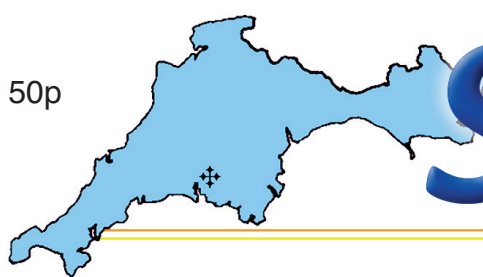


50p



Catholic
South West

*Serving the
Diocese
of Plymouth*

Issue 226 July 2016

Diocesan Pilgrimage to Lourdes 2016

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Diocesan Lourdes Pilgrimage 2016



During this year's pilgrimage two special events in the Churches' Liturgical calendar took place with the Feast of the Visitation of the Blessed Virgin Mary being celebrated on Tuesday 31st May and the Solemnity of the Most Sacred Heart of Jesus on Friday 3rd June. During the week pilgrims young and not so young joined together to experience the joy that Lourdes brings; together with pilgrims from across the world they attended Masses took part in Blessed Sacrament and Torchlight processions and witnessed the Sacrament of the Sick being administered in the Cathedral of the Trees, the City of the Poor. At the invitation of Archbishop Kevin McDonald, Bishop Mark gave the homily during the Mass for the sick and elderly and chose as his theme 'A child is always a gift, not a problem.'

His words were moving and spoke to the need for us all to put our trust in Jesus and Mary. During his homily Bishop Mark told of an encounter he experienced in Lourdes when he was just 17, when he witnessed the extraordinary faith of a young severely disabled pilgrim. He said: "this young man knew what it was to trust, and in the face of his suffering to continue to be hopeful!" Bishop Mark continued: "We offer to assist the sick, but we gain so much in return. Many of us come to help, but it is we who are helped. We see our young people, in their care of the sick and the elderly, in a new light. They take on a new dignity and stature. Here, we know that the sick take centre stage."

Bishop Mark concluded by saying: "Being here together, and experiencing the grace of this place, gives us the strength to continue on life's pilgrimage. We are touched and healed by the Lord, in the way that He knows we need. We must simply trust Him. Ask Our Lady and St Bernadette to help us live with childlike trust, knowing we are held by Him, precious to Him, loved by Him. And you, our dear sick and frail pilgrims who travel with us, thank you for the witness you give us, for the courage you show in the face of suffering. Continue to bless us with your presence and to show us the tender face of Jesus, Our Lord."

Editor: the full text of Bishop Mark's homily is available on the Diocesan website www.prcdtr.org.uk

Diocesan Pilgrimage to the Shrine of St Boniface



After a very busy week in Lourdes, Bishop Mark returned home in time to set out on another pilgrimage, this time to the ancient town of Crediton, birthplace of St Boniface – Patron of our Diocese. This year the feast of St Boniface, fell on Sunday; during the afternoon pilgrims were able to visit the Anglican parish church of the Holy Cross and view the beautiful flower festival and attend a superb and amusing presentation of the life of St Boniface (Winfrith¹) performed by three members of the local community. Later pilgrims gathered at the National Shrine to celebrate Solemn Vespers and Benediction led by Bishop Mark. Dom David Charlesworth OSB, Abbot of Buckfast, preached the Homily and the singing was led by the choir of Buckfast Abbey under the direction of Philip Arkwright. Benediction was followed by a visit to the shrine located in the narthex of the church with reliquary and new statue of St Boniface. Following the Banner of St Boniface pilgrims then



processed to the statue of St Boniface in the local park where the Rector of Holy Cross Church, Prebendary Nigel Guthrie, led devotions to the saint. The pilgrimage concluded with refreshments at the National Shrine, hosted by Fr Michael Wheaton and his parishioners.

¹ Winfrith was born at Crediton in about 675. Early on in life he decided to devote his life to God's service and entered the Benedictine Monastery at Exeter under the authority of Abbot Wolfhard. He was ordained priest aged 30 and, declining an invitation to become Abbot of Nursling Monastery, instead took up missionary work in Frisia in the Netherlands. When that mission met with opposition and failure he returned to England. The following year he went to Rome and spent time with Pope Gregory II who gave him the name Boniface – Bona Facere meaning 'good works' and sent him to Germany. After some years Pope Gregory II recalled him to Rome and appointed him Bishop for all

Germany east of the Rhine. Subsequently Pope Gregory III made him an Archbishop and gave him the task of reorganizing the churches in Bavaria. When Boniface was over 70 he set out again for Frisia to convert the wild tribes of the Netherlands. He called together all his new converts ready for Confirmation on 5th June 755, but at dawn they were attacked by a band of warriors and killed. His body is buried in Fulda.

Editor: All the events of St Boniface's life are depicted in the west window of Plymouth Cathedral which was dedicated in 1880 to mark the silver jubilee of Bishop Vaughan, the second Bishop of our Diocese.



CAFOD
Just one world



Hands on Altiplano

Eva grew up in Bolivia, on the Altiplano - a vast plain in the Andes Mountains, 3,800m above sea level. Life here is extremely tough. When Eva was young, life was a fight for survival. She is now the director of one of CAFOD's partners in the region and she can see that life is getting tougher for the hardworking people who live here. Growing food is incredibly difficult, the cracked, dry soil across the Altiplano is fit for very few things. The people rely on rainwater to feed their growing crops, but the rains have become more erratic and unpredictable. Eva has seen families leave this plateau because failed rains and sudden hail storms have destroyed entire harvests.

But Eva didn't survive the Altiplano by giving in. She has a plan to ensure people can grow enough crops to eat and get access to clean, safe water, so saving her community. Over the next two years, Eva and her small group of expert farmers and water specialists want to bring hope to thousands of people living in this harsh environment. She will work with the people, using her expertise as well as that of her colleagues, to transform the land so that life here is less a matter of survival, more a case of what they would call *vivir bien* or 'living well'.

But she can only get 'hands on' if you will too. To find out more about how to get 'hands on' visit: www.cafod.org.uk/Give/Hands-On/Hands-On-Altiplano

Open our eyes, Lord

God of all, you made the earth and saw that it was good, but like robbers we have stripped it of its treasure.

Open our eyes, Lord.

Now the earth cries out and your people hunger and thirst.

Open our eyes, Lord.

Open our eyes to see the pain of your creation and move us with compassion for your world.

Open our eyes, Lord.

Lead us to act as neighbours, who do not pass by on the other side.

Open our eyes, Lord.

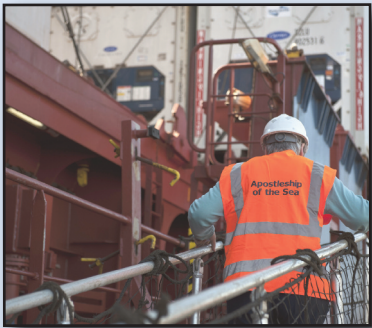
So that together we may care for all that you have made and with all creation sing your praise.

