 -25 age range comes at a very difficult time financially for many young people which is why we have appealed for help.

I am still campaigning to raise funds over and above covering pilgrim basic costs as we want to be able to visit one or two places in Poland while we are there. This includes Wadowice, the birth place of St John Paul 11 and Auschwitz.

We meet again on Saturday May 7th for our final joint event at which Bishop Mark and Bishop Declan will commission us as pilgrims.

For now, we have started on our journey, have adopted Lenten resolutions which reflect the corporal and spiritual acts of mercy and have our eyes firmly set on Kraków 2016.

**Fiona Hutchings**

**World Youth Day, Plymouth Diocese**



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# Cornwall Deanery

## Parish of St Cuthbert Mayne, Launceston

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### The Catholic Faith as I see it – a personal reflection

- Jesus says: “Follow me.”
- God our Father is loving and merciful. He created us out of love so that we could be His sons and daughters, for true love is always shared.
- When men and women, tempted by Satan, rejected the love of their Heavenly Father, He gave us Jesus: Son of God and Son of Mary, true God and true man, one of us, to save us from ourselves and Satan, and bring us back to our Father.
- Jesus is the light of the world. During his life on earth He founded the Catholic Church, His visible presence on earth, to unite us all and get us to heaven.
- In His mercy God raised to life Jesus, who was put to death on a Cross out of hatred for His love. The risen Jesus lives in His Holy Spirit. This Holy Spirit comes to us in Baptism completed in Confirmation: in the teachings of the Apostles and their successors the Popes and Bishops: in the Bible, the Word of the Lord: in the sacraments and prayer life of the Church, especially the Sacrifice of the Mass: and in the help of Mary our Mother, the Angels and Saints.
- Jesus through his Church has shown us how to share the love, joy and peace of His Good News, how to be His light in the world by our kindly thoughts, words and deeds, how to reject sin and evil and build the Kingdom of God on earth as it is in heaven. “Love one another as I have loved you”.
- If we follow Jesus as best we can, He has promised us that we will be happy with Him in the eternal now of the wedding banquet of heaven. Our basic beliefs can be summed up in three words: “Jesus is Lord”.

Fr David Annear  
Epiphany 2016

## Cornwall Catholic Choir

In the 2015 March edition of CSW an article was published in celebration of the first anniversary of the formation of the Cornwall Catholic Choir. For this year’s March edition Janet Regan tells us about the choir’s activities during Advent: “in December we were asked to represent the ‘Bodmin Churches Together’ and give a concert during the Festival of Christmas Trees, at St Petroc’s Church of England, Bodmin.

The concert was called ‘Cornwall Heritage Carols’ and the choir sang traditional Cornish carols with music composed by Thomas Merritt, whose life ended at the age of 46 in 1908. Thomas was a very musically talented son of a Cornish miner from Illogan, Redruth. There was also a variety of readings and poems written by Cornish folk, and a piano recital by our Music Director Paul Mileham. We had enthusiastic participation from the audience when Barbara Jackson taught them to sing the chorus of the Sens Day carol in the Cornish language.

Refreshments were served by the ladies of St Petroc’s and there was time to meander round the church admiring all the Christmas trees twinkling with fairy lights and individually decorated. Each tree representing different organisations and charities. Different, and yet, all Christians working together as one blazing light of love for humanity, with hopeful anticipation of a better life to come”.

Janet Regan

## Bishop Mark in Cornwall for ‘Hayle Churches Together’ event



‘Hayle Churches Together’ held their week of prayers for the Christian Unity Service at Hayle Methodist Church on Sunday, where Bishop Mark was the guest speaker. Margaret Tanner, Secretary of Hayle Churches Together, said: "It was a very warming that so many people from each church attended and we express our thanks to Bishop Mark who travelled from Plymouth to be our guest speaker. Margaret added: “our thanks also go to everyone who took part in the service with a special thank you go to Hayle Methodist Church for hosting the evening.”



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## Cornwall Deanery

### Fairtrade Fortnight

**29th February-13th March 2016**

As Martin Luther King famously said: "before you finish your breakfast in the morning, you have depended on more than half the world". Despite our dependence on farmers and workers for the food, drinks and products we love, about 795 million people are undernourished globally.

Falmouth and Penryn Churches together, are celebrating Fairtrade fortnight with a Fairtrade breakfast. The venue is St Mary's Roman Catholic Church, Falmouth and breakfast will begin at 9.00am on Wednesday 9th March. There will be a small charge of £2.50 to cover costs. Any profits will be donated to Fairtrade projects in developing countries and everyone is welcome.

