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frid's students
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To read A&B NEWS on line please visit www.dabnet.org

The Year of Mercy Pilgrims with Our Lady

BISHOP RICHARD LED THE DIOCESAN Holy Year Pilgrimage to the Marian Shrine of Our Lady of Consolation in West Grinstead, West Sussex on Sunday 17 July. Over 600 parishioners from all over the Diocese, a few from each parish because of the limitations of space, came by coach to join in the celebrations which began at 11am and ended with Mass at 3pm. Parish clergy who were busy in their own parishes in the morning were able to come later in the day for the Mass at 3pm (pictured right).

In this Holy Year of Mercy the Shrine was chosen as one of the sites for a Holy Door in the Diocese and Bishop Richard expressed a wish that there be a pilgrimage to the Shrine as part of the Diocesan Holy Year celebrations.

During the day there was Adoration of the Blessed Sacrament, Confessions and the Holy Rosary and the climax of the day which was Holy Mass. Bishop Richard led the day not only in welcoming everyone as they arrived, but in leading people in the Rosary around the beautiful Rosary Walk, then presiding at Benediction as well as leading a session on Lectio Divina (the prayerful reading of Scripture), and finally in celebrating Mass with the pilgrims and clergy gathered at the Shrine.

The people who came were able to sit in the gardens to sit and chat (see picture below), to wander around the cemetery which includes the grave of Hilaire Belloc, Catholic man of letters, and to visit the priest's house with its secret chapel and priest hiding holes from Penal Times, when being a Catholic priest could mean death.

There were also additional talks from Aidan Cantwell, Social Action Adviser on the Corporal Works of Mercy, focussing on the work of the Diocese with refugees, and from Clare Wordsworth, prison volunteer on the Spiritual Works of Mercy, focussing on sharing faith with women prisoners. (see edited notes on page 9)

The large numbers for the talks and services were accommodated not only in the church building, but also in a specially erected marquee to which everything was relayed on giant screens.

It was a day of grace and blessing, reflected in the kind weather conditions, as we came together as members of the Diocese to pray, deepen our understanding of the mercy of God,



meet in friendship and celebrate Mass. It is a wonderful way to mark the Year of Mercy.

The Shrine of Our Lady of Consolation was the first Catholic Shrine in honour of Our Lady to be established in England since before the Reformation. The site was also the location for a secret chapel used during times of persecution and was at one time a seminary in the early days of Catholic Emancipation. The church remains today a popular pilgrimage centre welcoming people throughout the years not only in this Holy Year.

You can find out more about the Shrine on their website www.consolation.org

*Pictures and story: Mark Woods
See more on Page 9*

Lourdes Remembers 'A Very Special Lady' - full report on Page 3

HUNDREDS GATHERED in the brilliant sunshine to pay tribute to a very special lady and to commemorate her life and contribution to the annual A&B Lourdes Pilgrimage for many years.



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FROM THE PARISHES (*overspill from page 10*)**PETWORTH with DUNCTON****The Sacred Heart, SS Anthony and George**

RECENTLY A GROUP OF 23 PARISH-IONERS set off on a pilgrimage to Rome and Assisi to mark the Year of Mercy. The pilgrimage was led by parish priest Fr Raglan Hay-Will and accompanied by former parish priest, Canon Séamus Hester. Five nights were spent in Rome and four in Assisi. The weather was just about right for a trip which involved a fair bit of walking around the basilicas and other major sights of Rome and the hilly town of Assisi. Highlights included the regular papal audience and daily Mass celebrated in such inspiring places as the Catacombs and the tombs of the popes under St Peter's. All four Holy Doors were duly passed through as part of the pilgrimage.

Sadly, in the course of the time in Rome, one of the group fell very ill. Caroline was seriously ill before the pilgrimage left and it was a brave decision on her part to persevere. She achieved her goals of visiting the Catacombs, the Sistine Chapel and seeing Pope Francis. For this everyone was glad. After just three days her husband had to take her home. Caroline died two weeks later peacefully at home surrounded by the love of her family and comforted by her faith in God.

On more parish news, we welcomed David Wills who led a Catechist meeting the aim of which was to build on the good work of Fr David King who had spoken to them last year about the mission of the church.

Sally Bohane

EASTBOURNE**Our Lady of Ransom, St Gregory and St Agnes**

IT IS WONDERFUL TO REPORT that Fr. Peter Wanjau Ndegwa, who was sponsored through his training for the priesthood by the churches of Petworth and Duncton, has been ordained into the sacred priesthood for the diocese of Nyeri in Kenya.

Five young people from our parishes made their First Holy Communion on 19 June. As always it was a very special and uplifting

occasion for them, their families and all who were present. Afterwards there was a small reception for the First Communicants and their families in the presbytery.

The Summertime Duncton breakfast was held in the village hall after Mass on 26 June and a village Mass was held in Graffham on 14 June. The one scheduled for Northchapel a week later was converted to a recitation of the rosary as Fr Peter could not be present because of the recent death of his mother.

Saturday 23 July was the date for our annual barbecue; later in the year than usual. The downside was that numbers were reduced as many people were away, but the upside was that it was a perfect summer's evening - a rarity this year - and those present enjoyed a delicious barbeque

Mary Staffiere

EAST PRESTON WITH ANGERMING
Our Lady Star of the Sea

(We apologise that this contribution was inadvertently omitted from the previous issue!)

APRIL AND MAY HAVE BEEN BUSY MONTHS in the life of Our Lady Star of the Sea and St. Wilfrid's School. The singing of patriotic songs and a wonderful afternoon tea in the parish hall marked our celebration of St. George's Day.

A First Communion Mass on May 1 was celebrated for 10 young people, their families and friends. After coming to the church on May 18 the icon of Our Lady of Consolation travelled to St Wilfrid's School, Angerming.

Here there was a special service with flowers galore carried in procession around the playground by the children before being placed at the feet of the statue of Our Lady. The school celebrated their own May Day on the May 20 with parents and visitors watching dancing around the May Pole in the sunshine by the seemingly tireless pupils. The free ice creams certainly provided the extra energy they needed. Mrs Sharon Reynolds, head teacher, thanked everyone who had made this celebration such a happy and memorable afternoon.

Deacon Allan Veness



Diocese of Arundel & Brighton

**Volunteer Editor of A&B NEWS**

The current Volunteer Editor of A&B News, the diocesan newspaper of the Diocese of Arundel & Brighton is retiring at the end of the year and the Diocese is looking for a new Volunteer Editor.

The Editor works as part of the Communications Team and is responsible to the Communications Officer. There is part-time secretarial assistance to the paper. Travel and other appropriate expenses are paid. Work space is provided at the Diocese of Arundel & Brighton Christian Education Centre in Crawley.

You can see a full Job Description, Person Specification on the Diocesan website under Resources and Communications. Otherwise ring Ruth Gerun on 01293 651164 or email ruth.gerun@dabnet.org

Interested individuals are invited to send in a CV and covering letter outlining their interest in the role by **31 October 2016**.

If anyone wishes to discuss the position further then please contact Mark Woods, Communications Officer on 0752 843 8042 or email communications@dabnet.org

PA to Diocesan Financial Secretary
14 hours per week – Hove
Fixed term to December 2017

The Diocesan Finance Office in Hove is a small, friendly but busy office that administers the finances, property and legal matters for the Diocese, its parishes and schools.

The current post holder has moved to a different role within the Diocese so we are seeking a replacement on a fixed term basis (fifteen months). Reporting to the Diocesan Financial Secretary, you would have the usual PA/secretarial duties of keeping the Financial Secretary's diary, arranging meetings, minute taking, report writing, ordering office supplies etc.

You would be educated to at least GCSE standard with qualifications in secretarial work. You will have excellent communication and organisation skills with a high level of ability in IT systems particularly using word processing, email and the internet. Clerking for Diocesan committees is an important part of this role, and relevant experience would be very helpful.

The remuneration package comprises a realistic salary and a 15% non-contributory pension scheme.

Working hours will be agreed with the successful candidate but it is a requirement of this post that specific meetings are attended during office hours on weekdays.

Please contact Sarah Kilmartin: telephone: 01273 859705 or email: finance@dabnet.org for an application form and job description.

