

Weep not for me,
mother

Catholic News

MORE THAN 21 YEARS OF BRINGING THE
NOTTINGHAM DIOCESE TOGETHER

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20p WHERE SOLD

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Lenten Ashes - a special day



On Ash Wednesday children and parents from St Mary's Academy in Derby received the ashes from the Chaplaincy Team during Mass and after school. It was a special day that brought home how important the season of Lent is in bringing us closer to Jesus. Mass was celebrated by the new parish priest of St Mary's, Fr Gregory Tobin, and there was a special visitor, Sean McClafferty, CEO of the St Ralph Sherwin Trust. At the end of

the Mass, the Head Teacher, Mrs Amanda Greaves, presented Fr Tobin and Mr McClafferty with books celebrating over 200 years of Catholic schooling in Derby. Each family is being invited to think of their own Lenten promise and write these on fish shapes that will be displayed in classes. The School is once again raising money for Cafod's Lent campaign."

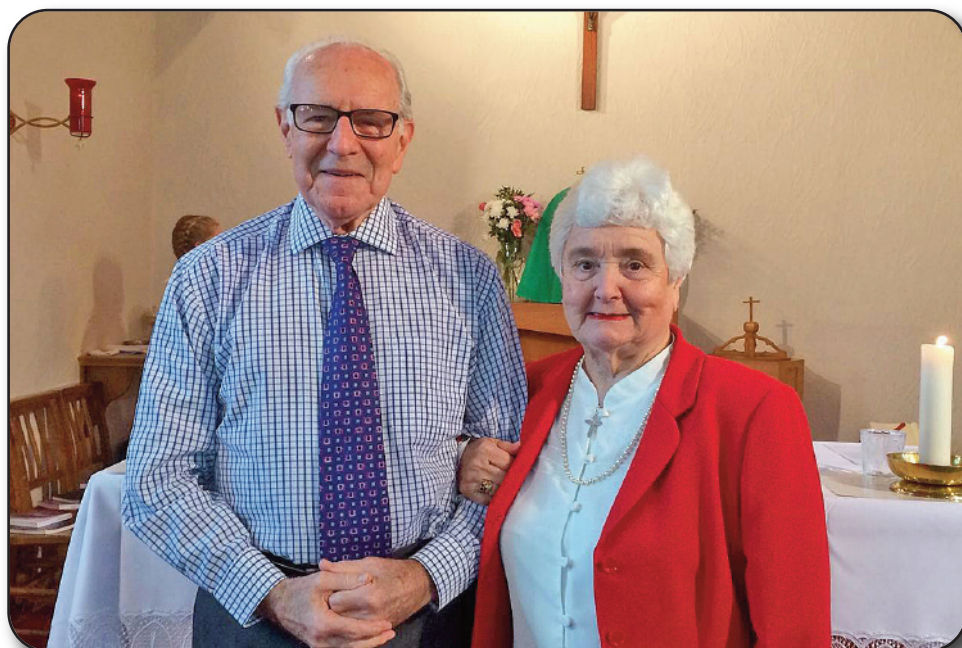
Fran Wickes

Knight of St Columba prepare to Celebrate their Centenary



Installation of officers of the Knights of St Columba during Mass at St Barnabas Cathedral, Nottingham. With gratitude for their Christian witness & congratulations on the 100th Anniversary this year of their foundation.

Terry and Sheila Breed celebrated their 65th wedding anniversary at a special Mass. They were married in St. Gregory's on 20th February 1954 and have been loyal and faithful supporters of their parish throughout their married life.



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The monthly paper for the
Diocese of Nottingham

**The
Catholic News**

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Wanted - Parish Correspondents

The Catholic News is looking for a
Parish Correspondent in your parish
to send in local news for publication
in this newspaper. All items to be
emailed to
johnclwson@icloud.com
before 10th of the month

Pope's message to Cyclists



Pope Francis recently with cyclists participating in the Annual Congress of the European Cycling Union and used the opportunity to tell them that they bear witness "to the potential of the human being, created in the image and likeness of God." Addressing the participants in the Annual Congress of the European Cycling Union, which on this occasion is also hosting the Assembly of the African Cycling Confederation, Pope Francis highlighted the strong relationship between Sport and the Church. He emphasized how sport can foster excellence because it teaches perseverance, sacrifice, and self-denial. The Pope continued by saying that, "sport often becomes an opportunity to express with enthusiasm the joy of living and the true satisfaction of having

crossed the finishing line."

Cycling and its virtues

Turning his attention to the discipline of cycling, Pope Francis described how it is one of the sports that, "places emphasis on some virtues, such as patience, integrity, altruism and team spirit." Indeed, he said, "if we consider road cycling – one of its most common forms – we can see how the whole team works together during the races."

Sporting Values

During his address, the Pontiff alluded to the many cyclists who have given of their best in their careers combining the qualities of determination and solidarity. They have borne witness, the Pope underlined, to "the potential of the human being, created in the image and likeness of God, and the beauty of living in communion with others and with creation." Athletes, he said,

"have this extraordinary opportunity to communicate to everyone, especially young people, the positive values of life and the desire to devote it to the pursuit of high and noble goals."

Pitfalls

But the Pope also drew attention to the fact that when the opposite happens "and sport becomes an end in itself, and the person an instrument at the service of other interests such as prestige and profit, then distortions appear that taint it. I am thinking, he said, of doping, dishonesty, disrespect for oneself and one's opponents, and corruption." Concluding his words, Pope Francis stressed the importance of listening to and accompanying new generations, "without losing sight of the healthy traditions and popular culture that, in many countries of the world, accompanies cycling and its champions."