If you would like to show your support for Fairtrade, perhaps you might consider organising your own celebration. Why not, organise a Fairtrade breakfast with a group of friends, or gather together for breakfast using your parish hall.

Check the Fairtrade website [www.fairtrade.org.uk/fortnight](http://www.fairtrade.org.uk/fortnight) for hints and ideas and resources to help you organise your own event. Make a difference, support Fairtrade

**Pat Fitzpatrick, on behalf of;  
Falmouth and Penryn Churches Together -  
Working together to share the love of God.**



**Wednesday 9<sup>th</sup> March 2016**

**FALMOUTH**

**9.00am – 11.00am**

**St Mary's RC Church Hall**

**Killigrew Street, Falmouth TR11 3PR**

**BOOKING DETAILS  
OVERLEAF**

**BEFORE YOU FINISH  
EATING BREAKFAST  
IN THE MORNING,  
YOU'VE DEPENDED  
ON MORE THAN  
HALF THE WORLD**

*Martin Luther King Jr*

*Millions of farmers and workers in developing countries work hard every day to grow the food we eat. Yet many don't earn enough to know where their next meal is coming from. If we all started our day with Fairtrade, many more could feed the people they care about, all year round.*

**SIT DOWN FOR BREAKFAST  
STAND UP FOR FARMERS**

**Falmouth  
& Penryn  
Churches  
Together**

## Parish of St Mary, Falmouth Guild of St Stephen celebrations



**The Guild celebrations during Fr Brian Kenwick's first Christmas as Parish Priest were made even more special by the presentation to Eloise Lobban of a silver medal in recognition of 10 years loyal**

Pictured with Eloise are her parents Adie and Fran, Grandparents Ben and Jenny Davis and her brothers Tom and Harry. Tom served in Falmouth until he went to Exeter University in September and received his silver medal in 2013 and Harry has been serving at Falmouth for more than 8 years.

**John Pinhay MC  
Falmouth**



**Situated in St Marychurch Village  
A converted Dominican Convent set in two acres of  
award winning gardens**

- Residential & Day Care - Respite & Short Stay
- Single en-suite bedrooms complete with -
  - TV point, telephone & Aid Call System
  - 24 hour care by fully trained staff
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- Domiciliary Services & Social Activities

**For information Guide & additional information  
Contact: The Manager: Mrs Clare Cronin**

**Margaret Clitherow House**

Priory Road, St Marychurch, Torquay TQ1 4NY

Tel: 01803 326056 Fax: 01803 315066

Email: [mcha0@tiscali.co.uk](mailto:mcha0@tiscali.co.uk) Website: [www.margaretclitherowhouse.co.uk](http://www.margaretclitherowhouse.co.uk)

## Cornwall Deanery

### Liskeard and Sclerder Parish Walking for Refugees



**Thank you so much to all of you who sponsored us or donated money for our cross-parish walk in aid of the refugees.** We set off on the coast path at sunrise –about 7.30am and walked the coast path via Seaton and Downderry to Tregantle Fort, with Rame Head in the distance. We had a fifteen minute refreshment break at Portwrinkle at about 11am then left the coastal path and headed inland towards Antony through some lovely sheltered lanes around St John.

Before walking on to Torpoint where we caught the ferry to Plymouth. This enabled another refreshment break – tea and mince pies disappeared very quickly!

We arrived in Plymouth at about 2pm and walked up through Devonport and Keyham to the Tamar Bridge, by which time the weather was really beginning to set in. We crossed the Tamar back into Cornwall, arriving very wet and windswept at the pub next to Saltash Station at about 3.15pm. Liquid refreshment was very welcome and we returned by train to Looe (and the Glebe!) by 5.15pm.

It was a fantastic day and we were very lucky with the weather. So far, we have raised £1,342.25! All of you at Sclerder (as usual) have been extremely generous and we have also had a lot of support from outside – Malcolm's friends and family in Northampton and his colleagues on the railway; Cathy's friends and family in Walsall and her colleagues at Liskeard market and in Looe; Len's family and friends in London. Fr David in Launceston also held collections for us and £260 has come from his parishioners in Launceston, Bude and Callington, so this has been a real team effort.

The money raised is for the United Nations High Commission for Refugees and will help to provide basic survival equipment for the refugees such as foil blankets, blankets, food and medicine.

THANK YOU!



### Bishop Mark's Pastoral visit to The Chemin Neuf Community at Sclerder Abbey

**The Chemin Neuf Community is a Roman Catholic Community with an ecumenical vocation which grew out of a prayer group in Lyon France in 1973.** Couples, families, and consecrated celibates, men and women, priests and lay people, have chosen the adventure of community life to follow Christ, poor and humble, in order to serve the church and the world.

