

# Redemption

***“We adore you, O Christ, and we  
praise you, because by your  
Cross you have redeemed the world.”***

***Continued on page 5***



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*'Catholic South West' is the monthly newspaper which serves the communications needs of the clergy, organisations and people of the Diocese of Plymouth.*

EDITORIAL  
Nick Layton

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REGIONAL MANAGEMENT

Deanery Contacts  
**Cornwall Deanery**  
Rev Adrian Dyer, 01209 213698  
[adrian153@Live.com](mailto:adrian153@Live.com)  
**Dorset Deanery**  
Bridport: Pat McEvoy, 01308 424358  
[pat.mcevoy@bluebottle.com](mailto:pat.mcevoy@bluebottle.com)  
Poole: Brian Condon, 01202 687392  
[brian.condon@uwclub.net](mailto:brian.condon@uwclub.net)  
Weymouth: Esmée Nicholls 01305 834098  
**Exeter Deanery**  
Exeter: Frances Canning, 01392 209542  
[francesandedward@blueyonder.co.uk](mailto:francesandedward@blueyonder.co.uk)  
**Plymouth Deanery**  
Monica Evans, 01752 663388  
[monrobin@Hotmail.co.uk](mailto:monrobin@Hotmail.co.uk)  
**Torbay Deanery**  
Richard Stead, 07952 670292  
[rfv.stead@btinternet.com](mailto:rfv.stead@btinternet.com)

Editorial Panel  
Panel Members: Rev Tony Irwin, Susanne Kowal, Sue Walsh and Adrian Wardle  
Chairman to be appointed.

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# Induction of Fr John Gilbert in Truro



Tuesday 9th January 2018 was the occasion of the Induction of Fr John Gilbert as Parish Priest of Our Lady of the Portal and St Piran, Truro and of Our Lady Star of the Sea and St Anthony, St Mawes.

Although he had been in residence in his rôle as Parochial Administrator for over a year, it was with great pleasure, that we welcomed Father John as our Parish Priest.

A pontification of priests arrived for the special celebration of Mass. We were also blest with the presence of the Dean of Truro Cathedral, the very Reverend Roger Bush, and members of the religious sisters from Falmouth, who came to share in our celebrations. Thankfully, the inclement weather did not daunt the many parishioners from Truro, St Mawes and surrounding churches from coming for such an auspicious occasion.

Fr Peter Morgan, Dean of Cornwall, was the Principal Celebrant, with several con-celebrating and assisting priests, along with a few deacons, including Deacon Andrew Shute of Truro.

As the opening hymn 'Christ triumphant, ever reigning', rang out, played by organist Michael Scoble, it was truly 'with hearts and voices raising, this shall be our song' that set the tone for the proceedings as Mass began.

In his homily, speaking of the significance and importance of the occasion and of both the spiritual and social aspects, the Dean referred to the importance of 'breaking bread together both at the

altar and in the parish hall', as an integral link (as with all good Catholic celebrations) between the sacred and the secular, that of the anticipated 'party' later! Dependence on Our Lord is at the very centre of our lives, but an inter-dependence of each another is also essential in the journey of a parish, it is a two-way thing. Supporting, encouraging, helping practically and spiritually, and sharing each with their own talents and gifts in friendship within and outside of our communities.

The purpose of the Rite of Induction is to confirm understanding of the responsibilities of the parish priest, whether guiding, teaching, leading or in a supporting, caring role and his promises to carry out this duty. However, most importantly are the parishioners, who through their baptism have responsibility to play their part in the life of the Church too. Therefore, promises of their help and support, their acceptance of this role are asked of them also.

After the homily, the Dean read out the Letter of Appointment from the Bishop, then Father John made the Profession of Faith before the congregation. Next, various Questions were put to both priest and people regarding the nature of their ministry one to another. After each question all affirmations were made adding, 'with the help of God'.

After a prayer, Father John (sitting in the Presidential Chair) received the Document of his Appointment and was 'entrusted with the keys of the church'. Then he greeted the people in the

name of Jesus the Lord, and was welcomed by all, and a short address given. The Induction ceremony complete, Mass then continued with the Liturgy of the Eucharist.



Fr John Gilbert

Finally, as our entrance hymn (Christ Triumphant), invited us vocally to 'hear us as we sing', we recessed singing the hymn 'Tell out my soul', reinforcing the message and endorsing the theme and emotion felt beautifully with the words, 'tender to me the promise of his word, firm is his promise, Tell out, my soul, the greatness of the Lord, unnumbered blessings give my spirit voice. It was a powerful message with great meaning and expression for everyone to take forward to spread to all who were not fortunate enough to be there that night and to live out, a Liturgy, a Rite of the Church maybe rarely seen, but never forgotten.

And so, with God's blessing (and help), we look forward in joyful hope to our continuing journey, in faith, in love and in community, confidently led and held in the safe hands of our Father John, Parish Priest of Our Lady of the Portal, Truro, and Our Lady Star of the Sea, St Mawes.

by Genevieve Knight,  
Our Lady of the Portal and St Piran, Truro



## St Mary's Falmouth Has Talent!

St Mary's Church Falmouth called for volunteers from the Parish to show off their individual talents, the result was an evening of Song, Verse, Music and laughter. Father Brian acted as compare and introduced each act with a joke. The acts ranged from poetry, through the playing of musical instruments, songs and duets. After refreshments the evening concluded with a Potted Pantomime called 'Forty Winks Beauty'. The costumes which had been put together by the cast, were a laugh and a half, and the cast performed with great skill (some have been nominated for Oscars) and together gave the audience an entertainment full of laughs. The evening was declared by those attending to be a real tonic. One elderly parishioner attending Mass the following morning said her stomach was still aching from laughing the night before!

Thanks to Matt Bromage for the superb photographs.





# Make a difference – Catenian Bursary Fund



Do you ever get depressed by the state of the world? By the poverty and inequality – by wars and famines. Are you a young Catholic aged between your 16th and 25th birthday and are you thinking of doing something – anything – about it and the help make a difference? To be what Pope Francis calls “a missionary disciple”? If so, then we may be able to help you, by offering you a financial award to help you to realise your dreams. The Catenian Bursary Fund has already distributed over £1m to young people engaged in individual projects to help others all over the world. You can organise this project yourself, or with others, or use a Government, faith or commercial organising company – we support them all – the choice is up to you. We also support young Catholics who travel to Lourdes to act as a helper or support worker to a less-abled pilgrim with either the HCPT or with the Diocesan pilgrimage and we have recently added support for those who travel as support workers on the Across Trust's Jumbulance. Whatever you do, we believe that engaging to help those less fortunate than yourself will bring you closer to God – and it will also be an experience you'll never forget.