Open our eyes, Lord.

Catherine Gorman
CAFOD

If you're not already a CAFOD supporter and would like to be involved please contact Simon Giarchi, CAFOD Plymouth Diocese Community Participation Officer

Tel: 01364 645440 **email:** plymouth@cafod@cafod.org.uk **website:** www.cafodplymouth.org.uk



Sea Sunday

This year, Sea Sunday will be celebrated on 10th July. The Catholic Church, along with other churches, remembers seafarers and prays for them, their families and Apostleship of the Sea (AoS) Chaplains and ship visitors who provide pastoral care and spiritual support. Sea Sunday is AoS' principal fundraising and awareness raising event of the year and each year a set of resources is produced for parishes to help them understand and celebrate the day. Towards the end of June 2016 each Parish in the UK will be sent a resource pack and AoS hope that parishes will use the resources to ensure that Sea Sunday is a success. To download digital versions of this year's Sea Sunday resources go to: <http://www.apostleshipofthesea.org.uk/resources-parishes>.

Packs download as pdf files for you to everyone to use as they see fit. If you don't receive this year's pack then please contact Salvina and she will arrange for a pack to be sent to your parish **email:** salvina@apostleshipofthesea.org.uk **tel:** 020 70128602.

John Pinhay, (AoS) port chaplain to Falmouth and Fowey, believes small gestures can make a big difference to the lives of others. He tells us: "One day I received a call informing me that two seafarers from different ships had been taken into the Royal Cornwall Hospital in Treliske. It was at the time that Britain was being hit by severe storms and the

seafarers were injured while carrying out their duties on board their vessels. One of the men, a seafarer from the Philippines, had broken his leg after he was tossed around the deck. I was able to offer phone cards so that he could make contact to home. After a week he was transferred to a hotel in Falmouth and I was able to visit him daily until he was repatriated back to the Philippines."

When the seafarer arrived back home, he sent a message to John to let him know he had arrived safely and he thanked AoS for all its support. He let John know he was still not able to go back to sea and he required discharge papers from the hospital so that he could continue to obtain financial support for himself and his family. John was able to organise this for him."

On another occasion, John was asked to visit a seafarer from Thailand who had been taken to hospital following an injury; John said: "He couldn't speak English and as my Thai rates as zero, we had a problem. However, the hospital was able to supply an interpreter and I discovered that, although he had cracked four ribs and punctured his lung, his biggest need was a lead for his laptop. When he was taken off his ship by helicopter his crew mates had grabbed his belongings but had forgotten the lead. I was able to locate a replacement lead, which allowed him the opportunity to Skype his wife and family. We could not talk directly, but his smile told me everything."

AoS port chaplains are also there to try and meet the spiritual needs of seafarers, many of whom are Catholic, explained John. "Whenever possible I arrange to take seafarers to Mass when requested. However, due to work schedules it is not always possible for them to attend a church. "In this situation I liaise with my Parish priest at St Mary Immaculate in Falmouth, Fr Brian Kenwick. We have, at times, had to provide an altar made from many different things; anything from a coffee table to a wooden crate carrying a dishwasher."

John never loses sight that the work he does is part of a much bigger picture. "Whatever challenge comes my way, I always remember that I am just a cog in this worldwide AoS mission and that colleagues all over the globe are carrying out the same tasks as I am carrying out here in Falmouth and Fowey."

Greg Watts
Apostleship of the Sea

Please remember in your prayers the AoS Chaplains in our Diocese and those to whom they minister: John Pinhay (Falmouth and Fowey), Ann Donnelly (Plymouth and Teignmouth) and Rev Roger Stone (Weymouth and Portland).

More information about the work of AoS can be found at www.apostleshipofthesea.org.uk

'Catholic South West' is the monthly newspaper which serves the communications needs of the clergy, organisations and people of the Diocese of Plymouth.

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www.plymouth-diocese.org.uk



Parishes for Peace



Parishes for Peace

Enabling UK parishes to support
Christian refugees in Jordan



Migrants and Refugees Challenge Us - the Response of the Gospel of Mercy

"Mercy nourishes and strengthens solidarity towards others as a necessary response to God's gracious love, 'which has been poured into our hearts through the Holy Spirit' (Rom 5:5)

Pope Francis 17 January 2016

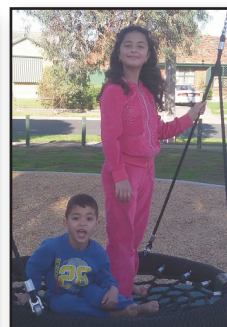
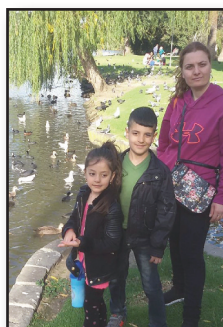
A wise old priest once said to me: "to be able to help when it's needed is perhaps the greatest privilege of all." And, thanks to your generosity Parishes for Peace were able to help to two Iraqi Christian Families living in Amman and so experience that privilege! The charity provided sufficient funds to re-house and feed the two families at Christmas and also to see them through until they were granted visas for Australia. Their visas arrived in May and they have begun their new life in Melbourne.

Far away from the persecution experienced in Iraq they have a decent place to live and work; they can now move around freely and normality is being restored to the chaos of their lives. The children will go to Catholic schools and perhaps the sadness of what they had to leave behind will gradually fade. They are now so

happy; cherishing their friendship with the kind Catholics who looked after them from Cornwall, Worcester and Keswick. If you too want to join in to help and befriend the refugees please contact admin@parishesforpeace.com.

Thank you!

Della Shenton
Parishes for Peace
Registered Charity No: 1166739



Living a new life in Australia



Year of Mercy

Would you like to hear a reflection by Bishop Emeritus Rt Rev Christopher Budd and his hopes for the future after this year of special discernment? If so you are warmly invited to come to St Joseph's Church Hall, 96 Queen Street, Newton Abbot, TQ12 2ET on Saturday 16th July from 2 to 4pm. All are most welcome to attend this free event; for more information please contact Peter Farrell tel: 01626 369478.

Tel: 01579 351231

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World Youth Day 2016

Krakow...another major step on our pilgrimage



On Saturday May 7th we gathered at St Brendan's Catholic Sixth Form College outside Bristol for our third and final formation day. As you can see from the photograph nearly all our pilgrims managed to attend and we were happy to be joined by Bishop Declan from Clifton and Bishop Mark who will also join us in Kraków.

Bishop Declan was the principal celebrant at our commissioning Mass. He reminded us to notice people and to respond to the needs of those who cry out for our help. He encouraged us to support each other on our pilgrim journey and to step out of our comfort zones as we seek to be merciful, like the Father.

We prepared for our liturgy by reflecting on the Lampedusa Cross and pilgrims brought up their messages of hope for refugees as part of our offertory. These are being sent on to CAFOD.