Following the Carmelites at Sclerder, the members of the Chemin Neuf live a life of prayer and community. In each house they share the church with the local Roman Catholic parish and as a community they take an active part in the ecumenical life of the neighbourhood.

Sclerder Abbey welcomes retreats following the Spiritual Exercises of St Ignatius and also Inner Healing retreats, both offer time and space to pray and meditate on the Bible in order to draw closer to God. There are church groups, individuals and the Cana mission for couples and families, the Cana mission allows couples to set aside time for each other and their marriage, a break from normal routine to be more aware of god in their relationship whilst the children have their own programme.

For more information visit: [www.sclerder@chemin-neuf.org](http://www.sclerder@chemin-neuf.org)

## Dorset Deanery

### Our Lady Star of the Sea, Weymouth



**Weymouth and Portland churches have coordinated an appeal to help the millions of refugees and displaced people in the Middle East.** People have been asked to donate winter clothes for adults and children together with sleeping bags, blankets and duvets. Deacon Jonathan de Kretser organised the collection of donations for Our Lady Star of the Sea, Weymouth. Anne Hall, Parish Secretary, and Michael Scully are pictured with donations received in the parish. Thank you to all the wonderful people who have given so generously.

Esmée Nicholls

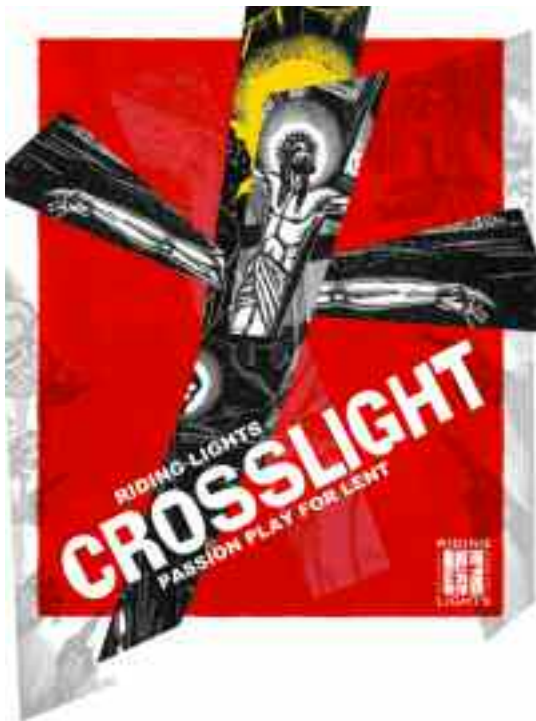
### St Joseph & St Walburga, Branksome

**Angela Penwarden of Branksome parish held a cake sale after mass at St Joseph's to raise funds for her projected journey to Lourdes at Easter with HCPT.**

She will be accompanying a disabled young person throughout the week's stay and is having to fund her own travel and accommodation. The cake sale raised £260 which will help towards the expenses of the trip. Angela is pictured (left) with Carol Gregory, a parishioner.



## Exeter Deanery



## Blessed Sacrament Parish, Heavitree, Exmouth

### The Riding Lights Passion Play for Lent 2016 - Crosslight

The play is a communal experience of theatre and worship which draws us into the dramatic events of Christ's Passion and into the experience of one disciple who failed, despite everything he believed so passionately... This is an opportunity to reflect on Christ's passion and to make a personal response.

'Crosslight' will take place at Blessed Sacrament Church, Heavitree on **Tuesday 8 March 2016 at 7.30pm.**

For more information about availability of tickets (£10 -no concessions) please contact Lesley Hooper in the Parish Office tel: 01392 274724.

Tickets are limited because of the size of the venue.

For more information about the Riding Lights Theatre company and the play visit: [www.ridinglights.org](http://www.ridinglights.org)

To fill the  
space phone  
Ray  
on  
01440  
730399



## Divine Mercy Sunday

Fr John Watkins will hold a Divine Mercy service at Blessed Sacrament Church on Sunday 3rd April from 3pm.

For full details of the service programme please contact the Parish Office Tel: 01392 274724

## Sacred Heart Parish, South Street, Exeter



Catholic Women's League Lenten Lunches will be served every Friday through Lent starting on Friday, 12th February, at Sacred Heart Church, South Street, Exeter, in the Lower Room. Enjoy a lunch of Cup a soup, bread, butter and cheese, tea or coffee served by the ladies of the CWL.