Closing date: 30 September 2016. Interviews will follow shortly after this.



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Lourdes recognises a very special lady

Dedication of benches - a unique occasion

IF THE GOOD LORD allowed mountains to smile - Wednesday 3 August, would have been the day the Pyrenees smiled in memory of Lady Sarah Clutton.

Towering above the Domain in Lourdes, they would have bowed their heads in respect as Bishop Richard dedicated two benches to mark the life of this extraordinary lady and her life-long work with the Lourdes Pilgrimage Trust. It has now become the largest gathering in the year of our diocese. Indeed, the A&B pilgrimage is one of the most successful within England and Wales.

'After Lady Sarah's retirement as co-ordinator in 2012, the Pilgrimage Trustees wanted to find a suitable way to recognise her unique contribution to our Diocesan Pilgrimage. After 37 years' service what could we possibly do?' reflected Adam Simon, Chair of the Trustees. 'Various options were considered, but none hit the mark. Then it was the day of her funeral when a group of her Arundel Cathedral friends made a suggestion that we ask the Lourdes authorities if we could erect a bench in her honour, somewhere in the Sanctuary. This immediately seemed like a great idea which Nigel, her husband, and Lady Mary, her sister, wholeheartedly supported'

Adam continues the story 'We immediately wrote to the Rector of Lourdes, Fr Horacio Brito, making this suggestion. There was no answer, and so on the first day of last year's Pilgrimage, I went to see him saying that I felt like St Bernadette asking Abbe Peyramalie to have a church built! Fr Horacio was a lot less gruff than stories that you hear about Abbe Peyramalie and, full of joy, he said that the Conseil du Sanctuaire had agreed to our request. But there was one condition - my heart sank. He looked at me and said that the condition was there would not be one bench - my heart almost stopped - but there would be TWO benches!' He explained that the reason was that the authorities had decided to place the benches in front of the Accueil Notre Dame (the hospital). Because of its symmetrical design, one would be placed in front of each wing.

The naming of the benches are designed to give each one a separate name to highlight a different aspect of pilgrimage and of Lady Sarah's contribution.

The Pilgrim Bench

'In memory of Lady Sarah Clutton 28.9.1941 - 14.6.2015

Coordinator of the Arundel & Brighton Lourdes Pilgrimage 1976 - 2012

A beautiful lady'

Its dedication is to all pilgrims as a place of rest and recollection, as well as a place to chat and to meet up. With its views of the Grotto, one can reflect on beauty in its many forms.

The Youth Bench

'Lady Sarah Clutton nee Fitzalan Howard

3rd daughter of the 16th Duke of Norfolk, married to Nigel Clutton

Lovingly remembered by her family, friends, the Diocese of Arundel & Brighton and the Lourdes Sanctuary'

This bench is dedicated to young people of all nations who come to Lourdes, and in whom so often a seed is sown on pilgrimage - which grows later into a tree of faith.

Bishop Richard conducted a moving ceremony, when he blessed the benches before a very large international gathering. It was a moving reminder of Lady Sarah, with many shedding a silent tear at the thought she would no longer be able to join in with future pilgrimages. However, Lady Mary reflected with the A&B News 'I think this is a most wonderful tribute to my sister and to everyone who has worked so hard to make this happen. Thank you so much!'

Appropriately, Lady Sarah's widower, Nigel Clutton, and the family were the first to sit on the two benches.

The Director of the Sanctuary was certain about the unique decision made by the Authorities 'Lady Sarah was a very special person not to just the A&B Pilgrimage, but to many others who come here for peace and reconciliation. We had to do something special'

As the crowd dispersed, the final reflection came from Adam Simon 'This is a wonderful way of keeping Lady Sarah's memory alive in future pilgrimages and in the spirit of love. By placing the benches in this special location, we will never forget her and her great work in Lourdes.

The thought of the mountains bowing to this great lady was so appropriate



May she rest in peace.

Story: Peter Burholt

Pictured above: M Francois Labadie, Director of the Accueil Notre Dame, Lourdes Sanctuary; and below L to R: Fr Stephen Ortiger; Lady Mary, sister of the late Lady Sarah and Mgr Barry Wymes

Pictures by Peter Burholt and Photo Lacaze, Lourdes



Above: the crowds - including A&B pilgrims - assemble for the dedication in front of the Accueil Notre-Dame, which is reserved for sick and disabled pilgrims and their companions



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A & B NEWS

The official monthly paper of the
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Healing with Our Lady

THIS MONTH WE HAVE TWO particularly major stories for you. Both are about Our Lady and her power of healing - directly in Lourdes and through the mercy of God at her shrine in West Grinstead. This seems particularly relevant as our page 4 feature is about mental health. Both shrines are often about healing the soul or the mind.

We hope that you will see ways of taking up some of the ideas suggested for helping those whose minds are ill - even though we cannot see that they are ill.

On a totally different topic, we have been hopelessly oversubscribed with material this month, so if your contribution has been edited down or omitted we are sorry. We should be able to include some items next month. We value your news very highly - so please don't be disheartened! And please keep it coming!

Pauline F. Groves

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JUST A THOUGHT

'The greatest cruelty is our casual blindness to the despair of others'.

RECOVERING FROM a mental health problem is likely to take time, energy and work. For people with mental health problems feeling connected to other people is important as it can help the person to feel valued and confident, and can give them a different perspective on things. Talking to people can be a massive support and enable the person to feel accepted for who they are.

If you know someone has been unwell, don't be afraid to ask how they are, just letting them know they don't have to avoid the issue with you is important. Just spending time with the person lets them know you care. Phrases like 'Cheer up', 'I'm sure it'll pass' and 'Pull yourself together' definitely won't help. Be non-judgemental, show respect and simply listen.

As a diocese we might set ourselves the challenge of raising our awareness of parishioners that suffer mental health difficulties. We need to arrive at a place where as a church community mental health is okay to talk about. It may be that local communities chose to form a group to consider how best to offer care and increase pastoral support to our most vulnerable parishioners with mental health needs and examine how we might also support their families and carers. In the words of John 13:34 'a new commandment I give to you, that you love one another: just as I have loved you, you also are to love one another'.

Phyllis Flynn

Weak and vulnerable- can we help?

THE CATHOLIC BISHOPS' CONFERENCE OF ENGLAND AND WALES established a Mental Health Project to help increase spiritual and pastoral support for those with mental illness, their families and carers.

This project originated in response to "Listening 2004: My Family My Church" and the resulting 'Everybody's Welcome' initiative during which a group gathered to consider how best to offer care and increase local mental health pastoral support.

Thanks to the Day for Life funds generously given by parishioners in 2008 and 2009 (both years had a mental health focus) a Mental Health Project Worker was appointed and £70,000 of funds have been awarded and distributed to eleven projects through a small grants programme.

**'LORD, I STAND BEFORE YOU WEAK AND VULNERABLE,
FRAGILE AND FEARFUL.
STRENGTHEN MY UNDERSTANDING OF YOUR
LOVE FOR ME.
HELP ME TO HEAR YOUR VOICE
IN MY HEART.
AND LEAD ME GENTLY
INTO YOUR PEACEFUL PRESENCE'**

HELEN BASSIRAT

***A senior Mental Health nurse, a
parishioner of St John the Evangelist,
Tadworth sets the scene.***

'If mental illness could be seen on a sufferer maybe society wouldn't say "just get over it."' Doubtless we all know someone with a mental health problem with one in four of us are likely to consult our GP in connection with a mental health related problem. Mental health problems can affect the way we think, feel and behave. Some mental health problems are described using words that are in everyday use, for example 'depression' or 'anxiety'. This can make them seem easier to understand, but can also mean there is a risk that people underestimate how serious they can be. Common mental health problems might include depression, anxiety, obsessive-compulsive disorders, phobias, eating problems, bipolar disorder (manic depression), schizophrenia and personality disorders. Although mental health problems are very common there is still stigma and discrimination towards people with mental health problems. Despite the challenges of suffering from a mental health problem most people recover and live a productive and fulfilling life. Mental health problems are not exclusive to adults, they span across all age groups from young children who may have difficulties with their behaviour, to older people who may suffer a range of mental health challenges including those specifically related to the ageing process e.g. dementia, cognitive impairment, etc

From our diocesan Pastoral team

It is very likely that you know someone who has experienced mental health challenges - if you don't it may well be because people are more wary of telling someone that they have mental health difficulties than they are about talking about physical illness. How can we overcome these obstacles to provide pastoral and spiritual support to those who have mental health challenges as well as their families or carers? To help us include and embrace people with mental health challenges in the prayer, liturgies and life of our parishes the following resources may be helpful:

➤ Spiritual Reminiscence Box for Dementia Sufferers - how to create a personal spiritual reminiscence box. A resource for the family, friends and carers of people with dementia (www.wrexhamdiocese.org.uk)

➤ Support for parishes to become more dementia friendly.