Advertisement for Director of Heritage Centre Nottingham, England

Title: Director of Heritage Centre Nottingham, England
Reports to: Province Leader, Province of the Maternal Heart, England
Overall purpose: Overall management and development of the Heritage Centre

The LCM is an International Congregation of Religious women, founded by the Venerable Mary Potter in Nottingham, England in 1877. We invite applications for a Director for the Heritage Centre in Nottingham. The role is required to ensure the provision of a unique, innovative and interactive service that honours the legacy of Mary Potter and the Sisters of the Little Company of Mary. The centre opened in 2010, is home to the artefacts of the LCM and provides an interactive experience journeying with the Founder, Venerable Mary Potter. The centre depicts the life and spirituality of the founder as she began the LCM in Hyson Green, Nottingham and how the story continues to the present day. It provides space for individuals, local and international groups to meet with guides and avail of the experience.

The successful applicant will:

- Promote the life and vision of Mary Potter and the Mission and Spirituality of the LCM by working on projects and programmes that will assist the LCM to further develop the Centre.
- Be accountable for the day to day operations of the Heritage Centre and work with LCM Sisters on future programmes and opportunities.
- Ensure effective and efficient operation of the Heritage Centre, is responsible for the overall monitoring of planned maintenance, staff and resources inclusive of budgeting.
- Further develop the Heritage Centre by means of networking and promoting the Heritage Centre locally and internationally.

Hours of employment: The position is full time at 35-37.5 hours per week with flexibility.
Salary Package: Commensurate with experience

Method of application: Initial enquires in the first instance maybe directed to the Province Leader to request a Position Description or via e-mail at lcm.ef@btinternet.com or via the website at www.lcmsisters.org.uk

- A brief covering letter, addressed to the Province Leader outlining the key reasons for your interest in the position
- A resumé that outlines your employment history and relevant qualifications and experience (the resumé should not exceed three pages)
- A response to the eight Selection Criteria outlined in the Position Description (responses to the criteria should not exceed four pages)
- The names and contact details of three referees.
- Applications to be received by email and include a letter of application addressing the essential requirements and desired attributes as outlined above.

Postal applications may be sent to: Province Leader, 93 Gunnersbury Avenue,
Ealing, London W5 4LR United Kingdom
lcm.ef@btinternet.com

Applications close: Tuesday 30 April 2019 at 5.00 pm
Interviews: Week commencing Monday 20 May 2019

FRANKLY SPEAKING

Writing this article on the day before Ash Wednesday I have just heard the Foreign Secretary say that 'there is a lot of work to do on Brexit'. When you read this newspaper our country may or may not have changed for possibly decades to come.

The weekend of the fourth Sunday in Lent is not only scheduled to be incorporated into Brexit but for our personal lives we will possibly celebrate the start of British Summer Time and also Mothering Sunday. I say 'possibly' because for a minority that weekend may not be an easy time. For mothers' who have lost a child and for single people whose mother has recently, or even years ago, passed away a visit to a florist or card shop is most unlikely unless it includes a special walk to the cemetery.

For eighteen years I lived in the historic city of Lincoln. I returned from a reunion of old friends and could not help noticing how the University had assisted in the much needed regeneration necessary after some unpleasant scenes in the city centre on New Years eve in 1987. Despite this, Lincoln appears, as does many other cities, to have a problem with homelessness.

On a wet Sunday afternoon the sight of a

young articulate woman clutching a soggy coffee cup in a doorway near the cathedral was a sharp reminder of another minority that will not be celebrating Mothering Sunday.

A few years ago the Government was promoting localism. I am not sure if this has achieved in my local area but perhaps in some parts of the country there has been progress. What I am sure is that either by accident or design we have heard a lot more about loneliness with some politicians including the late and much missed Jo Cox showing that they actually do care about all who suffer in silence from their isolation.

Just occasionally our media reports a story which gives us hope. At the recent half-term thousands turned out in Sheffield to honour the memory of the American airmen who saved children 75 years ago in that city whilst losing their own lives. Ten American air crew showed how much they cared about a group of children with a supreme wartime sacrifice.

On Mothering Sunday our children also need the guidance and love that day, this will surely help us towards Easter in this difficult year.

Frank Goudling

“Bless-A-Baby” Drop Off

On Valentines Day, 2019 I was very fortunate to be able to drop off our wonderful baby knits and crocheted baby blankets (generously supplied by the parishioners of the Good Shepherd Church, Arnold) at the “Bless-A-Baby “ outlet at the El Shaddai Christain Church in Cape Town, South Africa. We were received with great warmth and gratitude as we were shown around their outlet as knits were catalogued, packaged ready for distribution to 8 local hospitals -impacting one mother and one baby at a time. These moms are facing very difficult home circumstances and are in need all the help, support and assistance from enterprises, like “Bless-A-Baby”, whose main initiative is to give each Mom an “bag -of -hope “ filled with a variety items (new baby knits, blankets, nappies, booties, knitted toys etc) to ease their transition back home when discharge from the hospitals.

Bless-A-Baby was started in 2002 when “we heard about babies leaving a local hospital without necessities like nappies, clothing or basic toiletries – even to the point of a baby going home in a plastic shopping bag! So a group of ladies in our congregation (El Shaddai Christian Church) rose to the challenge and we began sewing beautiful nappy bags and filling them with the essentials.” (taken from website. for more information please visit their website blessababy.org)

Personally I was very impressed by the obvious joy amongst the volunteers, it was so easy to see this was something very dear to their hearts!