By the way, you don't have to be a Catenian or know a Catenian to apply. We give grants to all young Catholics, from all over the world and projects can last anything from 10 days to over a year-long. So why not check us out? You can do that by visiting our website and viewing the video there which will tell you more. <https://www.thecatenians.com/bursary>

The Catenian Association Bursary Fund » The Catenians  
[www.thecatenians.com](http://www.thecatenians.com)

#### Volunteering?

Need more cash to help with your expenses? The Catenian Bursary Fund may be able to help. Each year the fund gives cash grants (nothing to repay) of ...

Projects must be for a minimum of 10 days but can stretch up to a year. The minimum grant is £75 but can be up to £1000 for a longer term project.

#### Am I eligible?

If you have any queries as to whether you are eligible please see the Guidance Notes link on this page.

Contact: [bursary@thecatenians.com](mailto:bursary@thecatenians.com) Tel: 0247 622 4533



## PROVINCE 13 PUBLIC SPEAKING COMPETITION



The Competition this year was held in St. Peter's Catholic Church, Crownhill, Plymouth. Sadly some competitors were unable to attend but the three contestants who did make it provided a very worthwhile and enjoyable occasion. Subjects chosen were "My biggest concern for the future" by the winner Agnel Geo Stephen from Richard Huish

College, Taunton, "Being young is overrated" by the runner-up Samuel Prince from St. Cuthbert Mayne Torbay and "The most important lesson of my life so far" by third placed Megan Louise Thompson from Notre Dame Plymouth.

The winner's prize was presented by Peter Chap-



man of Torbay Circle, the runner-up prize by Trevor Davies of Plymouth Circle and the winning school trophy by Teresa Walsh.

The event was organised by Peter Holman, Director from Province 13.

### Around the South West

#### Perpetual Eucharistic Adoration - Plymouth City

The Chapel in Plymouth Cathedral is now open from Monday—Thursday (24 hours a day) &



Saturday after morning Mass till midday, Friday 6pm –7pm. It offers each adorer the opportunity to spend an hour loving Jesus and enables people to be a part of an unceasing chain of prayer, adoration and intercession for the Church and the World. The Cathedral has received a tremendous response from those accepting their invitation to spend time with Christ. Your wonderful response so far allows us to commence with 3 days of perpetual adoration, which we will use as a platform to build on. "If you feel you are able to devote on hour each week then please contact the Cathedral Parish Office on 01752 662537.

#### Plymouth Ladies Night Out

One of the most popular events in the Plymouth Catenian Circle Ladies busy social calendar is the annual meal at the City College,



Plymouth. This year 28 Ladies attended. The meals were prepared and served by the students and the evening was thoroughly enjoyed by all.

#### North Devon Catenians celebrate 9 years

On 22nd February the North Devon Catenian Circle celebrated its 9th birthday and 100th meeting, followed by a splendid dinner enjoyed by all,



including wives, visiting priests, and guests from other circles. A raffle was then held for the Plymouth Children's Society. Finally, Director for the Province, Peter Holman, presented Brother Peter Ware with a scroll, a miniature and a pen for his 40 years in the Catenians. His wife, Nikki, was presented with a beautiful bouquet of flowers.

Brother Peter Ware joined the Epsom Circle in September 1977. He moved to Devon and transferred to the Plymouth Circle. He left in 2008 to become one of the founder members of the newly formed North Devon Group.

#### Bude/Holsworthy Food Bank

Urgent items needed: sugar, fruit juice (carton), milk (UHT), coffee, cereals, custard, meat,



fish, vegetables, fruit. Other items are also very helpful. Please donate anything you can to Oceans Community Centre, Berries Avenue, Bude, EX23 8QE.

#### Support Tackashmah!

Tackashmah is running for the Jesuit Missions in the London Marathon. You can sponsor her by going to <http://uk.virginmoneygiving.com/TackashmahLangthorne>





# Rosary on the Coast



The Rosary on the Coast initiative is an opportunity to pray for a re-flourishing of faith across the British Isles as a means of preparing for a New Spring Time within the Church, so that we Christians of these lands might spread the Gospel in its fullness in a renewed and joyous way. We hope that Rosary on the Coast will bring from heaven the grace of renewed evangelistic outreach and zeal as we further the work of the New Evangelisation.

**Context of Prayer for the Sanctity of the Human Person**

*The Abortion Act came into effect on 27 April 1968. This Act has overseen the killing of nearly nine million unborn children and yet society is in denial. The rosary is a powerful spiritual instrument to bring about a return to belief in God, an end to evil and for a rebuilding of a culture of Life.*

**Context of Prayer for Peace in our National life and throughout the World**

*There is a great unease in people's hearts as helplessly they watch daily the news channels and their incessant litany of bad news and of horrors unthought-of. How are we all to respond with both generosity and compassion? Rosary on the Coast seeks through prayer for peace to awaken HOPE again and plead for PEACE from God throughout the world.*

Please do whatever you can to help promote this Rosary prayer campaign as a contribution to the re-evangelisation of our country

**On the website:**  
[www.rosaryonthecoast.co.uk](http://www.rosaryonthecoast.co.uk)

- \* Letter from the General Secretary of the Bishops' Conference of England & Wales, with the good wishes and prayers of Cardinal Nichols for this act of witness, and stating that Mgr. Armitage and Fr. Harries from the two National Shrines of Our Lady have recommended the project, and that the Bishops Conference of Scotland have given it a strong endorsement.
- \* 3 min YouTube with message of support from Bishop John Keenan of Paisley, Scotland
- \* Interactive map with many locations already registered
- \* Form to sign up a new Location, and link to sign up for email updates
- \* Rosary on the Coast logo to use on any local event promotional material
- \* A schedule of National Preparations from 1st March - Feast of St David, Patron of Wales

## Rosary on the Coast on Plymouth Hoe

Join us at 3pm on Sunday, 29th April on Plymouth Hoe where we will gather to pray to Jesus, the Divine Mercy, for a renewal of faith and respect for human life through the powerful intercession of Our Lady of the Rosary.