➤ Spiritual Reflection and support for Parish Visiting Teams

➤ "It's Still Me, Lord" - a film exploring Spirituality and Dementia aims to raise awareness of the spiritual needs of people with dementia and can also be used for training purposes (www.csan.org.uk)

➤ Welcoming and Hospitality Awareness Raising - sessions available to suit parishes or groups.

➤ Mental Health & Destigmatisation Course (2-3 hours) Intended for parishes where parishioners are directly affected by mental health issues. Aim: to enable them to learn more about mental health, how it affects us all and what help is available for sufferers and their families.

➤ Tailor-made 2-hour sessions on : Sick & Hospital Visiting, Older People, Food Banks, Loneliness, housing & Homelessness, Financial Help for families / individuals, Dementia, Prisoners/ Criminal Justice System.

➤ Annual week of Prayer for Dementia was held from March 12 -19th - free resources available on <http://www.pastoralcareproject.org.uk/dementia-prayer-week.html>

Our Diocese and Pastoral Team will continue to work together to:

❖ further understand the challenges that dementia sufferers experience

❖ support the carers of dementia sufferers

❖ avoid people suffering from isolation - a significant cause of mental health problems

❖ remember people who suffer from mental health difficulties in our prayer and liturgies

❖ use designated days or weeks related to Mental Health to raise awareness in our parishes and diocese

❖ seek ways to support those who are marginalised or returning to parishes

❖ support and advise clergy, Eucharistic Ministers, youth workers, catechists, SVP members, and members of Parish Visiting Teams and anyone else who come into contact with people who are experiencing mental health challenges

❖ provide advice, information and connection



with local mental health charities

❖ provide further links on the diocesan website with organisations who support Mental Health & Well Being

❖ share our success stories and pass on information about resources and training that might be helpful in other parishes or deaneries For further information about any of the above and to share any success stories about what you have been doing in your parish or deanery please contact:
Margaret Fraher (Inclusion Adviser - 01293 651196 or margaret.fraher@dabnet.org or <mailto:margaret.fraher@dabnet.org>) or
Aidan Cantwell (Social Action Adviser - 01293 651154 or aidan.cantwell@dabnet.org or <mailto:aidan.cantwell@dabnet.org>)

Bishop Richard writes:



There are so many in our society today who live with difficulties in mental health, with some 25% of the population likely to suffer with mental health issues at some point in their lives.

Our society should move towards parity in the funding of mental health provision, enabling all to find the assistance that they need. The healing of the whole person must be at the heart of mental health provision and the Church has a great deal to offer in this respect, based upon the recognition of the dignity of the human person that is a consequence of the Gospel. Let us seek ways to reach out to those who face mental health issues, walking with them and enabling them to find hope. The Bishop's Conference of England & Wales has a webpage dedicated to this aspect of our pastoral outreach: www.mentalhealthproject.co.uk

Joy in Hastings and Keymer as Revs Liam and Duncan are raised to the Diaconate



Pictured above: Bishop Richard with Deacons Duncan (left) and Liam (right) at St Mary, Star of the Sea, Hastings; picture by Peter Mould

ON THE FEAST OF ST BRIDGET OF SWEDEN, Saturday 23 July, in the church of St Mary, Star of the Sea, Bishop Richard welcomed Duncan Brown into the Sacred Order of the Diaconate.

Surrounded by his wife Sally and children William and Eliza, his many other family members, friends and the brothers of the Hastings (66) Circle of Catenians, Duncan was ordained a Deacon.

The church was packed with a joyful congregation from St Mary, Star of the Sea and the nearby-parish of the Good Shepherd. Duncan's friends from The Holy Redeemer and St Thomas & the English Martyrs were very well represented in this happy throng. Their voices joyously sang Charles Wesley's hymn 'O Thou who camest from above' and almost raised the roof with their rendering of George Timms's 'Sing we of the Blessed Mother'. The choir and accompanying musicians quite outdid themselves in remarkable renditions throughout the service.

The celebrations continued after the Ordination in the church-hall with a very generous buffet - including some pretty stunning cakes.

Story by Edward Murphy

ON FRIDAY 1 JULY Bishop Richard ordained Liam McIlvenney to the Diaconate at St Edward the Confessor Church in Keymer, West Sussex. Deacon Liam joins the ranks of more than 50 Deacons in the Diocese of Arundel & Brighton, working in parishes, chaplaincies and other ministries.

Liam is married to Caroline and has grown up children and continues to work for East Sussex County Council. At the end of Mass the Bishop informed the parish as well as family and friends who had come for the ordination that Deacon Liam had been assigned to minister in the Parish of Keymer and Hurstpierpoint. This met with loud applause, especially in recognition of the work he had already done in supporting the parish during the absence of the parish priest Fr Tony Collins, due to illness.

Finally the Bishop joined everybody in wishing Deacon Liam a long and fruitful ministry.

Story by Mark Woods

Dawn Mass at Seaford



THERE WERE SEVERAL EARLY RISERS for our dawn Mass on Friday 24 June on the Feast of St John the Baptist. We gathered at Seaford Head car park for Mass with Fr Chris Benyon. Fr Chris, who has retired to our parish, used to have a Dawn Mass on this day each year when he was our parish priest and it was lovely being able to do this again. The sun began to rise at 4.50am as Mass began. It was great to have over 30 people there and this included parishioners from other parishes.

Story and Picture by Mary Purchase

Fergus Brotherton KSG

FERGUS BROTHERTON has been appointed a Knight of St. Gregory by the Holy Father. He commenced the role of Diocesan Financial Secretary in 1986 before standing down in December 2015.

In presenting the Decree of Appointment and the insignia, Bishop Richard spoke of Fergus's commitment to the Diocese of Arundel & Brighton and nationally. His wife, Cecily and the Diocesan Trustees were present at the lunch on 15 July when Fergus received the Decree of Appointment and the insignia, and an annotated version of PAM, the Parish Administration Manual, containing messages of gratitude from the parishes, and a cheque consisting of donations from parishes, schools and Trustees.

The photo shows Fergus with his wife, Cecily and Bishop Richard.

Story and picture: A&B Diocese



Farewell to the Poor Servants of the Mother of God

ON SATURDAY 26 JUNE the PSMGs of Portslade and Peacehaven met at Jury's Hotel, Brighton, to say a fond farewell to the last remaining Sisters in Brighton, namely Sisters Rose, Agnes and Mary; the convent in Portslade for the Poor Servants of the Mother of God having closed after 100 years service, with the nuns leaving in 1996.

A very tasty lunch was enjoyed by all including several visiting nuns associated with the Order. The afternoon ended with Sisters Rose, Agnes and Mary each receiving a gift from Heather, together with our love and blessings.

Story by Marion Shannan

Nursery to Sixth Form

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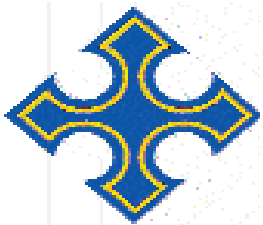
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The Diocese of Arundel and Brighton Pastoral Team



Serving the communities of our Diocese

The Living Fully Conference in Rome 2016 - and a Challenge for Readers to help make our Churches more Inclusive!

RICHARD, SHIRLEY, LAUREN AND KATHLEEN, the delegates from our Diocesan Hand In Hand group, had arrived in Rome earlier and gave me a warm welcome at the Aurelia Hotel after my long journey and a delayed flight! They were practising for their part in the Opening Liturgy for the Conference with a partner Hand In Hand group which was started in the Warwick deanery when Julia Harvey (RIP) moved from Arundel & Brighton to the Archdiocese of Birmingham. From that moment I was welcomed and included in their group - I had arrived!