*Submitted by
Cheryl Broodryk*



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'5 loaves and 2 fish'

(Mark 6:41)

EDAN Lines is a charity that assists victims of domestic abuse in Lincolnshire. The parish of St Peter and St Paul in Lincoln is supporting the charity; first a collection for clothing for the people staying in the refuge was held, followed by a coffee morning which raised over £250. A further collection for toiletries, bedding and gift cards is planned before Easter. In addition, a domestic abuse support worker, from EDAN Lines, came to talk to the CWL about the incredible and challenging work of the refuge and was presented with a cheque for £100 for the 'freedom fund' which enables women, who arrive with no money, to buy food and other essentials. A further cheque was donated by the parishioners who are part of the 'Response Group'.

A 'chance' conversation during Advent, between two parishioners waiting in line for coffee, sparked the initial idea to help the charity, further ideas followed and the cause has been happily supported by other parishioners and the parish priest, Fr Jarosz, who also chose the charity for the parish to support for Lent. Support has even spread beyond the parish with one married couple undertaking fundraising at their work locations, resulting in donations of £50 and over 60 Easter eggs for the children.

To see God in the activity, generosity and kindness of so many people, both within the parish and beyond, is beautiful. To God be the glory.

Free 24hour national domestic violence helpline: 0808 2000 24724

SSPP, Lincoln



Easter Mass Times

Our Lady of Perpetual Succour, Bulwell (NG6 9ES), Nottingham

- Monday 15th April 2019**
Service of Reconciliation at 7pm
- Maundy Thursday 18th April 2019**
Mass at 7.30pm
- Good Friday 19th April 2019**
The Passion of the Lord at 3pm
- Holy Saturday 20th April 2019**
Vigil Mass at 7.30pm
- Easter Sunday 21st April 2019**
Mass at 10.15am
- Sunday 28th April**
Feast of the
Divine Mercy Service @ 2.30pm

The Divine Infant of Prague, Bestwood (NG5 5TQ)

- Good Friday 19th April 2019**
The Passion of the Lord at 3pm
- Easter Sunday 21st April 2019**
Mass at 10.15am

SACRED TRIDUUM

Our Lady of Victories Halam Road, Southwell, Notts NG25 0AD

- MAUNDY THURSDAY - 18th April**
Sacrament of Reconciliation (Confession) - at OLV at 6:00pm
Mass of the Last Supper - OLV at 7:30pm
Watch before the Blessed Sacrament - OLV at 8:30pm until Midnight
- GOOD FRIDAY**
(Day of Fasting and Abstinence) -
19th April Liturgy of the Passion - OLV at 3:00 pm
Friday - Stations of the Cross at OLV and
St Anthony's at 6:30 pm
- HOLY SATURDAY - 20th April**
Easter Vigil - 8:00 pm
- EASTER SUNDAY - 21st April**
Easter Day Mass - OLV at 9:00 am - St Anthony's at 10:45 am

St Mary's, Derby & Holy Family, Allestree, Christ the King, Mackworth Holy Week and Easter 2019

- | | |
|--|---|
| <p>St Mary's Derby
Sunday, 14th April Palm Sunday
Masses: 9.00am, 11.00am & 6.30pm
Procession from the Convent Gardens 10.15am</p> <p>Monday 15th April of Holy Week
Mass: 1.00pm
Service of Reconciliation: 7.00pm</p> <p>Tuesday 16th April of Holy Week
Service of Word & Holy Communion 1.00pm</p> <p>Wednesday 17th April of Holy Week
Confession 11.00am - 1.00pm
Mass of Christ St. Barnabas 11.30am
Mass: 1.00pm
Sacrament of Reconciliation at St Mary's 12.00 - 1.00pm
Mass: 1.00pm</p> <p>Thursday 18th April of Holy Week
Mass: 8.00pm
(followed by watching at the Altar of Repose until 11.00pm)</p> <p>Good Friday, 19th April
Children's Liturgy: 10.00am
Liturgy: 3.00pm
Stations of the Cross: 7.30pm</p> <p>Holy Saturday 20th April
Service of Light and Easter Vigil: 8.30pm</p> <p>Easter Sunday, April 21st
Masses: 9.00am, 11.00am & 6.30pm</p> <p>OTHER SERVICES/EVENTS
Exposition at St. Mary's
Mon, Tue & Wed: Noon - 12.55pm
Sacrament of Reconciliation at St. Mary's
Mon, Tue and Wed from Noon to 12.55pm
Fr Gregory, Fr Tim, Deacon Chris, Deacon Martin and The Mercy Sisters wish you all every blessing of this Easter</p> | <p>Thurs: 11.00am - 12.55pm
(no confessions after Thursday night)</p> <p>Holy Family, Blenheim Avenue
Sunday, 14th April Palm Sunday
Mass: 9.00am</p> <p>Monday 15th April of Holy Week
Mass: 9.00am
Sacrament of Reconciliation at St Mary's</p> <p>Sacrament of Reconciliation at Holy Family after weekday Mass as requested</p> <p>Wednesday 17th April of Holy Week
Service of Word & Holy Communion 9.00am</p> <p>Thursday 18th April of Holy Week
Mass: 8.00pm
(followed by watching at the Altar of Repose until 11pm)</p> <p>Night Prayer: 10.30pm</p> <p>Good Friday, 19th April
Liturgy: 3.00pm</p> <p>Holy Saturday 20th April
Service of Light & Easter Vigil: AT ST MARYS 8.30pm</p> <p>Easter Sunday, April 21st
Mass: 9.30am</p> <p>Christ the King, Mackworth
Thursday 18th April of Holy Week
Mass: 8.00pm</p> <p>Good Friday, 19th April
Liturgy: 3.00pm</p> <p>Holy Saturday 20th April
Service of Light & Easter Vigil AT ST MARYS 8.30pm</p> <p>Stations of the Cross: 7.30pm</p> <p>Easter Sunday, April 21st
Mass: 11.00am</p> |
|--|---|

LITTLE DRESSES FOR AFRICA



Circle President Mike Hall presenting the cheque to charity co-ordinator, Sarah Lewis alongside some of the Catenian ladies and dresses.