We spent the rest of our day getting to know each other better through team challenges, including an impromptu football match at lunchtime; formulating our code of conduct, absorbing health and safety advice, receiving our WYD shirts and catching up with the latest news on our itinerary. It was a busy, busy day.

Thank you to all our pilgrims for keeping so cheerful even after a very early start! Not long to go now so keep us in your prayers.

Fiona Hutchings
Diocesan Coordinator for WYD 2016

JOE WALSH TOURS

PILGRIMAGES

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Buckfast Abbey Bookshop and Monastic Shop

The Bookshop stocks a selection of religious books, Christian resources, Cards, Jewellery, CDs and DVDs.

We also sell Religious Items including gifts for Baptisms, First Holy Communion and Weddings.

The Monastic Produce Shop has now joined our premises on a permanent basis. We sell goods from Abbeys and Monasteries from Europe and beyond.

We have now increased our range of Trappist Beers from Belgium and wines from Austria.

This is an ideal place to buy unusual gifts and items whilst supporting small Monastic Communities.

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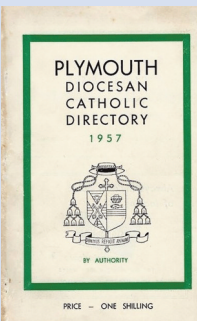
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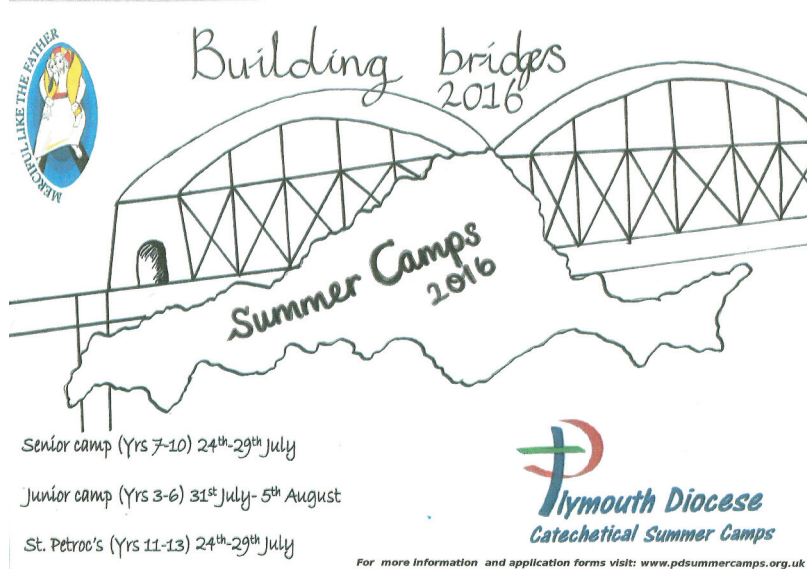
News from Fr David Annear, editor of the Diocesan Year Book

Production of the 2017 edition is underway with Parishes, convents and Diocesan organisations having received the usual May letter asking for updates; but this time there are differences. First of all, I have managed to

devolve most of the administration to St Boniface House. Because the staff there process much of the information, it seems sensible for them to oversee most of the preparation. I am delighted that Jan Holton has agreed to have overall responsibility at St Boniface House. So please send all returns, etc. to her, not to me.

As editor, I liaise with the printers and continue to accept articles from the parishes. I am also generally responsible for the final product. Incidentally, I am aware that, for a number of reasons, the current edition contains some spectacular errors and omissions. Apologies for that. The buck stops with me. With clearer working arrangements, the 2017 edition should be up to standard.

Secondly, and very important, the Diocesan Year Book has been published almost every year since 1957 and so the next edition will celebrate the sixtieth anniversary. Quite a milestone. So let's have lots of news and articles from you, especially anything that reflects the last sixty years in your parish. **Deadline for articles: Saturday 10th September.**



This year's summer camps will take place between Sunday 24th July and Friday 5th August at Grangehurst, Buckfast Abbey. The camps, running for over 60 years, have provided an opportunity for young people of the diocese to meet and grow together in their faith and love of Our Lord Jesus, and beauty of liturgy and prayer. The emphasis this year will be on the Jubilee Year of Mercy and the need to build bridges in our relationship with each other and with Jesus Christ.

Deacon Michael Turnbull
Plymouth Diocese Catechetical Camps Committee

The Fatima centenary is a major moment for the Church in England and Wales



From May to October 2017, the Church will be celebrating the centenary of Our Lady's apparitions at Fatima. The World Apostolate of Fatima (WAF) in England and Wales, a Public International Association of the Faithful of Pontifical Right officially approved by the Church, is planning various events to promote the Fatima message, which today is more relevant than ever.

In particular, the National Pilgrim Virgin Statue of Our Lady of Fatima, which was blessed by Pope Paul VI at Fatima in May 1967, and given to England by the Bishop of Fatima in 1968, will be visiting various Cathedrals and churches around the country. On 13th May 1971, this statue was crowned at Walsingham by Bishop Alan Clark, and it was also blessed by Pope John Paul II during his visit to Britain in 1982. On 13th May 2017, the 100th anniversary of Our Lady's first apparition at Fatima, Archbishop Peter Smith will receive, bless and crown the National Pilgrim Virgin statue in St George's Cathedral, Southwark.

This beautiful statue will be accompanied by relics of Blessed Jacinta and

Francisco for the veneration of the faithful. It is also hoped to arrange DVD and PowerPoint presentations around the country on the significance of the message for the Church today, especially regarding the recitation of the Rosary in the family, and the Five First Saturdays devotion of reparation to the Immaculate Heart of Mary.

Published with the permission of Donal Anthony Foley of the Catholic Herald

Editor: Donal Anthony Foley is the Secretary of the World Apostolate of Fatima in England and Wales, and has written books on Marian apparitions and a young adult work of fiction

Timothy Tindall-Robertson, National President of the World Apostolate of Fatima in England and Wales writes:

In October 2014 I received a letter from Bishop Mark in which he said: "I am particularly pleased to be able to affirm the work that you are doing to promote the regular saying of the Rosary, particularly in family life ... I will continue to pray for the success of the World Apostolate of Fatima in this country. Thank you for all that you do".

It is providential that Pope Francis's Year of Mercy precedes the Fatima centenary year, because mercy is central to Our Lady's message, beginning with the announcement of the Angel in the summer of 1916, when he told the children that the Hearts of Jesus and Mary had designs of mercy on them. Likewise, in the July 1917 apparition, the Blessed Virgin told them to pray the Rosary decade prayer: 'O my Jesus, forgive us our sins, save us from the fires of hell, lead all souls to Heaven, especially those most in need of Thy mercy.' And, in the final vision of the Holy Trinity, on 13th June 1929, Lucia saw Christ on the cross with the words Grace and Mercy, as if formed of crystal clear water, falling from its left arm, and Our Lady beneath the cross with her Immaculate Heart in her hand, offering it to the Holy Trinity.