The multinational conference was being held in the LUMSA University - just a 10 minute walk from Vatican City. It was planned and organised by Cristina Gangemi and a dynamic team from Kairos Forum and St Joseph's Pastoral Centre. There were two main conference rooms for the delegates: one was a traditional lecture style theatre with state of the art technology and simultaneous translation into Italian or English. There were two highly skilled interpreters who communicated the spoken word using British Sign language (BSL). There was an iconic moment when a complex talk was being translated from Italian to English through one of the interpreter's headphones whilst the other interpreter signed to her using BSL to support the fluency and accuracy of the communication. The interpreters were filmed so that the talks could be made available to members of the Deaf Community who were unable to attend the conference. In the other conference room parallel themes were being explored with delegates who had learning or intellectual disabilities and their carers. Everyone had an opportunity to participate fully using multi-sensory approaches to communication and learning including art, dance, mime and song. As the conference progressed over the three days the walls of the room were transformed with a range of different words, pictures, artwork, diagrams, models and markings that celebrated their varied and personal responses to each session.

All delegates gathered together for prayer at the start and end of each day, which involved and engaged all of the people who had disabilities. Scripture was broken open by acting the stories and we worshipped in song and dance. People who had come as delegates began to become our friends. People told their stories with trust and honesty and we walked together in openness and acceptance of who we all are. People had amazing stories to tell about how they are enabled to live their lives fully through the support of carers, enablers, friends or family. We all accepted that each and every one of us is made in the image of God. We saw people who had been very introverted and non-communicative at the beginning of the conference begin to interact with those around them because they were an integral and valued part of the community. We experienced belonging in its truest sense - we began to understand that in a community if someone wasn't there they would be-longed for!

In the final session of the conference we worked in groups to consider the following statements:

- * Because I believe we are all made in the image of God, I will.....
- * Because I believe I am called to love people who are excluded, I will....
- * Because I believe a Church without Disabled People is incomplete, I will....

This really made us reflect on the challenge of these statements to us as individuals and to our Church communities. We can take small steps as individuals but just think what we could do if we worked together as parish communities. We have to become vulnerable ourselves and allow our hearts and minds to be transformed and be willing to help others to do the same. I left the conference with lots of contacts, resources and all my notes - and was lucky not to have a weight surcharge on my cabin luggage! But I came away with something much more precious: an experience of getting to know people by sharing our stories, of seeing how people with disabilities make a difference in our communities and a willingness to see the image of God in each person I meet.

What can you do? Consider for yourself the three statements in the box above and complete them! Please send them to me so we can begin to consider what we can achieve together to make our churches even more inclusive, where people with disabilities are longed for and are able to make a valid contribution according to their needs. Alternatively I am happy to come to your parish or deanery to explore statements and their implications more fully with you.

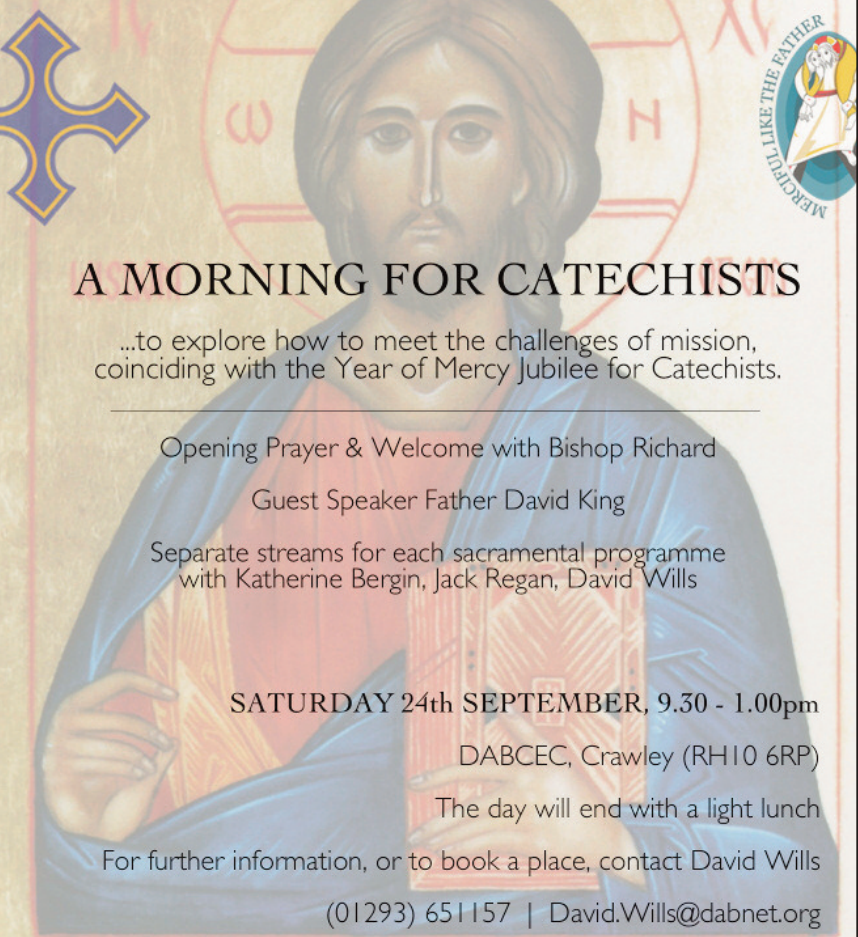
Picture: Multisensory Prayer led by both Hand In Hand Groups

Margaret Fraher, Inclusion Adviser: 01293 651196 margaret.fraher@dabnet.org

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Guest Speaker Father David King

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SAVE THE DATE SAVE THE DATE

Annual Justice & Peace Assembly



Saturday 28 January 2017

DABCEC, Crawley

SAVE THE DATE SAVE THE DATE

The Refugees' 'Stations'

RECENTLY, ST MARY OF THE ANGELS, Worthing, hosted an exhibition of pictures by photographer Marksteen Adamson entitled "The Stations".

Based on the traditional "Way of the Cross" devotion, the pictures illustrated the plight of refugees from Iraq and Syria, some in the camps in France and others already living in the UK. The exhibition had first been staged at St Martin-in-the-Fields in March and has subsequently toured the country. On 21 June there was an audio-visual presentation in the church to accompany the pictures at which £325 was raised for Brighton Voices in Exile. The pictures may be viewed on www.thestations.org.uk

story by Bryan Robinson

TOXIC CHILDHOOD

On Saturday 10 September (10 - 4) Sue Palmer will be leading a reflection day for Grandparents at DABCEC in Crawley.

It has come to light that some Grandparents want to be helped to keep abreast of all the technological and social media influences in their grandchildren's world. Knowledge is strength in supporting these youngsters and understanding these aspects of their lives.

Sue says:

'The world may have changed beyond recognition in the last three decades, but children haven't changed at all. For healthy development, they still need the same basic ingredients that have helped lucky children through the ages grow up bright, balanced and fit to face the challenges of adult life'.

Sue, a former head teacher in Scotland, has written more than 250 books, educational TV programmes and software packages on aspects of literacy. For more than fifteen years she has been a popular speaker on this subject in schools, colleges and universities in the UK and across the world, and a frequent contributor to the educational press, notably the *Times Educational Supplement* and *Child Education*.

We are very fortunate that she will coming to us to share her insights with us.

Please contact rosie.read@dabnet.org - 01293 651161 to book or for further information.

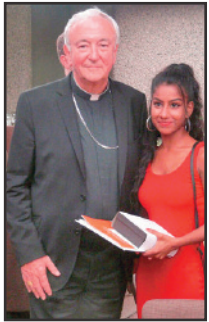
St Wilfrid's Students shine at the Barbican Awards

ON TUESDAY the 19 July four students from St Wilfrid's school, Crawley travelled to The Barbican in London for the Celebrating Young People Awards powered by Million Minutes, with Headteacher Mr Ferry and School Chaplain Claire Franke.