One of the chosen charities for Mike Hall's year as President of Market Harborough Circle of the Catenian Association was "Little Dresses for Africa". Little Dresses for Africa was founded in 2008 by Rachael O'Neill in the USA with the object of providing relief to vulnerable children throughout the African continent and beyond. Now a worldwide charity, volunteers join together to make little dresses and other garments out of pillow cases or other simple patterns. Some volunteers sew, some pack and others donate material or money towards shipping costs. The little dresses are so much more than clothing. They find their way into homes and villages where the charity

teaches simple lessons on clean water sanitation and promotes health and family skills.

Some Catenian ladies of Market Harborough and its Parish of Our Lady of Victories recently made over 100 dresses, shorts, woollen ponchos and hats to send to this worthy charity. They were presented to Sarah Lewis, the UK co-ordinator for Little Dresses for Africa at a recent Circle meeting by President Mike Hall, along with a cheque for £370. In thanking Mike and the ladies, Sarah said how important such contributions were as it was also hope that was being sent to Africa, along with the dresses.

We would like to wish all our readers a Happy and Holy Easter





**Help people in the world's poorest places
See the Way to a brighter future - give
before 14th May 2019 and every £1 you
donate to our See the Way appeal will be
doubled by the UK government.**



Dear Catholic News of Nottingham reader,

Life with severe cataracts was not easy for five-year-old Sesan, living in Nigeria, West Africa. Unable to see, this bright boy could not play with friends, help at home or go to school. He faced a bleak future.

Now, thanks to CBM supporters, his life has been transformed by a 45-minute cataract surgery. He can play, learn and one day work and earn his way out of poverty.

It is heart-breaking to know that there are still so many children living in poverty around the world, whose sight could be so easily restored. Children like Theo are blinded by cataracts, but their families cannot afford the £95 cost of surgery. So these children have no choice but to live in darkness.

You can change that with a gift to CBM right now. Give before 14th May 2019 and every £1 you donate to our **See the Way** appeal will be doubled by the UK government.

This means that if you can give £95 for one child's surgery today, two children could have their sight restored.

Your gift today could help twice the number of children **See the Way** to a brighter future.

God bless you,

Rebecca

Rebecca Molyneux
CBM Programme Manager

How it works

Help people in the world's poorest places **See the Way** to a brighter future - give before 14th May 2019 and every £1 you donate to our **See the Way** appeal will be doubled by the UK government.

Theo

Two-year-old Theo cannot explore his world due to his cataracts. Your gift could transform his life and give him a brighter future.



Yes, I want to donate to help twice as many blind children like Theo.

I will give: £95 My choice amount of: _____

- I enclose a cheque/postal order/CAF voucher made out to CBM or
- Please debit my Visa/Mastercard/Maestro Card/CAF Card

Card holder's name: _____

Card number: _____ Expiry date: /

3-digit security number: _____ Cardholder's signature: _____ Date: / /

Title: _____ First Name: _____ Surname: _____

Address: _____
Postcode: _____

We will send you an update on Theo's surgery. We'd love to keep you informed about our life-changing work and how you can support it by making a donation. By giving your email address or phone number below you give CBM UK consent to contact you using these methods:

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We like to contact our supporters with postal fundraising messages and updates from the projects we support. If you do NOT want to receive such messages from CBM UK in the future please contact us on 01223 484700 or email info@cbmuk.org.uk. You can update your contact preferences or unsubscribe at any time. You can view our privacy policy at www.cbmuk.org.uk/privacy.

Please return this form to: Freepost Plus RSKK-HXAX-CYGZ, CBM, Oakington Business Park, Dry Drayton Road, Oakington, Cambridge CB24 3DQ

Public donations will support CBM's work preventing blindness and transforming lives wherever the need is greatest. Match funding from the UK government will improve access to sight-saving eye-health services in Rwanda.



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If you are a UK taxpayer and if you tick the Gift Aid box when you make a donation, HMRC will add an extra 25p for every pound you donate.

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We will need your name and address to claim the additional 25% of your donation from Gift Aid.

Call 0800 567 7000 to make your donation today. THANK YOU.

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Brief Statement on the Need for Catholic literature in Contemporary Culture

As Catholics we believe the church is the ark of salvation, a salvation which is being worked out in each of us by means of our co-operation: in our case, as Catholic creative writers, this implies partly through our work. The world of letters is populated today by many voices which marginalise the Catholic sensibility; or are openly antagonistic to it. Uncommitted Catholic creative writing might manipulate Catholic imagery to set a scene; committed Catholic creative writing might reduce artistry to polemics. The aim of this group is to provide a forum to support Catholic creative writers in understanding what Catholic creative writing has been and might continue to be by exploring the tradition, discovering our own Catholic voices and so helping a Catholic voice to emerge more strongly in contemporary literature. It will provide a forum/workspace where creative Catholic writers can share their work and engage with the work of other Catholic writers. The chief challenge to the group will be to articulate an answer to the question: What form should a Catholic literature take in an age in which faith is expected either to be tacit else openly ridiculed? Our answer will be in a pamphlet of poetry and short prose pieces which will be produced to mark the 175th anniversary of the founding of St Barnabas Cathedral church of the Nottingham diocese.