On 13th May 2013, the month after his election, the bishops of Portugal consecrated Pope Francis's pontificate to Our Lady at Fatima, in response to his request. Later that year, on 13th October he celebrated the Marian Day in the Year of Faith in St Peter's Square, in front of

the statue of Our Lady that had been brought from Fatima. The Pope renewed the act of entrustment to Mary's Immaculate Heart, and received our national president, signifying his approval of the work of the World Apostolate of Fatima, an organisation that is spread throughout the world with up to one million members. By his devotion to Our Lady of Fatima, Pope Francis has shown the Church that the Fatima message remains just as relevant as ever.

The National Pilgrimage to Fatima, which flies from Heathrow, and for which places are still available, takes place from 7th to 14th July 2017 with Fr Gerard Kelly as Spiritual Director, Timothy Tindall-Robertson as Leader, and Mike Daley as Pilgrimage organiser. For more details visit www.worldfatima-englandwales.org.uk/pilgrimage.

WAF England and Wales also hopes that in 2017 the bishops will renew the Consecration of England and Wales to the Immaculate Heart of Mary which was made by Cardinal Griffin at Walsingham, on 16th July 1948. Please pray fervently for this important intention.



Could this be YOU



Every Easter HCPT organise a Pilgrimage Holiday to Lourdes for Children with a wide variety of special needs. The children, from all parts of the UK and many other countries, are supported by voluntary carers and helpers during what is possibly the largest Pilgrimage of its kind to visit Lourdes.

Each year a different Region or Country host the major ceremonies during the week including the Marian Torchlight Procession and the Trust Mass. HCPT Westcountry Region has been chosen to host the 2017 Easter Pilgrimage when they hope that Bishop Mark will join them to celebrate Mass.

Christopher Woodman, Chairman of HCPT Westcountry Region, said:

"preparations have already begun and one of our first tasks is to bring together a group of young musicians and singers to support the liturgies that enrich the pilgrimage and, importantly, to serve as additional helpers supporting the five HCPT Groups of our Region. One young helper said of their week with Group 706 that Lourdes was a life changing experience in so many ways and that they can't wait for the next time. The front page of this edition tells the story of this year's Easter Pilgrimage – if reading about what happened in 2016 has inspired you to be part of Lourdes experience at Easter 2017 please contact me via westcountry@hcpt.org.uk or group706@hcpt.org.uk



Mass to Celebrate
hcpt's Diamond Jubilee 2016

With
The Right Reverend Mark O'Toole
Bishop of Plymouth

The Cathedral Church
of St Mary and St Boniface
Plymouth PL1 5RZ

Saturday 2nd July 2016
12 Noon



After Mass there will be a shared plate reception

For details contact:
Cath Fennell 01752 342387 group45@hcpt.org.uk
Christopher Woodman 01803329126 westcountry@hcpt.org.uk

HCPT Group 179 Fundraising Event

Group 179 will be hosting their annual Hog Roast and Barn Dance on Saturday, 10th September at Manor Farm, Dacombe, TQ12 4ST from 7pm to 11pm. All are welcome; for more information please contact hcpt179@hotmail.com

Catholic Women's League

Churches at the Devon County Show



The Devon County Show is suffused with a Christian ethic and this year the Anglican Bishop of Plymouth was vice President of the Show. A full service takes place in the Young Farmers' Area the evening before the show begins and representatives from different denominations are responsible for the Churches' Stand, a large area that includes a prayer tent, a children's play area and a barn where free tea and coffee is served in china cups.

On the first day the Churches' Stand is the responsibility of people from the Catholic Church, including CWL members. There is a short service to begin each day

which, this year, was led by a CWL member and Bishop Mark preached the homily. After the service it was all hands to the pumps to serve the tea and coffee and provide cake to anyone who came through the door.

The Churches Stand is a real oasis of calm in the midst of a commercial environment. There are exhibitors including retreat centres, Christian hotels and church Groups including CWL, CAFOD, SVP and the Catholic Children's Society.

**Frances Canning
CWL Devon**

Buckfast Pilgrimage



Sheila Watkins carries Dorset Banner accompanied by Angela Penwarden and Rosalie Langdon

Rain gave way to sun as members of the Catholic Women's League (CWL) of Dorset and Devon started their Pilgrimage at Buckfast Abbey with a procession around the green to the West Door of the Abbey singing the Lourdes Hymn. Bishop Mark O'Toole was the chief celebrant with Fr John Watkins of Exeter concelebrating. In his homily the Bishop urged the members of the CWL to talk up their faith and not to hide it in the society of other people. Members and guests shared a cream tea before departing home.

**Carol Gregory
CWL Dorset**

St Mary & St Petroc, Bodmin



Fr Ciaran McGuinness MAfr, our Parish Priest, decided to run a marathon 21st May, to raise money for the World Youth Day in Krakow, Poland this coming July. Two parishioners from Bodmin Parish will be attending together with many others from the Plymouth Diocese. World Youth Day (WYD) is a worldwide encounter, open to young people who wish to take part in a festive encounter with their contemporaries, and celebrated every three years - the last WYD was in Brazil in 2013. Pope Francis will attend and it will be especially poignant as one of his predecessors, Pope Saint John Paul II, was Cardinal Archbishop of Krakow.

Fr Ciaran, is a keen runner, who jogs nearly every day and is veteran of many marathons, including Belfast. To keep away from the main roads Fr Ciaran decided to run on the Camel Trail from Bodmin to Wadebridge then to Padstow alongside the River Camel estuary which has the very best of scenic views. The distance from Bodmin to Padstow and back to Wadebridge for the finish is not quite the scheduled marathon distance so, to make up the official distance of a measured marathon of 26 miles and 385 yards, Fr Ciaran started at St Breward Parish Church which lies on the northern edge of Bodmin Moor.

Being an experienced runner knowing that he would need water on route but with no water stops (hydration stations) available as on official marathons, Fr Ciaran carried his own supply of water, with a reservoir rucksack on his back with a connecting mouthpiece. Whilst it wasn't exactly cold (60F/15.5C) conditions were wet hence Father's cagoule rather than a running vest. Parishioners were on hand to welcome him at Padstow after 20 miles, with encouragement and top-up supplies of water; they were also waiting at St Michael's Church, Wadebridge to welcome him at the finish where he arrived just after 1pm at having completed his marathon in 5 hrs 7 min. Having raised over £500 and after a short rest and in good shape, Fr Ciaran celebrated the 5.30pm Sunday Mass at St Michael's.