After a fantastic evening, spent with Cardinal Vincent Nichols, Baroness Sheila Hollins and many other famous faces, the students were delighted to win in their categories. Reena Joseph (pictured left with Cardinal Nichols) won the Dorothy Day Award for her outstanding work towards her community and Lucy O'Brien, Patrick Kerr and Erin Quinlivan (pictured above with Mrs Franke) won the Cardinal Hume Award for helping out the homeless in their local area and raising a total of £8000.

For more information about the awards and other winners search www.millionminutes.org. Full story on www.stwilfrids.com.

Pictures courtesy of St Wilfrid's School



Anne Hudspith Receives St Philip Howard medal

BISHOP RICHARD CELEBRATED MASS at St John the Evangelist in Horsham on the evening of 12 July to celebrate and give thanks for Anne Hudspith who has retired after 39 years in primary Catholic Education in our diocese.

The children's choir from St Robert Southwell, Anne's final school as headteacher, led the singing and Fr Aaron Soinelli assisted at the Mass. Director of Education Marie Ryan and the new headteacher of St Robert's, James Field, gave tributes. At the end of Mass Bishop Richard presented Anne with a St Philip Howard medal.

The evening was rounded off in the parish hall with refreshments and further presentations from the staff and governors. (Pictured is Bishop Richard with Anne wearing her medal).



Story and picture: David White

An Oxted Singalong with Special Guests



EVERYBODY LOVES MUSIC and most people are also partial to a good tea. These two assumptions were confirmed with the second Afternoon Tea & Singalong in All Saints parish room, Oxted, where we again gave a particular welcome to those with special needs and their carers. They thanked us through their wonderful enthusiasm and participation in the singalong.

The same lively trio of guitarists - John Roberts, Cathy Belok and Anthony Doyle - reproduced the splendid form they had shown on the first occasion,

making it great fun for everybody in the mixed gathering of just under 30 people. Three of those with special needs came from Ormesby House care home, where they are often at a loss to know what to do on a Sunday afternoon, so we were delighted to have hit on a formula that they clearly enjoy. We will wait until after the summer holidays for our next performance, which will probably be in September.

Story and picture by Jenny O'Mahoney

SVP shop comes to Crawley

BISHOP RICHARD showed his support for the St Vincent de Paul Society (SVP) and for the local people of Crawley when he opened a new SVP community shop in Broadfield on 7 July.

Also present for the official opening ceremony was Crawley Mayor Raj Sharma. The ceremony was very well attended by members of the public, SVP members and SVP deputy CEO Kate Nightingale.

The community shop, which sells good quality, affordable second hand items to local people is one of 41 outlets run by the Catholic charity.

All SVP shops serve local people as well as providing volunteering opportunities and work experience for people looking to brush up their skills and learn about the retail business. The shops aim to promote the Christian ethos that is at the heart of the charity, of bringing hope, friendship and practical support to people in need. This is something Bishop Richard supports Area manager Caroline Dalrymple said of the Bishop's attendance: 'We are quite stunned that he could fit us into his busy diary. We were thrilled. We feel blessed that he can support us and give us a blessing for the future of the shop'.

Caroline explained the importance of the community shop to the local area: 'A lot of people are quite isolated and we want to become friends to people in the community. They can come and learn budgeting, customer care, window dressing. There's so much involved in charity retail. People can give as little as an hour a week and fit it around their lives.'

Like all SVP community shops, Crawley provides small furniture, household items, electrical goods, books, clothing and bric-a-brac. All money raised goes to the work of the SVP helping disadvantaged people in need.

Elizabeth Palmer, SVP CEO, said: 'Our community shops provide reasonably priced goods to people as well as serving as a point of contact for people in need, and raising money to support our work'.

Story and picture: Anita Boniface

If you would like to donate to the SVP or support the charity's work through volunteering, visit www.svp.org.uk, telephone 020 7703 3030 or email info@svp.org.uk.



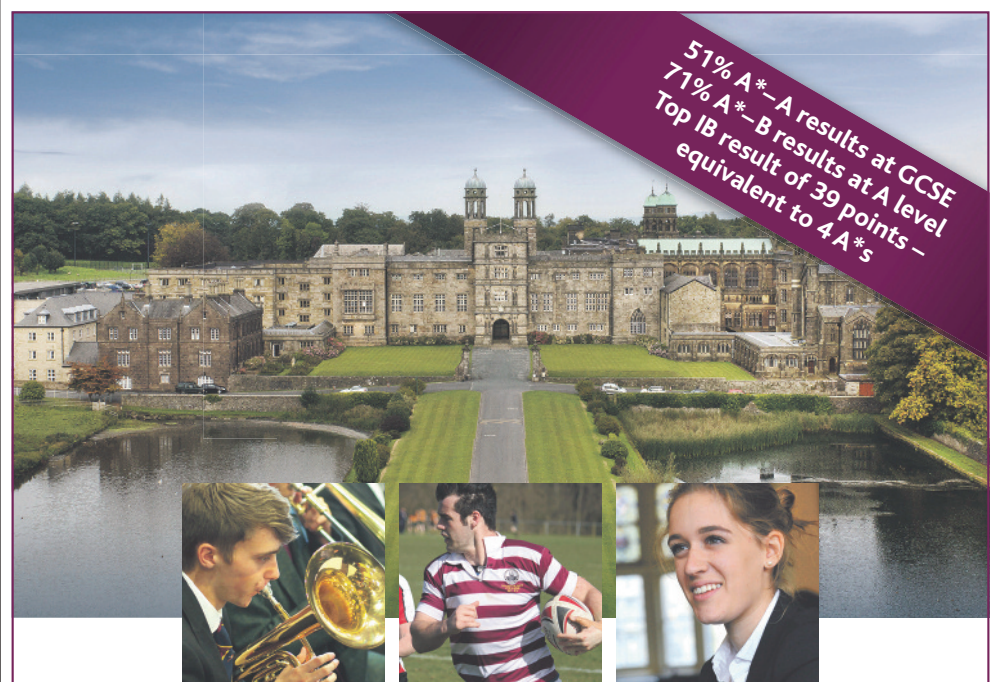
Eastbourne's St Thomas a Becket School Celebrates its Cultural Diversity at the 'All Around the World' Summer Fayre



ST THOMAS A BECKET INFANT & JUNIOR SCHOOLS, EASTBOURNE, 'All Around The World' Summer Fayre on Saturday 18 June was a resounding success with over 1000 parents, current and past pupils, grandparents and friends of the school coming together to celebrate its cultural diversity and enjoy great music, food and entertainment from around the world. Highlights from the day included a mini Carnival, Cruise Ship Style entertainment, performances from Caporales San Simon Bolivian dancers, Sama Karate, Eastbourne Academy of Dancing and school children singing and performing traditional Polish and Indian dancing. There was also a wide variety of international themed stalls, games and foods including Indian, Filipino, Tapas, Afternoon Tea and Polish Cakes all reflecting the cultural diversity of the schools Catholic community.

Sandra King, Chair of Friends of St Thomas a Becket Schools commented, 'Roman Catholic Schools have many families, who are often originally from many corners of the world, all joining together in their Catholic faith. As a fundraising arm to the school, we strive to celebrate and embrace the cultural traditions of our families and throughout the year join together, as often as possible, to enjoy elements of each culture often through food, dance and music. This recent fayre was a superb example of this and we are delighted to announce that it also raised nearly £4000 towards additional resources for the school, with this our fundraising total for the year has been over £13,000. Fundraising aside, most importantly our events offer the chance for our children, families and friends to join together to have fun.'

Story and picture by Sandra Forte



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OBITUARY
Gill Ness-Collins RIP

Gill had been the parish secretary at Christ the King, Steyning, Adur Valley for very many years and in addition she prepared children and youth for First Communion and Confirmation. She was also active in Churches Together in Steyning and District having served as chair, secretary and treasurer at different times.

She edited the parish magazine and was involved with the SVP. She served on the Diocesan Liturgy commission for a number of years and sang in the Diocesan choir at Arundel Cathedral. For a number of years she was involved with Pilgrimages to Lourdes with HCPT. She was also a regular contributor to A&B NEWS.

Her funeral was held at the church of St Andrew and St Cuthman, the Anglican church in Steyning. This was to enable as many people as possible to attend and also with regard to Gill's strong feeling of ecumenism. It was indeed a fully packed church.