Non Catholics are welcome; and both experienced and inexperienced writers are welcome. The only requirement is an openness to the creative possibilities in the Catholic tradition.

If you would like to attend or are unable to attend but would like to submit work, please get in touch by email with:
Anthony Verdon; verdon1@ntlworld.com

St Barnabas Cathedral Catholic Creative Writing Group

Monthly meetings 11:00 am till 1:00 pm
in The McGuinness Room,
St Barnabas Cathedral Hall, North Circus
St, Derby Rd, Nottingham:

6th April 2019:

In search of a Catholic voice in poetry:
Looking at contemporary poetry/prose.
Part One (first hour): Readings from and discussion of recent Catholic (and non-Catholic) creative writing. Is the notion of Catholic literature simply sectarian or something deeper?

Part Two (second hour):
Readings and discussion of work produced by participants; writing a poem individually; and together: a partly fun activity to see what challenges contemporary Catholic writers face.

4th May 2019:

In search of a Catholic voice in poetry:
Looking at poetry/prose of earlier times.
Part One (first hour):
Readings and discussion of some historic Catholic literature.
What can we draw from them today?

Part Two (second hour):
Readings and discussion of work produced by participants; and writing a poem using one or more of the approaches perceived to be effective.

1st June 2019:

In search of a Catholic voice in poetry
Part One (first hour):
Looking deeper at contemporary and historic Catholic literature. We shall attempt to articulate some defining features of Catholic poetry and, in particular, of contemporary Catholic poetry.

Part Two (second hour):
Readings and discussion of work produced by participants; and a writing/discussion session informed by a developed awareness of how to write lively contemporary Catholic literature.

3rd August 2019: Final Drafting and selection

Event Meeting,
19th October 2019, early evening:
A public session of readings and launch of the book as part of the Graham Greene Day.

Non Catholics and both experienced and inexperienced writers are welcome. The only requirement is an openness to the creative possibilities in the Catholic literary tradition. If you are would like to attend or are unable to attend but would like to submit work, please get in touch by email: verdon1@ntlworld.com

From men's hearts....

(Mark 7:21)

*Juggling balls or sitting quietly
It makes no difference
Unsuspecting, they creep up on you
Or jump out of nowhere
Familiar, you embrace them
Forgetting to look
Whether or not they are your friends
And before you know
You are having drinks, having a party
Oblivious, that tomorrow
When they have flit back to the shadows
You will be the one
Left clearing up the mess*

Thanks to the mercy of God and the Sacrament of Confession, we have forgiveness of our sins, and the grace needed for the journey of becoming the people God created us to be.

*A blessed Lent and
Happy Easter to all
Jo*

ST BARNABAS CATHEDRAL NOTTINGHAM

CATHOLIC CREATIVE WRITING

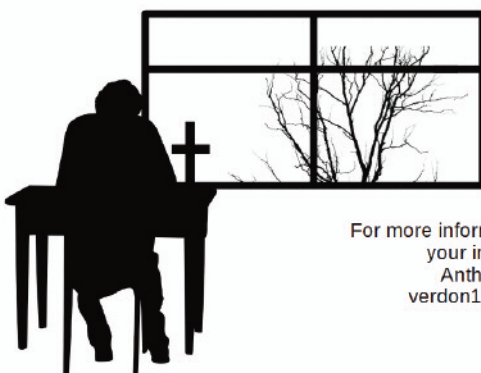
If you are a poet or story writer interested in working towards a publication to mark the

175th year of the Cathedral of the Nottingham Diocese

We would love to hear from you. Please get in touch and make contemporary catholic creative writing happen

Creative writing forums / workshops on
first Saturday of each month
April to June 2019
11 am – 1 pm

in St Barnabas Cathedral Hall, North Circus Street, Nottingham.



If you are unable to attend in person, you may participate by email

No costs or payments are involved at any stage

For more information and to register your interest, email
Anthony Verdon:
verdon1@ntlworld.com

Poster design by St Barnabas Arts and Crafts Group



Come & See

175th

*Anniversary
of
St Barnabas
Cathedral*

2019
**Special events
throughout the
year.**

**More details will
be posted soon.**

Parish Contact: Jim Lee
jim@leeandfletcher.co.uk

Strengthening family life through friendship and faith

Derby Catenians surrender Watts Pot



Richard Penna, Vice-President Derby, (left) handing the trophy to Mick Burns (right) Hinckley

At its February meeting at the Mickleover Golf Club, the Derby branch of the Catenian Association was 'invaded' by visitors from the Hinckley Catenian branch who then qualified to claim the Watts Pot.

The Watts Pot, so called after the member who donated it, is a fun trophy which encourages visiting between Catenian branches thereby sharing friendship and faith. If the branch holding the trophy is visited by four or more Catenians from another branch then the trophy is handed over.

Kevin Hurst
Derby Catenian Publicity Officer

SVP Parish Meal



St. Bernardette's SVP Conference in Scunthorpe along with the Philopena Community came together to provide a Lunch for 60 sick & housebound (given priority) and seniors in St. Bernardette's parish hall.