The Rosary has been given to us as a powerful weapon to fight the darkness of our times and to pray for Peace in our world. The saints have called Our Lady the terror of the demons, and Jesus, Our Lord and Saviour, has entrusted each person and our world to Her Motherly care. Our faith teaches us that it is through the supernatural movement of grace and prayer, invoking the powerful intercession of Our Lady that evil is brought down, and goodness & peace seem to be restored among peoples and nations.

Everyone is invited to attend this, so please do join us.

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FOR FAITH, LIFE AND PEACE IN THE BRITISH ISLES

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**Pray the Rosary!**  
Let us all stand on the coast and encircle our country with a Living Rosary for Life, Faith and Peace. Let us all pray to Our Lady and seek her intercession for our Homelands. In Jesus we trust!

**Rosary on the Coast timeline**  
19th March: Feast of St Joseph, start of an Day Spiritual Preparation  
29th April: Day of intense Prayer of Reparation for the 1967 Abortion Act  
28th April: Invitation to the Sacrament of Reconciliation  
29th April: Pilgrimage to the coast for Rosary on the Coast at 3pm or to a location/Church in Island Dioceses

Details and sign-up form: [www.rosaryonthecoast.co.uk](http://www.rosaryonthecoast.co.uk)  
Visit our website to find your nearest coastal place to pray or to set up a new location yourself!

*"There is no problem, no matter how difficult it is, whether temporal or above all spiritual, in the personal life of each one of us, of our families that cannot be solved by the Rosary"*  
— Leonard of Cord, Patron Doctor of Florence

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# Redemption

"We adore you, O Christ, and we praise you, because by your Cross you have redeemed the world." When we say these words, do we ever wonder how we understand Christ's redemption? What does it mean for a human being to be redeemed? I have always thought the early chapters of Genesis teach us such important lessons about what it is to be human, and what has gone wrong with us. Sometimes we describe a human being as a 'rational animal' – and that is true, of course. But the first two chapters of Genesis tell us something more important: that the key to being human lies in the essential relationships that make up our lives. Firstly, of course, our relationship with God, who called us into being, "in the image of himself." Secondly, our relationship with our fellow human beings "for it is not right that man should be alone". And thirdly, our essential relationship with the physical world of which, through our bodies, we are a part. Genesis paints the Garden of Eden as a terrestrial paradise, where man is at home with his God, with Eve, and with the whole of creation.

What has gone wrong? The third chapter of Genesis tells us of sin, of pride and disobedience. It also tells us of the consequences of sin: the three essential relationships are broken. Adam and Eve try to hide away from God, they blame each other and lose their innocence, and they will now know physical hard work, pain, suffering and death. They are no longer in paradise, but in a harsh world of sin and death.

Why do we call Jesus Christ our Redeemer? Is it not because he came right into this real world of human sin and its consequences, and lived out for us those essential relationships that every human being needs? The climax of Jesus' life and struggle against sin comes in his Passion. Here he is faced by the sins we humans commit against each other: hatred and jealousy, treachery, injustice, disloyalty, violence and aggression, mockery – the sin of the world is hurled against him. And he experiences the physical suffering and pain and death that sin unleashed. And in some strange way, he also experiences that distance a man can feel from God: "My God, my God, why have you forsaken me?" We can call Jesus our Redeemer because in the midst of this terrible experience of what human sin can do, Jesus does not break those three essential relationships we need, but affirms them. So he prays for his murderers: "Father, forgive them for they know not what they do." He accepts the suffering and makes it an act of self-offering in humility and obedience: "Not my will, Father, but thy will be done." And he does not lose trust in God: "Father, into thy hands I commend my spirit."

I call Jesus Christ my Redeemer because he is what it is for a human being to be redeemed. I don't see Redemption as some strange act that he does: rather it is something he is: he lives it, and his offer to all of us is to come to him and share his life. How we can do that could be the subject of another reflection!






Catholic Children's Society  
(Plymouth)

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# YouthPage



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On Tuesday 20 February, our Youth Group met up for an evening of fun, friendship, faith and fellowship in the Parish Office. They bonded over pizzas and board games while the adults Marcia and Sarah chatted to them, prepared the food and put the world to rights over a cuppa. Eight of our lovely young people had a fabulous time and have agreed to make it a monthly event.

The evenings started up in January at a fun filled evening hosted by Fr Mark and have since picked up new members. If you are age 11-18 then please consider joining us. For more information about the next meeting please contact the parish office on 01626 774640 or [office@allsaintsparish.co.uk](mailto:office@allsaintsparish.co.uk)



### The Latin Mass Society

[www.lms.org.uk](http://www.lms.org.uk) 020 7404 7284

Masses in the Extraordinary Form in Plymouth Diocese :

St. Edward the Confessor, Home Park Ave., Peverell, Plymouth, Devon. PL3 4PG  
Sundays 11.30am . Sung Mass

Blessed Sacrament Church, Fore Street, Heavitree, Exeter, Devon. EX1 2QJ  
3rd Sundays at 3pm

St. Cyprian's Chapel, Ugbrooke House, Chudleigh, Devon. TQ13 OAD  
4th Sundays at 3pm.

Lanherne Convent, St. Mawgan, Newquay, Cornwall TR8 4ER  
Sundays and Holy Days of Obligation . Sung Mass 8am. \*  
Mondays to Saturdays inclusive 7.30am Low Mass  
\*Rosary and sermon at 7.30am

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Buckfast Abbey (Blessed Sacrament Chapel), Buckfastleigh, Devon. TQ11 OEE  
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Monday April 9th; Wednesday May 16th; Wednesday June 13th; Wednesday July 18th; Wednesday August 15th

Our Lady of Lourdes & St. Cecilia, White Cliff Mill Street, Blandford Forum, Dorset. DT11 7BN  
All Masses at 12 noon the following days and dates:  
Thursday 10th May; Thursday 26th July; Saturday 8th September.  
Any questions contact Maurice Quinn  
(LMS Rep, Devon and Dorset)  
on either : Email : [mq018q1057@blueyonder.co.uk](mailto:mq018q1057@blueyonder.co.uk) Mob. 0555536579



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# How (NOT) to Light a Candle

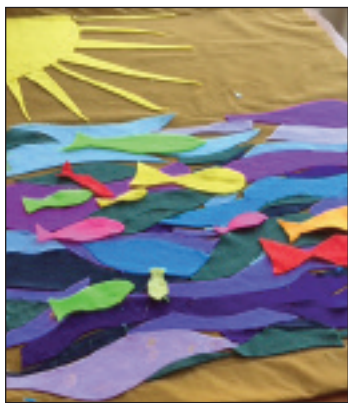
Holy Ghost, Exmouth, Confirmation Retreat 2018

Get any group of people together, give them a bit of time and space, and you'll be amazed at what you can learn. 13 young people and 12 adults spent the weekend (23-25 Feb) on retreat at Buckfast Abbey as part of the Confirmation programme.