## Exeter Deanery



## Samara's Aid Appeal for Middle East Refugees

**Eighteen months ago 2 young mothers from Brighton started the 'Samara's Aid Appeal' to send clothing to the thousands of families who had fled their homes to escape ISIS. In Northern Iraq many of these families are trying to survive in flimsy tents in temperatures as low as minus 10°C.**

Following an urgent appeal last December, Axminster Churches Together (ACT) provided some practical support for these desperate people and generously gave good quality warm clothing, shoes and bedding. This was brought to Purzebrook Chapel where the Axminster Christian Fellowship kindly offered their premises for sorting and packing into banana boxes for shipping. In less than a week we filled 180 boxes and 2 volunteers from the Baptist Church transported them in vans to the collection depot in Worthing. Towards the end of the week we asked the churches not to donate any more clothing as there was still enough, awaiting packaging, to fill a third van and it was close to the delivery deadline.

Many of the donors said that they were so pleased to be able to do something to help the major refugee crisis in the Middle East and all agreed that that they had started something they would like to continue.

**Simon Byworth**  
ACT Treasurer

## Plymouth Deanery



## Plymouth Circle news

**During their January meeting, Plymouth Circle warmly welcomed new member, Rod Lampen.** Rod, married to Ronnie, is a parishioner at St Peter's, Crownhill, Plymouth. Rod who is now retired, was a Submariner in the Royal Navy before ending up as Global Sales Manager for 'The Paper Converting Machine Company'. When he gets any spare time, he likes fishing, studying Naval History and watching any Sport. Ronnie is an avid reader and is the gardener of the family; both are keen Plymouth Argyle fans. We wish them both a long and happy association with The Catenians.



(L to R) Brother Rod Lampen with Eric Tope, Plymouth Circle President



**Plymouth Circle enjoyed a great night out at the Westward Inn, Lee Mill when 30 Brothers and Ladies met for the Annual Skittles evening.**

After a very competitive two rounds, the eventual winners were Team 1: Rachel Shields, Mike Norton and Anne Bishop with Team 3: Sue Murphy, Trevor Davies and Peter James as runners up. After a break for refreshments, two knockout competitions took place which were expertly won by Carmel Coyne and Kathy Butler. Plenty of fun, laughter and friendship - a true Catenian evening.

**John Luscombe**  
Plymouth Catenians

## Hosanna House

The perfect base for your Lourdes pilgrimage

For over 40 years, HCPT's Hosanna House has been welcoming guests for their pilgrimages to Lourdes. In 2016, stays are available for parish, diocese, disability and school groups.

Hosanna House is a unique place to stay:

- Stunning panoramic views of the Pyrénées
- An intimate chapel with beautiful stained glass windows
- Regular shuttles into Lourdes and elsewhere
- Fully accessible ensuite accommodation for groups of up to 40 people
- Local chefs providing authentic local cuisine on a full or half board basis

**Do you know a group that might enjoy staying at Hosanna House for a Lourdes pilgrimage? If so, please let us know by emailing [hq@hcpt.org.uk](mailto:hq@hcpt.org.uk) or call 01788 564646.**

**For more information about HCPT in the Plymouth diocese, contact [westcountry@hcpt.org.uk](mailto:westcountry@hcpt.org.uk) / 01803 329126**



A registered charity in England and Wales (2010741) and Scotland (SC040743)



# Diary Dates March 2016



If you would like an entry for your Parish or Deanery to be included in the Diary Dates section please email details to the Editor at [felicitystead@btinternet.com](mailto:felicitystead@btinternet.com) by the last working day of each preceding month.

## MARRIAGE CARE SOUTH WEST (MCSW)

MCSW preparation course dates for 2016:

### **•Plymouth**

**Saturdays 12th March, 16th July and 19th November**

For further local information please contact Clare Danes email: [claredanesuk@yahoo.co.uk](mailto:claredanesuk@yahoo.co.uk)

### **•Torbay**

**Saturdays 5th March and 15th October**

For further local information please contact Jenny Allen email: [jenny.allen96@btopenworld.com](mailto:jenny.allen96@btopenworld.com)

### **•Bournemouth**

**Saturdays 5th March, 9th April, 4th June and 10th September**

For further local information please contact Jacqueline at [marriagecare@hotmail.co.uk](mailto:marriagecare@hotmail.co.uk)

All courses are day courses and lunch is included. Cost of the courses for 2016 is £70.