**Gerry Murphy
Bodmin**

Parish of St Mary, Falmouth Joseph completes training schedule



Joseph Strange, from the Parish of St Mary, Falmouth, recently celebrated his formal commissioning as a Royal Naval officer during a parade attended by HRH the Princess Royal. Midshipman Joseph Strange, 19, was one of 154 officer cadets taking part in the Lord High Admiral's Divisions at Britannia Royal Naval College, Dartmouth. Around 800 families, friends and distinguished guests watched as Princess Anne inspected the parade as the representative of her father, the Duke of Edinburgh, The Lord High Admiral.

To earn his place on the parade ground, Joseph completed an intensive thirty week training course which was split into three distinct ten week phases. Whilst the course predominantly took place at the world renowned college in Dartmouth, the training also included a three week ship acquaint when Joseph was assigned to the Royal Navy's largest ship, the helicopter carrier HMS Ocean, operating in UK waters.

Joseph, who was educated at Falmouth School and Penryn College Partnership. Said: "I have a passion for the British Armed Forces and with university now being expensive, few jobs offer what the Royal Navy can. Completing this course is my biggest accomplishment so far. It's been a tough 8-months but I feel so much more capable having done it. I'm hoping to gain my dolphins, the emblem of the Submarine Service, and go on to become a Commander in the logistics branch of the Fleet."

With the first phase of his training complete, Joseph will transfer back to Cornwall for his specialist training at the Defence Maritime Logistics School based at HMS Raleigh.

**Helen Drake
Falmouth Packet**

Parish of St Mary, Falmouth Golden Jubilee of Sr Veronica Beadle

A very special Mass took place on Saturday 14th May to celebrate Sr Veronica's Golden Jubilee.

In 1963 Sister entered the Congregation of the Good Shepherd Sisters, where vocation is 'a gift from God - to the Church - for the World'. In 1971 she made her final profession, later transferring to become a member of the Order of Consecrated Virgins. During her religious life Sister has had many different ministries: she has been a Youth Club leader, worked with troubled teenagers and those with addictions, been a Senior Childcare Office, a Catering Manager, and a Catholic Chaplain at the Tremough Campus of the University of Falmouth and Exeter. And, since 1992, she has served the parish community at Falmouth in a pastoral capacity with great dedication and love; her smiling face and gentle manner, balanced with a sense of fun and enjoyment of life has brought solace and comfort to many.



Sister's Jubilee Mass was followed by a wonderful evening with her friends from Sheffield, Steve and Moya O'Hara, providing music (and tuition) for a barn dance with dancers ranging in age from 3 to 80 years! The Parish Hall was beautifully decorated and, as always, parishioners provided a luscious choice of fare for our refreshment. Her friends came from far and wide to join the celebrations including past colleagues, students and graduates from the University and many god-children one of whom said that it was the best party he'd ever been to.

In congratulating Sister we also wish her happiness and God's blessings and hope that she will be with us for many more years.

**Mary Bradley
Falmouth**

St Paul the Apostle, Tintagel



On Sunday 8th May, the Feast of the Ascension, parishioners organised a party after the 5.30pm evening Mass to celebrate Fr Bryan Storey's 83rd birthday. Fr Bryan is pictured cutting the cake and getting ready to tuck into all the goodies!"

Photo © P Hambleton 2016

**Michael Pettett
Tintagel**

REGULAR EVENTS IN THE CORNWALL DEANERY

Second Tuesdays from 2pm to 4pm, Justice and Peace/Poverty Meeting followed by prayers for persecuted Christians: St Mary's Church Hall, Killigrew Road, Falmouth.

Wednesdays, 10.30am to 1pm, Exposition of the Blessed Sacrament: Church of St Mary Immaculate, Falmouth.

Wednesdays & Fridays Exposition of Blessed Sacrament, after Mass until 11am: St Paul the Apostle, Bossiney Road, Tintagel

Saturdays, after the 10am Mass, Rosary: St Cuthbert Mayne Church, Launceston; all are warmly invited to join a small group of parishioners and pray the Rosary.

Saturdays at 11am, Legion of Mary: St Paul's Social Centre, Tintagel.

Third Saturdays from 1.30pm to 4pm, Women's International League for Peace and Freedom, Penzance group: CHYMORGEN, Botallack, St. Just, TR19

For more information **Tel:** 01736/788438 **email:** brigittemorrigan@talktalk.net

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Church of Christ the King, Armada Way,
Plymouth PL1 2EN
1st Sundays at 3.00pm

Blessed Sacrament, Fore Street, Heavitree,
Exeter EX1 2QJ
3rd Sundays at 3.00pm

St Cyprian's Chapel, Ugbrooke House,
Chudleigh TQ13 0AD
4th Sundays at 3.00pm

Exeter University Catholic Chaplaincy
Fridays (term time) at 7.30pm

Lanherne Convent, St Mawgan,
Newquay TR8 4ER
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Dorset Deanery News

Our Lady of Lourdes & St Cecilia, Blandford Forum

Celebrating Pentecost with an international flavour



Alongside celebrating Pentecost as the birth of the Church, the Parish of Our Lady of Lourdes and St Cecilia celebrates Pentecost as an International day. We proclaim that the Church is universal by displaying our language and cultural heritages in our service and celebrations.

On Pentecost Sunday, thirteen nationalities were represented and the bidding prayers were read in their native tongues by the different nationalities, each reader carrying their national flag.

The church was packed and, after Mass which was concelebrated by Fr Chacko, our Parish Priest, and Fr Paschal from Blandford camp, everyone shared a buffet in the church garden to which parishioners had brought many plates representative of their national dishes.

The generosity of our diverse parish ensured that no one, including the large number of children went hungry.

Ken Bateson
Blandford Forum

St Catherine's, Wimborne

Celebrating Pentecost



The choir of St Lioba, Würzburg, with their leader Beate Wagner, visited St Catherine's and sang at the 11.00 am Mass on Pentecost Sunday. St Lioba, an Anglo Saxon woman from the monastery at Wimborne, joined St Boniface on his mission to Germany and she is much revered in Southern Germany. St Catherine's has a beautiful icon to St Lioba (see the November 2015 edition of CSW).

Canon Kenneth Noakes
Parish Priest

St Joseph & St Walburga, Parkstone, Poole

Farewell to Sister Marion



After more than 10 years Sister Marion Gormley, pastoral assistant and for a time Catholic Chaplain to Bournemouth University, has now left to go to France and New Zealand leaving behind many friends and happy memories. To celebrate her life at St Joseph & St Walburga's and also at Our Lady of Fatima in Upper Parkstone, all the priests who had served the two churches during her time gathered to concelebrate Mass in her honour. Pictured with Sister are (l to r) Frs Paul Keys, Ralph Candy, Brian Reeves, Chris Findlay-Wilson, Colin Groombridge and Barry Hallett.