## Some of the things we learned were:

- + everyone can make a joyful noise – even when they claim they can't sing
- + what Latin plainsong sounds like
- + that young people are not afraid to ask tough questions
- + that they really want to get more involved with their faith
- + how calming night prayer can be
- + that you can go on pilgrimage without travelling far
- + that lighting short candles in tall jam jars can be a challenge - even with a pair of tongs!

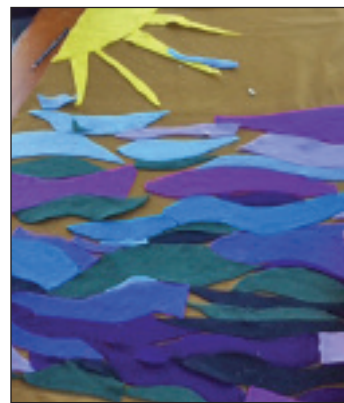
With a mix of games, discussion and prayer we explored a number of themes, sometimes in separate sessions for the children and the adults, sometimes all together. The young people explored the Creed, the Trinity and the Creation story in Genesis. As this is Lent, they also thought about what sacrifice really means. The adults discussed how we can be Good Shepherds to our young people, and how the Church can be seen as the "Bread of Life" Cafe. Everyone walked the 'personal pilgrimage trail' devised by Father Philip. And together we lighted candles and prayed, thought about Grace, and discussed how we can make our Church (and our church) really welcoming to all.



The confirmation candidates said:

- + I've enjoyed learning about the Trinity.
- + I became closer to God.
- + I enjoyed visiting the gardens.
- + I didn't expect it to be THIS FUN!!
- + like the breakfasts.
- + I am now superconfident about making my confirmation.
- + It made me think about even the simplest things in the Bible.
- + I have had a great calm weekend and I really loved having Vespers in the Abbey.
- + We decorated jam jars and put candles in them for Night Prayer.
- + We did so many fun things, still learning about Christianity.
- + I enjoyed decorating the jam jars.
- + It was fascinating learning about confirmation with still having FUN!

We finished with Mass in the dining room for candidates and parents, with the candidates taking many roles: welcoming, reading, serving and performing a most joyful hymn. It was a very special experience, and a rewarding weekend for all.



Siobhan Canham

# Lenten Youth Day

Led by Fr. Philip, the group considered the 'I am' sayings of Jesus before following 'signs' that led them around the extensive building and grounds to stations. Each station displayed one of the sayings, together with quotations from Pope Francis to contemplate.

In May this year Bishop Mark will be joining many of those present for the Diocesan Pilgrimage to Santiago de Compostela, aptly named 'The Way, the Truth & the Life'. Our day at Sidholme gave those present a great opportunity to get to know each other better before setting off on the Camino de Santiago.



Some of those travelling from afar stayed overnight for a residential retreat, giving us more time to pray and be together. The Lenten quiet day itself

culminated in the celebration of mass together before all went back to their own parishes.

# Chillout@ Church

We are really lucky in our parish of Holy Family, Exmouth & Budleigh Salterton, to have young people keen to take part in church life.

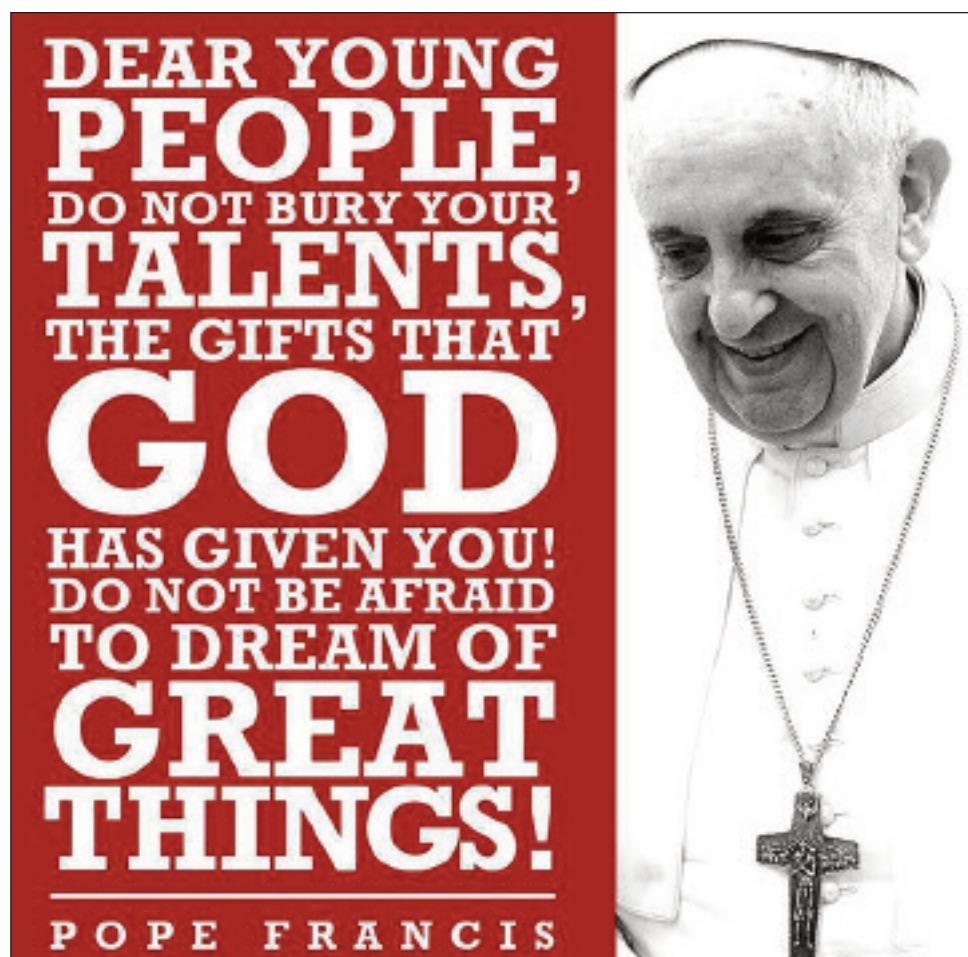
We have a team of young volunteers that help serve the parish (literally!) at shared lunches and fundraising events – The 'A Team' no less!