The Philopena ladies, dressed in their colourful National dress cooked & served the meal and then provided their guests a dancing display. The guests were also

treated to singing, bingo, raffle and Bullseye board. Much laughter and enjoyment followed.

"It was a most wonderful lunch and afternoon and we were so pleased to see the smiles and enjoyment on our guests faces".

Cynthia,
Conference President.

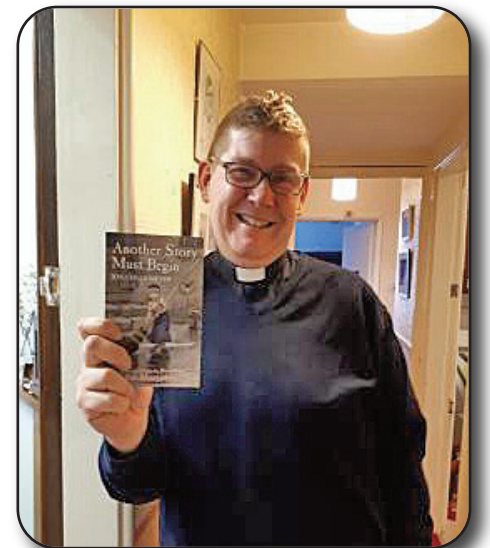
Our Lenten Journey

I am always surprised when Lent comes around? Again? So soon? Has it really been a year? What did (or didn't) I do last year? This year will be better. I will be more committed. Really, I will! Lenten Book Club

We are blessed in that there are many resources and ideas and suggestions to help us and sustain us during this important Season in the Church's year. When I visited Grimsby last week Fr Andrew told me the parish is having a Lenten Book Club, this year based on the novel Les Miserables

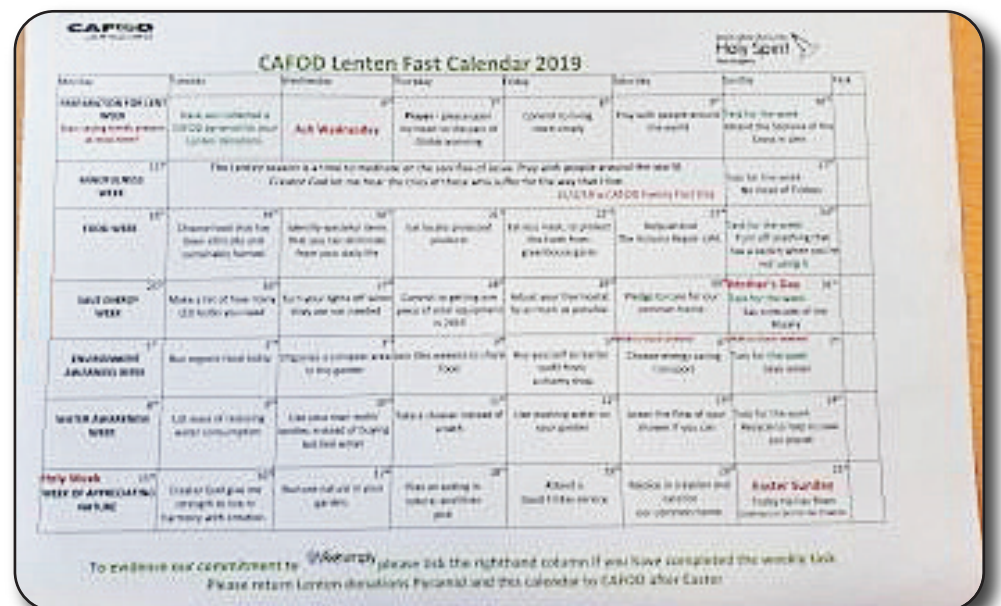
Holy Spirit parish in West Bridgford, as part of the working to achieve the Live Simply award, have produced a Lenten Calendar, encouraging all parishioners to take part.

And of course, here at CAFOD, so many brilliant resources for individuals, parishes and schools; all to encourage and motivate



us in our prayer, fasting and giving.

So don't despair! Be joyful, keep the faith and do the little things.



SVP Parish Meal



St. Bernardette's SVP Conference in Scunthorpe along with the Philopena Community came together to provide a Lunch for 60 sick & housebound (given priority) and seniors in St. Bernardette's parish hall.

The Philopena ladies, dressed in their colourful National dress cooked & served the meal and then provided their guests a dancing display. The guests were also

treated to singing, bingo, raffle and Bullseye board. Much laughter and enjoyment followed.

"It was a most wonderful lunch and afternoon and we were so pleased to see the smiles and enjoyment on our guests faces".

Cynthia,
Conference President.



THE FEAST OF THE DIVINE MERCY

SUNDAY 28TH APRIL 2019

An Afternoon of Devotions With Father John St. John
The Main Celebrant at the 5pm Mass.

2.30pm Opening Hymn and Introduction
Blessing of The Divine Mercy Image

3pm THE HOUR OF MERCY

"At this hour I will refuse nothing to the soul that asks with confidence in My Mercy"

The Chaplet of Mercy
Stations of the Cross

3.30pm Break for Refreshments & Bookstall

4pm Holy Hour followed by Benediction

Priests available for confessions during the afternoon.