Carol Gregory
Parkstone, Poole

REGULAR EVENTS IN THE DORSET DEANERY

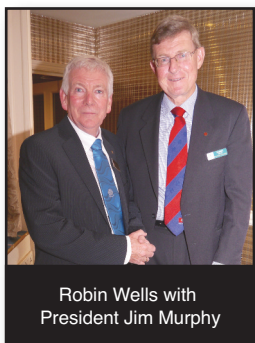
Monday evenings at 8pm, Bournemouth Hebrew Congregation Adult Education: Murray Muscat Centre, Glen Fern Road, Bournemouth. Admission free and all are welcome. For details of the topic for each session please contact Spencer Nathan email: spencer.nathan@lineone.net

Tuesday evenings at 7.30pm, Inspire 20s to 40s Church Friends Group and Home Group: St Mary's Church, Poole after the 7pm Mass.

First weekend of every month, after weekend Masses, Prayer Ministry for healing or any other need: Our Lady Star of the Sea, Weymouth. For more information contact Mike Newbery email: miknewb@btinternet.com

First Thursday of each month from 10.45am to 11.45am, St Swithun's Church Hall, Allington, Dorset: St Swithun's Church Community welcome members of all churches to join their monthly community coffee mornings

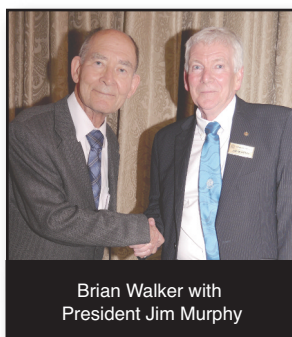

The Catenians
*Strengthening family life
 through friendship and faith*



Robin Wells with
President Jim Murphy



President Jim Murphy with Mary
Pittman and Sandra Souness



Brian Walker with
President Jim Murphy

The Plymouth Circle May meeting was a very busy one and not just because it was attended by Brother Robin Wells for the Adelaide Circle! We welcomed Brian Walker who has transferred from the Richmond and Twickenham Circle which he joined in 2006. Brian and his wife Ann live in Stonehouse and attend Mass at Nazareth House Chapel and both enjoy playing bridge and relaxing on a cruise. Before he retired Brian was a Genealogical Records Researcher.

After the meeting the Catenian Brothers were joined by their Ladies and President Jim Murphy introduced his chosen charity for his year of office Roundbarrow Employment for people with Autism Communication Challenges - REACCH. Mary Pittman and Sandra Souness from REACCH talked about the work of the charity, a "not for profit" organisation based around Roundabarrow Farm in Cornwall. REACCH offers two practical learning courses, one for 14 - 19 year olds and one for 19 - 30 year olds; the courses are based on the practices and methodology of the internationally known TEACC Autism programme of the University of North Carolina. They offer a path into employability for some young people who will be able to manage in the work environment and a way of learning valuable life skills and gaining self-worth for youngsters who may never be able to hold down a permanent job. It was a very interesting and worthwhile presentation and a good start to President Jim's chosen charity.

John Luscombe
Plymouth Catenians

REGULAR EVENTS IN THE PLYMOUTH DEANERY

Second Monday evening of each month from 6.30pm to 8.30pm, Knights of St Columba: Cathedral Centre.

Tuesday afternoons from 1.30pm to 3.30pm, Union of Catholic Mothers: Cathedral Centre.
Second Tuesday of each month, Patricians - Legion of Mary discussion group: Cathedral Centre; for more information please contact Raad Binham
 Tel: 07816 542 349.

Thursday mornings at 10.30am (coffee from 10am) Bible Study Group: Cathedral Centre.

Thursday evenings from 6pm to 8.30pm, Legion of Mary: Cathedral Centre.

Normally First Friday evening of each month after the 7pm Mass – St Padre Pio Prayer Group: Cathedral; for more information contact Rev. Deacon Tony Irwin
 Tel: 01548 853413.

Second Saturday morning of each month, 11am to 12noon – SPUC Anti-Abortion Prayers, Derriford: For more information contact Christine Hudson
 Tel: 01752 224018

Second Sunday of each month, Sunday Lunch Club, Efford: for individuals, couples or families who would like to come; to book please contact Deacon Simon Fletcher or Suzanne
 Tel: 01752 667433.

Sunday evenings, after the 6pm Mass – CREDO: A forum for young adults wanting to deepen their faith and spiritual life in the Catholic Church through prayer, discussion and community. CREDO meets in Cathedral Centre.

Plymouth Deanery News

July 2016

Catholic South West - 9

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Exeter Deanery News

Parish of the Holy Family, Exmouth What a weekend!



On the afternoon of Saturday 14th May, The Feast of St Matthias, 21 children from St Joseph's & five other local primary schools made their First Communion at Holy Ghost Church. They all looked beautiful and the church was packed to capacity with their families, friends, teachers and parishioners, some of whom had travelled from across the UK, from Germany and Poland.

The children took an active part in the liturgy and the Mass was concelebrated by Fr Philip Dyson and a visiting priest, Fr Marek Rumiński, from Toruń Cathedral in the north of Poland. He warmly welcomed families in English, German and Polish, bringing a truly international flavour to the day. After Mass, tea was served in the hall and gardens by the Union of Catholic Mothers which was much appreciated by all.

The next day, Pentecost Sunday, we welcomed the children back again, dressed in their finery, to join our Pentecost celebrations. Fr Marek was with us again and today we listened to prayers in four languages read out by Fr Marek, Helen Enright, Iris Reiss and Elisabeth Cheyne – it was a joyous occasion for everyone, a wonderful way to celebrate Pentecost.

We are particularly grateful to our catechists, Mary Chaplin, Bernard Walsh, Chris King and Lesley Sullivan, who spent many weeks preparing the children for their special day. Also to those who prepared the church, and those who donated and served the refreshments, especially to the parents and carers for bringing the children to this important point in the journey of faith

Jayne Cheyne
Exmouth



Holy Family Parish, Honiton

Celebrating the Feast of St Rita of Cascia

We had a wonderful celebration for our patron saint, St Rita of Cascia, on her feast day 22nd May. Mass was celebrated in the marquee especially put up in the grounds of St. Rita's Centre; the principal celebrant was Rev Gerardo Cortes Gonzalez OAR, a Mexican who works with the Hispanic Chaplaincy in London.

In his homily Fr. Gerardo said that St Rita was not only the saint of today, but the saint of everyone. She was a simple girl full of dreams: a model wife, lovely mother, a widow and a devout religious. In every period of her life she did what she could, as we do (or at least try to do) as St Augustine used to say, 'pray as if everything depends on God, do as if everything depends on you'. St Rita did what she could, she lived her life according to the Gospel. Pope Saint John Paul II said to the pilgrims of Cascia in 2000: "The worldwide devotion to St Rita is symbolised by the rose. It is to be hoped that the life of everyone devoted to her will be like the rose picked in the garden in Roccaporena the winter before the saint's death. That is, let it be a life sustained by passionate love for the lord Jesus; a life capable of responding to suffering and to thorns with forgiveness and the total gift of self, in order to spread everywhere the good odour of Christ (cf. Co 2:15) through a consistently lived proclamation of the Gospel. St Rita offers her rose to each of you: in receiving it spiritually strive to live as witness to a hope that never disappoints and as missionaries of a life that conquers death'.