We have young people that regularly read at Mass and a host of young servers.

This year, 12 of our youngsters are preparing to make their Confirmation and are undertaking a course of study that guides them into looking deeper at their faith. They have also embraced the opportunity to put their faith into action with a fundraising event for the charity Mary's Meals and a visit to our local drop in centre, Open Door Exmouth.

In return for all this involvement from our youth we give them the chance to Chillout @ Church – the last time we met, we shared pizzas and watched a film together.

We're looking forward to lots more exciting adventures together and you can follow the fun on our Instagram page: @Confirmation2018 (for those that use the Instagram app).



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# The wonders of nature

By Fr. Mark Skelton



*‘My garden is a great joy and a great responsibility’*

AND SO THE TURNING of the year has us heading back now towards longer days and one hopes, more fragrant and colourful ones. February – as usual, has been one of those odd months – it can lull you into a false sense of security. One moment you are sitting in the full sun with a cup of tea – although admittedly in coat, hat and scarf – and the next, without a moment’s warning, come gales of epic proportions which battle with a dampness that can only be soggily endured. And so, all imagining of spring is blown away in one great cloud of anything not nailed down.

However, February and March are also the time that bulbs, planted in October, begin to encroach upon winter’s domain, keeping the rumour of summer alive. Perennials which stood tall and proud with branching arches of flower and leaf back in July and August, are now dead wood cut down to the soil’s surface, but here and there the shoots are returning; adding their gentle whispers to the

growing intimations that it will be colourful and fragrant again.

The huge amount of weeding which I have done this winter will begin to reap benefits and the transfer of hibernating root balls from one section to another is exciting. However, as I have dug up the root systems of one particular perennial called Canada Goldenrod, which is a beautifully elegant tall stemmed creature which is capped, as its name suggests, with lovely yellow flowers, this has involved me needing to be more brutal than I ever thought possible.

Dreaded Ground Elder roots which I have spent most of the preceding months removing, cling in sneaky disguise to the Goldenrod like the plant equivalent of the Trojan Horse, hoping by its cunning and intertwining nature, to have me plant it unwittingly back in the newly cleared area, which I am calling the Faramir Lawn. Thus they need to be extricated, sometimes by stealth and gentle persuasion, but sometimes with the force of removing plasters from grazed knees!

Into this big expanse of newly cleared ground which I have dug over many times, I have put in rotted compost, wood ash from the wood burner, soil enhancer, and ordinary topsoil. All sorts of different things therefore, contribute to the makeup of the bed. One single ingredient would not enrich: it needs a vast array. This will hopefully give the fresh intake a good start. Angelica, Fennel, Verbena, Crocosmia, Membrysia and assorted grasses, as well as the re-planted and split Goldenrod, are now beginning to dot themselves around the area. I have broken up grasses into 7 or 8 new plants which hopefully will thrive and flourish. Faramir, the rabbit for whom the lawn is named, (although admittedly it is more an extended bed of grasses and tall flowers than a lawn) has taken keen delight in harvesting and trimming many of the aforesaid, but I live in hope that their sheer volume will prevent total extinction.

However I do all this work because I know it will pay dividends for my psyche and soul in the months and indeed years to come and I know that the plants themselves will luxuriate in their new freedom. I know that later I may

well decide that I put a particular plant in the wrong place. I know I may not wholly benefit from the fruit trees I plant but others will, and I know that however long I stay in this place; the garden is not something I can completely control. I can certainly create a setting for it, and I can have in my mind an ideal, but I cannot make it grow exactly as I want it to and nor should I. Once I plant I have to let it develop in its own way. I can trim and clip and to a certain extent this involves me in moulding my idea and my vision, but in the end, once a life starts; once it sends down its own roots and sends up its own shoots, it has, quite literally, a life of its own. As long as I am around, I can assist it and encourage it. I can remove the Ground Elder and the bad influences and I can give it nourishment of varying feeds to help it on its way, but there will come a time when the plants and grasses I have placed in this area of the garden are so well established that to uproot and move just for my own delight or at my own whim, will do far more harm than good.

My garden is a great joy and a great responsibility. The wisdom is always to know when the tweaking and encouraging is more about me than the garden.



# Justice and Peace in Falmouth

As Christians, we are called to uphold the dignity and sanctity of life of every person created in the image and likeness of God. This entails thinking globally and acting locally: "as often as you did this to the least of my brethren, that you do unto me".

As a response to this, a Justice & Peace Action Group meets monthly at St Mary's Church Hall. Under the justice and peace umbrella, they considered many aspects of life in the 21st century and endeavoured to keep abreast of the issues as they arise. The group brings good news to all meetings (of which there is plenty) as well as those situations that hit the headlines. The meetings are underpinned by prayer, reflection and sharing views.

## Past Events

### September 2016 - Iraqi refugees in Jordan

An open meeting at which Della Shenton (founder of Parishes for Peace) spoke movingly of the refugees who have sought sanctuary in Jordan but have no means of subsistence, some of whom now live in converted shipping containers. A spontaneous response raised £200 in donations. Following this, a member of St Mary's Church organised a coffee morning with stalls which raised over £800. Christmas cards were also written with messages of hope and loving concern and sent to those in Jordan.

### January 2017 - Workshop

A one day workshop was held on Sustainability - "Living Simply so that others may simply live".

### February 2017 - Visit to Shelterbox

Shelterbox is a Cornish charity which has spread globally. The visit was to the new visitors' centre in Truro with a 2-hour presentation about the logistics, realities and ongoing improvements in responses to disasters.