MCSW also offers FOCCUS, a guided questionnaire-based exploration and essential relationship know-how for individual couple with a trained facilitator. For more information contact

[mcsw.admin@marriagecare.org](mailto:mcsw.admin@marriagecare.org)

For all other enquiries about MCSW please contact Sue Burrridge, head of MCSW centre Tel: 01395

272799 Mob: 07875 161 595 email: [sue@marriagecare.org.uk](mailto:sue@marriagecare.org.uk).

## February 2016

**Saturday 27th February, County Hall, Truro, 10am to 4pm, Celebrating Cornwall's Stained Glass Heritage.** A study day with Michael Swift. For more information and to book a place (cost £20) tel: 01872 320036 email: [cornwalloffice@wea.org.uk](mailto:cornwalloffice@wea.org.uk)

**Saturday 27th February, The Mint Methodist Church, Fore Street, Exeter, 11am to 4pm, Iona Community South West Regional Gathering:** This day is for anyone who is concerned to try and live out their Christian Faith and who wants to know more about how members of the Iona Community aim to not just talk about and preach the gospel but to live it. For more information visit: [www.iona.org.uk](http://www.iona.org.uk)

## March 2016

**Thursday 3rd March, 10.45am to 11.45am, St Saviour Church, Fore Street, Polruan, PL23**

**1PH:** Coffee morning with Fair Trade stall

**Friday 4th March, 7.30pm, St Endellion Church, Port Isaac, PL29 3TP 'Reflections in the Mirror':** Barbara Degener, cellist and Stephen Hawker, piano will present a programme based around Arvo Part's 'Spiegel in Spiegel' as well as Beethoven and Bach sonatas. For more information and bookings contact [www.endellionta.org.uk](http://www.endellionta.org.uk) or mob: 07787 944935

**Saturday 12th March, 11am to 3pm, St Boniface College, Plymouth: Proclaim 15** – calling all who have an involvement or interest in evangelization and catechesis within our Parishes. Come along to a day of talks, discussion and prayer led by Andrew Brooks, a Dominican and entitled 'Proclaiming God's mercy in the passion and resurrection of Jesus.' Please bring a packed lunch.

**Tuesday 15th March, 7pm, Cardinal Newman Centre, Wonford Rd, Exeter, EX2 4PF:** Talk by Bishop Mark on the Year of Mercy.

**Friday 18th March, 10am to 4pm, 'Living a rhythm of prayer' a Quiet Day on a Celtic Theme:** will take place at Haddipport House, Buckland Filleigh, Beaworthy, EX21 5RW. The day will be led by Penny Warren, Spiritual Director and Members' Guardian of the Community of Aidan and Hilda, an international, dispersed Celtic Christian community. For more information contact Penny email: [pennycwarren@gmail.com](mailto:pennycwarren@gmail.com) or visit: [www.aidanandhilda.org.uk](http://www.aidanandhilda.org.uk)

**Wednesday 23rd March, 12noon, Cathedral Church of St Mary and St Boniface, Chrism Mass:** More information about the Chrism Mass will follow in the March edition of CSW which is due to arrive in parishes for the weekend of 27th/28th February 2016.

**Friday 25th March, 2pm to 4pm, Helman Tor Pilgrimage: Meet at Lanlivery Church, Lanlivery, PL30 5BT at 2pm for the pilgrimage walk to the summit of Helman Tor.** There will be a short Good Friday service at the summit followed by egg-rolling and ending with hot cross buns at the church.

## April 2016

**Monday 18th April, 10am to 4pm, 'Living by a way of life' a Quiet Day on a Celtic Theme:** Will take place at Haddipport House, Buckland Filleigh, Beaworthy, EX21 5RW. The day will be led by Penny Warren, Spiritual Director and Members' Guardian of the Community of Aidan and Hilda, an international, dispersed Celtic Christian community. For more information contact Penny email: [pennycwarren@gmail.com](mailto:pennycwarren@gmail.com) nor visit: [www.aidanandhilda.org.uk](http://www.aidanandhilda.org.uk)

## REGULAR EVENTS

### Cornwall Deanery

**•New life House Groups focusing on prayer, scripture and fellowship (Acts 2):** contact Sheona Mob: 07790 413 562 for more information and directions

**•Wednesdays 10am to 12noon 13a Pentire Rd, Newquay, TR7 1NX.**

**•Wednesdays 7.30pm to 9.30pm (during term-time) 18A Ferris Town, Truro, Cornwall, TR1 3JH or**

**•New Life Praise and Worship Evenings:**

**•First Wednesday of each month 6.15pm to 7.15pm Adoration of the Blessed Sacrament, followed by praise and Worship at 7.30pm:** Our Lady of the Portal and St Piran Catholic Church, Truro. Contact Sheona Mob: 07790 413 562 for more information or visit [www.newlifecatholiccommunity.com](http://www.newlifecatholiccommunity.com)

**•Second Tuesdays from 2pm to 4pm, Justice and Peace/Poverty Meeting followed by prayers for persecuted Christians:** St Mary's Church Hall, Killigrew Rd, Falmouth.