Over 350 people came from all over the country to the shrine of St Rita in Honiton, Devon to share in the feast day; each person was given a blessed rose at the end of Mass to take home for a sick friend or loved one.



St Rita, patron of the helpless
Pray for us.

REGULAR EVENTS IN THE EXETER DEANERY

Monday mornings, 10am to 12noon, Richard Reynolds Centre: Toddler Group, all welcome.

Monday evenings at 7.30pm, Meditation Group: Richard Reynolds Centre, Heavitree Road, Exeter.

Tuesday evenings from 8pm to 9pm, Adoration of the Blessed Sacrament: Mount St Mary Convent, Wonford Road.

Second and fourth Thursday evening of each month from 7.30pm to 9pm, a Joint Parish Prayer Group for both Exeter parishes: Richard Reynolds Centre, Heavitree Road, Exeter. For more information please ring Chris and Sue Lee on 01392 432929.

Third Saturday afternoon of each month, 4.30pm, Kerala Community Mass: Blessed Sacrament Church, Heavitree, Exeter.

MARRIAGE CARE SOUTH WEST (MCSW)

MCSW remaining preparation course dates for 2016:

Plymouth

Saturdays 16th July and 19th November

For further local information please contact Clare Danes email: claredanesuk@yahoo.co.uk

Torbay

Saturday 15th October

For further local information please contact Jenny Allen email: jenny.allen96@btopenworld.com

Bournemouth

Saturday 10th September

For further local information please contact Jacqueline at marriagecare@hotmail.co.uk

All courses are day courses and lunch is included. Cost of the courses for 2016 is £70. MCSW also offers FOCCUS, a guided questionnaire-based exploration and essential relationship know-how for individual couple with a trained facilitator. For more information contact mcsw.admin@marriagecare.org

For all other enquiries about MCSW please contact Sue Burridge, head of MCSW centre **Tel:** 01395 272799 **Mob:** 07875 161 595 **email:** sue@marriagecare.org.uk.

MARRIAGE HELP

Retrouvaille (pronounced retro-vi) has helped tens of thousands of couples at all stages of disillusionment or misery in their marriage. This programme can help you too. There is no group therapy or group work. For confidential information about Retrouvaille or to register for the next programme visit www.retrouvaille.org.uk.

RETREATS

Silent and individually guided retreats by members of the Plymouth Diocesan Ignatian Spirituality Team: offering each person the opportunity for space, SILENCE and prayer with a spiritual companion to help you pray and reflect. All 2016 Retreats will take place at Southgate Retreat House, Buckfast Abbey. Contact details for bookings and general information **post:** The Presbytery, 19 Fosse Road, Kingsbridge, TQ7 1NG **Tel:** 01548 852670 **email:** mjbutler@yahoo.com or adriantoffolo@yahoo.co.uk.

Friday 14th to Sunday 16th October: Weekend retreat

Monday 17th to Friday 21st October: Mid-week retreat

Friday 14th to Friday 21st October: 6-day retreat

Friday 18th to Sunday 20th November: A 'taster' weekend retreat

(For anyone who would like to try and retreat for the first time)

Chemin Neuf Community, Sclerder Abbey, Looe, Cornwall: Formed in 1973 and established internationally in 27 countries the Chemin Neuf Community specialises in Marriage & Family days, youth work, evangelisation. For more information about events at Sclerder **Tel:** 01503 272238 or visit the **website** www.chemin-neuf.org.uk/annuaire/united-kingdom/sclerder-abbey.

2016 PILGRIMAGES

Thursday 7th to Thursday 14th July: National Pilgrimage to Fatima: Spiritual Director Rev Fr Gerard Kelly, Group Organiser Mike Daley, Leader Timothy Tindall-Robertson (Plymouth Diocese). For more information contact Mike Daley **tel:** 01793 829381 **email:** AoFSwindon@hotmail.com

Friday 16th to Friday 23rd September: HCPT Group 539 Pilgrimage to Lourdes, staying at Hosanna House. Group Leader Elizabeth Bettsworth. For more information please contact Christopher Woodman email: westcountry@hcpt.org.uk

Sunday 9th to Saturday 15th October: Cornish Pilgrimage to Walsingham: More information will be published in the May edition of Catholic South west.

RESOURCES IN THE DIOCESE OF PLYMOUTH

The Torbay Knights of Saint Columba Council 329.....

.....need new members from the local parishes.



In this Jubilee Year of Mercy, it is essential that we have more knights to carry out the demands of the Gospel in this lay vocation.

Who are we?

We are an organised body of Catholic men who are joined as a fraternity, giving total loyalty to the Holy See, our Bishop and our clergy, working together helping those less fortunate than ourselves in the Lay Apostolate.

We are a way of life, in Charity, Unity and Fraternity, working through our local group here in Torbay. Also, when the opportunity arises, we support our local clergy in a practical way. The knights recently erected a fence for Monsignor David Silk in his garden.

Want to know more?

Then please contact the Grand Knight John Webber
Tel: 01626 776807, or the Action Convenor Mob: 0755536579.

Maurice Quinn
Torquay

South Hams Catenians: Circle 368



(L to R) Robin Graham Brown, President Ben Morby, Peter Hvisc, Mike Vere, John Modley, Jim Murphy (Plymouth President) and Fred Hiscock.

The South Hams Circle moved to their new meeting place at Thurlestone Golf Club, near Kingsbridge on Monday the 16th May 2016. We were delighted to be joined by 6 Brothers from Plymouth Circle. We enjoyed a first class dinner after which Trevor Davies ran a general knowledge quiz; the winners were Peter Hvisc, Mike Vere and John Modley and the runners up were Fred Hiscock, Robin Graham Brown and Jim Murphy. All were presented with small gifts from President Ben Morby. We were all exceptionally pleased with the new venue which offers country and sea views observed from a very comfortable lounge.

Trevor Davies
South Hams Catenians

Our Lady Help of Christians & St Denis, St Marychurch Confirmation Celebrations



Bishop Mark visited our parish on the evening of Saturday 14th May, the Vigil of Pentecost, to celebrate the Sacrament of Confirmation for four of our young people during the First Mass of Sunday. It was a truly wonderful occasion with Bishop Mark concelebrating of Mass with Canon Michael Lock, Mgr David Silk and Fr John Smethurst. The joy of celebrating the Sacrament of Confirmation at Pentecost brought home to everyone – Confirmadii, Catechists, sponsors, parents, family and the whole parish community – the very real presence of the Holy Spirit in our lives.

We live in a very troubled world and only by nourishing our faith and sharing it with others can we hope to overcome the challenges we face each day.

Please keep all the young people in our Diocese who have been confirmed this year in your prayers now, and always.