The Group packed one of the famous "Green Boxes" which cost £600, and hold the basic living necessities for 8-10 people, i.e. tent, cooking and eating utensils, water purification unit, blankets, wind up torch and a few children's items including a teddy bear.

Study days have also been attended on: The NHS, Demetia Support, Churches Together in Cornwall and an ecumenical day on the Persecuted Church.

## Invitation

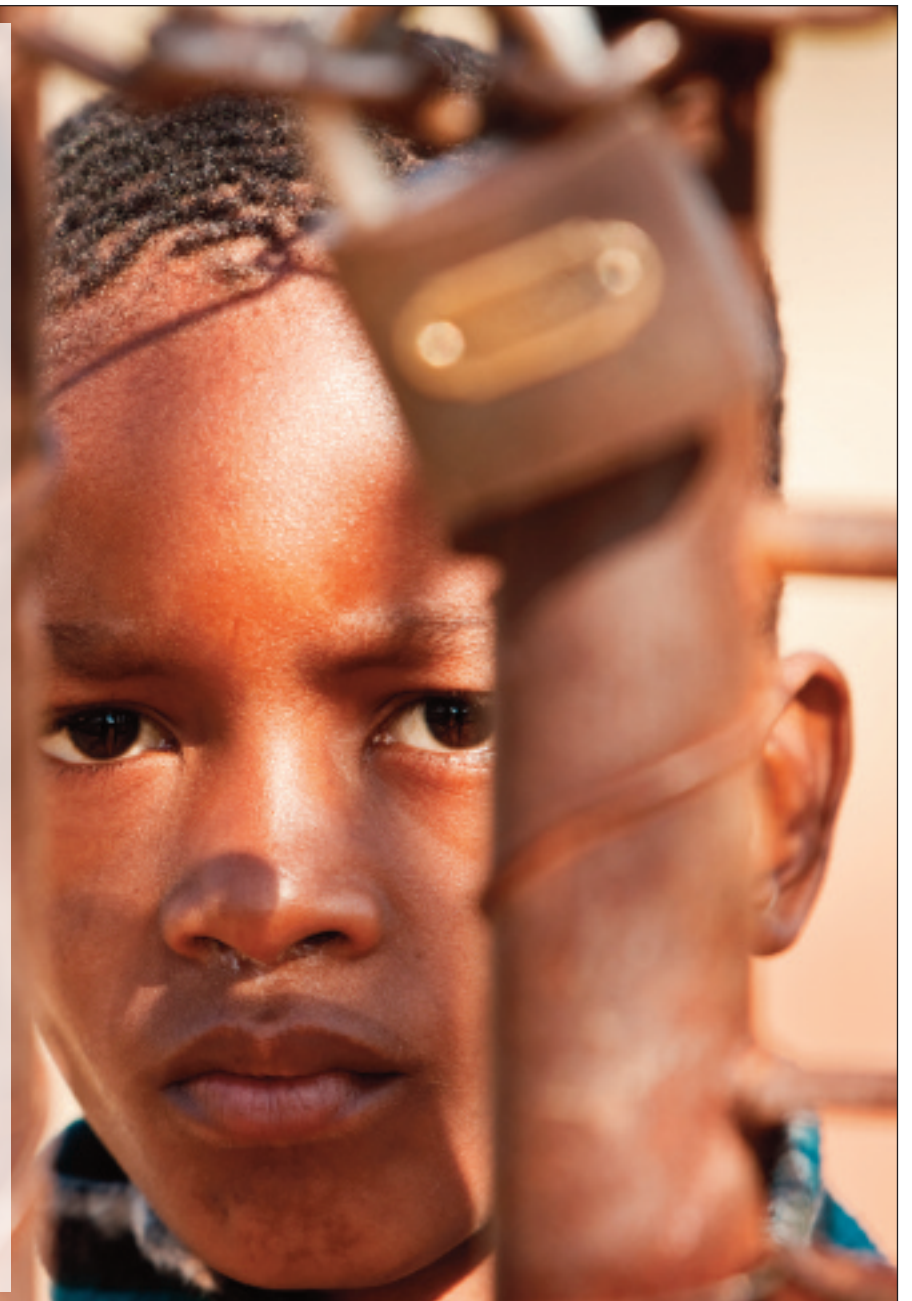
Our varied meetings and events are open to everyone and is a great way to come together to respond to our call as Christians. We meet on the 2nd Tuesday of every month (except August) from 2pm-3pm, in St Mary's Church Hall, Falmouth. Everyone is invited and everyone is welcome! For more information please contact Mary Bradley - mary@corisande.plus.com

## Prayer

*May God bless us with anger at injustice, oppression and exploitation of people - so that we will work for justice, equality and peace.*

*May God bless us with tears to shed for those who suffer pain, rejection, starvation and war - so that we will reach out our hands to comfort them and change their pain to joy.*

*May God bless us with the foolishness to think we can make a difference in the World - so that we will do the things which others believe cannot be done.*



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**Good Friday:** Liturgy at 3pm  
**Easter Vigil:** 8.30pm  
**Easter Day:** 10am

**TINTAGEL IN HOLY WEEK  
AND EASTER**  
**PALM SUNDAY** and blessing of Palms at 17.30  
Mass is celebrated Monday, Tuesday  
and Wednesday at 10.00  
**MAUNDY THURSDAY**  
Mass of Last Supper 17.30 and washing of feet,  
followed by watching at Altar of Repose  
until 19.00  
**GOOD FRIDAY**  
READINGS  
Veneration of Cross and Holy Communion 15.00  
**EASTER DAY MASS** at 17.30  
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**29th March: 7pm: Maundy Thursday**  
*Evening Mass of the Lord's Supper and  
Watching at the Altar of Repose*  
**30th March: 3pm: Good Friday**  
*Solemn Celebration of the Lord's Passion  
Confessions available before and after*  
**31st March: 8.30pm: Easter Vigil**  
**1st April: 7.45am: Easter Sunday Mass**  
*at Our Lady of Victories, Callington*  
*10.00 am: Easter Sunday Mass at Launceston  
and St Peter's, Bude*  
*There will be no evening Mass today*

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**Easter Services will be celebrated on:**

**Palm Sunday** Vigil Mass - Saturday 5.30pm  
Sunday Mass - 10.30am Process from St Teresa's Hall  
**Maundy Thursday** Evening Mass of the Lord's Supper - 7pm  
**Good Friday** Celebration of the Lord's Passion - 3pm  
**Easter Vigil** Saturday - 9pm  
**Easter Sunday** Mass - 10.30am  
Details of all other services can be found at  
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**Schools** *Page*



# Fairtrade Breakfast in Teignmouth

On Thursday 8th March St Patrick's School in Teignmouth held a Family and Friends Fairtrade Breakfast in their hall. The event was open to all children, staff, parents and families of children in the school and around 60 people came.