**•Wednesdays & Fridays Exposition of Blessed Sacrament, after Mass until 11am:** St Paul the Apostle, Bossiney Road, Tintagel

**•Third Saturdays from 1.30pm to 4pm, Women's International League for Peace and Freedom, Penzance group:** CHYMORGEN, Botallack, St. Just, TR19 7QJ.

For more information Tel: 01736/788438 email: [brigittemorrigan@talktalk.net](mailto:brigittemorrigan@talktalk.net)

**•Wednesdays, 11.30am to 4pm, Exposition of the Blessed Sacrament - with Rosary at 12noon:** Church of St Mary Immaculate, Falmouth.

**•Wednesdays, 3.30pm to 5.30pm, Table Tennis:** Church Hall, Falmouth - parishioners of all ages welcome.

**•Thursday evenings at 7.30pm, after evening Mass, Film Evening:** The Church Hall, Our Lady of the Portal & St Piran RC Church, Truro.

**•Saturdays, after the 10am Mass, Rosary:** St Cuthbert Mayne Church, Launceston; all are warmly invited to join a small group of parishioners and pray the Rosary.

**•Saturdays at 11am, Legion of Mary:** St Paul's Social Centre, Tintagel.

### Dorset Deanery

**•First weekend of every month, after weekend Masses, PRAYER MINISTRY for healing or any other need:** Our Lady Star of the Sea, Weymouth.

For more information contact Mike Newbery email: [miknewb@btinternet.com](mailto:miknewb@btinternet.com)

**•Monday evenings at 8pm, Bournemouth Hebrew Congregation Adult Education:** Murray Muscat Centre, Glen Fern Road, Bournemouth. Admission free and all are welcome. For details of the topic for each session please contact Spencer Nathan email: [spencer.nathan@lineone.net](mailto:spencer.nathan@lineone.net)

**•Tuesday evenings at 7.30pm, Inspire 20s to 40s Church Friends Group and Home Group:** St Mary's Church, Poole after the 7pm Mass.

### Exeter Deanery

**•Third Saturday of each month, 4.30pm, Kerala Community Mass:** Blessed Sacrament Church, Heavitree, Exeter.

**•Monday evenings at 7.30pm, Meditation Group:** Richard Reynolds Centre, Heavitree Road, Exeter.

**•Tuesday evenings from 8pm to 9pm, Adoration of the Blessed Sacrament:** Mount St Mary Convent, Wonford Road.

### Plymouth Deanery

**•Second Monday of each month from 6.30pm to 8.30pm, Knights of St Columba:** Cathedral Centre.

**•Third Monday of each month at 7pm, FOCOLARE – Word of Life Group:** Cathedral Centre.

**•Second Tuesday of each month, Patricians - Legion of Mary discussion group:** Cathedral Centre; for more information please contact Raad Binham Tel: 07816 542 349.

**•Normally First Friday of each month after the 7pm Mass – St Padre Pio Prayer Group:** Cathedral; for more information contact Rev. Deacon Tony Irwin Tel: 01548 853413.

**•Second Saturday of each month, 11am to 12noon – SPUC Anti-Abortion Prayers, Derriford:** For more information contact Christine Hudson Tel: 01752 224018

**•Second Sunday of each month, Sunday Lunch Club,** Efford: for individuals, couples or families who would like to come; to book please contact Deacon Simon Fletcher or Suzanne Tel: 01752 667433.

**•Tuesday afternoons from 1.30pm to 3.30pm, Union of Catholic Mothers:** Cathedral Centre.

**•Tuesday evenings at 7.30pm, Discussion Group:** Jeremiah Centre, Stott Close, Efford, Plymouth to reflect on the liturgical readings for the coming Sunday.

**•Thursday mornings at 10.30am (coffee from 10am) Bible Study Group:** Cathedral Centre.

**•Thursday evenings from 6pm to 8.30pm, Legion of Mary:** Cathedral Centre.

**•Friday evenings at 6pm, Holy Hour:** The Cathedral

**•Sunday evenings, after the 6pm Mass – CREDO:** A forum for young adults wanting to deepen their faith and spiritual life in the Catholic Church through prayer, discussion and community. CREDO meets in Cathedral Centre.

### Torbay Deanery

**•Third Monday of every month, 7.15pm, South Hams Catenians:** Seven Stars Public House, Kingsbridge. *Please note new venue.*

**•First Saturday of every month (except January) 7.45am for an 8am start, Christians Together in Torquay:** Prayer Breakfast at St Luke's Parish Church, St Luke's Road.

**•First Sunday of every month, Polish Mass: Church of the Assumption,** Abbey Road, Torquay at 4pm with confessions from 3.30pm.