5pm Holy Mass and Veneration of the Relic St Faustina and blessed Michal Sopocko

"The soul that will go to confession and receive Holy Communion on the Feast of Mercy, shall obtain complete forgiveness of sins and punishment"
(This is the promise made by Our Lord to Saint Faustina)

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To be a pilgrim

by Julia Beacroft

'The Church isn't static – she's a pilgrim on a journey' – Pope Francis

IT IS SAID that the top five most stressful life events include death of a loved one, divorce, moving house, major illness or injury and job loss, and I believe that most of us would probably be in agreement with this. In my last article I mentioned that I have only lived in four houses during my married life, but I can confirm that each house move has been tense, worrying and demanding. House viewings, offers, the anxiety of finding the right property to purchase and the arduous and nerve-wracking conveyancing procedure can all amount to a seriously stressful time.



Transformed

Yet most of us only undertake a house move because we have good reason to. Relocation due to employment or family needs, down-sizing, up-sizing or age related needs are the most common motivations for such an action. And significantly, most of us stress because we are resistant to change, which in itself can be both un-nerving and unsettling.

Yet in general terms we are advised that change is actually beneficial for us. We are renewed, revitalized and often transformed by change, we are frequently counselled. Yet still we can be made uneasy by its prospect.

I have always felt that there is a slight but rather wonderful dichotomy in the Catholic Church, which is steeped in tradition, yet advocates change and moving forward in time. We ourselves are called upon to keep moving on in our spiritual lives as we travel our life journey. Our faith is not and should

not; remain static but vital and alive, ready to embrace each new challenge. And indeed this is not a new idea. John Bunyans Pilgrims Progress' (1678) which was presented as a dream sequence with Christian, as leading everyman character, telling of his journey from his hometown, the "City of Destruction" ("this world"), to the "Celestial City" ("that which is to come) and was an allegory of his life and spiritual journey.

The image of the whole Church as being on pilgrimage towards the fullness of the Kingdom, does however, mean that Christians living today are only one part of the journey, and our insights and ways of understanding only one small contribution.

And so let us try to embrace change in our lives and move forward each day as the pilgrim people of God. We should not think that our present experience is the sole condition for understanding the journey, as we make that journey together, grateful to receive from the past and willing to help guide future pilgrims.

Fullness of the Kingdom

The Second Vatican Council also developed the image of the Church as a pilgrim community in 'Lumen Gentium' Chapter Seven.

Thank You to Two Faithful Servants

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After approximately 884 coffee mornings at St Peter and St Paul's Church, Lincoln, Peggy McCarthy and Frances O'Donnell have decided it is time to hang up their aprons, fill their last tea and coffee pots, hand over the biscuits and sausage rolls and rest their feet.

19th December was their last Wednesday so there was much thanksgiving and presenting of bouquets to them both by Pauline and Jo. The parish centre was packed to send them off in style, as can be seen from the photographs.

Since 2001 every Wednesday after the 9.30am Mass, these good ladies have served refreshments to the Parishioners while at the same time raising £34,000 for Fr Vincent's Clean Water Project in Uganda.

These mornings have become an integral part of the social life of the Parish and we thank Peggy and Frances for their commitment and hard work over this long period in making this possible. Their welcoming smiles and Frances' freshly baked sausage rolls cheer and gladden the heart.

Fortunately volunteers have come forward to carry on this work so we will still be able to enjoy our Wednesday mornings of chat and laughter, building wonderful relationships. But we must not forget who initiated this tradition.

Thank you, Peggy and Frances, from all at St Peter and St Paul's, Lincoln



Children lunch with residents and hand over gifts as part of day spent living out their school motto

Children at Saint Joseph's CVA in Matlock went for lunch with care home residents and handed over gifts as part of day spent living out their school motto.

Reception pupils helped to put together a hamper full of treats as a Valentine's day gift for residents at the Presentation Sisters Care Home, which is based on the school site.

They handed it over to staff and residents at the care home before enjoying lunch together.

The children visit the care home regularly, usually once a week, and chat to residents about their lessons, plant seeds, take part in arts and crafts activities and sing songs.

Teachers were inspired to start visiting the care home several years ago after being inspired by a similar project in America.

Jayne Carnall, care home manager, said the visits had benefits for both the children and the care home residents.

She said: "We've seen how the children quickly form bonds with our residents. There are no barriers, they don't look at the residents and see them as old. There just



seems to be a natural affinity between the young and the elderly. For a lot of people here they have been parents and grandparents and the visits take them back to a point in their lives when they were very happy."

Children put together the hamper as part of a day spent living out their school motto –

to Live Like Jesus.

They came to school dressed in red as they were asked to 'live out and spread God's love' and the day began with a talk from a representative of Bluebell Wood Children's Hospice in Sheffield.

The hospice is being supported by St Ralph Sherwin Catholic Multi-Academy Trust, which St Joseph's CVA is now a part of, and children brought in a £1 donation.

Throughout the day each class looked at the Catholic Social Teaching principles, creating artwork and holding discussions, before sharing their work at a whole school assembly.

Tammie McNamara, acting headteacher at St Joseph's, said: "The link between our school and the care centre is one of the most precious and valuable ways our youngest children get the opportunity to live out the school's motto to 'Live Like Jesus'. The children are blessed to have the opportunity to form early inter-generational links with some of the most vulnerable residents in our Matlock community. It was a wonderful day enjoyed by all of the children and staff at school learning about the Catholic Social Teaching principles. The day was further enhanced by holding our first Bluebell Wood charity event. We extend our thanks to Lucy from Bluebell Wood for leading our morning assembly and sharing examples with our children of the fantastic work that takes place at the Hospice."



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Let's create a leprosy-free world

For thousands of years leprosy has been the scourge of poverty-stricken communities across the world. The disease frequently leads to severe, life-changing disabilities and those who suffer from it are often excluded by their community, and struggle to fend for themselves.