She will be greatly missed by so many.

Penny Richardson

Fr William Janes RIP

As we went to press, news arrived of the death of Fr William (Bill) Janes, aged 92 years. Next month's edition of the A&B NEWS will include a tribute to Fr Janes.

NOTICE BOARD



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Autumn 2016 weekend dates are 7th to 9th October 2016 at the Emmaus Centre, West Wickham, Kent.

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Freda 01322-401243, Sandra 01293-783965 or John 01992-642433 email johnbrotherton@hotmail.co.uk

Coming in October!
World Youth Day



WORLD YOUTH DAY was held in Krakow, Poland from 25-31 July 2016 and a full report will be included in the October edition of A&B NEWS.

Picture by Bro Joseph SDB

CAFOD
Just one world

CAFOD A&B tel:01483 898866, email arundelandbrighton@cafod.org.uk

You could connect the poor to the powerful!

WE'RE ASKING COMMITTED CATHOLICS like you to become part of a movement that not only raises awareness among our leaders of injustices in the world but also encourages action to tackle those injustices. Don't be alarmed this task is much simpler and easier than you might imagine! We're asking you to become MP Correspondents. You will only be expected to contact your local MP three or four times a year and you will be given a helpful briefing pack each time and online resources to give you ideas too.

In these times when the political landscape is changing, CAFOD supporters throughout England and Wales are already rising to this challenge with so many now writing that 80% of parliamentary constituencies have at least one MP Correspondent. But what we need are more Correspondents in the Arundel and Brighton diocese, covering every MP.

Whether it's asking our Government to respond to a humanitarian disaster, lobbying for cuts to carbon missions or keeping Members of Parliament aware of the plight of refugees, writing to your MP can make an enormous difference.

We're lucky to be living in an affluent democracy. If you'd like to help those whose voice is not being listened to and improve the lives of our more vulnerable brothers and sisters you can find more information at cafod.org.uk/mpc or you can email: mpc@cafod.org.uk or telephone 0303 303 3030. (The photo shows MP Correspondents from A&B diocese at the Parliamentary reception at Speaker's House on 27th May 2016)

Ian Hamilton Media volunteer

FAIRTRADE NEWS2015-16

FAIRTRADE SALES IN THE UK generated £29.8 million in Fairtrade Premium for farmers and workers to invest in business or community projects. More than 1.65m farmers and workers in 74 countries are part of Fairtrade. Mars bars in UK now contain Fairtrade cocoa!

We supported thousands of migrant banana workers in the Dominican Republic to register for work permits to gain legal status. Women cocoa farmers in Cote d'Ivoire created a film sharing their experiences while we launched a new gender strategy. With the support of Fairtrade, Traidcraft set up the first rice supply chain in Myanmar, one of many projects with businesses working to deepen impact for farmers and workers.

We launched the Fairtrade climate standard to support smallholder farmers to face the challenges of climate change.

We are also working with 20 organisations in Malawi to improve the tea industry so that workers earn a living wage and farmers earn a living income.

A new All-Party Parliamentary Group for Fairtrade is boosting political support in Westminster.

53,000 people took an on-line pledge to eat Fairtrade breakfast during Fairtrade Fortnight, alongside thousands of community events across the country.

FAIRTRADE FORTNIGHT 2017 - 27 Feb-12 March
Facts www.fairtrade.org.uk.

BISHOP'S DIARY

SEPTEMBER

Thursday 1	11.00am	Mass at Arundel Cathedral
	4.00pm	Mass at St Mary's, Preston Park
Friday 2	11.00am	Meeting in Birmingham
	6.00pm	Meeting at St Pancras, Lewes
Sunday 4	12 Noon	Lourdes Pilgrimage Reunion, St Wilfrid's School, Crawley
Monday 5	11.00am	Meeting, High Oaks
Tuesday 6	9.00am	Meeting, St Mary's University, Twickenham Prison Chaplains' Conference, St Mary's University
Wednesday 7		Prison Chaplains' Conference, St Mary's University
Thursday 8	11.00am	Preaches at Mass, St John's Seminary 125th Anniversary
	5.00pm	Vespers, St John's Seminary 125th Anniversary
Friday 9	9.30am	Leads Education Service Retreat, West Grinstead
	7.30pm	Consecration of new altar at Our Lady of Lourdes, Thames Ditton
Saturday 10 - Sunday 11		Arundel Parish Visitation
Monday 12	11.00am	Episcopal Council Meeting, High Oaks
	2.00pm	Meeting, Canterbury
Tuesday 13	9.30am	School Chaplains' Meeting, DABCEC
	3.00pm	Meetings, High Oaks
Wednesday 14	10.00am	On Going Clergy Formation Day, DABCEC
Thursday 15	am	Visits St Edmund's Primary School, Godalming
	2.00pm	Retreat at St Cuthman's, Coolham
Friday 16 am		Retreat at St Cuthman's, Coolham
	7.00pm	Annual Deacon Ministry Mass
Saturday 17		Day for Religious, Worth Abbey
Saturday 17 - Sunday 18		Visitation to Crowborough Parish
Monday 19		St Cuthman's Staff Pilgrimage to Arundel Cathedral
Tuesday 20	11.00am	Deans' Meeting, DABCEC
	3.00pm	St Mary's University, Twickenham
Wednesday 21	10.00am	Safeguarding Commission Meeting, DABCEC
	3.00pm	Visit to Redemptorist Publications, Chawton
Thursday 22	11.00am	Meetings at High Oaks
	3.00pm	Meeting, London
	5.00pm	Meeting, St Mary's University, Twickenham
Friday 23		Head Teachers' Retreat Day, Worth
	5.00pm	Induction Mass for Head Teachers, Horsham
Saturday 24	9.30am	Visits Catechist Day, DABCEC
	12 Noon	Altar Servers' Mass, Arundel Cathedral
Saturday 24/Sunday 25		Visitation to St Mary of the Angels Parish, Worthing
Monday 26 - Friday 30		Diocesan Clergy Retreat, Merville, France

Year of Mercy at West Grinstead

Among the speakers were Aidan Cantwell and Clare Wordsworth

Aidan (pictured right) spoke on the Corporal Works of Mercy. He shared personal stories about his own volunteering experiences, including recent ones with refugees, and explained how inspired he has always been by so many people who have committed their lives to serving others.

He has also been inspired by the words of Pope Francis during this Year of Mercy who says 'I do not think there is a Gospel phrase which has made a deeper impression on me than this one: 'Insofar as you did this to one of the least of these brothers of mine, you did it to me'.

Clare (pictured right) talked about the Spiritual Works of Mercy in relation to those in our community that are dying or are in prison. She shared her personal experience of spiritually accompanying people during these vulnerable times and reflected on the words of Blessed John Paul II, 'A society will be judged on the basis of how it treats its weakest members and among the most vulnerable are surely the unborn and the dying'. She reflected that when our lives and actions show love, we will be living closest to our most authentic self. This is best witnessed when we are close to the lonely and afflicted.



Above is the icon of Our Lady of Consolation at West Grinstead. Pictured right is Fr David Goddard who is custodian of the Shrine and is happy to welcome visitors. email: revdavidgoddard@btconnect.com



Photo Captions below, reading from top left and clockwise

1. Congregation - a full church
2. Saying the Rosary in the grounds
3. Jim Mortell signs for the deaf
4. Fr David Goddard - who told the story of the Shrine
5. Bishop Richard with two pilgrims from Worthing
6. A happy family from Crawley
7. Two more happy pilgrims
8. The Sacrament of Reconciliation was available on the day and many took advantage of it



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FROM THE PARISHES

ADUR VALLEY



ON SUNDAY 10 July our whole parish, young and older had a wonderful day of celebration at The Towers. All parts of the parish contributed to the day in the choir, serving at Mass and entertainment. The day started with Mass and then was followed by a procession, dodging the showers, with our 28 First Communion children scattering rose petals along the way for the Blessed Sacrament. (See picture above)

A quiz night at St Peter's raised funds for the Worthing Churches Homeless Project.

Darcey Stride, for whom we had been helping to raise funds for a much needed operation, is making good progress with her mother reporting that 'she stood up straight, she has never been able to stand up straight'.