**•Wednesdays from 6pm, Adoration of the Blessed Sacrament** (with Vespers at 6.30pm and Benediction at 6.50pm): Holy Angels, Chelston, Torquay.

## RETREATS IN THE DIOCESE OF PLYMOUTH

**Silent and individually guided retreats by members of the Plymouth Diocesan Ignatian Spirituality Team:** offering each person the opportunity for space, SILENCE and prayer with a spiritual companion to help you pray and reflect. All 2016 Retreats will take place at Southgate Retreat House, Buckfast Abbey. Contact details for bookings and general information post: The Presbytery, 19 Fosse Road, Kingsbridge, TQ7 1NG Tel: 01548 852670 email: [mjbutler@yahoo.com](mailto:mjbutler@yahoo.com) or [adriantoffolo@yahoo.co.uk](mailto:adriantoffolo@yahoo.co.uk).

**•Saturday 5th March:** Lenten Quiet Day

**•Friday 17th to Sunday 19th June:** Weekend retreat

**•Monday 20th to Friday 24th June:** Mid-week retreat

**•Friday 17th to Friday 24th June:** 6-day retreat

**•Friday 14th to Sunday 16th October:** Weekend retreat

**•Monday 17th to Friday 21st October:** Mid-week retreat

**•Friday 14th to Friday 21st October:** 6-day retreat

**•Friday 18th to Sunday 20th November:** A 'taster' weekend retreat (For anyone who would like to try and retreat for the first time)

Chemin Neuf Community, Sclerder Abbey, Looe, Cornwall: Formed in 1973 and established internationally in 27 countries the Chemin Neuf Community specialises in Marriage & Family days, youth work, evangelisation. For more information about events at Sclerder Tel: 01503 272238 or visit the website [www.chemin-neuf.org.uk/annuaire/united-kingdom/sclerder-abbey](http://www.chemin-neuf.org.uk/annuaire/united-kingdom/sclerder-abbey).

## 2016 PILGRIMAGES IN THE DIOCESE OF PLYMOUTH

**Friday 18th to Sunday 27th March 2016 STUDENT CROSS:** is a cross-carrying pilgrimage, not just for Students, which takes place in. Eleven groups of people walk from different parts of the country to Walsingham where they arrive on Good Friday and celebrate Easter together. Come and enjoy a wonderful experience of friendship, community, worship, music, prayer, plenty of fun and a mountain of cake! For more information contact Helena (email: [helena.wilding@bnc.oxon.org](mailto:helena.wilding@bnc.oxon.org)) or visit the website: [www.studentcross.org.uk](http://www.studentcross.org.uk).

**Saturday 30th April to Saturday 7th May: Medjugorje Pilgrimage flying from Bristol with Joe Walsh Tours (ATOL Bonded).** Fr Tony McGrath will be Spiritual Director and Tony Allbright Group Organiser. Cost £539 (single room supplement +£126). For more information please contact Tony Allbright Tel: 01736 362925 email: [tobright@btinternet.com](mailto:tobright@btinternet.com) or visit the website [www.maryqueenof-peace.info/2016](http://www.maryqueenof-peace.info/2016)

**Saturday 28th May to Friday 3rd June: Plymouth Diocesan Pilgrimage to Lourdes, under the leadership of Bishop Mark O'Toole.** Pilgrims will stay at Hotel Chapelle et Parc, very close to the Grotto. Enquiries to Pilgrimage Director Fr Kieran Kirby Tel: 01803 294142. Bookings via Joe Walsh Tours Tel: 0203 468 0617 email: [info@joewalshstours.co.uk](mailto:info@joewalshstours.co.uk). Online Bookings [www.joewalshstours.co.uk](http://www.joewalshstours.co.uk). For information about joining the Youth Pilgrimage please contact Jacqueline Mantello Tel: 01803 328916. Special Assisted Section those needing 24-hour nursing care join with the Society of Our Lady of Lourdes Tel: 0208 848 9833.

Torbay Deanery



Papal Knighthood for devoted service to the Diocese

On Sunday January 17th, Bishop Mark O’Toole celebrated Mass at the Church of the Sacred Heart, Kingsbridge and invested Sir Brian Pearse as a Knight of St Gregory. This Papal knighthood has been conferred on Sir Brian not only for many years of devoted and voluntary service to the Diocese of Plymouth as a Trustee, as a member and chairman of the Diocesan Finance Committee, and currently as chairman of the Schools’ Academy Trust (CAST) but also for a lifetime of generous service in the many parishes in which he has lived.

After the ceremony, Sir Brian invited the Bishop and parishioners to lunch at Thurlestone Golf Club which was a very happy occasion, and a fitting way to celebrate the honour bestowed upon him.