Felicity Stead
St Marychurch



Torbay Deanery Music & Liturgy Pastoral Forum Study Day

On Saturday 9 July Jo Boyce, the well-known composer and inspirational presenter of modern liturgical music from CJM Music, is leading a day on music and liturgy. The study day – theme God of Compassion – 'So now my heart will sing to you and not be silent' (Ps.30) will take place at Hannah's, Seale Hayne, Howton Lane, off Ashburton Road, Newton Abbot TQ12 6NQ.

Accompanied by keyboard player and flautist Andrew Moss, Jo will take us through music that is reasonably challenging yet accessible to all ('music that we can use!'), including some of the songs and acclamations developed by Mike Stanley before his untimely death 3 years ago. With the Year of Mercy in full swing, its themes will underpin the day as there will be music to encourage us in our Christian commitment towards one another.

Knowing that the music of Jo Boyce is widely used within our diocese we would like to extend an invitation to parish or school musicians, or anyone else who is interested, to join us for what should prove to be an uplifting and joyous occasion. The cost is £10 per person and booking forms have been sent to all Parish Priests with a covering letter. If anyone wishes to attend please contact me by email on enquiries@mainstream-cts.co.uk NB: please put LITURGY DAY in the subject bar. To ensure that adequate music packs can be provided for each delegate PRIOR BOOKING IS ESSENTIAL and applications and payment must be received by Friday 24th June 2016.

Registration will commence at 09:30 and the morning session will start at 10:30. The afternoon session begins at 13:45 and ends with a closing Liturgy at 16.00. Instrumentalists are very welcome but please bring a music stand!

I hope that we will have the pleasure of welcoming someone from your parish or school to this event and if there is any more information that you require please do not hesitate to contact me
Tel: 01803 842156.

Nigel Hickman
Event Co-ordinator

REGULAR EVENTS IN THE TORBAY DEANERY

Third Monday evening of every month (except August), 7.15pm, South Hams Catenians: Thurlestone Golf Club. Please note new venue.

Wednesday mornings, 9.40am, Our Lady Help of Christians & St Denis, St Marychurch: All are welcome to join parishioner before the 10am morning Mass to pray the rosary for vocations to the Priesthood and the Religious Life.

Wednesday evenings from 6pm, Holy Angels, Chelston, Torquay: Adoration of the Blessed Sacrament with Vespers at 6.30pm and Benediction at 6.50pm.

Sunday evenings, 6pm, Church of the Assumption of Our Lady, Abbey Road, Torquay: Polish Mass with Confessions from 5.30pm.

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12 - Catholic South West July 2016

Please will you Share Your Prayer for a better future?

Your Catholic Legacy is calling for Catholics to share their prayers to build a better future. In recent months we've sadly become familiar with negative headlines about charities, but the charities involved in Your Catholic Legacy (YCL) are working together to achieve something positive. By sharing skills and resources, our members are finding collaborative and efficient ways to safeguard their life-saving and life-changing work.

This spring, the YCL charities are launching our **Share your prayer** campaign, encouraging and inspiring the Catholic community to share a prayer for a brighter future, and become part of the mission to bring it about.

Perhaps we pray for a future where everyone has a safe home to go to, or where no one has to go to bed hungry night after night. Or maybe we hope to see a world where all people have the opportunity to realise their potential, or where all people have the chance to hear the good news of the gospel. St Teresa of Avila said: "Christ has no body now but yours; no hands but yours, no feet but yours." Catholic organisations are working hard to be the hands that bring prayers like these into action. The Catholic community is incredibly generous and committed, and it's your support and prayers that make our work possible. So we're taking the opportunity to celebrate this wonderful work by holding a special event this summer. The event, 'Catholics building a better future', will be the culmination of our **Share your prayer** campaign, bringing together all the prayers we receive, and giving thanks for the life-changing work taking place and the people that keep our work going. A Mass of thanksgiving, celebrated by Archbishop Peter Smith, took place in June at St George's Catholic Cathedral, Southwark. Mass was followed by a chance to hear guest speakers Barry and Margaret Mizen, who shared the story of their work striving to leave a legacy of peace in memory of their son Jimmy who was murdered in 2008.

Catholic charities are carrying out essential work. Whether it's developing skills and opportunities for those who are homeless, finding children safe, loving homes, providing practical assistance to struggling families, helping communities overseas hit by conflict or natural disaster, or building up the Church at home and around the world, these charities are a lifeline to many. Gifts in wills particularly help us to be there for years to come, providing much needed support and care. By asking people to consider their hopes for the future, we ask people to consider making their hopes come true by leaving a legacy to a Catholic cause they care about.

A legacy is a sign of compassion and enables our faith and values to live on. We are so grateful for all those who choose to remember our charities in this incredibly special way.

We'd love you to share your prayer with us and let us know about the future you pray for; you can share your prayer via the YCL website www.yourcatholiclegacy.org.uk, via our Twitter and Facebook pages or you can send your prayer to us at 55 Westminster Bridge Road, London SE1 7JB.

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Barry and Margaret Mizen

Who is My Neighbour? ... by Julia Beacroft

When my husband and I were first married, we lived in a small terraced house. Although it was fairly sturdily built, we often felt as though the family who were living next door to us were sharing our lives and our space!

It will not surprise you to hear that their two little girls could make a remarkable amount of noise at times – which we could hardly ignore! But they were a delightful family and the young mum became one of my closest friends and confidantes, so I considered myself lucky to have such lovely people as my close neighbours.

The Gospel reading for Sunday 10th July is taken from St Luke's Gospel and relates the well-known story of the Good Samaritan. In the parable Jesus is keen to emphasise the fact that the man who had been robbed and beaten by brigands is ignored and abandoned by both a priest and a Levite. However, his salvation comes from the most unlikely of sources – a Samaritan who is passing by. There can be little doubt that his listeners would have been amazed to have heard this, as the enmity between Jews and Samaritans was fierce and historic.

COMPASSION

Yet this is the point of the parable. Jesus wishes his listeners to understand that it is entirely possible to show love and compassion even to your worst enemy. In fact, this is precisely what he desires us to do – forgive our adversaries and treat them with the same love and care which we would give to our dearest friends. Jesus asks this question 'Which of these three, do you think, proved himself a neighbour to the man who fell into the brigands hands?' And was correctly answered, 'The one who took pity on him.'

TOLERANCE

For the first three years of my married life I lived next door to noisy neighbours, but this was relatively easy to deal with because they were loud but delightful! However, would I have shown the same tolerance and affection had they been otherwise, I have often wondered?

Therefore our mission is clear. Whether our adversaries are those we associate with, work colleagues or actual house neighbours, we are called to follow the advice of the Lord, who exhorts us to be like the Samaritan man in the parable. Jesus is quite clear on this as he commands us to, 'do the same thing yourself'.

Julia Beacroft is a popular and experienced speaker and workshop leader. She will be happy to give a talk to your group or society. Please visit www.sanciobooks.com for more information.

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