Penny Richardson

BRIGHTON

St Mary's, Preston Park

SUMMER IS A TIME for celebrations: On Sunday 12 June 23 of our children received their First Holy Communion here. Congratulations to the children. The 'Going Forth' Mass took place on 17 July. Also 11 of our young people were confirmed at St Mary's on 9 July by Bishop Richard. Congratulations and blessings to them.

On Sunday 10 July the SVP organised a Family Fun Day with tabletop sale of children's clothes, toys and books as well as a barbecue. Despite the bad weather they raised £352.90 to be used for local families in need.

On Sunday 17 July there was a fun day for children with profits going to St Mary's. The final sum raised from Fr Bruno Witchalls' sponsored bike ride was a magnificent £1,611 which will be halved between the SVP and the parish Lourdes Fund.

Claire Shelton-Jones

CRAWLEY

Christ the Lord (LEP)

Broadfield & Bewbush

ON TRINITY SUNDAY Fr Simon Dray celebrated our Mass, assisted by Deacon Andrew Bayes. Our music was led by our talented Blue Sash choir and our music group. During their own liturgy the children made beautiful bookmarkers, with three coloured ribbons plaited together to illustrate the Holy Trinity.

Congratulations to our six lovely First Holy Communion children. The music at the Mass was led by the music group and the Blue Sash choir.

Congratulations to Gerry Baker who joined the Vietnam Hill Trek Challenge and raised

TO ALL OUR CORRESPONDENTS ITEMS for the **October 2016** issue must reach the Editorial Office at Crawley by 10am on **Monday 29 August 2016** and for the **November 2016** issue by **Monday 3 October 2016**. Contributions may be sent by e-mail to abnews@dabnet.org and if so please include a contact telephone number.

It is helpful to us if Correspondents can type their contributions, keep them to no more than 200 words and include a word count. Original good quality digital pictures (which must be at least 300dpi) are very welcome. They should be sent as e-mail attachments. We regret we are unable to use photocopies or copies printed directly from computers. Please tell us that you have permissions for children's photos to be published.

£5,200 for St Catherine's Hospice. He thanks us all for our generous donations and says it was an unforgettable experience.

John Dunlevy had his head shaved on 4 June at the Emerald club to raise funds for cycling equipment for his daughter Katie-George to represent Ireland in paracycling at the Rio Olympics. She recently secured two gold medals at the paracycling road world cup in Belgium. Kathleen Purnell thanks us for sponsoring her walk in aid of St Catherine's hospice.

Barbara Winstanley

EAST GRINSTEAD and LINGFIELD

ST PETER'S primary school held a Fairtrade 'big brew' on Friday 15 July. Pupils made tea and coffee for visitors, celebrating St Peter's achievement of being the only Fairtrade primary school in the town.

The parish summer lunch took place at St Bernard's Church Hall, Lingfield, on Sunday 10 July. As usual, this popular event was well attended.

In July, we welcomed in eight children in Baptism.

Clive Carpenter

EASTBOURNE

Christ the King, The Holy Rood and St Joachim

WE HAD THE HONOUR of welcoming Bishop Richard to Christ The King on 10 July when 13 young people from our parishes and one young person from St Thomas More, Seaford, received the sacrament of Confirmation.

Once again our parish Filipino community worked hard to provide delicious food for parishioners and their friends who attended the Filipino food festival on 9 July. This helped raise over £800 for parish funds.

The newly formed parish social/welcome group invited parishioners to a bring and share brunch following the 11.30 Sunday Mass at Christ The King on 17 July.

John Carmody

EPSOM

ON SUNDAY 24 July the parish welcomed Bishop Richard to celebrate our 9.30am Family Mass and offer thanksgiving for the work of the Sisters of Charity of Jesus and Mary, especially Sr Fionnuala and Sr Margarite who, as Canon William Davern said, 'are still with us and please God will continue to be a presence in our parish for some years to come'. Srs Fionnuala and Margarite were each presented with the medal of St Philip Howard and certificates in recognition of their 24 years service to the Diocese of Arundel and Brighton and particularly St Joseph's church. We also remembered in our prayers Sr Brendan and Sr Roseanne who are no longer with us.

Audrey Arden-Jones

BEXHILL

ON THE 4 JULY - a typically chilly, cloudy English evening - members of the Bexhill Catholic Women's League gathered on the seafront to support two of its members, Jac Young and her daughter Millie, aged 12, take part in a sponsored cycle ride from Bexhill Colonnades to Hastings Pier and back - just under 11 miles. On their return, Jac said that the cheers from the assembled group was very uplifting. The marvellous sum of £460 was raised for Refuge: a charity who supports women and child victims of severe domestic violence. This was in addition to the 600 items of toiletries, towels and blankets the CWL ladies had collected and donated, in hand-made toiletry bags, to the local Women's Refuge. The picture shows the group on Bexhill seafront before the cyclists set off on their journey.

Frances Haragan



CATERHAM

'AN ABSOLUTE TREASURE of a building, sublime and very special'. 'The church is wonderful. Certainly a blessing. Thank you for my special visit plus all the lovely ladies'. 'I had no idea this was such a beautiful interesting church. Flowers lovely'. These are sample comments from the visitors book when the Sacred Heart threw open its doors as part of the Caterham Festival, for people to see our hidden gems, the fine Victorian murals and stained glass in the sanctuary, and painted Jesse Tree in the Lady Chapel. These were ordered from the famous Hardman & Co. who worked with A. W. Pugin. Also on display were some of Fr. Sean Finnegan's antique vestments. The choir from St Francis' School sang a selection of songs and hymns; about 40 people attended the talk on the conservation work on the murals by our architect Deirdre Waddington. We had brass rubbing, colouring sheets of the stained glass windows, and a display about the life of World War I hero, Fr John Glynn, chaplain to the Irish Guards. An additional bonus was a talk and demonstration of Icon painting by local expert and teacher, Hanna Ward, at the Sacred Heart Church. Her pupils, Kate and Tom Thomas, (pictured below) who attend the church, displayed some of their work. Both parishioners and visitors were very impressed by what they had created.

Story and picture Ann Lardeur



SEAFORD

OUR FIRST HOLY COMMUNION MASS was celebrated on 19 June with 13 children receiving their Communion, it was a lovely celebration.

The parish held its annual dawn vigil Mass for the feast of St John the Baptist (see story page 5). On 24 June our very successful Alpha Course ended, which had been running since April and had on average 40 people at each session. People were very keen also to have follow-on group sessions with a variety of topics in the parish.

On the 26 June we had our parish barbecue in the garden after the 10.30am Mass. It was another occasion enjoyed by all those who came. And finally we had our deanery Confirmations and this year we had one candidate from Seaford, Kira, who was Confirmed by Bishop Richard at Christ the King, Eastbourne.

Mary Purchase

SUTTON PARK

AS A PART OF THEIR LENT fund raising project for Aid to the Church in Need, parishioners of St Edward the Confessor at Sutton Park organised a potato growing competition. The weighing of the potatoes took place on Sunday 24 July. The winner in the senior section was Peter Nagle with a crop of 15 ounces whilst Josephine Tai won the junior section with a crop of 3 ounces.

There was no shortage of helpers anxious to get their hands dirty by emptying the pots and finding the sometimes elusive crop.

Terence Nagle

WEYBRIDGE

FIVE OF OUR young parishioners will attend the Krakow World Youth Day in Poland. To help them on their way, the parish organised a number of money-raising events during the Summer. One was 'A Night at the Movies' when our youth showed an extraordinary range of talent - singing, dancing, instrumentals - with numbers ranging from *Les Miserables* to *Schindler's List*. All accompanied by popcorn and pizza, just like the real movies. This was followed by a very successful Spanish evening

with dramatic displays of Flamenco dancing, singing and guitar playing as we feasted on lovely tapas washed down with Rioja. We are a very fortunate parish to have such talented and hard working young people; it keeps us all feeling young!

Peter Clapham

WORTHING

St Mary of the Angels

OUR ANNUAL International Mass was celebrated on Sunday 3 July at 10.30am. The first reading was said in Tagalog, a Filipino language spoken as a first language by about a quarter of the population and as a second language by many others. The second reading was in Malayalam, an Indian language spoken mainly in the province of Kerala. After Mass there was a shared lunch in the Sion School hall to which people brought traditional food to share.