Mgr Adrian Toffolo  
Parish Priest

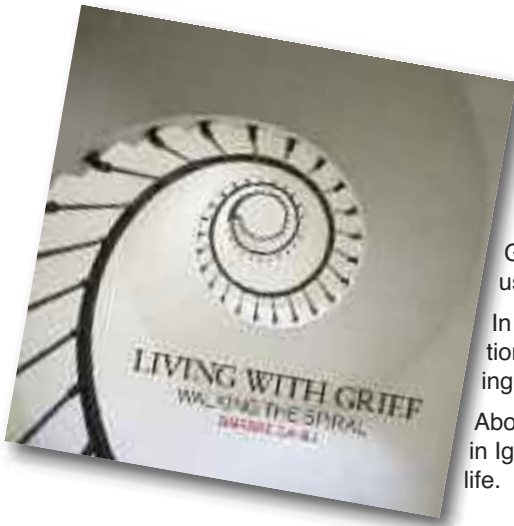


South Hams Catenians

On Monday the 18th January, South Hams Circle met at Kingsbridge for a ‘bring a friend, and/or wife’ evening. Twenty-two people turned up including two visiting Brothers and their wives and our Chaplain Monsignor Adrian Toffolo.

After the meeting we had a buffet followed by a talk by Trevor and Wendy Davies about their work in the Gambia from 1998 to 2006. They raised a good deal of money and at the request of Village elders and the Headmaster in the village of Kartong were able to set-up and complete various projects each year including: installing solar systems, as there was no electricity in the village; building wells; putting in standpipes; building toilet blocks at the school and the compound; re- roofing buildings; furnishing two classrooms and helping to fund the children in the compound to go to school. They were also able to provide the Head Teacher with two Gestetner printing machines. Everyone enjoyed their interesting and informative talk and went away with the two newsletters which included pictures of what had been achieved.

Trevor Davies  
South Hams Catenians



Book Review

Living With Grief – Walking the Spiral  
Bairbre Cahill

Grief often follows a spiral path, bringing us back to a place we have been before but at a different level. In this book the author invites us to walk part of the spiral with her, accompanied by others who have experienced loss and raw grief.

In each chapter Bairbre draws on the psalms as an invitation to personal prayer and reflection. There we find anger, despair and frustration – but also peace, hope and joy. Bairbre’s belief and experience is that walking the spiral, although painful, can ultimately be life-giving. For by confronting death we deny its power to control and limit our lives – so that we may live.

About the author: Bairbre Cahill is a freelance writer, speaker and facilitator. With degrees in psychology and theology and a background in Ignatian spirituality, she has a particular interest in the areas of pastoral renewal, family spirituality and the sacramentality of everyday life. Bairbre lives in County Donegal in the north west of Ireland with her husband Danny and their four children.

‘Living With Grief – Walking the Spiral’ is published by Redemptorist Publications

Edgcumbe Court, Plymouth.

In our view, seaside retirement doesn’t come much better.

Located in Stonehouse, Plymouth, with sweeping views across Plymouth Sound from many of it’s apartments and landscaped promenades and grounds, Edgcumbe Court offers bespoke, hotel style, retirement living by the sea.


There is a choice of beautifully appointed one, two and three-bedroom assisted living apartments. Edgcumbe Court residents can enjoy stylish retirement living with an extra touch of seaside panache.

Added to this is a range of social and leisure facilities and support services usually only found in the best hotels. These include:

- Residents’ lounge
- Conservatory
- Restaurant

- Hairdressing salon
- Bar
- Coffee shop
- Guest suite

- Games room and Library
- Sun terraces
- Summerhouse



Nazareth Retirement Village



Edgcumbe Court

A daily Mass is celebrated in the Chapel, which is always open for quiet reflection; spiritual support is provided by a visting priest and resident Sisters.

Support services include handyman, domestic cleaning, laundry and 24-hour emergency response. Personal care can also be arranged if required.

Prices range from: £149,500 to £477,500


For further information please telephone: 01752 229534

www.nazarethretirementvillages.co.uk



IN ASSOCIATION WITH  
Nazareth Care  
Charitable Trust

DISCOVER  
SOMERSET,  
DISCOVER  
DOWNSIDE



BEST FOR  
WELL-BEING

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The Week Independent  
Schools Guide 2015

TWO  
HOURS  
FROM  
LONDON

TOP TEN  
BEAUTIFUL  
SCHOOLS

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Daily Telegraph 2015

Academically top-performing school – 79% A\*-B at A Level in 2015

DOWNSIDE SCHOOL

www.downside.co.uk