123 years dedicated to the relief of suffering

St Francis Leprosy Guild has been dedicated to the relief of suffering caused by leprosy for more than a century, during which time many religious sisters, brothers and priests have made it their life's vocation to care for those with the disease. Today we are determined to build on their legacy and seize our opportunity to help eradicate leprosy once and for all.

A leprosy-free world is now within sight

Just a few decades ago, more than five million

people were being diagnosed with leprosy every year, their lives destroyed physically, emotionally and socially by the disease. Today, this number has reduced significantly but remains stubbornly at over 200,000 new cases annually, worldwide. St Francis Leprosy Guild is committed to achieving a leprosy-free world and we genuinely believe it is possible, if only people like you are prepared to help.

Early detection can stop leprosy in its tracks

Leprosy is curable and in 1995 the World Health Organisation made multi-drug treatments freely available to help fight it. Since then, millions of people have been cured of the disease. New cases

of leprosy tend to be concentrated in isolated communities where people are still living in dire poverty and have little or no access to healthcare. If leprosy is to be stamped out for good, your support is needed to train local healthcare workers who can reach out to these communities. By supporting early detection and treatment - before the disease takes hold - you can help to prevent untold suffering.

If, in this season of Lent, you are able to send a donation of £30, you will help us support ongoing health initiatives, such as the hospital ship run by Dr Tony Lopez Gonzalez.

This has already helped to train 600 local healthcare assistants, and the ship visits remote communities in the Amazon where leprosy is still



rife, so they can monitor people for early symptoms and provide prompt medication.



Winning the battle against leprosy

- 1980s - some 5.2 million cases of leprosy reported annually.
- 1995 - World Health Organisation extends free access to leprosy treatments.
- 16 million people cured of leprosy in past 20 years.
- Today, over 200,000 new cases diagnosed annually, worldwide.
- Early diagnosis and treatment is key to total eradication.

Help to beat leprosy for good

Dr Tony's hospital ship is just one of around 60 inspirational partner organisations supported by St Francis Leprosy Guild, which are working with remote and marginalised communities in countries such as India and Brazil. Please send £30 today to help this essential work continue. **This Lent, let's seize the opportunity to create a leprosy-free world and help put an end to people's suffering at last.**

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Students help out local community as part of Mitzvah Day

Students at Saint John Houghton Catholic Voluntary Academy have been focusing on helping the local community and being kind to each other.

Year 7 students have been learning about the meaning of Mitzvah Day, which is the Jewish day of helping in the community, as part of their RE lessons.

During their lessons students talked about what they could do in their own community to help demonstrate their learning.

As a result, they created cards for people at a local homeless shelter and went out litter picking in the streets close to school.

Student Hannah Leatherland said she thought it was important for the school to support the local community.

She said: "I think it's important because sometimes people don't think about others and something like this shows people that we do care. I think if everyone did something like this then the whole world would be a lot nicer."

Student Ina Aboagye said it was great to see everyone involved in Mitzvah Day.

She said: "I think it's good because there's a chance for everybody to do something,



it's great to get everyone involved in helping other people."

Student Luca Cuomo said he thought the school should take part in Mitzvah Day every year.

He said: "I think it's definitely something we should do every year and I think it's interesting to learn about the customs in other religions."

Laura Conlon, student teacher at Saint John Houghton CVA, said: "I was very proud of the work our Year 7 students were doing when exploring the Jewish idea of Mitzvah Day. Mitzvah Day is where Jewish people focus on helping others in their community.

"The Year 7 students learnt about this and wanted to put their learning into action. They made cards for the guests of the Ilkeston Winter Shelter and went into our community to litter pick. The students have thought about others and put their learning into action. The R.E. department couldn't be prouder."

Wellbeing ambassadors as part of a focus on mental health

More than 100 students at Saint Benedict Catholic Voluntary Academy in Derby are acting as wellbeing ambassadors as part of a focus on mental health.

Teacher Laura Heyes came up with the idea to run a wellbeing scheme in school and ran assemblies asking for students to volunteer to become ambassadors.

Now there are over 100 across the whole school and they have taken part in three training sessions since the start of the year.

Mrs Heyes said she was proud of everyone who was involved.

She said: "The programme sees students trained up in key area like mindfulness, meditation, stress reduction and emotional literacy. They will then get a badge to wear and a certificate.

"My goal is to have at least two wellbeing ambassadors in each class to serve as positive role models and advocates for good mental health.

"So far ambassadors have taken part in a guided meditation session and we played self-esteem Jenga when we looked at how we can build each other up.

"What we wanted to do was broaden the understanding of mental health. In one of our sessions we talked about what we would do in school if someone is in crisis, would we know who to go and see and a lot



of people weren't sure."

Every wellbeing ambassador wears a badge so that their fellow students know they can approach them if they want to talk. The ambassadors also attended a recent Year 9 parents' evening to talk about their role in school.

Ambassador Chelsea Croft said she thought the scheme was a great idea.

She said: "I think sometimes it's easier for young people to talk to their peers rather than someone older so in that sense I think having wellbeing ambassadors is a good idea."

Kevin Gritton, executive head teacher at Saint Benedict CVA, in Duffield Road, Derby, said: "We are proud of our wellbeing ambassadors and would like to thank Mrs Heyes for introducing this wonderful scheme.

"Mental health is an important issue and hopefully by having wellbeing ambassadors in school this makes it easier for students to talk."



WE WOULD LIKE TO THANK THE SCHOOLS ON THIS PAGE FOR SUPPORTING THE PAPER

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