The event took place during Fairtrade Fortnight, which highlights the impact we can all make by choosing Fairtrade ingredients when kicking off our day.

Millions of farmers and workers in developing countries work hard each and every day to grow the food we eat, yet many don't earn enough to know where their next meal is going to come from... we have the power to change this!

There are 795 million undernourished people living on our planet and it's estimated that half of these people live on small farms... so supporting a movement that empowers smallholder farmers will in turn help tackle the issue of food security.

By sitting down for a Fairtrade breakfast, we stand up for farmers all over the world. Research shows that some smallholder farmers who are part of the Fairtrade scheme, reported earning around a third more than they did before. This means they can now afford more of the important things, such as food, medical bills and sending their children to school. Mrs Barreto the Head Teacher said "At



We eat breakfast to stop us getting hungry throughout the morning at school and to stop our tummies rumbling. Without energy in the morning we will not only be hungry but also feel very tired and sometimes we can get dizzy.

Martin Luther King Jr once said "Before you finish eating breakfast in the morning, you've depended

world, but we wanted children to reflect on how they feel about the fact that the people who grow our food often miss out on breakfast themselves. Do they think it's fair? Do they know why it happens?

Finally we finished by recapping with the children what the impact is when we have no choice but to miss out on breakfast. It's an important meal and we can't get our work done without it. Fairtrade helps farmers make sure they can put enough food on the table all year round. Fairtrade means a fairer deal for farmers. When people choose Fairtrade, it means that many farmers now know they can put food on their table for the people they care about all year round. Thank you to Eve who was our journalist and photographer for the day.

When you buy Fairtrade certified products, you can be confident that the farmers who produced the ingredients received a fair price for their harvest. In return, Fairtrade farmers agree to use environmentally sound practices, implement fair working standards, and invest in their communities. Fairtrade is a great model that's helping to ensure the global economy is serving people - not the other way around!

Our Parish Church of All Saints Teignmouth also took part in Fairtrade Fortnight and is trying to use Fairtrade products whenever it can for all parish events such as tea and coffee after Mass on Sundays and at PPC events. Bishop Mark was able to join us in sampling some of these products during his recent visitation to the Parish as we celebrated and welcomed his presence there with Fairtrade wine, cheese and biscuits on Saturday night in Dawlish then Fairtrade tea, coffee, biscuits, cake and recipes using Fairtrade products after Mass on Sunday in Teignmouth. Fair Trade products were also available after Mass the following Sunday.



OLSP we think that's a wonderful thing to help happen and our children understand that making choices such as this means we are all trying to help others live a better life while trying to live better ones ourselves."

We learned that breakfast is our first meal of the day and kick starts the body to wake it up after a long sleep. Energy from breakfast wakes our muscles, bones, organs and brains up after sleeping. Breakfast is the most important meal of the day because if we miss it, our bodies struggle to wake up properly and our bodies don't know what to use for energy.

We also learned what we can choose for a healthy breakfast such as:

- Wholemeal toast with butter
- Fresh fruit salad with yoghurt
- Boiled eggs with soldiers
- Omelette
- Banana on wholemeal toast
- Weetabix with milk and fruit topping
- Porridge with milk

Next we went on to think about what happens when we miss breakfast. When we've slept for 7-10 hours we haven't given our body any energy or water and so the purpose of breakfast is to "break-the-fast".

on more than half the world", so we asked our children to come up with ideas about what Martin Luther King meant when he said this. We also encourage them to think about the food they eat for breakfast, where it comes from, and how it got to their breakfast table.

We know our breakfast comes from all around the

**BEFORE FAIRTRADE  
WE WERE LOSING MONEY  
WHICH MEANT WE HAD  
TO BUY LESS FOOD  
FOR THE HOUSEHOLD...**



**I HAD EITHER  
BREAKFAST  
OR LUNCH...**

**THE PORTIONS  
WERE  
SMALL AND DIDN'T  
LEAVE US FULL...**

Luisella Jimenez Chiquena, Rosendo Jimenez, Guatemala





# Experience Easter – *St Mary's Church, Barnstaple*

The children from Our Lady's School were invited to church to experience and learn all about the Easter story beginning with Palm Sunday all the way through to the resurrection. The journey began with the children listening to a story about the Easter story, where they were told that it is a story but a real story. The children were then put into groups and had the opportunity to visit every station and find out about the various stages of the Easter story. The children were involved in various activities and role-plays which involved reenacting Palm Sunday, The Last Supper and The Garden of Gethsemane. Children were also able to reflect on the modern day meaning of The Cross and The Washing of the Feet; highlighting the fact that Jesus was the Servant King in way that the children were able to understand. The experience finished with the children sitting around an empty tomb and discussing the Easter symbols.

Upon leaving, the children were given a palm cross, a leaflet with symbols relating to the Easter story and an Easter Egg showing the link between Jesus's death and new life.

The whole school, including the pre-school were

invited to join the church to share this special experience. The older children were able to participate in the Easter Experience by leading the stations and helping their peers reflect on different parts of The Easter Story.

Our Lady's Primary School would like to extend their sincere thanks and gratitude to the staff and parishioners of St Mary's Church who were involved in setting up and running the Easter Experience, enabling the children to understand, learn and increase their knowledge of the true meaning of Easter.