Our parish overseas project of the Mutemwa Leper Colony continue to thank us for our donations. Oversight of the project has now passed to the Franciscan community. At present there are 43 residents of whom 24 have leprosy. The clinic treats about 112 people per month. Due to the drought in Zimbabwe, maize and vegetable production has suffered badly, a drip irrigation system is being installed as funds allow.

Astrid Gibson

LEWES

ON 3 JULY a group of parishioners travelled to Arundel Cathedral at the invitation of Bishop Richard to celebrate a Mass with new Catholics. We were either new Catholics ourselves or friends or sponsors or family. We entered through the Holy Door in a procession after the Bishop and clergy, and enjoyed a very welcoming service of thanksgiving. After posing for a photo all at the Door (see picture), we made our way to the Cathedral Centre for tea and cake, and a chance to meet the Bishop. What a nice way to spend a sunny Sunday afternoon celebrating our faith.

Ffion Wilkes



PORTSLADE

THE PARISHIONERS at Our Lady Star of the Sea Mass Centre, Portslade, had the joy of welcoming Harold Bryant when Fr Alistair Simmons received him into full communion with the Catholic Church. Harold looked forward to being able to receive the Holy Eucharist at Mass when his beloved grandson, Alex, made his first Holy Communion. We all shared in his joy on that occasion as well.

Mary Barry

Pictured below; Harold, with his wife Diane on his right, with Fr Alistair Simmons and Mary Barry RCIA Catechist



See further FROM THE PARISHES on page 2

COFFEE TIME

CRYPTIC Across

- 1 Like a Middle Eastern country, one of the past (7)
- 5 Apostle with him out is going to die (5)
- 8 Written word puts crier in a tizz (9)
- 9 Part of the chair to reinforce (3)
- 10 Way a desert country contracted for plant opening (5)
- 12 One tucking into pineapple's an eye opener for Paul? (7)
- 13 Conflicting reports one may have heard of 25, perhaps? (6)
- 14 Figures car check-ups should be inclusive (6)
- 16 Old coal town's right to get Japanese firm to attract a large number in (7)
- 19 King of Ammon's sounding surprised to meet one with a habit (5)
- 21 NASA's concern – in short, it may have a blinking light (3)
- 22 Rig Madras constructed for carnival... (5,4)
- 24 ...is handy to re-use for masses, he wrote (5)
- 25 Xerxes and Themistocles scrap here for sausages (7)

CRYPTIC Down

- 1 Port of Mysia from which Paul sailed when seeing mayday (5)
- 2 Rhode Island's return address (3)
- 3 Rachel's sister's taken up hip-hop to promote a Renaissance Man (7)
- 4 Polish invasion of an unoccupied Antarctica island (5)
- 5 Gratitude indicated after pastry Madonna caught (while having a tot) on her lap (5)
- 6 Piece of jazz, it reaches Number One contrary to custom (9)
- 7 Flock's inner bearing, one to follow by the Nile (7)
- 11 Ring flea-pit about Thor, shortly to be seen on date that smacks of 6 (9)

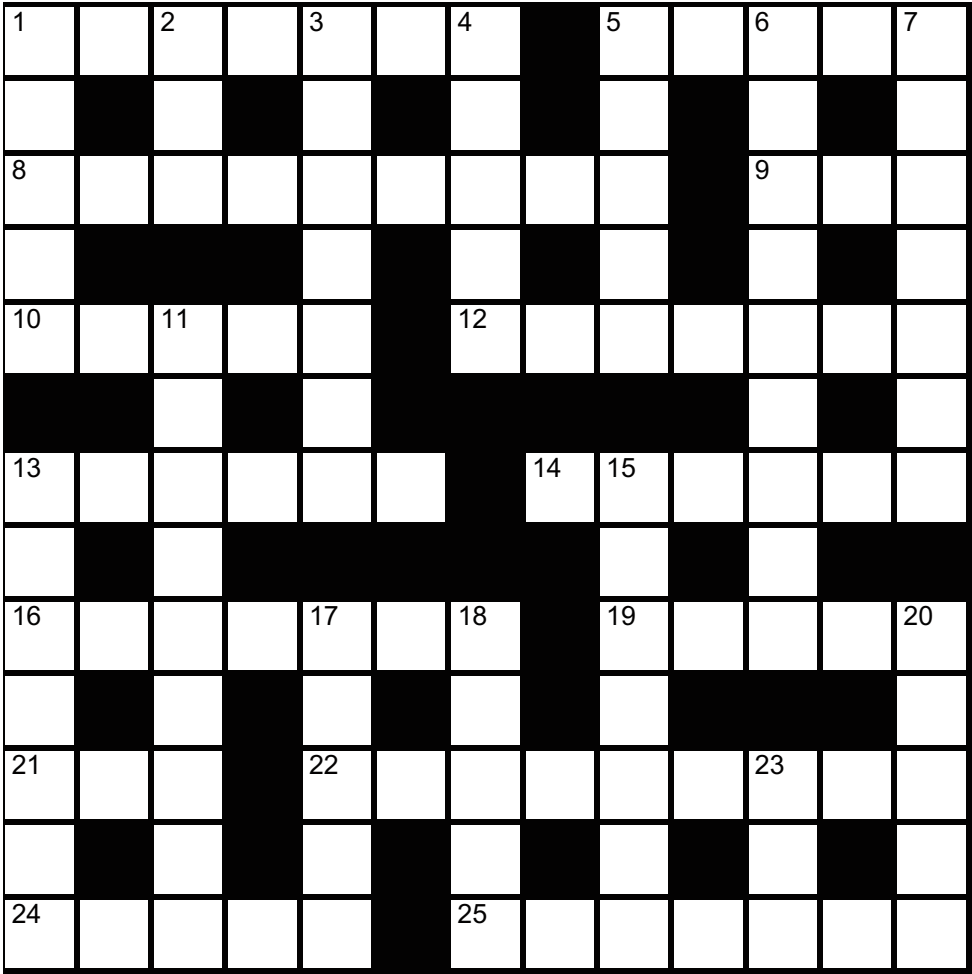
- 13 Branch out with gold into the London market (7)
- 15 Judge's hot-line's been tampered with (7)
- 17 Monster doctor discovers during study (5)
- 18 Anathema, frostiness, covering cuts made in the 70s? (5)
- 20 Time for loch to accommodate animal dwellings (5)
- 23 Suspect in Germany the cull from a bunch of crows is upsetting (3)

QUICK Across

- 1 Biblical country, now part of N Iraq (7)
- 5 Apostle entrusted with the 'keys of the Kingdom of Heaven' (5)
- 8 Religious writing, especially the Holy Bible (9)
- 9 Ready for 13 (3)
- 10 Mouth-like opening in certain animals: plant pore (5)
- 12 Curer of Paul's blindness in Damascus (7)
- 13 Struggle (6)
- 14 Themes (6)
- 16 S Wales valley(s) whose steam coal fuelled Britain's navy a century ago (7)
- 19 King of Ammon, son of Nahash (5)
- 21 Roswell sighting? (3)
- 22 Fat Tuesday (5,4)
- 24 Composer brothers (Franz) Josef and Michael (5)
- 25 Sea 13 between the Greeks and Persians, 480 BC (7)

QUICK Down

- 1 Mysian port from which Paul sailed to Jerusalem for the last time (5)
- 2 Rod Stewart, for one (3)
- 3 In Tobit, one of seven archangels (7)
- 4 Caribbean island, independent from the Netherlands Antilles since 1986 (5)



- 5 Representation of the Virgin Mary mourning over the dead body of Jesus (5)
- 6 Convention [1] (9)
- 7 Any of twelve kings of ancient Egypt between 1315 and 1090 BC (7)
- 11 Convention [2] (9)
- 13 English town that forms the constituency of a member of parliament (7)
- 15 One of the first Israelite judges who stopped his people worshipping Baal (7)
- 17 Ghoul; evil being (5)
- 18 70s hairstyles (5)
- 20 Makes a home (5)
- 23 Liquor distilled from fermented molasses (3)

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