## Quotes from children

*'We learnt about Jesus and when he went to his meal' – Bailey Gwynn*

*'The team that an amazing job because they set out the stations nicely and told the story of when Jesus was alive' – Sarah Louise Dyer*

*'I liked swapping the stone for an Easter Egg' – Elena Gwyn*

*'I liked the palms as I could imagine myself being there' – Oskar Czechowski*



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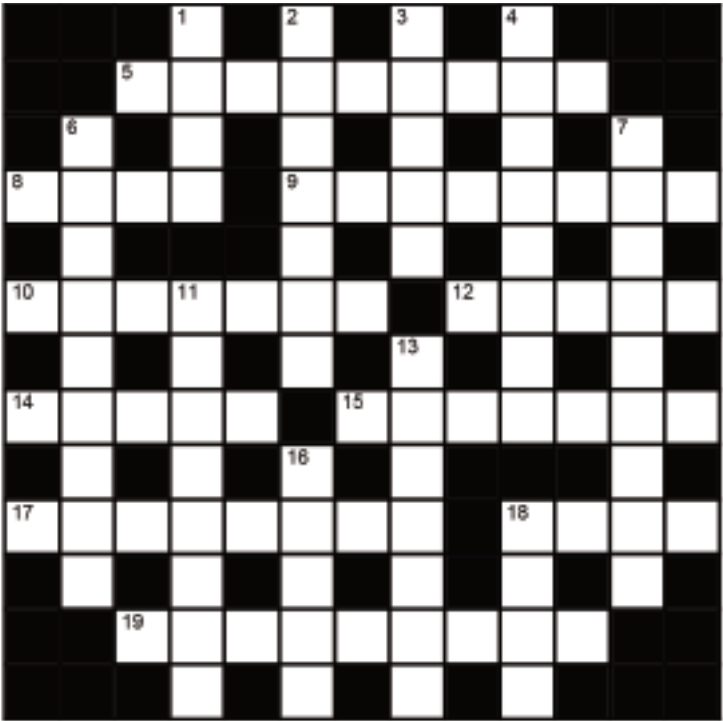
Use the clues to solve the puzzle: the solution is below

QUICK Across

- 5 Chief negotiator sent by Sennacherib to parley with Hezekiah (9)
- 8 Place of Samson's death (4)
- 9 World's largest river basin region (8)
- 10 Wife of Nabal, initially (7)
- 12 Sea nymph temptress (part woman, part bird): dangerously seductive woman (5)
- 14 Traditional local leader, a part of the structure in New Testament churches (5)
- 15 Eighth and most important avatar of Vishnu (7)
- 17 ----- de Compostela, very important shrine (8)
- 18 Hit sharply with a flat-faced implement (4)
- 19 Major Scottish fishing port (9)

QUICK Down

- 1 Loopy, mad (4)
- 2 Pertaining to the character of a continent and its inhabitants (7)
- 3 Jericho woman who assisted the Israelites in capturing the city (5)
- 4 Plants of a genus of the same name with attractive glossy asymmetrical leaves and colourful flowers (8)
- 6 Samaritan persistent in opposing the rebuilding of Jerusalem's walls (9)
- 7 Archaic romantic epithet pertaining to Ireland and the Irish (6)



- 11 Formerly, Jewish agglomerations of population in European cities: slums or their ostracized residents (8)
- 13 Soft, buttery French roll from Normandy (7)
- 16 One of Moses' twelve spies (5)
- 18 Robert ----, gruff British actor known for his roles in The Sting (1973) and Jaws (1975) (4)

Solution

Across: 5 Rabshakeh, 8 Gaza, 9 Amazonia, 10 Abigail, 12 Siren, 14 Elder, 15 Krishna, 17 Santiago, 18 Swat, 19 Peterhead.  
Down: 1 Gaga, 2 Asiatic, 3 Rahab, 4 Begonias, 6 Sanballat, 7 Hibernian, 11 Ghettos, 13 Brioche, 16 Caleb, 18 Shaw.



# Throwing the towel in

By Julia Beacroft

IN MY LAST ARTICLE I referenced the weather, in particular the fact that 'March is traditionally a month which experiences high winds and gusty conditions due to meteorological reasons.' And so I continue the theme, as I muse over the weather anomalies of April...

WET AND BEDRAGGLED

Many years ago my husband and I took our little son, aged about three, on holiday to a Welsh farmhouse, and you've probably already guessed that the time of the year was April. It rained relentlessly for most of our week's holiday and during one particularly formidable downpour, I happened to be looking at the rather wet and bedraggled herd of cows which I could see from the kitchen window. 'Oh, look at the poor cows!' I said to my three year old. 'They're getting all wet!' However, I was totally unprepared for the fact that he immediately rushed upstairs and then reappeared with a bath sheet which he had fetched from the bathroom, 'to dry the poor cows with', he said. Despite our laughter and explanation that cows don't really need to be towel-dried, I have never forgotten my little boy's compassion and care for these animals.

CO-OPERATION

And so it is with our Father in Heaven. Every day

we bear witness to his compassion and love for his people, and interestingly when our Lord Jesus Christ choose bread and wine to become his Body and Blood in Holy Communion, this was by no means a random choice. Bread and wine were readily available then – as now – and are produced as the result of mankind's co-operation with God. We labour to produce the crops, but are only able to do so by God's bounty, which provides the earth, the wind, rain, sun and breeze to enable them to grow.

As United Kingdom residents, we have a reputation for discussing the vagaries of the British weather and rarely being satisfied with it! And yet every day our lives are blessed and filled with the richness and the love of God although sometimes these blessings are inadvertently taken for granted. Nature, which is all around us, our seasons and the animals which inhabit our earth, name but a few of these. Yes, and even the weather!

ETERNAL COMPASSION

The cows in the field didn't need to be dried as their hide provides adequate protection against the elements. We, on the other hand, can become damaged and hurt by life's experiences and need to rely upon the eternal compassion and love of the Lord. This is always given to us unconditionally and we know that He will never throw the towel in.

# Annual Novena in honour of St. Rita of Cascia Patron of the Helpless



The Novena begins on 14th May and finishes with Mass at 12 noon followed by the Blessing of the roses on her feast day 22nd May.

Mass will be celebrated by Fr. Jonathan Stewart(Dean of Exeter) at St. Rita's Centre, Honiton, Devon

After the feast day, blessed rose petals will be sent out to those who request them.

To join in the Novena please write to: St Rita's Promotions, St Rita's Retreat & Conference Centre, Ottery Moor Lane, Honiton, Devon EX14 1AP  
For more information: Tel: 01404 42635. Email: stritas@btinternet.com.  
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